Novelist Irving previews new novel for capacity crowd

By JOHN WALTERS
News Staff

The father of "Garp" introduced a group of orphans to a standing-room-only crowd at the library auditorium last night.

John Irving, the internationally-known author whose credits include "The World According To Garp" and "Hotel New Hampshire," was the featured speaker for the fourth night of the Sophomore Literary Festival.

Irving, along with George Hunt, editor-in-chief of America magazine, attracted this year's festival's largest audience by far. His presentation consisted primarily of reading from the first chapter of his forthcoming novel, "The Cider House Rules."

The novel, slated for a June release, concerns the relationship between an obstetrician/orphanage director, Dr. Wilbur Larch, and the orphan for whom he is unable to find a home, Homer Wells. It is a story about their love and what eventually drives them apart.

Irving, a native of New Hampshire currently residing on Long Island, opened with an explanation of his novel's title. It refers to the cider houses of a New England apple orchard, he said. "The migrant workers would live in the houses, and the orchard owner would type up set rules for the migrants to obey.

He cited a few of the rules as "Please don't drink," "Please don't sit on the roof," and "Please don't drink while sitting on the roof." Irving was an apple orchard foreman in his youth, and noticed that the migrants never obeyed the posted "cider house rules" because they did not know how to read. He brought this to the attention of the orchard owner who responded, "That's no excuse for following the rules."

"The Cider House Rules" itself has nothing to do with apples orchards or migrant workers; however, instead, it is a historical text concerning orphanages from the period 1870-1950.

Irving's inspiration came from reading the lexis of his predecessors, an obstetrician during this time. He found these medical texts of a small-town doctor anecdotal enough to incorporate into a story.

The story is set in the once proud logging-camp community of St. Clouds, Maine. "First came the logging mill, then the vagrants, then the things, and at last there was a church," read Irving.

Three times Homer is given to faster families, with each family more bizarre than the last. At his third home, the abode of Professor and Mum Draper, Homer narrowly escapes sexual molestation from Mum's grandson by crying out. When Mum runs to the bedroom to investigate, the boy reverses the story, explaining to his grandfather, "I tried to bugger me, so I hav'e it."

George Hunt, a Jesuit who has written major critical analyses on the works of John Updike and John Cheever, addressed the audience's obvious love for Irving. He spoke of Updike's works and discussed literary techniques.

The bishops' stance defending Church involvement in economics, according to McManus, is that "economics is subject to a higher moral law. Unemployment is a hideous evil and grinds a person down. Decisions of economics must be based on what they do to do to and for poor people, not to what they do to and for stock and corporate structures."

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The opposing view, which articulates the bishops' criticism of the current administration's role in American economics, is that "the best economics is unregulated economics - Reagan's supply-side economics and the trickle-down theory. In other words, let it be." McManus summarized the bishops' opposite opinion concerning government intervention, saying, "Government should create jobs so that people are not sitting idle, rotting at home. (What is needed) is less unemployment and more job opportunities in the private sector to diminish, and more unemployment to result."

"From their (the government's) point of view the best thing to do would be to say, 'Face it, it's an immoral system,'" McManus said. "To that, bishops would say that it would be better to leave these (poor) people as they are than to let the government intervene."

After the speech, McManus was questioned on his recently-announced resignation. Citing age as the primary factor, McManus replied, "It's a tradition for bishops in the Chicago area to resign soon after they reach the age of 70. This gives the younger ones a chance to move up."
The Saint Mary's Programming Board met last night and announced that applications for student government commissioners are available today through Thursday, March 7, in the Haggar Center. The student body officers will visit each dorm on the evening of Tuesday, March 5, to explain these commissioner positions. They will be in the lobby of dorms at the following times: Lewin, 6:45-6:50, Holy Cross, 6:30-6:35, Regina 7:25-7:30, McCandless, 7:30-8:00. The Chameleon Club will meet this Friday from 5 until 7:30 in Haggar. Entertainment will be provided. The movie "Flash" will be coming to Carroll Hall on March 5. Show times are 7 and 9. Admission will be at the college open door at Angela Athletic Facility from 12:30 until 2:30 p.m. in honor of Sophomore Parents' Weekend. - The Observer

Macho neds for Reagan and Girl Geeks for the Gipper claim to represent the true spirit of Reaganism and have been started at the university. - The Observer

Dartmouth's tuition and room and board fees are jumping to $1,4860 next year, making it more expensive than Ivy League comparable Brown, Columbia, Cornell and Pennsylvania. The 8.9 percent increase follows a 9.5 percent hike in 1983 and an 8.5 percent increase announced last year. Tuition was $13,557 last year. Among the reasons for the increase were cited by the school were more financial support for athletic programs and improvements in the college's computer capabilities. - AP

Of Interest

Developments in labor will be the topic of a workshop, sponsored by the Helen Kellogg Institute, to take place this weekend and continue through March 2. The workshop, titled "Labor in Contemporary Latin America," will bring together some 20 invited scholars from this country and abroad. It will consider developments primarily in Argentina, Brazil, and Chile but also will aim to incorporate insights from recent research on Europe and the United States. A Roundtable session, designed to present some of the principal workshop themes and issues to a broader audience, is scheduled for this evening in Room 135. A Roll agenda can be obtained by contacting the Helen Kellogg Institute at 239-6580. - The Observer

A Senior Cocktail Party will be held in the Monsignor Room of the ACC tonight from 9 until 1 a.m. Admission is $3 at the door with proceeds going to MS. Drinks will be free from 9 to 11 and a raffle will be held for Senior Formal Bid and a trip to Daytona Beach for spring break. A 21 ID is required. - The Observer

A "Jumplhange" to raise money for the American Heart Association is planned for March 16 from 1 until 3 p.m. at St. Patrick Center at Notre Dame. Participating will be third- through eight-grade Catholic students from St. John the Baptist, St. Joseph, Holy Family and Our Lady of Hungary schools in South Bend, St. Bavo, St. Monica and St. Joseph schools in Mishawaka and St. John the Baptist school in Goshen. - The Observer

Applications for Saint Mary's student government positions are being accepted beginning today until Thursday, March 7. Applications may be dropped off anytime at the front desk in Haggar College Center. - The Observer

Weather

Mostly sunny and mild today. High is in the middle to upper 40s. Southwest wind around 10 mph. Tonight, fair and not quite as cold. Low in the lower 30s. Tomorrow, mostly sunny and warmer. High in the lower 50s. - AP

Sophomore class officers deserve recognition, thanks

This week the Sophomore Literary Festival committee is proving once again that sophomores can organize a thoroughly successful event. It seems a fitting time to recognize a group of sophomores who have organized a thoroughly successful year: this year's officers of the class of '87.

In the gambled world of Notre Dame student government, where the road to office is paved with good intentions, this group of sophomores has proved they can do more than win an election. They have planned and organized 50 events to date, 10 of which have been well attended and, rumor has it, a lot of fun.

Ask almost any sophomore what he or she thinks of this year's class officers and he or she will tell you "They're great." Few other branches of student government can claim this kind of enthusiasm.

Jim Domagalski, Amy Jennings, Mark Foley and Dave Maldie have organized what is possibly the most successful branch of student government this year. They have a force of 105 sophomores working under them on various committees and, claim nearly perfect attendance at the biweekly meetings of their Sophomore Advisory Council.

"We tried to see how we could get the most efficiency from the fewest people," said Domagalski, sophomore class president. Jennings, the vice president, and Domagalski say they owe a great deal of their success to their staff. "The dorm reps are great," said Jennings.

These four officers may have a great deal to do with the success of the staff, but the success of the staff owes at least as much to the people who organized it. Jennings and Domagalski say the biweekly meeting structure under which they now operate from scratch. "We interviewed 105 people for sophomore class commissioners, and we gave all of them a job," said Domagalski.

"It seems a fitting time to recognize a group of sophomores who have organized a thoroughly successful year: this year's officers of the class of '87." - The Observer

TONIGHT!!

Sophomore Literary Festival presents

HOWARD NEMEROU
8:00 p.m.

This Weekend...

FRIDAY: Joanna Glass
8:00 p.m.

SATURDAY: Mary Gordon
8:00 p.m.

all readings in the Library Auditorium

Student Production of "Canadian Gothic" by Joanna Glass...3:00 p.m. in the LaFortune Ballroom
Located in Fitzpatrick Hall of Engineering, the lab should be available for student use next fall. All of the $250,000 will be used for equipment purchases and for funds supporting various programs of study in the engineering department will pursue.

The lab itself will be used mainly by engineering students and faculty but will also be available for undergraduates to use for projects. Initial funding is for a permanent teaching and research lab.

Szweczyk, chairman of the department of aerospace and mechanical engineering, said laboratory instruction will coincide with an introductory robotics course now being taught as part of the mechanical systems of the aerospace and mechanical engineering curriculum. Some interdisciplinary work involving both mechanical and electrical engineering students along with faculty is also being planned.

Both Kawcza and Beach feel that this lab will give students the opportunity to work with a modern program of study and will open up a variety of new interests within the mechanical and electrical engineering departments.
Israel, Egypt consider peace talks renewal

Associated Press

JERUSALEM - Prime Minister Shimon Peres and President Hosni Mubarak of Egypt exchanged special envoy letters yesterday to explore the prospects for resuming Middle East peace talks.

Peres met twice with an envoy sent by Mubarak, and the prime minister's spokesman told reporters that Israel and Egypt "recognize the need and urgency to further the peace process" and "will intensify their contacts."

The new contacts are the first sign of movement toward a Middle East peace initiative since the United States has been seeking autonomy for Palestinians living under Israeli occupation broke down in 1982.

Peres' spokesman, Uri Savir, repeated the prime minister's position that he is ready to participate in new Middle East peace talks with Jordan or with a mixed Jordanian-Palestinian delegation.

Meanwhile, White House budget director David Stockman rejected Democrats' suggestions that the administration was using "fake" figures to support its budget projections.

He also denied that his outspoken attacks on certain programs like farm subsidies and military pensions might cost him his job.

"I plan to be here. I know (defending budget cuts) is a tough problem but I think I have something to contribute and I believe they know that downtown," he told the House Budget Committee.

The CBO, in the first complete congressional analysis of Reagan's latest budget proposal, said the administration's projections of declining deficits after 1986 are based on brighter economic conditions than those foreseen by congressional economists.

For instance, although both the administration and the CBO predict that interest rates will remain between 8 percent and 8.5 percent throughout 1985, "the administration assumes that real interest rates decline steadily after 1987," the budget agency said.

Under the congressional forecast, the three-month Treasury bill rate would remain between 8 percent and 8.5 percent throughout 1985 and 8.5 percent through 1990.

Administration projections also assume lower inflation rates and more rapid growth in the gross national product through the decade than those foreseen by congressional analysts.

Launch a hour. Throttles are at full power as the supersonic your sweeps across the flight deck. And you're the pilot.

The catapult fires and G-foreses slam you back into your seat. Seconds later, you're punching a hole in the clouds and looking good.

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Get you career on the ground!
Troubled kids get hospital ward

"We will seek ... to be the child's advocate," said Dr. Howard Levy, chairman of the pediatrics department, who helped develop the program.

The hospital staff and children - the program is geared to those 14 and younger - will dress in street clothes and the rooms will be furnished to look more like home than a hospital.

A team of about 20 - including doctors, nurses and social workers - will treat parents and children referred by law-enforcement and other agencies, Levy said. The team would use techniques such as videotaping children with parents, he added.

"A large part of (caring) for a child is not just treating physical illness," Levy said. "We'll give them the psychiatric tests, psychological evaluation ... and evaluate the family with the child. ... If you have to go into a home, that's a one-shot deal."

Levy said parents would be encouraged to stay with their children during treatment.

In some cases, he said, parents just need to know how to do their jobs.

"I've never understood why people think that we in the Western society as parents know how to be parents," said Levy.

Senate authorizes new farm bill

WASHINGTON - The Senate, ignoring the wishes of President Reagan, yesterday enacted legislation authorizing $100 million to "buy down" interest rates for credit poor farmers needing loans for spring planting.

The Republican-controlled body voted 54-45 in favor of an amendment to an African relief measure, but Senate Majority Leader Bob Dole, R-Kan., predicted it is not just treating physical ailments, has

Eight Republicans defected in passing the amendment, which was sponsored by Sens. Edward Zorinsky, D-Nebr., and John Melcher, D-Mont.

The White House had lobbied against any changes in federal credit help for farmers, many of whom are unable to obtain new loans because the land they use for collateral has plummeted in value. The administration is rushing to put in place its own much-modified loan-guarantee program, which President Reagan contends is adequate to save those farmers with the best chance of long-term survival.

As senators backing the farm-credit changes sensed growing support for their amendments, Dole said the legislation would only "cause delays in implementing any credit change," and "the farmers is not going to know what he can do."

The vote had been seen as so close that Vice President George Bush had delayed a trip to Texas to be present in the Senate in case his vote was needed to break a tie.

The Zorinsky amendment would make available $100 million in federal money, to be matched by an equal amount from federal lenders, to "buy down" interest rates by up to four percentage points.

Pittsburgh declared top U.S. city

NEW YORK - Pittsburgh, a giant of the industrial Northeast, has replaced Atlanta, boontown of the Sunbelt, as the best American city to live in according to the annual edition Rand McNally "Places Rated Almanac."

Yuba City, Calif., an expanding agricultural center, which wasn't even considered a city when the first book came out in 1981, has replaced Lawrence-Hare-Hill, Mass., as the lowest metropolitan area.

The second choice is Bonita, which jumped from No. 18 on the previous list. No. 3 honors went to Raleigh-Durham, N.C., which also was in the top 10 last time, followed by San Francisco and Philadelphia.

New York-Suffolk, two affluent counties on Long Island, a suburb of New York City, ranked No. 6, up from 48 because of a new rating method that allows areas where there is significant commuting of workers to count the cultural resources of the larger city while not being penalized for any of its flaws, notably crime.

St. Louis, Louisville, Norwalk, Conn., and Seattle rounded out the top 10 while Atlanta slipped to 11th place.

Pine Bluff, Ark., retained its second-to-last ranking, despite the addition of 32 new metropolitan areas ranking.

Others in the bottom 10 were, from the bottom: Modesto, Calif., Durham, Ala., Aguas, Ga., Benton Harbor, Mich., Goddard, Ala., Casper, Wyo., Rockford, Ill., and Anderson, Ind.

Four cities in the bottom 10, Yuba City, Durham, Benton Harbor and Casper, were not even considered cities when the first edition of "Places Rated" came out, ranking 277 cities.

The 484-page book, co-authored by Richard Boyer and David Savageau, analyzes 320 government-defined metropolitan statistical areas in the country.
Viewpoint

Educational financing appears as total disaster

By March 1, many of the students of Notre Dame will have filed their Financial Aid Office. The Office helps determine a student's eligibility for both University-based aid, such as Notre Dame Scholarships, and Federal programs like Pell Grants, Supplemental Educational Opportunity Grants, National Direct Student Loans, and Guaranteed Student Loans.

Over half of Notre Dame's students receive some kind of financial assistance. Indeed, the Financial Aid Office has calculated that a typical student shells out nearly $13,000 to attend Notre Dame in this academic year— a significant sum by anyone's standards. Financial aid is a key to footing this substantial bill. Some kind of financial assistance. Indeed, the Educational Assistance William Bennett gets his way.

Financial aid is a disaster. The fact that one side of financial aid programs is the growing student 'debts both government and society' that about 60 percent of full-time undergraduate students borrow at some point to cover their educational expenses. The average loan is for $1,200 a year, for a total of about $8,800 of debt by graduation time. Graduate students face an even steeper crunch. For example, loans are $4,000 of debt by the time they begin their PhD.

This, certainly, is a tremendous burden. It is, however, a burden we assume voluntarily in pursuit of what we believe is knowledge and satisfying employment. Loans are a necessary part of the student's future, and the future of our society as a whole.

To deny qualified students access to educational aid, which is directed to aid students to earn graduate and possibly $212.2 billion in aid to Israel, would be ludicrous.

The student receiving aid is in a "Catch 22" situation. The price of education and the price of non-education are both quite high. Who can be done to ease this painful situation, to warm education off loan dependency? It is obvious that attempting students is not the answer. Neither would it be fair to burden citizens with still higher taxes. The only alternative is to develop new ways to finance higher education. These alternatives would be necessary and only possibly for government, educational institutions, and students. The educational financing is a disaster. One more direct approach would involve aid in exchange for service in exchange for student service. A man to that of ROTC, scholarships, governmental units or private firms could provide grants in educational funds necessary to "turn a little far" from that agency. Students would be able to afford an education, the nation would get highly qualified public servants, and industry could get qualified employees in return. Financial aid is a disaster. To the inconveniences, the hardships, the fear of death, the misery of the unborn. Let them together in their common misery, the misery of the unborn. Let them acknowledge their misery, our painless reflexes of a primitive nervous system. There can be, they say, no silent scream. So the conflict proceeds, the two sides fighting; the two sides fighting, tearing at consciousness, pulling apart the confidence and security of a modern civilization.

Another point is that students who choose to enter medical schools are forced to take the Board of Medical Examiners which is the most important test in the medical field. The Board of Medical Examiners is a government agency and is responsible for determining the eligibility of doctors. Students who choose to enter medical schools must pass this exam in order to become eligible to practice medicine.

This is, however, a burden we assume voluntarily in pursuit of what we believe is knowledge and satisfying employment. Loans are a necessary part of the student's future, and the future of our society as a whole.

Viewpoint

In the dead of winter the abortion issue comes alive again. The anniversary of Roe vs. Wade, the demonstrations, the bombings, the president's voice, the "Silent Scream" these give pro-life new energy and pro-choice new resolve. The two sides argue without result, except to attack each other's spirit, destroy each other's self-esteem. Both sides call out for help in their arguments, sloganize them, plagiarize, accuse, but move each other not one jot from original convictions.

The only converted one is "a Silent Scream's" narrator: a medical scientist and therefore convertible from abortionist to anti-abortion by scientific evidence. A sonic movie showing a fetus evading the abortionist's probe leads the doctor to medical in the form that abortion abets sensitive beings. But other scientists contradict, saying that the fetus's innate movements are the painless reflexes of a primitive nervous system. There can be, they say, no silent scream. But it has gotten to the point that each and every letter printed is a response to another letter. Or sometimes a fresh idea pops up and someone writes a good opinion, only to get insulted by someone else who feels they are smarter or better informed. Again, maybe the editors could stop printing letters that have no real purpose but to insult college coeds and instead publish one opinion strong enough to write it down.

But it is pointed to the fact that each and every letter printed is a response to another letter. Or sometimes a fresh idea pops up and someone writes a good opinion, only to get insulted by someone else who feels they are smarter or better informed. Again, maybe the editors could stop printing letters that have no real purpose but to insult college coeds and instead publish one opinion strong enough to write it down.

Please, please, my schoolmates, friends, alumni, professors, and other readers of The Observer do not try so hard to destroy or insult those criticizing or, more recently, the inconveniences, the hardships, the fear of death, the misery of the unborn. Let them together in their common misery, the misery of the unborn. Let them acknowledge their misery, our painless reflexes of a primitive nervous system.

The Observer wants to hear from you. If you have an opinion, brilliant insight or humorous comment concerning anything appearing in The Observer just send a letter to P.O. Box Q.

Life and death are faced in our abortion stance

Viewpoint Policy

Thursday, February 28, 1985 — page 6

Life and death are faced in our abortion stance against a cultural force operating through the woman, and it points to creation itself, which operates through changes taking across all of one's life. It looks to the principle that thou shalt not terminate the creation of a human life at any stage.

The secular vs. the religious, sociology vs. philosophy, body/mind vs. mind/body. How can we ever comment? How can the war ever be resolved? One thing is clear, that pro-choice fears life and pro-life fears death. Pro-choice fears the inconvenience, the hardship, the tragedy that an unwanted child can lie in a woman's, a family's, a society's life. Pro-life is outraged that humans let death invade the womb, kill a living being in life's very sanctuary, the one place to whose power every person unconsciously lives to return.

How can the two sides communicate? How can we resolve the issue?

Perhaps by recognizing that fear of life and fear of death are the same fear, that these fears are the organic conditions, according to a host of modern psychopaths, that always explains why humans act the way they do. Life is overwhelming, threatening, enslaving, shut through with terror and death. With every convenience of life's possibilities die, with every tragedy, families die. We fear life because it brings death, we fear death because it takes away life.

In our stands on abortion, life/death faces us on its naked terms. Let us come together then, over our fear. Let us leaders come together in their common fear and trembling, which can clear the eyes and open the heart. Let them acknowledge their misery, our misery, the misery of the unborn. Let them acknowledge our knowldege that we, all are, in this so together. Then let us see what can be done.

Eduard Vasta is a Professor of English at Notre Dame.
Jeffrey Jacob, a concert pianist and professor at Saint Mary's College. He recently returned from a three month European tour, receiving superlative reviews in each country he visited. Jacob's unique concert manner, as indicated by White in his review in "The Guardian," is one of the reasons for his most successful European tour but not the only one. In Holland he was hailed as "a young musical genius," while a British magazine reported his "formidable technique and a real artist's imagination in the interpretive field."

Jacob's tour began in Ghent, Belgium, in September and included five concerts in England, five in The Netherlands, two in Germany and three performances in Warsaw, Poland. His program was primarily contemporary and featured world premières of works by composers in two of the countries on his itinerary. In the London Purcell Room concert he presented "Celebration," a work written for him by composer, Francis Rouh. At his concerts in The Netherlands he played "Piano Sonata No. 2" by Dutch composer, Jo Sporre. His programs also included his own compositions, which according to English critic, Denby Richards, "clearly demonstrates Jacob's strong leaning to the romantic imagery and mystery of piano coloration.

As part of most of his programs, Jacob presented the European premières of "Gnostic Variations" by George Crumb and "Piano Sonata No. 1" by Chen Wang-Hua. (The latter was written for Jacob by the Chinese composer when he was invited to make the first three concerts of a six-week concert tour of China in 1982. Jacob was the first American to receive the Peking Conservatory Com- memorative Medal of Honor.) In Germany Jacob was the first guest artist in the new Beethoven Hall of the Richard Strauss Konzerthaus in Munich, the largest music conservatory in Germany. At the invitation of the Polish Ministry of Culture, Jacob spent a week in Poland. On November 27 he gave a lecture-recital entitled, "Foundations of 20th-Century Music," and on November 28 he gave a lecture-recital in Paderewski Hall of the Frederic Chopin Academy of Music. A reception following the concert was held for Jacob at the American Embassy in Warsaw. Jacob recorded several times while in Europe. The British Broadcasting Corporation recorded sound works by George Crumb, Vincent Persichetti and Samuel Barber to air nationally in March 1985. Polish Television recorded Jacob's recital in Paderewski Hall, Warsaw, along with a pre-recital interview and Polish National Radio will broadcast a concert in March 1985. Jacob, who makes all of his own tour arrangements, met many musicians and their families in the countries he visited. He developed close personal relationships, "the people I met were warm and hospitable and very curious about all aspects of American life."

An ingenuous manner and prodigious talent make Jacob's remarkably effective goodwill ambassador for Saint Mary's College and his country as well as an American musician of the first rank.
A dedicated staff at the Counseling and Psychological Services Center works to provide students with the opportunity to talk about a problem—or, just talk. Above is Dr. Patrick Utz, director of the center. Below, Dr. Alicia Finn, at right Dr. Wayne Pelligrini and at bottom, Dr. Susan Steibe.

Photos by Greg Rashid

"People will experience difficulties and problems in life management. This is why the University recognizes the need for professionals in managing problems more effectively," says Utz.

Psych Services—people with problems

Kathy Scarbeck
features staff writer

The Notre Dame student body is a population at risk. Its members are confronted with such nagging questions as what they want to do with the rest of their lives and with whom they will do it. Meanwhile the academic and social demands pile up like snow drifts during a South Bend winter. To further complicate matters, the students, after having left the unit of the family, must struggle to develop an entirely new system of their own. According to Patrick Utz, director of the Counseling and Psychological Services Center at Notre Dame, these are some of the reasons that can make the college years rather difficult. "People will experience difficulties and problems in life management. This is why the University recognizes the need for professionals in managing problems more effectively," says Utz.

Staffed by a team of psychologists, a psychiatrist, a social worker and psychology students working toward their doctorates, the center offers a variety of programs to assist both undergraduate and graduate students.

In addition to providing counseling on an individual level, the center, located on the third floor of the Student Health Center, offers many regularly scheduled group meetings and workshops. Alcohol abuse is dealt with by such groups as Students on Alcoholic Problems (SOAP) and Adult Children of Alcoholics Parent (ACAP), which is aimed at helping young people affected by someone else's drinking. There are also groups designed to help with family crises. "Family Ties" helps the student who is struggling to maintain a positive relationship with his parents, while the Grief and Loss group assists those who have had close family members die recently. Self-hypnosis and relaxation are discussed in Stress Management which is offered in the form of a physical education class. Achievement workshops give instruction on how to come to grips with pressure. In addition there are programs on eating disorders, assertive training and study/time management skills. Counselling, a telephone service that provides taped materials on a variety of student concerns, is also offered.

With all the center does for the Notre Dame community, Utz would like the center's image to be more positive. "Our society is coming out of the Dark Ages where people with psychological problems are ostracized," Utz cites the center's teaching of P.E. courses and sponsoring of a film/discussion series on psychological topics as helping to put the center into the mainstream of services. "The third floor (of the Student Health Center) is not an
Self help may be the key to happiness

Monica Fatum
Book review

All of us have our own private definitions of happiness. According to Dr. Harold Greenwald, author of The Happy Person, you only can decide what makes you happy. And now, with his book, you can begin to make it happen.

The back cover of the book makes this pitch: "You'll be able to determine, perhaps for the first time in your life, exactly what would make you a happy person, how to get rid of the life decisions, conscious or unconscious, which are holding you back. Most important - you'll find your own alternatives to the self-destructive behavior that's causing you problems. Within yourself you'll discover the resources to heal your pains and overcome your most paralyzing fears."

That sounds like a pretty monumental task, but actually Greenwald approaches it in a simple seven-step plan illustrated with personal case studies and soul-searching questions.

In the first place, happy people don't see themselves as the victims in their life stories. They choose to be happy by turning problems on their heads, using them to their advantage. However important external factors like health, physical appearance and upbringing may be, they don't have to determine the happiness quotient in anyone's life story.

Quite simply, the way we experience our lives is up to us. If you see a situation in your life as a problem, that's what it is - a problem. If you see it as an opportunity, it can suddenly look and feel very different.

• Step One of Greenwald's plan is to decide what you want in order to be happy or happier. You want to be happy, but what does that mean to you? What do you really want? You need to develop a specific goal to work for.

• Step Two involves finding the decision behind the problem. In other words, describe the problem you have in reaching your goal. However, avoid judging your behavior at all costs. To be a good therapist to yourself, you must recognize that conquering yourself is an impossible task. No one judges you as severely as you judge yourself. Learn to forgive yourself.

• Step Three of the plan is finding the context for the original decision. Ask yourself when it was made. Tracking behavior back to an original decision is a little like solving a mystery and can help in shaking off happiness-blocking behavior.

• Step Four includes listing the payoff for the decision. Dr. Greenwald advises you to look at this way: no matter how unhappy life has been for you so far, you have survived. You have coped. And you can, if you choose, sweeten things for yourself.

• Step Five calls for an examination of your alternatives to the behavior that is causing the problem. Stop taking yourself so seriously. Decide to look at your alternatives. Relax. There's no deadline, no contract.

• Step Six involves choosing your alternative and putting it into practice. Don't be afraid to count yourself out. Dr. Greenwald assures that it really doesn't matter whether or not the rest of the world defines your purpose as a mighty one. Just deciding to be happy constitutes a terrific contribution to the world.

• Step Seven, the final stride, you learn to support yourself in carrying out the new decision. Allow yourself flexibility. After all, old habits die hard. Remember that a slip back into your old behavior does not mean you are a failure or the decision was bad. Acknowledge your lapse and continue carrying out the decision. Don't hesitate to reach out to friends and family for additional support. The Happy Person just might be your ticket to a happier life. Dr. Harold Greenwald's step-by-step method has a way of drawing you in and making you respond to his techniques and probing questions before you even realize it. In the book, he talks directly to you, as an old friend might when you begin to feel that Dr. Greenwald is really pulling for you. As the author of The Happy Person claims, if you feel that your life isn't working, you owe yourself this chance to be a happy person. It could work for you if you let it.
The bike tournament for MS is now in prog-
res, but dorms still may register teams. Prizes will be awarded to the
winning teams and runners up. For more information about the
event, call The Observer at 236-1909 or Suzanne Farina at 239-5449.

A racquetball clinic for intermediate players will be
held tonight at 7 p.m. at court 1 in the ACC. Noel O’ Sullivan will
instruct players on strategy and techniques in the free clinic. Anyone
who is interested should sign up in advance at the NVA office or call
239-6100. — The Observer

see BRIEFS, page 11

Thanks to you...
...it works for all of us

United Way

Get personal. And help fight MS at the same time.

For the next week, The Observer teams up with the "Millions against MS" campaign to raise funds to combat this
disabling neurological disease. Just use this coupon before March 5th
to save 50 cents on your next classified ad — and better yet, we’ll
send savings by sending 50 cents to the fight against MS.

You save money, and the MS Society benefits as well. And Notre Dame and
Saint Mary’s come a step closer to winning an MTV game show contest.
Hurry! Offer ends Thursday.
SMC athletic commissioner applications will be available until Thursday, March 7, at the Saint Mary's student activities office in the Haggar College Center. All student/athletes are eligible. For more information, contact the student activities office. - The Observer

The Notre Dame hockey banquet will be held on Tuesday, March 5, in the Monogram Room at the ACC. Cocktails will be served at 6 p.m. and dinner is at 7 p.m. Tickets are $10 for Blue Line Club members and $11 for the general public. Tickets are available at the hockey office in the ACC (239-5227). - The Observer

The Notre Dame wrestling tournament participants may attend open practice sessions throughout this week from 6:30 p.m. to 9:30 p.m. in the ACC Pit. A mandatory weigh-in will be held on Sunday from 3 p.m. to 5 p.m. in the NVA office. Anyone who fails to weigh in and produce insurance information at that time will not be eligible for the tournament. The tournament will be held March 5, 7 and 11. - The Observer

Steplan Center will be closed, starting Saturday, until Sunday, March 10, for the Bengal Bouts. - The Observer

Percentage of body fat measurements will again be provided free by NVA on Monday from 6:15 p.m. to 8:15 p.m. Anyone who is interested who did not have a measurement already should come to the NVA office in shorts and a short-sleeve shirt. - The Observer

The Notre Dame basketball banquet will be held on Monday, March 11, at the Athletic and Convocation Center. A cocktail hour begins at 6:30 p.m. and the dinner begins at 7:30 p.m. Tickets are $19 each and are available at the Gate 10 ticket window of the ACC. - The Observer

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An aerobics instructor is being sought by NVA for the 1985-86 school year. Anyone who is interested may fill out an application at the NVA office in the ACC. For more information, call 239-6690. - The Observer

Observer Sports Briefs are accepted Sunday through Thursday until 4 p.m. at the Observer office on the third floor of LaFortune. Briefs must be clearly written. - The Observer

**Sunshine Promotions presents**

with Special Guest WASP!

Saturday, March 23, 8:00 p.m

Notre Dame A.C.C.

Reserved seats $12.50...General Admission $11.50

Tickets available at the ACC Box Office, Select Sears, Select Robertson's, The Elkhart Truth, J.B.'s Music Shop (LaPorte), World Records (Goshen), Magic Magic (Benton Harbor), Night Winds...(Mishawaka and Niles), St. Joseph Bank (Main Office), and Karma Records (Ft. Wayne).

Tickets on sale tomorrow!
By KELLY PORTOLESE
Sports Writer

Although the 4-16 Saint Mary's basketball team may have wished for a slightly better final season record, it does have a lot to be proud of, namely senior Elaine Suess for all that she has contributed to the team and to her school.

When one speaks of a model student-athlete, the Grand Blanc, Mich., native immediately comes to mind in Saint Mary's athletic circles. Suess, an English major, has performed the rare task of playing both varsity basketball and varsity softball for four years. She also helped coordinate the College's Athletic Council and the Intramural Program.

Head basketball coach Marvin Wood credits Suess with her quickness and work ethic. "Elaine has made a strong contribution to the basketball program," said Wood. "She is also very unfail-"ing on the court."

Due to various circumstances on past Saint Mary's teams, Suess has been asked to play at a number of positions and has gracefully accepted the challenges. "I had played guard all my life, including my freshman year at Saint Mary's," said Suess. "But the dual sport spot during my sophomore year the starting point guard left and I was put in a position I had never played before. Then due to a lack of height (only 5'5"") and for a while I wasn't able to play center forward. So I played forward again this year." Her versatility along with her concern for team play allowed Suess to be a position I had never played before. Then due to a lack of height (only 5'5"") and for a while I wasn't able to play center forward. So I played forward again this year.

"I like Saint Mary's because it's small and I can really become involved in a diverse amount of things. Being in sports has actually improved my grades because I have to be organized when involved in different activities."

"Elaine Suess is a natural leader. She sees things that need to be done; takes hold of them and gets things done." Sophomore guard Mariclaire Driscoll agreed with Wood. "She's a good leader and has helped me personally as far as encouraging me and giving me confidence," said Driscoll. "She tells me what I do wrong, but in a positive way."

Although Saint Mary's record was disappointing this season, Suess said she is grateful for first-year coach Wood's efforts. "I appreciate his enthusiasm for the program," she said. "Even if we were doing well I'm sure he'd try not to let us get discouraged. He was very positive toward the team, which was needed." Wood assessed the senior player in one statement: "She doesn't have a large frame but plays with a lot of heart," he said. "Good things do come in small packages, and Saint Mary's has benefited greatly from Elaine Suess' four years of contributions in all aspects of the College community."

Suess plays several roles for SMC

Elaine Suess (right), a versatile senior on the Saint Mary's basketball team, made her mark on the Belles' squad this season, playing several different roles. The 5-5 English major also has been active in several athletic and community activities at Saint Mary's. Kelly Portolese gives a profile of Suess at her story at left.

On the basketball court Suess noticed her team's own lack of communication. "One of the big things teams have to do when losing is communicate, and for a while we were not communicating as a team," she explained. "I think that when we realized it was causing a problem, we began to communicate better and played better.""Wood emphasizes Suess' past experience as being influential on a team comprised mostly of underclassmen.

"One thing that must be noted," commented Wood, "is that Elaine is a natural leader. She sees things that need to be done; takes hold of them and gets things done." Sophomore guard Mariclaire Driscoll agreed with Wood. "She's a good leader and has helped me personally as far as encouraging me and giving me confidence," said Driscoll. "She tells me what I do wrong, but in a positive way."

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INDIANAPOLIS - Indiana's Steve Alford doesn't feel intimidated by his volatile coach, Bob Knight, but the Hoosiers' star guard admits he's a tired basketball player and looks forward to a less hectic schedule of life this summer.

Alford, the team scoring leader and Most Valuable Player as a freshman last year, has been in a two-week slump he says has been "probably the toughest in my career."

A 20-point, 60-percenter from the field most of the season, Alford's recent games have been a nightmare. In two losses last week, he hit only six of 26 shots and scored a total of 11 points. And his personal slump has coincided with the Hoosiers' slide as a team, now 6-8 in the Big Ten and 14-10 for all games. "I don't really have much of an idea (of the reason). That's the problem we're having," the 6-foot-6 sophomore said in a telephone interview from Bloomington. "The players are disappointed, and the coaches have the same feeling. We as players feel we're working as hard as we have in the past, but we haven't come up with a solution."

That's been our problem lately. Indiana has lost seven of its past 10 games. In Saturday's loss to Purdue, Knight was ejected five minutes into the game after receiving three technical fouls and hurling a chair across the court. "I didn't see any of it," Alford said of the incident with the chair. "I was told yesterday (by the official) that it led to Knight's outburst) as anybody. The officiating has been poor, and it's been frustrating."

"He's sorry, he apologized," Alford said of Knight. "What more can I say. There's just no better man in the business than him."

Men continued from page 16
Training up with Fitzgerald is 6-1 senior Mike Burt. A transfer from West Lafayette, Burt averages 6.5 points and has totalled 45 assists in the Bulldogs' first basketball game in Hinkle Fieldhouse, in 1928, they defeated Notre Dame, 21-13, in overtime.

This time around, the Irish will have to score a few more points if they hope to leave the uninviting confines of the Fieldhouse with a victory.

Swimming continued from page 16
"Our hard work is behind us now," said Stark. "We're in a tapering situation right now so we're not too tired and if we're not too tired, we should improve our times."

Since the Irish have not competed since the North Star Conference Championship meet, they will be rested and well-trained going into today's competition. While winning the championship would be the icing on Notre Dame's season, the Irish will be pleased if they can retain some personal best finishes.

Women continued from page 16
"It's great to see them play their solid, fundamental basketball." Despite a recent abundance of turnovers, the Irish should be able to play their solid, fundamental game. Junior guard Trena Keys has taken over the scoring role for the Irish. She averages 12.5 ppg. and 10 rpg. between them, should be keys to the contest, since Butler will need a strong rebounding effort to keep the Irish from controlling the game.

"We have to use our height advantage on the boards," notes DiStanislao. "They are not a really deep team. Basically, we just have to play good, solid, fundamental basketball."

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From wrestling family

Ken Kasler impresses in first year

By BRIAN MCCARTHY
Sports Writer

The Notre Dame Wrestling Program has been a good reason and one of the reasons has been the strong performance by underclassmen, including freshman Ken Kasler.

A 16-4 victory over his Marquette opponent last week put the finishing touches on a 17-12 regular season record and gives Kasler more momentum heading into the NCAA regionals in Des Moines, Iowa, this weekend.

Success is not new for Kasler, who compiled a 71-9-2 record at North Olmsted High School in North Olmsted, Ohio, on the western edge of Cleveland. Serving as team captain both his junior and senior years, Kasler was a three-time conference champion, regional champion and a third-place finisher in the state as a senior.

Kasler's wrestling career began at age six, inspired by his father, who was a high school wrestling coach. An interest in wrestling appears to be a common trait in the Kasler family.

"My dad wrestled, my brother wrestled, I wrestle, my mom follows wrestling," says Kasler. "In fact, they've been quite a few matches this year."

During his senior year in high school, Kasler expressed interest in Notre Dame before he was recruited by Irish head coach Frank McCann. Since McCann was not hired until late in the school year, he did not contact Kasler until after he had been accepted. The reputation of the North Olmsted program convinced McCann that Kasler was a quality wrestler.

"We didn't know him too well," says McCann. "Ken's interest in us came first. We based our judgment on his high school program.

Kasler took his first semester of college in stride, at least in the classroom, but he found the college wrestler provided much more of a challenge than the average high school wrestler.

"The college wrestler is a lot more physical," says Kasler. "You see better competition everywhere." Kasler did not know how he would fare once he arrived at Notre Dame but he was optimistic.

"I wasn't sure how I would do," says Kasler. "I thought I could do all right. I didn't really know what to expect."

As his first season nears the end, Kasler's contribution to the team has been more than can usually be expected from a freshman. Even though he had good coaching before arriving at Notre Dame, Kasler restructured McCann and assistant coach John Azevedo for improving his style tremendously.

"There's definitely a difference between college coaching and high school coaching," says Kasler. "Coach McCann and coach Azevedo have shown me a lot about technique, coming out of underneath, escaping."

The effect of the Irish coaching staff on Kasler's wrestling has been evident as the 195-pounder improved throughout the year. McCann sees one of Kasler's attributes as his ability to recognize his strengths and weaknesses.

"Ken utilizes his strengths and does what he has to do to win," says McCann.

McCann describes Kasler's best assets as his slickness and intelligence. Kasler said he plans on using his talents as best he can in the next three years.

"I'm definitely setting my goals pretty high for the next few years," says Kasler. "With this program and the coaches and the guys we're bringing in I'm looking forward to it."

The goals for the Notre Dame wrestling program also are high for the coming years and it appears Ken Kasler will be a great aid in helping the team meet those goals.

The game saw-ravaged back and forth the rest of the way. With 30 seconds left, Fairley had the ball, trailing 28-27. But Borkowski missed two free throws and Fairley hung in to force overtime.

P-E now must play B-P on Sunday at 6 p.m. Fairley and Walsh drop into the losers' bracket and play at 7 p.m. on Sunday.  

WEEK-END SPECIALS:

THURS: "Can Night" 75¢
Free pizza 11-1 am

FRI: Old Style Pitcher $2.75
KAMIKAZE 25¢/shot

SAT: Gin & Tonic 75¢
SNAKE BITE 25¢/shot
Starting Monday, Mexican Night
Happy Hours daily: 11-on...

MR. D's
1516 N. Ironwood
South Bend
233-7747
OPEN ON SUNDAYS
The Daily Crossword

ACROSS
1 Verse 40 Nitwit
5 Catkin 41 Villain's
10 Church section 42 Murray or West
14 Rounded part 43 Adult pipe
15 Pep 44 Dancer Shearer
16 Gold of fer. 45 Back talk
17 Making a name 46 - Jacinto
in athletics 47 Mecenate
20 Supposition 48 Visitors
21 Radio 52 Easy to
22 Gudgeon 53 understand
23 Put on 54 On a pedestal
24 One Hoss --- 55 Caserta
27 MoreReady 56 Aromatic herb
30 Garbed 7 Like aminals
34 Excavation 73 Partner of
35 Tangle 74 Chieftain
36 Clever remark 75 Chieftain

DOWN
10 -blue 16 Green parrot
11 - up (make 18 Cravings
first class?) 19 Container
25 Pompous 26 Family Ties
28 Mallincrodt 27 Following a
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32 Assumed name 28 Deco
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33 Units of force 33 Pith
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36 Boat abbr. 35 Sickle
38 Garden tool 37 Owner of
40 Knots 38 Landing
41 Mathews hair 39 
42 Family Ties 40 Nitwit
43 Football 41 Room 124 CSC
44 Family Ties 42 Room 131 Decio
45 Back talk 43 Cutting edge
46 Aromatic herb 44 Name of
47 -Jacinto 45 Sickle
48 Visitors 46 Sickle
49 Mecenate 50 - "Old Cow-
51 Jacket 51 "Onions..."
52 Mattied hair 52 Unnamed
53 Map 53 Guadalupe
54 - Kazan 55 O'Shaughnessy
55 Compass 56 Hominy
56 "Old Cow-
hand" 57 Rec rooms
58 Mattied hair 58 Unnamed
59 Devoured 59 Unnamed

The Daily Crossword

The Farmer Side

Zeto

Kevin Walsh

You want to see the
nation's largest
frosty of sorts?

Kevin Walsh

The Farmer Side

The Farmer Side

The Farmer Side

The Farmer Side

The Farmer Side

The Farmer Side

The Farmer Side

The Farmer Side

The Farmer Side

The Farmer Side

The Farmer Side
Irish men travel to Butler to take on Bulldogs tonight

BY ERIC SCHOERMANN
Sports Writer

Riding a winning streak of three games, the Notre Dame men's basketball team will travel to Indianapolis tonight to take on the Butler Bulldogs. Butler has a high-powered offense, and it will be the third game in a row for the Irish against a Top 25 team.

"The Bulldogs are a very good team," said forward Luke Harmer. "They have a lot of experience, and they are very physical. But we have been playing well lately, and we are confident that we can win this game." There are four new starters in the lineup, and they have been playing well.

On the defensive side, the Irish will need to slow down Butler's leading scorer, Matt Kopecky. Kopecky is averaging 20.5 points per game and has scored 100 points in his last three games.

"Kopecky is a very skilled player, and we have to guard him very closely," said center Tom Haseley. "He is a very good shooter, and he can score from anywhere on the court." The Irish will need to play well on defense to have a chance to win this game.

In conclusion, the Irish are looking forward to tonight's game and are confident that they can win it.

Women's swimming team ends season at Midwest meet

By BARRY SONGE
Sports Writer

The women's swimming and diving team ended the season with a strong performance at the Midwest meet in Indianapolis. The team placed fifth overall and had several strong individual performances.

"We are very happy with the way the season ended," said head coach Sue Morris. "Our team worked hard all season, and we are looking forward to the future." The team was led by freshman Melissa D'Elia, who won the 100-yard freestyle and the 200-yard individual medley.

In addition to D'Elia, several other Irish swimmers had strong performances. Sophomore Lisa Kilgore won the 50-yard freestyle, and sophomore Melissa Morris won the 100-yard backstroke.

The team is looking forward to next season and is confident that it can continue to improve.

B-P and P-E advance in women's interhall playoffs

By MICHAEL FLYNN
Sports Writer

The women's interhall basketball playoffs got underway with two games at the ACC last night. The playoff format calls for the four top regular-season finishers to compete in a double-elimination tournament. The winners will face each other in the final games.

The first game of the evening pitted top-seeded B-P against fourth-seeded P-E. B-P won the game, and it moves on to face second-seeded W-P in the next round.

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