Eating disorder survivor shares pain, advice
By LAURA SMITH
Assistant Saint Mary's Editor

Editor's Note: Some of the names in the following article have been changed to protect the privacy of those interviewed.

Four to five percent of all female college students suffer from anorexia, bulimia, or binge eating disorders, and at least three times as many engage in "disordered eating behaviors," according to Dr. Ilene Bledsoe, MD, associate dean of the Notre Dame Eating Disorders Center.

This means that is approximately one out of every 20 Saint Mary's and female Notre Dame students suffers from eating disorder. It is possible that the girl sitting next to you in class is suffering from anorexia. Or maybe your next door neighbor. Maybe your best friend. Or maybe even you.

Shelly knows what it is like to suffer from a serious eating disorder. She was diagnosed as bulimic at the age of 15. But Shelly is one of the lucky ones. She got help and lives to tell her story. Many other young women die as a result of eating disorders every year.

But with the help of a health professional, her family and her friends, Shelly overcame her bulimia and is a healthy Saint Mary's student today.

An eating disorder is not about the body, it's about other things, things in the mind.

"I felt I was not worthy of nutrition or pleasure from food. This was the one area of my life I could control," Shelly felt that she had lost all control of her life when she was raped at 15. "After that, I thought of myself as a body and nothing else," she said. "At least I should get to society's standards."

Shelly began rapidly losing weight. She dropped four sizes in a short time. "Everyone commented on the weight loss," she said. "I was a ballerina in a dance company and the other dancers encouraged the weight loss. They thought it was great," said Shelly. "But my parents commented negatively."

Eventually, under pressure from her family, Shelly began seeing a psychiatrist. "He actually bolted me up," said Shelly. "We worked through the issues surrounding the eating disorder and it was taken care of." But not without some serious consequences. Shelly suffered from anemia, vitamin deficiencies and problems with her hair, skin, and teeth. Not all the consequences were physical. Shelly also suffered from emotional and familial troubles. "I didn't love myself, so I couldn't love anyone else," she said. "The people close to me suffered. I realized I was taking my emotions out on other people."

I would advise anyone watching a loved one suffer from an eating disorder to step back and say, 'I love you enough to back away,'" Shelly said. "You can't save a person from an eating disorder, they must do it themselves."

My advice to anyone suffering from an eating disorder is to..."
null
Air Force honors Hyder
Faculty member receives highest
civilian recognition
By CLAIRE HALBREIT

Hyder has been awarded the highest civilian honor given by the Department of the Air Force. The
Decoration for Exceptional Civilian Service was presented to Hyder last month.

"I was surprised. I did not expect it," said Hyder in his speech accept­
ing the award. "I think I would be the only female vocalist in the popular campus band Stomper
in the weeks leading up to Women's Week.

"The award is really reserved for people who, in general, have won many awards. To win at this level was a shock."

A 1962 graduate of Notre Dame with a degree in physics, Hyder directs efforts to expand external research funding at the University as Notre Dame's Vice President for Graduate Studies and Research.

He is a member of the Scientific Advisory Board, which is comprised of outstanding scholars who advise the Air Force on broad science policy and specific goals. Hyder has participated in an Air Force study on Informational Architectures, as well as an Air Force summer study on investment strategies for space operations.

Hyder has chaired two studies, one of which was the science panel which annual­ly looks at the basic research of the Air Force and offers assessment of the quality of the research. The second study he chaired was an inspection of all space vehicles owned by the government.

This panel asked the question, "How should the government invest money to address the shortcomings in the nation's ability to launch satellites?"

Hyder also stated that the Air Force will be doing more research with computer simulations. "They can't do the tests they need to," said Hyder, explaining that the Air Force will be looking into creating com­puter simulations for the purpose of avoiding the expense of building a prototype.

Campus band to perform for Women's Week
By DEBORAH SCHULTZ

Recognizing its residents' dedication to cultural diversity and commu­nity service, the Hall Presidents' Council named Pasquerella East the winner of The Rockne Award for service to the months of November and De­cember. Pasquerella East will hold the 4-foot Rockne trophy until a new winner is chosen. Judging for the award takes place every two months.

In other campus news, the Council has approved a new proposal to redistrict the dorms at their meeting Wednesday. The Council will vote on the same proposal next week.

"This is an area in technological invest­ments," Hyder said, explaining that the Air Force will be looking into creating com­puter simulations for the purpose of avoiding the expense of building a prototype.

McDowell said the other band mem­bers realize the importance of the week too.

"By Dalloway's mixes up the week between all the heavy and serious stuff. We just want everyone to enjoy what they have and to have a great time," she said.

"It also gives the guys in the band a chance to make their statement sup­porting Women's Week here at Saint Mary's."

By ANNE KORTE

Being the only woman in an all-male band would be challenging, or so one would think.

"But I have Tina McDowell," said Bob, the 4 x 4's, which will be play­ing in honor of Saint Mary's Women's Week at Dolloway's Coffeehouse at 8 p.m. tonight.

"Playing during Women's Week was a priority for McDowell, who recognized the importance of such a week."

"It is a serious and vital five days for college women," she said. "It re-ener­gizes and strengthens many females. I am so glad Stomper Bob could be a part of that because I think music has so much to give women, and so many women can gain from it. I know I have.

Along with the other five members of Stomper Bob, McDowell said she appreci­ates the friendships she has estab­lished because of the band. They take off and band from a run-way but go into orbit.

"They respect me as a woman, and I completely respect them," she said. "It is a mutual partnership, and we work well as a team. As far as being the only gal, they treat me just like part of the gang."

P.E. earns Rockne Award
for service commitment
By DEBORAH SCHULTZ

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Governors offer Medicaid, welfare plans

By ALAN FRAM
 Associated Press
WASHINGTON

 Bipartisan proposals by the nation's governors for overhauling Medicaid and welfare may help President Clinton and Congress revamp those programs. But an ambitious, $180 billion-balanced-budget agreement remains as elusive as ever.

 The two ever-expanding problems for the poor have been among the most intractable problems keeping Clinton and most lawmakers from striking compromise on eliminating federal deficits by 2002. On Tuesday, the National Governors' Association approved middle-ground plans they said would guarantee coverage for the neediest Americans while granting states leeway to tailor the programs.

 Even if Congress quickly accepts the governors' ideas for plucking savings from the two programs — which is unlikely — that would still leave the president and lawmakers facing a daunting task.

 According to Falco, his writing reflects his images of violence in society. "There is this common theme of the control and order of life and the violent life that seems to rise above the rest of my writing," he said. "But violence is not romanticized in my stories. It's gritty and profane like David Mamet."

 Falco's book has also come under fire from cultural critics, Falco said. "But violence is not romanticized in my stories. It's gritty and profane like David Mamet."

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 Falco was most likely being asked to recall the story of "Acid" in his reading tonight, and will be giving a workshop on Thursday morning at a.m. in Hayes-Healy Center.

 Continued from page 1

 Falco continued from page 1

 by David Maret in a review, Falco responded, "It was prob­ably because my writing is gritty and profane like Mamet's. That's one reason why it is, I guess, one of my favorite playwrights, so it was a great compliment."}

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 Accord-
Hitteger explores rift of Church, state

By DEREK BETCHER
News Writer

By transforming what once were private parties to determine the status and merit of the weak, according to Dr. Russell Hittinger, current professor at the University of Tulsa.

Addressing the historic de­secularization of government, particularly as seen by John Paul II, Hittinger spoke last night in the Heschberg Library, opening his lecture, "What Kind of Caesar?" by discussing the centuries-old rift between the Catholic Church and democratic governments, the Notre Dame alumnus described the Church as a "besieged fortress resisting the advancements of the modern secular state."

Beginning in the eighteenth century, the Church had to rec­ognize a new problem—"Would new democracies' temporal powers recognize God's divin­ity?"

Accustomed to a millennium of kings who ruled by God's grace, the Church's conviction was, and still is the better course, that political power should emanate from heaven and not from a condition. Of course, the Church has concerns about the decline of authority and respect for the popacy. Hittinger said that "the theological problem with a desacralized state is that many felt that the power to rule should derive from God, that the state should symbolize heavenly grace and that the state should share in God's grace."

Hittinger illustrated the diffi­cultly this religious-political unity has in a government like America's that espouses a se­paration of church and state.

The Church, Hittinger said, has always maintained that these new democracies had the ability to wield a dangerously large amount of power, yet they were far too timid in their use of it, refusing to intervene in the private sector and inconsistently helping the disadvantaged.

However, the aftermath of World War II finally brought about a warming of the Church's attitudes toward Western democracies, he said. "The occupation of Eastern Europe by the Communists made it awkward, if not impos­sible, to continue speaking of Christian princes. The Vatican might be slow, but it is not in­sensible. Clearly the constitut­ional democracies turn out to be the good guys," Hittinger said. At that time, the Church fi­nally realized its common ideo­logical tie with democracies — inalienable human rights.

And according to Hittinger, John Paul II has found it diffi­cult to praise our current west­ern democracies.

"I find nothing in the writings of the Pope to show he is en­amored with the modern notion of sovereignty," Hittinger said, although adding, "theology has become more and more normative now than ever before."

When asked if this shift in po­litical theology undermined pa­pal political commentary, Hit­tinger responded, "This Pope has always come down hard on his bishops that he has found identifi­cally too closely with poli­tics. He has a very strong view of the church, and he thinks his bishops should weigh their fingers and give moral admon­i­sitions."

John Paul II himself has not refrained from admonishing the U.S. government, according to Hittinger. "At the International Conference on Population and Development at Cairo last year, the Vatican directly confronted the Vice President over the issues of contraception and abortion," Hittinger said. Those issues cause the Pope great disquiet when he considers the U.S., Hittinger said.

According to Hittinger, "The Pope speaks of disintegration of governments that permit abor­tion and euthanasia, character­izing them as tyrant states which poison the culture of rights."

Hittinger said his research has led him to this conclusion: "The Pope seems to be saying that the Church is happy to live with this new kind of Caesar — namely, the constitutional democracies, so long as it is eur­idically and institutionally lim­i­ted, so long as it respects indi­vidual and social rights and so long as it abides by its promise not to represent sacral power."

"The jury is still out on the question of whether states can abide by their juridical limits, and whether the idea of human rights can morally, rather than merely rhetorically, limit the power of states," Hittinger said.

The situation in Asia, flanked by a series of Tuesday night lec­tures to be held in the Jacques Maritain Center of the Hes­burgh Library.

Watch for Student Body Presidential election coverage in Friday's edition of The Observer.
Iraq commits to cooperation with United Nations

By ROBERT REID
Associated Press

UNITED NATIONS
Iraq's government is fully committed to ending its dispute with the United Nations, the country's chief negotiator said Tuesday, as talks began on limited Iraqi oil sales to buy food and medicine.

Western diplomats have made clear the Security Council will not permit any major changes to a U.N. formula devised for the sale, which Iraqi President Saddam Hussein had rejected repeatedly as an infringement of his country's sovereignty.

The terms require Iraq to ship the majority of the oil through a Turkish pipeline, divert a specified amount for the Kurdish minority and use some profits to compensate Gulf War victims and fund U.N. monitoring operations.

Before the start of Tuesday's 2 1/2-hour closed session, Iraqi negotiator Abdul-Amin el-Anbari said he had "come with the full commitment to cooperate with the United Nations Secretariat," adding that the U.N. conditions were "not a problem."

The Security Council imposed economic sanctions, including a ban on oil sales, after Iraq invaded Kuwait in 1990. It says the embargo will remain in place until it is satisfied that Iraq has complied with U.N. orde- ers to dismantle its program to build weapons of mass destruction.

The announcement of talks has already brought short-term relief to many Iraqis. The Iraqi dinar has strengthened, leading to a drop in the cost of food dur- ing Ramadan, the Islamic month of fasting. The downward trend is traditionally broken by lavish feasts and festive par- ties. Saddam's willingness to talk follows U.N. reports that Iraq lied to and misled U.N. weapons monitors, dashing any hope that the sanctions would be lifted anytime soon.

Those reports, which followed the August defection of Iraq's weapons chief, Hussein Kamel al-Majid, squelched French and Russian efforts to push for an easing of the embargo.

Laid off worker turns gunman

By BRUCE DUNFORD
Associated Press

HONOLULU
A man upset over being laid off last year returned to his former workplace Tuesday, shot a company supervisor and held a former co-worker hostage on live television before he was killed by police.

Police held their fire for six hours because the gunman, John Miranda, had a shotgun taped to his hand and to the head of the hostage, Tom McNeil.

The hostage crisis ended after Miranda told police he would shoot McNeil at the end of a 60-second countdown. When the count reached 15, McNeil grabbed the barrel of the shotgun and pushed it away, Police Chief Michael Nakamura said.

Miranda fired the shotgun twice, missing McNeil, and police opened fire on the gunman, killing him several times, the chief said.

Miranda, 28, was taken to a hospital with a chest wound, where he later died. The supervi- sor was reported in guarded condition and McNeil, 30, escaped the ordeal with just a few abrasions.

Loeb
continued from page 1

flict between the desire (to take action) and the feeling of being overwhelmed," according to Loeb. People don't believe that they can make a significant impact, he said, using the example of Susan B. Anthony to illustrate his point. Anthony devoted nearly her entire life to the women's rights movement, only to die a decade before women received the right to vote. Yet she is still the primary figure associated with the movement.

Loeb's point was that what students may accomplish may not be seen immediately, or even in their lifetimes. How- ever, one can still leave his/her mark on history without ever seeing the results.

Loeb summarized his view:

"There's always the temptation of knowing that I could easily lose weight if I wanted. When I look at pictures from before I had bulimia, I disag- reed. I was so thin. Now I think my body is beautiful."

Survivor
continued from page 1

get professional psychiatric counseling," she added.

The Saint Mary's Counseling and Career Development Cen- ter and the University Counseling Center at Notre Dame are on hand to help students with an eating disorder. This week there are many special services available for students with eating disorders or stu- dents concerned about friends with disordered eating behav- iors."It's an ongoing struggle," said Shelly.

"There's always the tempta- tion of knowing I could easily lose weight if I wanted. When I look at pictures from before I had bulimia, I disag- reed. I was so thin. Now I think my body is beautiful."

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Both Locations Convenient to Campus
Buchanan deals Gramm setback in Louisiana

By JOHN KING

Baton Rouge, La.

Pat Buchanan seized the conservative banner in the Republican presidential race Tuesday with a punishing upset of Sen. Phil Gramm in Louisiana caucuses.

Other candidates boycotted the contest in deference to next week's Buchanan celebration in Iowa.

Buchanan, with deep support among Christian conservatives, demonstrated strength in all corners of Louisiana as he dealt a stiff and perhaps lethal setback to Gramm's presidential hopes.

"This is a victory for a new conservatism of the heart," Buchanan told The Associated Press. "We have put together a coalition of conservatives and populists I now believe can win the Republican nomination. We are going to carry this on to Iowa and New Hampshire."

There were 21 Republican National Convention delegates at stake and with all the precincts counted, AP's delegate survey showed Buchanan won 13 and Gramm eight. That was a stiff setback for Gramm in an event engineered by his allies in the state.

Just a week ago, Gramm said, "To become president of the United States, I have to win here in Louisiana."

Nearly two hours after Buchanan celebrated victory, Gramm emerged from meetings with aides. "Even though I failed the third grade, and had to do it twice, I can do the arithmetic and know that 13 is bigger than 8," he told a small group of supporters.

"This is round one of a long race," Gramm said, adding, "Tonight I think is a setback for us; no doubt about that."

Only Buchanan, Gramm and anti-abortion candidate Alan Keyes campaigned here. The other GOP hopefuls stayed away in homage to Iowa's traditional role as the first caucus state.

Those boycotting included the two leading contenders, Bob Dole and Steve Forbes, as well as former Tennessee Gov. Lamar Alexander and Indiana Sen. Dick Lugar.

They insisted in advance that Louisiana wouldn't matter, although they also rushed to interpret the results as devastating to Gramm.

"The presidential race begins next Monday in Iowa," Alexander said.

Indeed, even Louisiana Republicans seemed to think so. About 21,500 Louisianans participated Tuesday, 5 percent of the state's registered Republican voters.

"Most Louisans haven't paid much attention to Louisiana," said Iowa Republican Party chairman Brian Kennedy. "But to the extent people did, Phil Gramm is going to look silly because he was the one who came up with the idea of Louisiana jumping ahead of Iowa so that he could have a springboard."

As if the Louisiana results weren't bad enough, Gramm had more explaining to do when he returned to Iowa on Wednesday. He missed a critical Senate vote on the farm bill so he could campaign in Louisiana.

Reflecting the candidate line-up, exit polls showed Louisianans who turned out for the caucuses were overwhelmingly conservative. Half of those surveyed described themselves as active in the religious right movement, and Buchanan beat Gramm almost 2-to-1 among those Christian conservatives.

More than half said the most important factor to them was supporting a candidate who "best represents conservative values."

A clear majority of those voters supported Buchanan. Gramm held a narrow edge among the one in seven who said the most important factor was picking a candidate who could beat President Clinton. The exit poll was conducted by Voter News Service, a cooperative of The Associated Press, ABC, CBS, CNN and NBC.

Although he was heavily favored, Gramm found himself on the receiving end of a relentless Buchanan effort to suggest the Texas senator was hardly as conservative as he would have voters believe.

He attacked Gramm for voting for higher taxes, for taking money from gambling interests and for supporting Clinton administration Supreme Court picks who support abortion rights. Buchanan got a late boost with the endorsement of newly elected GOP Gov. Mike Foster.

Although the event was dubbed a "carnival," it amounted to a mini-primary. The state GOP set up 42 voting sites around the state and polls were open for just four hours.

"I think Buchanan represents change," said businessman Cecil Heffin, who voted in Iowa. "We don't need any more dinosaurs like Dole or Gramm who have been in Washington forever."

Will LaBauve, who voted in Lafayette, supported Gramm because the Texan was "the better candidate in that he is more likely to win." Retired state worker Cecil Butcher voted for Buchanan delegates, too, but only because Forbes wasn't participating.

The exit survey suggested Buchanan might find the going tougher in the more crowded contests to come: 20 percent of those who turned out to support Gramm, Buchanan and Keyes said they would have preferred Dole or Forbes.

Iowa spokesman Nelson Warfield said Gramm's campaign was "boiled and peeled like a Louisiana crawfish." Warfield said the results "reinforced Bob Dole's strength as the most powerful Republican challenger to Bill Clinton."

You'll be electing three delegates and three alternates from each of the state's seven congressional districts. Nine more national convention delegates will be awarded on the March 12 "Super Tuesday" primary, when others plan to be on the ballot.

The Observer is now hiring for the following paid position:

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Modern wonders: ND joins coed debate

I really wish somebody would explain to me what the big deal is about "coed" dorms. Near as I can figure, every college in the U.S. has had coed dorms for thirty years, at least, some for longer. Since Notre Dame has only allowed female students since the early '70s, it comes as no surprise to me that there are still gender-based problems. Actually, since it is approaching 25 years since this gender-based problems would have already gone the way of the dollar bill.

Matthew Apple

Why bother making only one dorm coed when it would only affect 100 out of 8000 students? Why not make them all coed? It's not just the proposal I don't understand, it's the reason for this ridiculously infantile debate in the first place. For some reason or another, students consistently cling to this "dorm spirit" drivel, as if they couldn't possibly be as happy without one sex or the other. I'm not sure whether it's the students who oppose the concept of "coed" dorms or the administration. I've heard the "argument" that dorms will no longer be able to play sports as teams. Besides the fact that studying should take precedence over sports in college. I see no reason why having men and women in the same dorm would affect the structure of "interhall" sports leagues. I still can't believe it's such a major issue, unless these people would have already gone the way of the dollar bill.

DODGENS

Frankly, ND, let's admit it: you're afraid to join the 20th century because you believe allowing coed dorms condones premarital relations. You'd rather maintain a cold distance between the sexes and pretend that real couples live in separate Victorian houses or sleep in separate Cleaver family beds.

Last semester, a Notre Dame student was apparently apprehended in the shower with his girlfriend, which evidently translated into dismissal from the University. Had this happened on any other college campus, the student would have had a very good basis for a court case. In fact, he probably had a good case against Notre Dame, but he'd never win because everyone knows that the bulk of Notre Dame's alumni are lawyers who convince potential plaintiffs to quietly settle out of sight and hearing. How convenient. I notice that law students haven't hit any fresh men women on sidewalks in a while. Notre Dame really ought to grow up. This is probably the only college in the world where the issue of "should we have coed dorms?" makes front page two days in a row as a subject of earth-shaking consequence. I submit that gender problems at Notre Dame and drinking problems are directly related. I would also bet that both of these problems occur in a direct proportion to the number of Notre Dame students admitted straight from Catholic or other parochial schools.

Of course, I fully expect people to do one of two things upon reading this column. The first is to complain that I still don't know what I'm talking about. "You never went here, you never experienced dorm life, blah, blah..." I don't have to live here to know that this place is, well, screwy. Loopy, if you prefer, or any number of appropriate euphemisms. Anyone from outside this state can instantly tell after stepping foot on this campus that the overall attitude is typically conservative, sexist, racist, homophobic, beer-swilling, sports-lovin', ado- lescent, white-born and -bred middle American. Not that you can't find it elsewhere, naturally (more's the pity, it exists in all levels of the corporate and political American "culture," despite public lies to the contrary). It's just that the average college student is not going to learn much worthwhile in the midst of such close-minded elitism at what considers itself a major university. Which is to say that business students "cheating" on a "take-home final exam" didn't raise my eyebrow even a millimeter.

The other thing they'll complain about is that I'm beating the old drum again. Well, hell, somebody's got to beat the damn thing. I just happen to own the biggest drum stick right now.

Matthew Apple is a creative writing graduate student at Notre Dame, home of the brave. Send your irranting cries of outrage to mathew-apple@nd.edu or Get in the Ring at http://www.nd.edu/~mapple.

GARRY TRUDEAU

"Truth is the only light that can stand by itself in the surroundings of darkness and yet be noticed shining in the square of the universe, which is 360 degrees."

—Shahid God Allah
Malcolm X defines trying times

Kirsten Dunne

Christiane Likely

"When a person places the responsibility on himself, it means that he is no longer bound by the government. We are no longer a puppet. We are free."

"If we want peace, we don't just want it. We have to work for it."

"We are living in trying times as did Malcolm. He believed that if something wasn't right, you changed it. If it didn't work, you fixed it. If it was dishonest, you did away with it. If it was going to harm you, you defended against it. There is and was absolutely nothing wrong with that ideology. "We declare our right on this earth... to be a human being; to walk upright; to be free; to enjoy the fruits of our own labor; to give to others the same right;" Malcolm wrote."

"We were going to harm you, you defend against it."

In My Neighborhood

Malcolm X defines trying times

"The thing I admire most about him is his vision, his focus, and his dedication to our people. I think that because he loved us and believed in us so much, that he did not let us fall; he would not let our spirits fall. People used to call him a racist and a hatemonger because he felt that those white people who had harmed the souls of black folks should be accountable for their actions. Today, we have less racism and less hate than before, and we see him concurring with the courage to express our feelings and convey the feelings of emotion."

"We are living in trying times as did Malcolm. He believed that if something wasn't right, you changed it. If it didn't work, you fixed it. If it was dishonest, you did away with it. If it was going to harm you, you defended against it."

"We were going to harm you, you defend against it."

Score one for the underdog... or the puppy, as the case may be...
National Eating Disorders Awareness Week

BY JOHN GALVIN
Medical Minute Correspondent

Medical Minute

Wednesday, February 7, 1996

What is a Calvin Klein ad? Does it make you appreciate their underwear, or were you possibly looking at something else? A Calvin Klein ad is just one of many promotions for a deadly disease that is growing in the United States today. Due to such cultural ideals of feminine beauty, young women feel a strong desire to be thinner than their bodies naturally tend to be, and many will go to all lengths to reach this goal.

WHAT IS ANOREXIA NERVOSA?

Prevalence among Anorexia Nervosa may be difficult, especially when viewing it from the surface. Patients who suffer from Anorexia (as it's most commonly called) often have low self-esteem and a tremendous control over their surroundings. Quite often the eating disorder is somewhat of a unique reaction to an array of external and internal circumstances, conflicts, and stresses. Just like with Bulimia Nervosa, stress, anxiety and unhappiness can be the leading factors.

The person suffering from Anorexia is obsessively afraid about being fat, or has a massive fear of becoming fat, and of losing control over the amount of food he/she eats. With a low self-esteem and often constant need for acceptance, he/she will turn to obsessive dieting and starvation as a way to control, not only weight, but other areas of life that seem to be in a state of disarray. Obsessive exercise, calorie counting, starvation, starting and stopping any form of restriction or restriction, a constant fascination with food and health issues, self-induced vomiting, the use of excessive amounts of laxatives, diuretics, and/or diet pills, and a persistent concern with body image are all symptoms that can be a key indication that someone suffers from Anorexia Nervosa.

Signs of Anorexia:

A. Refusal to maintain body weight at or above a minimally normal weight for age and height
B. Intense fear of gaining weight or becoming fat, even though underweight
C. Self-evaluation is mainly influenced by body shape and weight
D. Denial of the seriousness of current low body weight
E. The absence of at least three consecutive menstrual cycles.

WHAT IS BULIMIA NERVOSA?

Patients who suffer from Bulimia Nervosa often seek "binge-purge" episodes (a compulsion to eat a large amount of food in a short time, and then self-induce vomit to rid the body of the food). This can be in direct relation to how they feel about themselves, or how they feel about a particular event or series of events in their lives. Stress, anxiety or unhappiness may precipitate an episode.

Men and women suffering from Bulimia are usually aware they have an eating disorder, although they sometimes see themselves as fat, and seek help for the bulimic episode. On average, bulimics may seek medical attention as soon as possible. For cases in which the patient's life is not in immediate danger, it is important they seek therapy, from an experienced therapist or a therapist and Anorectics both suffer tremendous amounts of guilt for what they feel and do, and this includes eating, especially when forced. Keeping the lines of communication open and maintaining an open and honest manner is an important part to helping someone with an eating disorder.

Some Things NOT to Say to Someone with an Eating Disorder:

- "Are you sick? What's with all the weight loss?"
- "Remember that the person with an eating disorder already has a low self-esteem. Why would you want to say these things to anyone, let alone someone with an eating disorder? There's nothing wrong with approaching a close friend or family member you may be concerned about and saying "you've lost a lot of weight and I'm concerned about you" in a caring way, followed by "I'm here to listen if you want to talk."
- "Would you just eat... I don't understand WHY you don't eat!"

These are not words of concern, but rather, control. Threatening an Anorectic or Bulimic with "take-over" is not a good idea if you're trying to help. Remember, eating disorders are rooted in guilt and such statements only perpetuate this vicious cycle.

"Why are you doing this to me/us (Family member/friends/boyfriend)?"

This is only perpetuating guilt. If you are close to someone with an eating disorder, take it as an opportunity for yourself to learn to communicate more clearly and to be a more understanding individual.

Please note: The above information is for informational purposes only, and should not be construed as definitive or binding medical advice. Because each person is medically different, individuals should see their personal physicians for specific information and/or treatment.

This article was written with help from information provided by both Eating Disorders Awareness and Prevention, Inc. (EDAP) and the Alliance to Fight Eating Disorders (AFED).

John Galvin can be reached at jgalvin@med.edu
D.avid Guterson’s new novel, the award-winning Snow Falling on Cedars," is about people whose lives are haunted by the traumatic events of their past, and the events which force these demons to the forefront of their lives. Carl Heine, a fisherman from San Pedro Island, south of Puget Sound off the Washington Coast, is knocked drunk one night in September of 1954, and Kabuo Miyamoto, a Japanese American, is charged with first-degree murder. There is more to the case, however, than the simple facts of the investigation. Interwoven with the courtroom drama, war narrative, mystery, and legal questions, there are important and at least discussed, the scar left by the internment of the island’s Japanese community during the bombing of Pearl Harbor.

"Snow Falling on Cedars" has a little bit of everything: courtroom drama, romance, war narrative, mystery. What makes it a beautiful novel is Guterson’s creation of an island’s Japanese community. The novel is a story of people who grow up, bound together by a common land, only to have that bond tested by war and prejudice. It is about desire for land, for a home, to belong—and it is not only the Japanese who are uprooted. On this small isolated island, everything is always at stake, because there is nowhere to escape. No one really understands what it means to be so close to those they love.

Loeb’s message, however, is not an overstatement to describe "Snow Falling on Cedars" as a beautiful novel. Guterson draws people, landscapes, history, and elegance. As the title might imply, this is a novel about landscapes, and as a whole, it feels the fog on the ocean, and its rich imagery alone would make it worth your while. It is also a historical novel, which deals with one of America’s more embarrassing experiences. The Japanese internment is dealt with matter-of-factly, never in a melodramatic or overblown manner. The novel does not want to turn the reader against the victims for the sake of the book, but to see how the evil event itself lives into the lives of a family. We are called upon to see our own prejudices and stereotypes, and to see how they may be perpetuated and be needed in the quest for personal gains.

We see how individuals may be good-hearted people, while their conflicts remain indifferent. The novel’s biggest strength is its authenticity. We are reminded of how small is the world that Kabuo’s family lived in. We see how individually prejudiced we are, and how much what we say affects other people. We must be truthful, and in the world that this novel depicts, we are not.

Snow falling on cedars...would not be an overstatement to say that the novel’s message is clear. Guterson’s novel is a story of people who grow up, bound together by a common land, only to have that bond tested by war and prejudice. It is about desire for land, for a home, to belong—and it is not only the Japanese who are uprooted. On this small isolated island, everything is always at stake, because there is nowhere to escape. No one really understands what it means to be so close to those they love.

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A balanced scoring attack and Austin Croshere's foul trouble helped Connecticut remain unbeaten in the Big East.

Rudy Johnson took 22 points and Ray Allen added 21 points as the No. 4 Huskies beat the Friars (12-8, 5-7) in the 21st meeting of the two teams. Johnson scored a game-high 16 points in the first half, did his best to keep the Friars in the game from the first minute (five of his seven field goals were from the foul line) to the final buzzer (four of his six free throws were in the final minute), and finished with 16 points, including four 3-pointers, before fouling out with 4:25 minutes before the half.

The Friars got hot briefly in the first minutes of the game, but could not keep the momentum going with the help of Rudy Johnson. Hayward took advantage of the foul situation, before fouling out with 4:25 minutes before the half.

The second-half Big Ten game was the No. 4 Huskies of Connecticut State and the No. 15 Hoosiers of Indiana. The Hoosiers never trailed in the game on Tuesday evening as Indiana beat Minnesota 81-66 to avenge the first loss in school history, a 166-66 defeat at Williams Arena since the 1965-66 season. The game was played before 12,332 fans in St. Paul's Target Center. Croshere finished with 16 points, including four 3-pointers, before fouling out with 4:25 minutes before the half.

After shooting 51 percent from three-point range in its previous nine games, Purdue made only 2 of 16 such shots and was held to 65 points, its lowest output of the season. The Boilermakers also missed 21 of 32 free throws and were out-rebounded 31-20.

Purdue fans have been whipped into a frenzy ever since the Hoosiers unseated them in the Big Ten regular-season tournament. The Hoosiers never trailed in the game on Tuesday evening as Indiana beat Minnesota 81-66, which lost for the sixth time in eight games. The Hoosiers remain No. 1 in the Big Ten.

"This was a big victory because when we lost to Penn State earlier in the year we felt we could win the three straight and that we could come to Wisconsin and that we wanted the Big Ten championship," Croshere said. "It was a big victory. I think it was our best game of the year and that we dominated the game on ESPN."

Andree Patterson added 24 points and matched a season high with 13 rebounds as the second No. 4 Huskies beat the first No. 4 Huskies for the third straight game in the Big Ten. Andree's last game was against the Huskies of Penn State. Freshman Charles Thomas scored 13 points and the Huskies lead Minnesota (11-10, 3-6), which lost for the sixth time in eight games. Andree Patterson beat instead of Rudy Johnson. The forces of the fray were seven lead changes and 13-12 after Michael Brown's 3-pointer with 1.1 seconds going with the help of Rudy Johnson. Hayward took advantage of the foul situation, before fouling out with 4:25 minutes before the half.

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Wildcats explode like supernova

Six-game winning streak fuels post-season hopes

By DAVE IVEY

PHILADELPHIA

After losing two of three games to slip to 13-3 last month, Villanova was starting to look more like last year's NCAA first-round flameout than a Final Four threat. But with a six-game winning streak that includes victories over then-No. 10 North Carolina and No. 8 Georgetown, the sixth-ranked Wildcats once again have their sights set on postseason glory.

After Monday's 79-66 win against the Hoyas, Villanova coach Steve Lappas said he was trying to keep things in perspective. "I was listening to the radio, which I rarely do, and somebody came out and said that that game was going to be an indication that if we lost, we're just not that good. And if we won, we're the greatest ever," he said.

"I really don't think it's either one," Lappas, whose team lost to 14th-seeded Old Dominion in the opening round of last year's NCAA tournament, is understandably wary of over-confidence. But with freshmen playing like seniors, and senior Kerry Kittles playing like an All-American, Villanova (19-3, 10-2 Big East) has a few good reasons to be optimistic.

The Wildcats are off to their best start since the 1963-64 squad started 20-2. Last season's Big East Tournament champs were 17-5 after 22 games, and Rollie Massimino's 1985 national champs were 15-7.

During its current win streak, Villanova has hit 51 percent of its field goals and 41 percent of its 3-pointers while winning by an average of nearly 17 points per game. In the second halves of the six games, the Wildcats have outscored opponents by a combined 265-181.

"That's a lot better than my first year, when they said we were a first-half team. A lot of good that does you," said Lappas, whose team's run also includes an overtime win at then-No. 18 Syracuse.

"If you're looking for a weakness, look no further than the foul line. In the last half-dozen contests, the Wildcats have hit just 61 percent of their free throws (Kittles was 1-of-8 against the Hoyas).

Kittles, the 1995 Big East Player of the Year, leads the team in scoring (19.9) and rebounding (6.8). In the last four games, Kittles has averaged 25 points, buried 58 percent of his 3-pointers (18-of-31), and has beaten every defensive scheme thrown at him.

"To tell you the truth, I don't even notice when they switch a defense. I'm just out playing," Kittles said. "To me, a zone is a zone. I just go out and attack it no matter what it is."

Lappas is blessed with a deep bench, also. Nine players average at least 10 minutes per game.

With the exception of one-game fighting suspensions served by both Jason Lawson and Chuck Kornegay, and minor injuries to Eric Eberz and Kittles, the Villanova starters have missed only four total games.

Eberz is expected to return to the lineup for Saturday's game at Rutgers after sitting out the Georgetown game with a sore hip. Villanova's remaining schedule includes home games vs. La Salle, Seton Hall and No. 4 Connecticut, and road trips to Pitt, No. 22 Boston College and Georgetown.

Although Lappas is certainly happy to have Eberz and his 14.2 points per game back on the floor, he was grateful that freshmen John Celestand (19 points in 21 minutes against Georgetown) and Howard Brown (nine points) got some playing time.

"No question it's an important step for them to play against a team that plays as hard as (the Hoyas)," Lappas said.

"Now, they have been through a pressure cooker and I think that'll help them."

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Deadline: February 12
Committee to decide whether Dream Team will have Magic

By PAUL NEWBERRY
Associated Press

ATLANTA

For Pete Babcock, the issue of whether Magic Johnson should play at the Atlanta Olympics is simple.

"My personal feeling is we ought to select the two best players," said Babcock, general manager of the Atlanta Hawks.

"If a player sat out 10 years, it wouldn't make a difference to me if he played well enough to earn a spot," Babcock said.

Babcock is part of the USA Basketball committee that will get together at the end of the NBA season to pick the final two members of the U.S. basketball team for the Atlanta Games.

Already, the third installment of the Dream Team includes Shaquille O'Neal, Yuma Olajuwon, David Robinson, Karl Malone, Grant Hill, Anfernee Hardaway, John Stockton and Reggie Miller.

Johnson played on the original Dream Team that won the gold at Barcelona in 1992. Last week, he rejoined the Lakers after a 4 1/2-year retirement and immediately began lobbying for a spot on the Atlanta team, noting his international experience.

"I know I can get out there and do my thing," said the 36-year-old Johnson, who had 21 points, seven rebounds and six assists in a victory Sunday night over Utah.

Johnson retired from the NBA in 1991 after contracting the virus that causes AIDS. He played at Barcelona the following year even though some foreign players expressed concerns about banging elbows with someone who had contracted HIV.

Babcock doesn't think Johnson's physical condition would be an issue if he was selected this year.

"I would assume that's because people are a little better educated today than they were four years ago about how the infection is spread, what's viable and what's not viable in terms of the danger," Babcock said.

That includes Earvin's own health.

"More is known today about how strenuous activity affects his own health. Everything I've heard so far is positive along those lines in terms of him coming back to play," Babcock said.

The Dream Team will be coached by Lenny Wilkens of the Hawks, the winningest coach in NBA history. He steadfastly refused to take a stand on whether Johnson should be part of the U.S. squad.

"I don't have any thoughts about it," Wilkens said. "It's not my decision, so why should I even think about it?"

He would only say he expected the selection committee to evaluate Johnson on the same terms as everyone else.

"That's why you keep two spots open, if someone gets hurt, or if you see that a player is playing great and you want to give him an opportunity," Wilkens said.

Malone is the only true power forward on the current 10-man Dream Team. That also happens to be the position Johnson — 27 pounds heavier than his prime — is now playing with the Lakers.

"We have some flexibility with Olajuwon, O'Neal and Robinson," Babcock said. "But if you look at just that position, yeah, that would be a consideration."

Also, Johnson's radiant demeanor would be a perfect fit on a team that doesn't want a repeat of 1994 World Championships, when Dream Team II won the gold but was tainted by the boorish behavior of some players.

"The only other issue that comes into play in our decision from USA Basketball is to make sure we absolutely pay attention to the issue of character," Babcock said.

"They didn't want a repeat of what happened in Toronto. That really misrepresented the country and made the league look bad, too.

"That's the only other characteristic we're dealing with in terms of a formula. That certainly wouldn't hurt Earvin Johnson at all."
Irish
continued from page 20

almost entirely of former lin­
backers such as Randal Wynn
and Corry Bennett.

The process of letting a play­
er grow into his body is fine
when they are not needed for
immediate impact, but with the
graduation of Paul Grasmanis,
such is not the case. The cur­
rent Irish squad looks to have
little bulk inside.

Class of 2000 members Brad
Williams and Jason Ching may
well very change that.

Both Freeman are USA Today
1st team All-Americans, over
250 pounds, and should bolster
the smallish line, while also al­
lowing linemen to stay line­
backers.

Such changes in position are
a fact of life with Notre Dame
football, so an athlete who
signs today with designs on
playing quarterback may end
up somewhere in the defensive
backfield.

Eric Chappell may fall into
that category.

The 6-foot-5, 220-pound
Chappell has been recruited by
many as a quarterback, but on
Notre Dame's official recruiting
visit list, he was tabbed as a
defensive back.

Berry may be the exact oppo­
site.

Reports have indicated that
the highly athletic Berry has
his eye on the offensive back­
field, at quarterback, or even
tailback.

Only time will tell for sure.
But at least today is a start.

Recycle
then Observer

everyone is welcome at

check our planet out

the student union board
is now accepting applications
for various positions

the bare

essentials

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dinner, Saturday, February 10
sign up at the Campus Ministry office in Hesburgh Library
by Wed, February 7th at 5 PM

any questions? call the Campus Ministry Office at 631-7800.

CAMPUS MINISTRY
Kingsbury suspended for inappropriate behavior

By GREG SMITH
Associated Press

IOWA CITY, Iowa (AP) — Iowa’s Chris Kingsbury, the school record-holder for 3-pointers, was suspended Tuesday for the next three games because of unsportsmanlike behavior in Iowa’s loss to Penn State last weekend.

Kingsbury was suspended for an incident after a second-half play in which he bumped into Penn State guard Dan Earl and then threw an elbow at the back of Earl’s head as the Nittany Lion guard was dribbling the ball upcourt.

“We felt something had to be done,” said university spokesman John Harms. “I am in complete agreement with the sanctions.”

The Big Ten Office in Park Ridge, Ill., said in a statement it has publicly reprimanded Kingsbury for “striking ... a player” during Penn State’s 95-80 win Sunday.

The suspension, the third one in two seasons against the 6-foot-5 junior from Hamilton College, Ohio, means Kingsbury will miss Wednesday’s game at Northwestern, Sunday’s game against visiting Indiana and the Feb. 13 contest at Michigan.

“Chris’ behavior has been inappropriate at times and this suspension is intended to send the message that we expect the highest standards of conduct from our student-athletes both on and off the playing surfaces,” men’s athletic director Bob Bowlsby said in a statement.

Kingsbury served a one-game suspension for unsportsmanlike conduct against Indiana last March 12. That penalty included a private reprimand and the suspension served at the same time as a suspension he received for pleading guilty on last Nov. 10 on a charge of public intoxication.

A few months earlier, in the summer, Kingsbury also plead guilty and paid a fine on a trespassing charge in which he and some friends took a late-night swim at an Iowa City apartment complex swimming pool.

Coach Tom Davis, who had no comment on the university’s action Tuesday, suspended Kingsbury for the Hawkeyes’ first two exhibition games as a result of the public intoxication charge.

Kingsbury, whose range usually exceeds 25 feet, shot 39.4 percent from 3-point range last year while averaging 16.8 points.

He has struggled this season, making just 52 of 175 3-pointers (29.7 percent) while scoring 12.0 points a game.

Fr. Albert McKnight, C.S.Sp., A PRIEST WITH A PLAN, as a pioneer in a rural community development in the Deep South. After twenty-five years of Cooperative organizing, he saw a need to incorporate a spiritual dimension into the the cooperative development movement. B.U.S.T. is an attempt to bring these two dimensions - economic development and spirituality - together.

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President, Southern Development Foundation National Organizer, Black Unity and Spiritual Togetherness New Orleans, Louisiana

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Sunday, February 11, 1996

9:30am  The Grotto
Prayer and Song in honor of Mary,
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10:00am  Basilica of the Sacred Heart
Mass on the Feast of Our Lady of Lourdes

The Most Reverend Agostino Cacciavillan,
Apostolic Pro-Nuncio to the United States

The Most Reverend John M. D’Arcy,
Bishop of Fort Wayne-South Bend

The Reverend Carl F. Ebey, C.S.C.,
Provincial, Indiana Province

The Reverend Edward A. Malloy, C.S.C.,
President of the University

Please join us for this historic celebration!
Poll ignores recent Irish loss

No. 24 Notre Dame to meet Pittsburgh tonight

By TIM MCCONN
Sports Writer

As the Irish prepare for tonight's game against the Pittsburgh Lady Panthers, they are experiencing a mix of humility and celebration based on the events of the last few days.

Last Saturday, the women's basketball team dropped their game to the Lady Knights of Rutgers 73-62, a surprising and disappointing result considering the fact that Notre Dame had defeated them earlier in the season.

One might expect that this loss would severely dim the hopes of entering the national top-25 rankings, which the Irish have been on the fringe of for the last several weeks. Their play of late in the Big East, seemed to merit this national acclaim.

Despite their 14-4 record (9-1 in the Big East), the Irish continued to be overlooked in the polls. This is the first time since the 1990-91 campaign that the Irish cracked the top-25 this week for the first time since the 1990-91 campaign. Despite this added bonus, the women realize that they have much more business to take care of if they are to achieve the national acclaim. The Irish have been ranked in the top 25 for the last several weeks.

According to Howard, "Winning all those games, and suddenly, we're bigger things to concentrate on, so we have to look beyond the hype affect their play. "We can't think that any game is automatic," said junior forward Katryna Gaither. "Anybody can beat you in the Big East. We can use this game to help us in the future."

This game is automatic," said junior forward Katryna Gaither. "Anybody can beat you in the Big East. We can use this game to help us in the future."

Junior Forward Beth Morgan reacted with surprise after hearing that Notre Dame cracked the top-25 this week for the first time since the 1990-91 campaign. "Winning all those games, and suddenly, we're bigger things to concentrate on, so we have to look beyond the hype affect their play. "We can't think that any game is automatic," said junior forward Katryna Gaither. "Anybody can beat you in the Big East. We can use this game to help us in the future."

With this attitude, they acknowledge that they must do certain things to win against Pitt tonight. One such thing is to regain the focus they had before last weekend. Going into the Rutgers game, the Irish had won 8 of their previous 9 games.

Notre Dame will have to concentrate on our strengths, meaning that we have to rebound well and play good defense, which was lacking Saturday," said Morgan.

The Belles hope to rebound from this loss in their game against IUSB on Thursday.
DILBERT

WHY IS IT THAT THE PEOPLE WITH THE LARGEST NEED FOR STORAGE SPACE HAVE THE TINIEST OFFICES?

ANSWER TO PREVIOUS PUZZLE

ACROSS
26 Type of battle
29 1 + 1 = 3, for example
32 Noted name in puppetry
35 Rizzer
36 Theme of this puzzle
43 Bros — —
44 Woody wine
45 Trial conference
50 Whole lot of apples
54 Marilyn role
56 Transfer — —
57 Actress De
dee Morgan
99 Most lucid
63 Unavoidably known

DOWN
1 Minor despot
2 Symbol
3 Analyses start
4 Breathing spell
5 Fictional
6 Merry
67 Source of TV revenue
69 Purple color
70 Niche
72 Etalume
74 Not a copro
78 Able
82 Cooler
87 "I’d consider — — — — horrendous"
99 Subject for Annette
100 Ski race
105 "Wonderful!"
106 Quick score in basketball
111 "I didn’t know that!"

32 Approval
34 M-CCCL
36 Santa’s laughter
39 "Curse you!"
41 "Oozer!"
47 Bit
48 Bad check
49 Single season home-run king
51 United
52 Symbol
53 Joist
54 Literally, farmer
55 "Following a curve"
56 Wheel
57 Mender
58 — — collar
59 Composer
60 Khachaturian
61 Zick
62 Be on guard
63 Break a
64 Commandment

Get answers to any other clues by touchtone phone: 1-800-420-8569 (Tues. each minute).

YOUR HOROSCOPE

JEANE DIXON

HAPPY BIRTHDAY! THE MOST VENUS YEAR OF YOUR LIFE. Although you are generally lackadaisical at this time, you have a Randow thing going on that will move you to action. You will be meeting new friends, and you could also be in on your own. The husband may look brighter now. Do not let an occasional outbreak prevent you from achieving your career goals. Although you respect yourself a great deal, you are never certain until you are encouraged to do things. In business you must use your knowledge to help you. VERBO (Aug. 23-Sept. 22): A new project is tenable at this time. Changing your work condi- tions is possible. Also, a change in your outlook. Wishing your heartfelt con- sideration helps create good feelings.

LIBRA (Sept. 23-Oct. 22): Friends may be well-satisfied but partially subdued. Do not rely on the information they provide. A car- rier outside holds key to your success.

SCORPIO (Oct. 23-Nov. 21): Becoming a member of a special man or group holds good promise. By joining forces with others, you gain competition. Romance is a source of joy.

SAGITTARIUS (Nov. 22-Dec. 21): Friends are an unguessed-at way to encourage ways as the end this year. Influential people express admiration for your abilities. A pro- motion or new job offer is likely.

CAPRICORN (Dec. 22-Jan. 19): A sympathetic ear is a strength friend or co-worker. Trust yourself to know the right answer. Turn away from eccentric ideas and toward honesty with humility. Family ties can be strengthened through tact and affec- tion.

AQUARIUS (Jan. 20-Feb. 18): Do yourself off after a rude awakening. Planning a new strategy will be of benefit. Do not let your personal attachment be happy. Give your inner self your utmost attention this evening. PHILDE (Feb. 19-Mar. 20): Move forward with confidence. New situations will have a good effect on you and your self- favorable influences. The essential factors are to be in the right place at the right time. Taurus: (March 21-Apr. 20): A new sense of purpose comes your way. A friend will be key to your success. A shopping trip will prove very beneficial. Avoid going overboard.

POSTGRADUATE SCHOOL ANNOUNCEMENT

Post-graduate school will give a general information session from 7-8:30 p.m. tonight. A variety of service opportunities are available tonight at the GCE.

Ed Falco will be reading at 7:30 p.m. tonight in the GCE as the Richard Sullivan Seminar.

The Beijing Women’s Conference will be hosting a presentation by Sr. Tarllane DeYunker, O.P., tonight at 8 p.m. in the Radio & TV Lounges. Refreshments to follow the presentation.

MENUS

Notre Dame
North Beef Turnover
Grilled Sole
Stuffed Shells
South Tomato Soup/Chili
Chicken Jambalaya
Meatball Grinder

Saint Mary’s
Baked Ham
Chicken Fried Steak
Artichoke, Olive, Rice Casserole

FRIENDS DON’T LET FRIENDS DRIVE DRUNK

Friends’ Don’t Let Friends Drive Drunk

THE FACTS CHECKED, THE ARTWORK DRAWN, THE INFORMATION VALIDATED

15, 8 o’clock at husbarg auditorium

brought to you by the Student Union Board

S "L"

February 10 - 15, 8 o’clock at husbarg auditorium

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SPORTS

Better late than never

By TIM SHERMAN
Associate Sports Editor

They say patience is a virtue. So is a 4-3 40-yard dash.

By exercising the former, it appears as if Lou Holtz might just get a little bit of the lat­ter.

Today, the world of college football will go a long way to finding out for sure, as this is the first day high school athletes are able to sign binding letters of intent as to which university they will attend.

Notre Dame expects to collect between 23-25 such signatures on what is now known as National Signing Day. Hallmark-asque as it may sound, the announce­ment of which players decide to spend the next four (or five) years under the Golden Dome cannot be underestimated.

One would expect that with just a couple scholar­ships still available, the class would be pretty much com­plete.

Think again.

As The Observer went to press, it appears as if consec­uous All-American cornerback Gary Berry may be among the late signees.

"I haven't made up my mind yet," Berry told a Columbus, Ohio television station last evening. "They out-fought us and our offense had to be absolutely perfect with Lake Forest con­stantly in our faces," Banks said.

The first half was a pitched battle, with the halftime score tied at 24.

Irish return to New York spells disaster this time

By TIM SEYMOUR
Associate Sports Editor

It was a cruel twist of fate which ensured that, almost one week after achieving its biggest win of the season, Notre Dame reached its nadir in the same location.

Madison Square Garden proved to be as menacing last night as it had been hos­pitable last Wednesday, serv­ing as the site for Notre Dame's second worse loss of the season, a 65-44 decision at the hands of Manhattan.

In a game without confer­ence implications, the Irish lacked the intensity necessary to compete with the Metro Atlantic champion Jaspers, who improved to 12-10 on the year.

"They were ready for us," said Irish head coach John MacLeod. "Once we began to falter we couldn't recoup. They out-fought us and were more aggressive."

Abominable shooting plagued the Irish throughout, as Notre Dame shot an abysmal 30 percent from the field, a new season low.

"We suffered through some long, painful, exasperating scoring droughts that you can attribute to Manhattan being all over us defensively," said MacLeod.

A combination of their ag­gressive defense and our in­ability to move the ball really cost us."

With the exception of for­ward Pat Garrity, whose 20 points preserved the smallest modicum of respectability for the Irish, offensive woes reached epidemic propor­tions.

Both Derek Manner and Ryan Hoover managed to score eight, but no one else on the Irish roster could con­tribute more than three points.

"This was an entirely differ­ent team than the one that played St. John's last week " noted MacLeod. "That was one of the poorest offen­sive efforts we've had in quite some time."

Athleticism, though, is prov­screams 3-4 3rd down.

Injury dims national spotlight

By KATHLEEN POLICY
Sports Writer

Students packed into the Angela Athletic Facility for Tuesday night's 67-61 loss to Lake Forest. As ESPN filmed the game for their tribute to coach Marvin Wood, the fans stomped enthusiastically.

But all of the enthusiasm stopped one minute into the first half when the Saint Mary's leading scorer collided with a rambunctious Lake Forest play­er as he attempted a layup.

Jennie Taubenheim suffered a lateral cruciate ligament injury that will push her to the sidelines for at least the next two weeks.

Her teammates greatly missed her presence on the floor. Taubenheim scored an average of 13 points a game.

They were very witted without her because she does so many things," junior forward Marline Rangel said.

But the Belles pulled together.

They ignored the reckless defensive defensive strategies consisting of scratches at their arms and screams in their faces.

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After dominating much of the game, the Belles could not contain Lake Forest's Wondering and Caroline Barnes.

The Belles fell short by ten points, losing 67-57.

Lake Forest became back from the locker room aggressive, jumping out to an early second half lead.