Awareness Week seeks to warn of eating disorders

By MELANIE GARMAN
News Writer

Have you ever felt the need to lose 10 pounds? If so, how did you go about it? The answer may surprise you.

According to the National Institute of Mental Health (NIMH), eating disorders affects approximately 8 to 10 percent of adults. While one percent constitute anorexia and bulimia, five percent suffer from depression over five million Americans each year. Five percent averages one million American women.

By MELANIE GARMAN
News Writer

The Nikki Milos/Lori McKeough

The five tickets for student body president and vice president respondents to panelist and audience questions in last night's debate.

Debate dissects platforms

By DEREK BETCHER
Assistant News Editor

From improving the credibility of student government to creating a bookstore horseshoe tournament, candidates promised both necessary and frivolous campus improvements at last night's election debates.

The five tickets for student body president and vice president fielded panel and audience questions to clarify their respective goals, platforms, and student government experience. Varying degrees of platform research and credibility surfaced in the candidates' answers.

Bobby Booker and Laura Parker, Matt Barrette and Brian McGahey, Andy Chica and Jonathan Cano, Matt Griffin and Erek Nass, and Matt Szabo and Mary Gillard each used the debate to elaborate on their intentions and platform goals.

Some of their proposals, such as privatizing food services in LaFortune Student Center, were attacked as infeasible. The duo recognized improved representation as a key to winning student input.

The absolute number-one goal is to get a student on the Board of Trustees," Chica/Cano said. Rather than focusing on specific issues, their platform emphasized being receptive to future student input.

Improving parking was a targeted goal. The two Flanner juniors repeatedly expressed a willingness to meet with and work for the student body. They advocated face-to-face communication and promised every student at least 10 minutes of their time.

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Scientists capture unique brain response

New York

Using sophisticated equipment and a bag of stuff that really, really stinks, scientists have caught the brain in the act of saying, "Peeew!"

When women smelled the aggressively bad odor, a pair of almond-shaped structures deep in their brains kicked into overdrive. More pleasant smells didn't get that response. 

Each of these structures is called an amygdala; the brain has two, one on each side. They're a key part of the brain's machinery for creating emotional reactions. In the case of a bad smell, their job is to be on guard to tell the rest of the brain, "Hey, really hate this stuff!"

The study is the latest to illustrate the tight connection between smells and emotions. Scientists have long known that the link even shows up anatomically.

Clinton to address nation tonight

WASHINGTON

Strange things happen when President Clinton goes to Congress. The wrong speech winds up in the TelePrompTer. The president dawdles on for 81 minutes, testing listeners' patience. He issues a hollow veto threat. And, to hear the analysts tell it, he's only had one good line in his previous State of the Union addresses. On Tuesday night, Clinton rises up to Capitol Hill in a full-limousine to deliver his Fourth State of the Union address before a joint audience of the House and Senate. In the warm glow of post-election harmony, it's likely to be a night full of declarations of bipartisanship and cooperation - followed by months of political grandstanding and hard negotiations. The president works for weeks on speeches of the Union addresses, lining up huge graphics and phrases, but the rhetorical flourishies are soon forgotten. "Judging by the previous ones, it's just not going to be memorable or terribly important," said University of Virginia political scientist Larry Sabato. "In his fourth entire years in office," Sabato said, "he's only had one utterance that will be of any interest, even environmentally, even at the end of the evening." That was in 1996 as Clinton opened the campaign for re-election. It was "a critical moment for him in his political rebirth," Sabato said. "It's had one home run."

Five-year-old overdoses on LSD

Salt Lake City

A woman was in jail today on suspicion of drug possession and child abuse after police said her 5-year-old daughter ate LSD-laced candy hearts. Suzanna Schroepell, 23, called for help after her daughter lost consciousness Saturday night. Detectives would not confirm where the incident took place. "(The girl) was in the proximity of the mother and we suspect it was the mother's LSD-laced candy hearts," said University of Utah police captain Steven Alexander. The girl, whose name police did not make public, was admitted to Primary Children's Hospital in critical condition, and was released into her father's care Sunday. Her mother was booked that day for investigation of drug distribution and third-degree child abuse, both felonies. Her daughter ate LSD-laced candy hearts. Her mother was booked that day for investigation of drug distribution and third-degree child abuse, both felonies. The drug charge carries a penalty of five years to life in prison and the child abuse charge carries up to five years. Hospital officials refused to discuss how much of the hallucinogen the girl ingested.
Panel attacks gender stigmas
Discussion groups stress relating and dating at ND

By BRIDGET O'CONNOR
Assistant News Editor

In its first year of existence, the "Relating, Dating or Vegetating" discussion series began Sunday. The two-part sessions, which scrutinize the issue of friendships and dating on campus and communication differences between the sexes, were held at Breen-Phillips, Carroll, Pangborn, Flanner, Zahm and O'Neill halls Sunday night and last night with each dorm's brother or sister dorm.

The first session took place on Sunday night and was titled "Quality Relationships: How Do We Form and Keep Them." It explored topics including the relationships of students to one another on campus, the attitudes towards dating and making friendships, and the differences between male and female perspectives on relationships.

"Communication Skills and Levels of Intimacy" was the title of last night's sessions, with discussion leaders attempting to delve into the "two pieces often missing in relationships: good communication and encouragement toward friendship."

According to team member Michele Lichtenberger, some barriers to attaining these ideals include the use of alcohol, distorted images of intimacy, and the "typical Notre Dame female and male images. Two female panel members talked about their own experiences with relationships and the ways that effective communication has helped them.

Several of the discussants also role-played, depicting a confrontation between roommates during room picks. The planned activities were followed by a discussion on the differences between men's and women's methods of communication.

Tom Doyle, rector of Keough Hall, said the program's aim was to "break a cycle that everyone has whined about for a decade."

The team members at the Breen-Phillips location agreed that it was strongly enough about the issue to warrant personal time to make it widely recognized at Notre Dame, members said.

"We feel like it's an issue that needs to be addressed on this campus," said team member Lisa Shoemaker, and we feel that students address it better than the administration."

The next discussion will be held Feb. 9 and 10 at 7 p.m. in Keough, Lyons, Knott, Walsh, Keenan and Stanford halls, again with brother/sister dorms invited. The sessions are open to all students, regardless of their place of residence.

Our stylists specialize in a wide range of styles for dances and special occasions. Surprise your sweetheart with a new look and a golden tan this Valentine's Day.

10 Tuning Sessions for $20

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Our stylists specialize in a wide range of styles for dances and special occasions. Surprise your sweetheart with a new look and a golden tan this Valentine's Day.

Security Beat
FRI., JAN. 31
11:15 a.m. A Fisher Hall resident was robbed by Security for disengaging a stop sign on how Dame Ave. 6:45 a.m. A Morgan Hall, CT resident was robbed of Security for disengaging a stop sign on how Dame Ave. 11:45 a.m. A Primrose Hall resident was robbed of Security for disengaging a stop sign on how Dame Ave. 11:45 a.m. A Primrose Hall resident was robbed of Security for disengaging a stop sign on how Dame Ave.

SAT., FEB. 1
3:45 a.m. A Dahlia Hall resident was robbed by Security at the stadium. They were identified, issued trespassing warrants, and arrested on campus.

11 a.m. Security transported a Hawthorne Hall resident to St. Joseph Medical Center for treatment of a sports injury.

10:30 p.m. Security stopped three juveniles outside the police center. They were identified, issued trespassing warrants, and arrested on campus.

SUN., FEB. 2
4:45 a.m. Security arrested a South Bend resident for public intoxication.

7:00 p.m. A dorm resident was transported by Security to St. Joseph Medical Center for treatment of a sports injury.

If you see news happening, call The Observer at 1-5323

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Discord

continued from page 1

and Career Development Center at Saint Mary's College.

"I think it is prevalent in any college setting because students deal with a significant amount of stress daily," said junior Jennifer Nelson.

Anorexia, bulimia nervosa, and binge-eating disorder are diseases that affect the mind and body simultaneously. Anorexia, causing a disturbance of daily life, these diseases pose serious health problems. In the most extreme cases death may occur. An estimated 1,000 women die each year of anorexia nervosa.

In a model lecture prepared for use in the National Eating Disorders Screening Program by David Herzog and Anne Becker, gives the American focus on fitness and dieting, it can sometimes be difficult to tell where disorders eating stops and an eating disorder begins.

"Eating disorders can be so discrete, which makes them hard to detect," said Carin Hansen, a Saint Mary's junior. "I have known someone with an eating disorder, and I was unable to recognize it."

Because many anorexics and bulimics deny their illness, family and friends play a critical role in recognizing the telltale signs and getting help immediately.

"I only found out that my close friend had an eating disorder when a mutual friend informed me about it," Hansen said.

Sufferers that deny their illness often do not display visible symptoms, making detection very difficult. People need to become aware of the danger signals and detectors in suspect eating disorders, as well as in those who may have been suspected, according to Masco. Those who perceive themselves as fat, although they are of normal or even below normal weight, endanger their lives by either starving themselves, binge eating, purging or compulsive eating. Continuous dieting, denial of hunger, compulsive exercise, and abnormal weight loss are sure signs of anorexia nervosa.

Disorder

continued from page 1

Student Senate and supporting big brother-big sister program, planks on their platform.

"If it's what the student body wants, it's what they're going to get," Chico/Cano told the audience. Their platform displayed an unfocused grass-roots approach to genuine which did not note the importance of both mobilizing and representing student opinion.

Calling for a critical assessment of student government, one of the panel's first questions asked the candidates to evaluate past student government administrations' performances. The Szabo/Gillard ticket stressed that they had seen "good ideas but poor action." while Buorker/Parker said student government has recently become more effective, but needs to continue in that trend.

Barrette/McCaghy emphasized the need to improve the campus' athletic resources, computing desire to improve the campus' lighting their commitment to governing.

Barrette/McCaghy remarked that the initiative they have seen is a good quality, but they also noted that communication needs attention. Sharing their aversion to occasions where students feel ignored and disenchanted with student government, Griffin/Nass emphasized the importance of focusing on issues.

"The ball is rolling," Chico/Cano observed, specifically lauding multicultural group improvements.

During their responses, most tickets recognized the need to improve student government's credibility with both their classmates and the administration.

"You have to realize that there are certain issues you can and can't win," Griffin/Nass pointed out. To find that balance, their ticket proposed greater consistency in communication.

The audience brought up concerns over parking, experience, budgeting, and platform feasibility during a question and answer session. Questions from the audience could be directed to only one particular candidate, with the Szabo/Gillard and Griffin/Nass receiving most of the inquiries.

Styles of leadership and Campus Life Council experience were of particular interest to the audience.

Communication, cooperation, student rights, and University ties emerged as buzzwords in each ticket's responses.

The entire Notre Dame/Saint Mary's College community is invited to attend all activities.

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John D. Miles Engineering Lecture Series, Feb. 5 - Apr. 16, College of Engineering, 258 Fitzpatrick Hall, 12 noon - 1:30 p.m. There are receptions before each lecture at 11:30 a.m. (same location)

Minority engineers from across the country share their research: All of the presenters are in doctoral engineering programs or have recently earned their doctorate in engineering.

February 5
• Milton Morris, (EE) - Biomedical Signal Processing

February 19
• Sean Garrick, (ME) - Stochastic Modeling of Complex Turbulent Reactive Flows

March 5
• Simonetta Rodriguez, (CE/GEQ & ARCH) - Buildings of the Future

March 19
• Reginald Des Roches, (CE) - Intermediate Hinge Restainers for Bridges - Performance, Design, and Retrofit

April 2
• Dr. Patricia Mead, (ME) - Optoelectronics

April 16
• Dr. Melody Ivory, (CS) - Modeling and Improving Performance of Distributed Information Systems for large-scale Databases

May 1
• MEP 10th year anniversary black-tie banquet 6:00 p.m., College Football Hall of Fame, (by invitation only)

Keynote Address: Dr. Raymond Landis, Dean of the College of Engineering, California State University, Los Angeles

May 1 and 2
• The Black Inventions Exhibit, Stepan Center May 1, 9:00 a.m. - 6:00 p.m.; May 2, 10:00 a.m. - 7:00 p.m. (free of charge)

Exhibit highlights the inventions of African and African-Americans and places special emphasis on recent inventions as well as on the contributions of women and youths.
The observer • campus news  page 5

Live! at notre dame...

As a surprise to Notre Dame alum and talk show guru Regis Philbin, Mrs. Greenthumb made a stop on the Notre Dame campus as part of her nationwide tour for the network show, Live! with Regis and Kathie Lee. The spot, featuring cheerleaders Rich and Bob Kizer and leprechaun Ryan Gee, was broadcast yesterday.

peace corps

"the toughest job you'll ever love"

peace corps representatives will be on campus February 3–5

Information Table: February 3 – 4, Hesburgh Library Lobby Information Seminars: February 3 St. Joseph County Public Library — 7:00 pm February 4, LaFortune Hall: Fireside Chat — 12:00 pm Center for Social Concerns — 7:30 pm

For more information call 1-800-424-8580 www.peacecorps.gov

CLC continued from page 1

respect for the CLC’s position,” said Ryan McHennesy, judicial coordinator. “But I think she missed that, in passing the resolution, we were saying that we did not have enough involvement in policy decisions.”

The resolution called for “students, faculty and rectors” to be directly involved in the revision process for du Lac. “The resolution called for a deliberative role not the advisory role that she grants in her response,” said Father Patrick Sullivan, faculty senator.

O’Hara’s letter noted the changes that have been made to du Lac through CLC input. Included in those changes is the process by which Bill Kirk, assistant vice president for residence life, reports general revision topics to the CLC for input. “The emphasis in our response to general issues,” said Mike Tobin, co-chair of Hall Presidents’ Council, “is what we send may be representative of all opinions, but a letter can only go so far.”

Kirk defended the response by describing the talks as “not just one meeting. It is actually an iterative process that is remarkably tedious.”

“At the suggestion of Professor O’Hara’s letter, a deliberative role is unacceptable,” he added. “It is only helpful if the CLC has met in discussion of the specifics. It would be good to have some representa­tive work with the Office of Residence Life to get frequent updates on the progress and topics of revision, but I would not put the responsibility to represent the entire CLC in a decision making role on one person.”

O’Hara’s letter noted that the incoming student body president plans to meet with the student body president to discuss what they (sic) have not participated in. She said she hopes what we have gotten productively and form an ad hoc committee to bring revision concerns to the council.

In searching for other ways to go about the same issue, Student Senator Shane Bigelow said, “We may want to make more of an effort to push (the du Lac revision) into the school year so that the CLC would be able to be consulted.”

The council decided to form an ad hoc commit­tee to determine what concerns should be brought to the attention of the Office of Student Affairs. Mark Leon will chair the committee.

O’Hara’s response letter approved the first resolu­tion passed at last meeting, asking that more information about student services be included in their response. “The Office of Student Affairs will make our best effort to reinforce material about University resources and services directly into du Lac (sic) assuming that we can do so in a manner that is manageable in terms of size, organization and format.”

SMC continued from page 1

McNally, the current junior class president, also addressed this topic: “I consider my leadership style to be non-traditional. I don’t like to give orders, I would rather work with people,” she said.

Milos referred to her experience as Residence Hall Association president to describe her leadership style.

“I conduct my meetings in a democratic fashion. I enjoy lis­tening to others, I think about things in an organized manner… I never make rash deci­sions,” she stated.

When asked about their most challenging experiences at Saint Mary’s, all three presidential candidates referred to situations that involved their positions as student leaders.

“My first meeting (with resi­dents as Regina Hall president) was my most challenging experi­ence,” Becker said. “I had never met the hall director, who was standing in until someone could be found to take the position per­manently. I learned the impor­tance of listening to the women of the community that day.”

McNally indicated that the diffi­culty in restructuring the junior class board at the beginning of the school year was one of her biggest challenges.

“We wanted to reach out to every single junior class mem­ber,” she said.

McNally’s running mate, Parente, spoke about the chal­lenges she faced in her position as Sophomore Parents Weekend coordinator.

Milos referred to the 1995 fall semester resignation of the entire BHA executive board as the framework for her greatest challenge.

“Just one meeting,” said Milos. “I feel very good about what we’ve accomplished since then.”

McAuloph, Milos’ running mate, said leading the Student Activities Board with three dif­ferent advisors during the first semester of this year was her greatest learning experience.

ACE applicants

Reminder:
Mandatory Interview Sign-up Meeting
Wednesday, February 5
Hesburgh Center Auditorium
7:00 PM

ATTENTION
If you are interested in learning how to confront discrimination, then sign up now!

The Multicultural Executive Council is offering students, staff, and professors the opportunity to participate in this diversity sensitivity workshop.

LIMITED ENROLLMENT - CALL IMMEDIATELY

SATURDAY, FEBRUARY 15
9:30 AM - 4:00 PM
3RD FLOOR LOUNGE OF HEALTH SCIENCE BUILDING

BREAKFAST AND LUNCH WILL BE PROVIDED

This workshop is being presented by the Notre Dame Affiliate of the National Coalition Building Institute

Contact:
Adele Lanan • 631-7308
Mickey Franco • 631-4355
This is a tale of adventure and intrigue in a strange and wondrous place, an island in the far south, perpetually wet and phantasmagorical. This is also a testament to the benefit of preparation, for without it in this place, one might meet up with the grace of hindsight.

On the second day of April, suspiciously close to the first which is dedicated to food. During one of the southern summer, in the year of our Lord nineteen hundred and ninety-six, six companions, I arrived at the International Airport, suntanned, eager, for without this in this place, one might meet up with the grace of hindsight.

I thought, "aliens!" One of the creatures squeezed into our tent, it was small of stature and fierce, we judged. Alas, no alien was but something worse, possessing the most powerful crushing jaw in the world. We unzipped our flaps and cast our eyes on a wild mouselike of Tasmanian devil!

The morning brought little light and, in the distance, our spirits would not be dampened. A ferry brought us to the far shore and the southern terminus of the famed Overland Track, 60 miles of trail through heath and dale. We cut through the "Intrepid" most packs; all but one. This unfortunate character, though armed with the three courage of the tiger, bore the yoke of the "Flight 70." As he leapt spryly from boat to shore, a derisive remark, shot like a cheerless place among tussocks of sedge man-high. "A shoulder upon the mountain's side, the Plateau" we shouted. But it was not to be. The map showed a lake; there was no lake. "Perhaps only a watermark on the map," we vainly hoped.

After this moment of confusion, we regained our composure and continued upward. The trail gave way to a water-filled rut. "I will be done," someone declared. But we had icewater in our veins (because it was cold), and ere long, the summit was ours. A great, wet heath stretched before us, whipped by bitter winds. And away, in the distance, lost in cloud, rose the rest of the mountain Goold. dark and brooding, who would not bend to the hand of men.

Nonetheless, we went on, bound for the summit, for there were other peaks to conquer. As we debated our course of action, vainly seeking the lake and its campsite, the wind growing at out flesh, we began to recognize our defeat. "We cannot camp on the tops of small shrubs," I intoned, "and surely the cold will take us if we stay here. We must flee down the slope back to the ferry landing before nightfall if we hope to survive." Like the few from the lion, we ran. As darkness engulfed the mountains, we reached the camp at the base of the plateau. Soon, a tiny flame danced in the night, but frost and misery visited their heavy hands upon our spirits. The tents were cold and unwelcoming and the warmth of each other's bodies.

On the morning, there was sun. Glinting off the water drops in a million scintillations, thawing our blood and renewing our spirits, the rays from above were a gift. We struck the tents and hit the trail, wandering in a wide open valley beneath a blue sky. And there was Gould, unshaven of must and bathed in the morning light, laughing, content in the knowledge that he had beaten us. But we cowered only a moment, for there were other peaks calling up the trail, and men of adventure have no time to linger in defeat.

Sean O'Connor is a senior Arts and Letters major. His columns appears every other Tuesday.

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Two campuses share rich Black history

Saint Mary’s offers drama, film celebration with Sojourner and Spike

By MONICA WAGNER
Accent Writer

So here it is — the beginning of February. The spring semester is in full swing. You’ve finally gotten used to your new schedule, purchased your textbooks, and figured out who to get notes from if you don’t. Since the beginning of your college life, you may have become too wrapped up in your own life to stop and take a look at those things going on in the world around you. Some of you may not even have realized that February is African-American History month. Twenty-eight (some­times 29) days that are set aside in order to celebrate the history and her­itage of the African-American culture. This celebration was started here in the United States in order to honor the trials and tribulations that have faced African-Americans and to add inspira­tion to those things yet to come. For some individu­als here at Notre Dame Saint Mary’s, African-American History Month may not be all that familiar. Sure you’ve heard of it, but did you really take the time to appreciate it? To understand it? Okay, so now you might be realizing that you actually don’t know much about any culture besides your own (if that). Well, being able to understand and accept different cultures has strengths and weaknesses. Each day, it provides a generous supply of national, international, sports, business, and other news from the print edition. As you would

The New York Times

On February 20, the Saint Mary’s College-based Sisters of Nefertiti, along with the Multicultural Office, English Club and Board of Governance are spon­soring the play “When We Get to Christiana Creek,” which will take place in Moreau’s Little Theater on the SMC campus. It was written by Michigan resi­dent Bunny Hannah and concerns the Underground Railroad and its presence in southwest lower Michigan. The play focuses on the very small town of Vandalia and its preparation for the arrival of runaway slaves that are being led to freedom by freed African-Americans and Quakers of the Vandalia area. There are four scenes involved in this one-act play. Scene one introduces the audience to three former slaves, who had come to Vandalia by means of the Underground Railroad and who tell their stories as they await the arrival of runaway slaves that are being led to freedom. As they lead a group to freedom.

February 28 – “Get On The Bus”
Carroll Auditorium

For more information and other February events, contact Multicultural affairs at 284-4721

The second scene tells the story from the Quaker’s point of view, telling us of their dedi­cation to helping slaves make their way to f r e e d o m through the Underground Railroad. This last scene unites all of the charac­ters on the bank of the Chri­stiana Creek with S o j o u r n e r Truth. Vandalia was chosen as the site of the play because of the important role it played during the actual run­ning of the Underground Railroad. Today the town is an authentic histori­cal site for the Underground Rail­road. Several of the cast members are descendants of people involved in the original railroad. At the conclusion of “When We Get To Christiana Creek” is only one of the many events marking this celebratory month. If you are interested in learning more about the history of African-Americans, a February 28 showing of Spike Lee’s “Get On The Bus” will take place in Carroll Auditorium on the SMC campus. Numerous other events have also been planned involving African-American history and culture.

The understanding of diversity is rapidly becoming the key to the world, and everyone should take the time to appreciate it. Events planned for African-American History Month provide a perfect opportunity to learn what African-American history is really all about.

A new age of news on the Internet

By JASON HUGGINS
World Wide Web Correspondent

For those brave souls trying to escape Notre Dame’s isolation from the rest of the world, here is a review of some excellent current news Web sites. CNN Interactive (www.cnn.com) is the champ when it comes to depth, though it lacks the sheer quantity of the Yahoo! Reuters News Summary. Each of CNN Interactive’s sections, such as news, sports, and entertainment, has between five and 10 current stories and roughly double that number of previously run stories. The writing is bright and thorough, and you will find in-depth special reports on the most attention-grabbing stories of the day. CNN updates this site regularly throughout the day. In terms of quantity of frequently updated news, nothing matches Yahoo! Reuters News Summary (www.yahoo.com/heads headlines/news/summary.html). Plenty of sites offer Reuters’ stories, but none offer as many. Besides the top national and interna­tional stories, there are links to sections containing business, sports, entertainment, health, political, and high-technology news. Each section has about 10 current stories plus several older stories. While the general news stories are updated roughly hourly, the most specialized typically are updated two or three times a day. If you don’t find specific news you want, there is a search engine available, too. For those who prefer quality over quantity and constant updates, The Washington Post site (www.washingtonpost.com) has evolved into a true winner. From the handbook of top stories on the home page, you can jump to specific sections to read more stories and click on an icon for more stories still from the print edition. The reporting is knowledgeable and thorough, with an emphasis on national events and particularly those that occur in the Washington, D.C., area. For business news, The Wall Street Journal Interactive Edition (www.wsj.com) is without peer. This subscription-based site ($49 per year, $29 for print subscribers) has most not all of the print edition’s content, plus a few extras. For example, unlike the print edition, you can get live securities quotes and view briefing books for businesses that include recent news as well as market-related information. But what makes this site so attractive is The Wall Street Journal’s famous compilation of stock in-depth business news coverage and its entertaining yet insightful features. There are relatively few updates to this site during the course of the day.

The New York Times On The Web (www.nytimes.com) mirrors the print edition’s strengths and weaknesses. Each day, it provides a generous supply of national, international, sports, business, and other news from the print edition. As you would
History events

lack History Month at ND: diverse sponsors, diverse activities

Tuesday, February 5: Jatanos Go Wit' Collard Greens?

J Lind 7 p.m. CSC  
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Friday, February 7: Native Action: Under Fire

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Library Auditorium  
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Monday, February 24: “The Importance of Education and Mentoring”  
Hon. Alan Page  
8 p.m. 101 DeBartolo  
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Thursday, February 27: “AIDS Awareness & Promiscuity”  
Relationship Forum  
7 p.m.  
LaFortune Ballroom  
Sponsored by NAACP

Friday, February 28: Black Student Union “Close-Out” Dance  
10 p.m. CSC

College Killer: Eating Disorders

By LARRY WARD  
Medical Minute Correspondent

Commercials glamorizing the skinny individual constantly call our attention to beautiful women such as Cindy Crawford and Nikki Taylor. Consumers are thus made to believe that the ideal person is impossibly slender, leading us to the irrational notion that we are overweight. However for some people, in particular young high school and college aged women, this fear of being overweight becomes destructive to their bodies.

Some young women become so obsessive over the foods that they develop an eating disorder. The two disorders that are prevalent among such women are anorexia nervosa and bulimia nervosa.

Anorexia nervosa is the name given to a complex eating disorder. Anorexia is marked by dietary to the utmost extent — dieting to the point of starvation. The bizarre behavior of these individuals is that the sufferers of anorexia do not stop avoidance of food despite warnings from family and friends.

Anorexia nervosa almost exclusively occurs in adolescent girls and young adult women. Less than 10% of the documented cases of anorexia nervosa are men.

Anorexia typically begins in adolescent aged girls who are normal in weight or slightly overweight. At some point, such girls who develop anorexia begin to see themselves as overweight and correspondingly eliminate sweet foods and high-calorie foods from their diets. The disease progressively becomes worse to the point that the young woman will begin to skip meals and will increasingly restrict the foods that she will eat. More often than not, the extreme dieting is accompanied by frantic exercise.

Further signs and symptoms of the disease include an unrealistic fear that the sufferer may have of being fat. In addition, those closest to the sufferer should be able to notice a significant weight loss in the affected individual accompanied by a refusal to maintain a normal body weight.

Interestingly enough, scientists have noted another odd behavior of anorexia: sufferers of the disease often take a great interest in reading recipes, counting calories of various foods, and preparing food. Sufferers may also encourage others to eat large quantities of food but they themselves will not eat at all.

Food restriction results in progressive loss of body fat in an anorexic individual. More serious changes result when self-induced vomiting and inappropriate use of laxatives and diuretics are begun in order to speed weight loss.

Physicians are not quite sure as to what the cause of anorexia is. However, it is believed that many individuals have a biologic predisposition to anorexia that becomes apparent during puberty. Other scientists believe that fear of one's sexuality, family pressures, and various other conflicts may contribute to the disease. An individual who suffers from anorexia is also not helped by the innumerable social influences that emphasize desirability of extreme thinness. Early treatment of anorexia can prevent the progression of the illness and complete recovery from anorexia is possible. However, the illness can often be quite severe and in extreme cases can result in death. In these instances, treatment of anorexia can have a successful outcome. Unfortunately, bulimia does not send off clear cut signals as does anorexia, which is evidenced by the fact that only one of ten women who suffer from bulimia will see a psychiatrist.

Unlike people with anorexia, bulimics usually realize that their eating is abnormal and often become depressed after binges. Bulimia nervosa is serious because the habit is disruptive to work and social life. Purging can have serious health effects by depleting the body of much-needed water and potassium and can even result in death.

Bulimics can usually be treated with behavior modification techniques and psychotherapy, sometimes in conjunction with an antidepressant medication. Severe cases of bulimia can be treated with hospitalization.

If you are suffering from either anorexia or bulimia, know that the University Counseling Center has numerous options to help you, including personal counseling and group therapy. Similarly, if you think that someone close to you may have an eating disorder, reach out and suggest outlets of help to them.
Day leads Celtics to rare road victory

Associated Press

TOKYO

For the Boston Celtics, winning a third straight season, a win on the road has been rare.

"Anytime you can double your win total in one game," David Wesley said after scoring 27 points for the Celtics in a 104-92 victory over the Toronto Raptors Monday night.

The Celtics, dressing just nine players after a gametheft of his starting five. And that's just what they got.

Guard Kidd scored 26 points, David Wesley had 25 points, 11 assists and seven rebounds; Antoine Walker had 20 points and 13 rebounds Tuesday night and had 10 points and 10 assists as Boston won its 10th on the road. It was the Celtics' second win in their last 10 games.

"We know we have to play a whole lot better than best," Wesley said, who hit three key 3-pointers in the final quarter to turn back the Raptors.

"Down the stretch we just wanted the ball to Dick St. Peter and then we wanted the ball to Kevin Garnett, and with Rick and me finding the open man, we were able to get them," Garnett said.

The Celtics looked like the team that had gone 10-33 record before Monday night. They had a 10-point first-half lead and trailed by as many as nine points mid-way through the third quarter.

But Fox sank a 3-pointer, sending the Celtics off on a 15-0 run, which was capped by 3-pointers from Allan Houston and 80-74 lead with 2:13 play in the final period.

Early in the fourth quarter, Wesley hit a 3-pointer, giving the Celtics and 69-61 lead with 10:57 play. To complete the sweep, after Payton Jones had missed a free throw, the Raptors with nine points, last.

Wesley hit again from behind the arc, putting Boston on top.

Kings 85, Spurs 79

Jeff Grayer keyed a 28-0, first-half San Antonio Spurs Monday night as the Kings came from behind to defeat the San Antonio Spurs 85-79. Grayer finished with a 10-day contract, scoring six of his 16 points in the run that saw Sacramento go from 49-49 deficit to a 69-60 lead with 21-0 left on the shot clock.

Mitch Richmond led the Kings with 24 points, and Grayer sealed the win with two free throws with 24.4 seconds left on the clock. Sacramento stretched its final six-point margin.

The Kings, maintaining the seventh best record in the Western Conference, overcame a 17-point Spurs lead in the third quarter after trailing by 10 at half. Sacramento scored the final 18 points of the period and the first two of the fourth quarter before Sean Elliott broke the win.

Richmond had 11 points in the third as Sacramento won games.

Sacramento, San Antonio closed within 71-66 in the fourth quarter. Grayer hit a 3-pointer and Edney added two free throw pair of shoes from Fleet Locker" when Driver made his announcement.

Damon Stoudamire, who had 18 of his team-high 26 points on the scene, one of two free throws and a foul with a total of 108-100 with 1:50 to play before the end of the game. Two of the quarter with 44.9 seconds remaining, ending any chance of a Raptors comeback.

"It's been a long time coming," said Fox, alluding to the team's only other road win of the season, 104-102 over the Denver Nuggets on Dec. 20.

"We've had other games on the road, but didn't finish them. Tonight, we finished."
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Finance Club Meeting

Tuesday, February 4th, 1997
7:00PM
Room 203B - COBA

(next to Dean’s Office) we will discuss:
Finance Forum Elections

Strong showings bode well for Big East meet

By WILLY BAUER
Sports Writer

The only things that moved faster than the Notre Dame track team last weekend, were Star Wars tickets.

The Irish track teams, both men’s and women’s, once again posted strong individual and team performances at the Meyo Invitational at Notre Dame.

The Irish hosted six universities for the annual meet. There were also a handful of professional athletes who attended the meet.

“I thought it went well,” said coach Tom Piane. “We had three women who provisionally qualified for the NCAA’s. Our men’s long-distance medley team almost qualified, but they have a few opportunities left. Danny Pytton ran very well in the medley and Jay Hofner placed in the 35-pound throw. Overall, it was a good weekend.”

The women’s team dominated the first place standings on Friday and Saturday.

Alison Howard won the 400-meter dash and Nadia Schmiedt finished first in the 500-meters. Dominique Calloway continued to tear up the cinders, winning the 200-meters, and qualifying in the hurdles. Jennifer Engelhardt walked away victorious in the high jump.

Calloway, Engelhardt and Joanna Deeter provisionally qualified for the NCAA Indoor Championships over the weekend.

Deeter came in second-place in the 5,000 meters to qualify for the NCAA’s and was the first collegiate runner to cross the finish line.

On the men’s side, the long-distance medley came within a hair’s width of qualifying for the NCAA’s, missing by 0.36 seconds. Bobby Brown posted a 48.2 second split in the medley.

Jeff Hognacki and Marshall West had continued success in their respective events. Hognacki won the 800-meters, and West continued to leap out of the building. He won the long jump, posting his third consecutive meet with a jump over 24 feet.

Errol Williams, like his teammates, continued to post impressive times. He shaved one hundredth of a second off of his previous best in the 60-meter hurdles.

The eyes of the track team now turn to the Big East championships.

Before that however, a few track members will be participating in the Butler Invitational and the Central Collegiate Championships.

“We are going to send a few men and women to Indianapolis and Michigan,” said Piane. “We are going to sit a lot of people, however. We’re really looking forward to the Big East meet.”

The Observer/Mike Ruma

Finance Club Meeting

Tuesday, February 4th, 1997
7:00PM
Room 203B - COBA

(next to Dean’s Office) we will discuss:
Finance Forum Elections

The OBSERVER is accepting applications for:

Managing Editor

Applicants should have strong editorial and journalistic skills and be comfortable in a management position. A basic understanding of newspaper production and experience with the Macintosh system is helpful. Any Notre Dame or Saint Mary’s College student is encouraged to apply.

Business Manager

Any sophomore or junior business major at Notre Dame or Saint Mary’s interested in valuable work experience is encouraged to apply. Applicants should have strong interpersonal and organizational skills and a basic understanding of accounting principles.

Applicants should submit a resume and five-page statement to Brad Prendergast by 5:00 p.m. Thursday, February 6, 1997. For additional information about the position contact Business Manager Matt Casey at 631-5313, or Editor-in-Chief Liz Foran at 631-4542, or stop by the office on the third floor of LaFortune.
For the kids

The 11th annual Late Night Olympics took place last Friday night at the Joyce Center and lived up to everything that RecSports hoped to accomplish by sponsoring the event.

The event drew over 1,200 students scattered throughout 230 teams participating in 18 events. The record-setting participation also drew in a record-setting profit, as over $7,700 dollars will go to the St. Joseph County Special Olympics.

"It is the best turn out we've ever had and the most money we've ever raised," Kara O'Leary, RecSports coordinator, said.

The teams competed in events such as wiffleball, kickball, volleyball, and kayaking. While the Sorin/Walsh team won, the highlight of the Late Night Olympics was without doubt the basketball game between the rectors and hall directors' team, coached by University President Father Edward "Monk" Malloy, and the Special Olympics team, coached by Chuck Lennon, director of the Notre Dame Alumni Association.

Although they might be intimidating off the court, the rectors and hall directors could not carry that intimidation on the court, as the Special Olympians walked away with the victory. One special feature of the game was that the Special Olympians were wearing uniforms purchased by the funds raised by last year's Late Night Olympics.

The event, as a whole, was a resounding success and proved its purpose worthy.

O'Leary concurred.

"We try to offer the chance for a great social opportunity, while students compete and raise money for a great cause." Mission accomplished.

Story by Betsy Baker
Photos by Mike Ruma
**SPORTS BRIEFS**

**Tae Kwon Do** — Students are instructed in accordance with World Tae Kwon Do Federation techniques. This semester-long course meets Sundays from 3:45 p.m. in Rockne Rm. 301. You must register in advance at RecSports and the fee is $20.

**Jazz Dance** — A Jazz Dance class will be offered Monday and Wednesday from 6-7:15 p.m. in Rockne Rm. 219. All levels are welcome, but space is limited. There will be an information meeting on Jan. 26 at 8 p.m. in Rockne Rm. 301. The fee is $80 for the semester and sign-ups begin at 8 a.m. on Jan. 27 in the RecSports office. Classes begin on Feb. 3.

**Cross Country Ski Clinics** — RecSports will be sponsoring three clinics this winter. The first clinic will be on Jan. 23 at 11 a.m. and there will be two offered on Feb. 1 at 10 a.m. and at 2 p.m. The fee for the clinic is $5 with an additional $3 rental fee if you need to rent skis. Registration in advance is required for all three cross-country clinics.

**Martial Arts Institute** — Beginners practices start this Thursday, Jan. 23 at 4 p.m., in 219 Rockne. Classes meet twice a week, Thursdays and Sundays 6-8 p.m., 219 Rockne. The classes meet throughout the semester. Join us Thursday or call Kyle @ 4-2078 for more information.

**Cross Country Skiing** — Rentals are available from Fri., Sat., and Sun., from 11-4 p.m. Rentals are located in the Golf Shop. Call 1-6425 for more information.

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**SAINT MARY'S BASKETBALL**

Belles effort falls just short of third victory

By CAROLINE BLUM

Saint Mary's Editor

Neither team expected Monday night's game to turn out the way it did. Bethel was thinking landslide while Saint Mary's was hoping for its third win.

Only the crowd of over 300 people at Bethel College saw the game as it happened, refusing to presume a victor until the buzzer sounded with the Pilots ahead, 68-61.

"We tried to put Saint Mary's away," Bethel coach Frankie Jackson said. "I wanted to get out to a 15 point lead so we could relax. But we only got ahead 10 points at the most, and then we dropped back down."

The Belles' defensive efforts allowed them to stay in the game, although they could never slice the Pilot lead below four points.

"We never gave up because we wanted to win this game," Belles senior center Marianne Banko said. "I have always seen Bethel as a rival of ours, and after beating them in the RoundBall Classic (at Saint Mary's) earlier this season, we thought we were going to do it (Monday night). I really hoped that we were the better team. But the Belles were not aware of the improvements Bethel had made since their last meeting, particularly in its second half play."

"We came back in the second half with the press," Jackson said. "We did a really good job on the press. They could not handle it, and we forced a lot of turnovers. But we didn't handle the ball as well as we would've liked either."

While the first half was led by Pilot sophomores Dawn Heasor and Hope Lawson, sophomore Teri Totez turned it on in the second half, scoring 21 points and grabbing five rebounds.

"We're not dropping our heads like we did before," Jackson said. "We played smart basketball (Monday night), and that's the thing we needed to do. Everybody contributed, doing a better job communicating and working together."

The Belles front was led by Banko and Charlotte Allbrecht, who each scored 16 points.

"Free throws were definitely a problem for us," Banko said. "We did not come through when we needed to."

Down by as little as four, the Belles failed at several chances in the game's final minutes to score points from the free-throw line. On the night, they finished at only 55 percent, making only 10 of 22.

The Belles now drop to 2-14, a record they will use as not reflective of their efforts.

"There is no team in South Bend with as much dedication and heart as this team," Belles coach David Roeder said. "They play for the love of this game."

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**Coming Together**

...Look for a letter in Campus Mail
Lester rewrites record books

By DAVID FRICK
Sports Writer

At the beginning of the fencing season, the Cleveland State meet was just another competition on the course of a season aimed at a national championship. But it was not expected that the weekend would become a witness to Notre Dame fencing history.

Senior sabre captain Bill Lester wrote his name in the record books this weekend by going 13-0 to raise his career win total to a record 189 to only 35 defeats. The seventh victory of the day proved to be the record breaking effort.

"I am excited and happy that I did it," said Lester. "But I have to admit that as much as I tried not to think about it, it was on my mind all week.

What made the moment even more sweet was that Lester could share his joy with the man whose record he broke, assistant coach Mike Sullivan. Sullivan fenced for the Irish from 1976-79, compiling an incredible record of 183-4.

Yet another accolade is being one of two Irish fencers in his senior year who could share his joy with the man whose record he broke, assistant coach Mike Sullivan. Sullivan fenced for the Irish from 1976-79, compiling an incredible record of 183-4.

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The Notre Dame men's swimming and diving team split two weekend meets on the road, defeating the University of Buffalo on Friday and coming up just short of St. Bonaventure on Saturday. These two matches provided the Irish with a challenge and gave them confidence as they prepare for the upcoming Big East Championships.

"This was a great weekend for us," commented head coach Tim Welsh. "Both meets were close, spirited meets where both teams gave their all and great races were swum."

The Irish narrowly defeated Buffalo on Friday, 126-115, in a come-from-behind victory. "In the first half of the meet, the Irish rallied behind good diving performances from Herb Huesman and Tyler Maertz. These two divers placed first and second, respectively, in the one meter diving and first and third, respectively, in three meter diving."

The Irish sealed the victory with an outstanding performance in the 200 meter breaststroke, as Matt Rose, Steele Whowell, and Kevin McCluskey placed first, second, and third, respectively.

On Saturday, the Irish traveled to St. Bonaventure and were again involved in a close meet. St. Bonaventure leaped ahead early, winning the first five events and commanding a 59-34 lead. However, the Irish once again refused to give up.

Huesman won the one-meter diving and three-meter diving events, and senior Steve Romano took the 200 meter butterfly. Chris Fugate and Jeff Page paced first and second in the 200 meter backstroke. The score was then knotted at 97.5 for each team.

At that point the Irish rallied and won six straight events to capture the meet. The Irish topped the Bonnies, 118-57-122.5.

The defeat to St. Bonaventure snapped a four-meet winning streak for the Irish and dropped their record to 6-4 on the season.

The Irish fencers dominated the competition at the Cleveland State meet this weekend. Amid many notable performances, senior Bill Lester broke the Notre Dame's record for most wins in a career with 189.

"I am excited and happy that I did it," said Lester. "But I have to admit that as much as I tried not to think about it, it was on my mind all week."

"There have been a lot of good fencers to come through here, which makes the record that much more meaningful," said Lester.

The competitive minded Sullivan was sorry to see his man whose record he broke, assistant coach Mike Sullivan, represent just one of many great fencers whom have history and appreciates all of his success. "There is a lot of history and appreciates all of his success. "It's a difficult season for the team because you only have so much energy in a day. You want to do after a hard practice is eat dinner and go to bed. But you have to maintain all of your responsibilities," said Lester.

With Lester's aid, the fencing team took advantage of the lesser competition at Cleveland State by finishing with an undefeated record on both the men's and women's sides. After surviving against top teams at Penn State last weekend and preparing for the top notch teams at Duke next weekend, the break was much deserved.

"This was a preparational regionals. We had to work on our records to improve on our seeds considering 40 percent of NCAA qualifying is the regular season record," said Sullivan. "I'm just glad I was here to see it all happen," said Sullivan.

One of the most impressive parts of Lester's feat is that he balances his athletic success with an equally adept academic touch. Lester was honored in 1996 as a GTE/CoSIDA Academic All-American, and has earned a 3.5 GPA while studying biochemistry.

"It is difficult during the season because you only have so much energy in a day. You want to do after a hard practice. You eat dinner and go to bed. But you have to maintain all of your responsibilities," said Lester.

After the weekend, the team received undefeated performances from sophomore foilist Myriah Brown and sophomore foilist Nicole Paulina, which helped the team to win 172 of their 192 bouts of the day. But for the second week in a row, sophomore foilist Sara Walsh led the team with a 16-0 record to bring her season record to 23-4.

"It feels great to be back. It makes me feel more complete to be back with the team," said Walsh.

Through the team earned numerous victories in the meet, the day belonged to Notre Dame's most victorious fencer in history, Bill Lester.
HAPPY BIRTHDAY TO THE NEXT STAR OF YOUR LIFE. If you are planning a party, let your guests know how much you appreciate their coming. Don't let them go away feeling as if they have missed a big event. Give your partygoers the slip to others.

CELEBRITIES BORN ON THIS DAY: director Ilia Lasn, author Betty Friedan, singer Alice Cooper, comedian David Brenner.

TAURUS (April 20-May 20): New business developments and a new job may lead you to show your hand. Craft a plan to make them impossible. Play it cool in romance. Ultimately, you will be rewarded.

INTERNET:
Irish search for consistency against Red Storm

By MIKE DAY
Assistant Sports Editor

As the saying goes, you have to learn to walk before you can learn to crawl. That is certainly the case with the Notre Dame basketball team. Before the Irish can work their way up to becoming a bona fide threat in the Big East conference, they will first have to polish up on their fundamentals.

"We have struggled there for much of the season, and it has hurt us at times," said Irish head coach John MacLeod. "It is an area we have worked on a lot, but we feel we'll have to continue to work and improve on it.

"Indeed, heading into tonight's contest against the 1-3 St. John's Red Storm at Joyce Center, Notre Dame has had its ups and downs at the free throw line. The Irish shot just 57 percent from the foul line and it has cost us in some games this year."

"We spend a lot of time in practice working on free throw shooting. We know it's time that we are some results."

After consecutive losses to the Panthers and the Mountaineers, Notre Dame stands at 3-7 in Big East play, 9-9 overall. With St. John's 1-7, 9-10 struggling to maintain consistency, the Irish know this is the kind of game they need to win.

"They're a strong team that plays with a physical style," said MacLeod. "We've beat them before (last year), so we know we can play with them. It's up to us to go out and execute our style of game."

Last season, Notre Dame split the series with the Red Storm, winning 86-83 at Madison Square Garden before losing 76-60 to John's tough Greenville Center.

But in recent signs are any indication, mediocre free throw shooting could be a thing of the past.

After knocking down seven of eight foul shots at West Virginia on Jan. 25, the Irish converted a season-best 19-21 last Wednesday at Pittsburgh.

"They've lacked consistency from the foul line and it has cost us in some games this year," said small forward Derek Mann "We spend a lot of time in practice working on free throw shooting. We know it's time that we are some results."

The Observer/Rob Finch
Head coach John MacLeod believes that rebounding on both sides of the floor will be a key aspect of tonight's matchup with St. John's.

Irish women's swimming season winds down

By BILL HART
Sports Writer

Notre Dame's women's swimming team went 1-1 in a double meet Wednesday against the 1996-97 dual-meet season with a 7-5 record overall.

"We swam well against both teams," head coach B a l l y Weathers commented.

"I think we won some events and did very well against the Wolverine squad."

"Michigan is the No. 3 in the poll, beat the Irish 82-58 in an impressive showing at the 1996-97 dual-meet season.

"They have the weight of the conference on their shoulders."

"Rutgers on Feb. 19-22."

"The women's team is one of the toughest matches of the season."

"I was pleased by our performance."

"The three events that Gallo won really improved the team's confidence."

"Weathers commented."

As the end of the season approaches, Weathers believes that the team is in very good shape for the Big East Championships which will take place at Rutgers on Feb. 19-22.

Gallo echoed his thoughts. "I think we have a pretty good shot of winning the meet this year."

"Individually, I think we'll have some top performers," Brooks said. "We're certainly confident that the team will improve their times during this meet."

"We placed third last year, and we hope to move up from there."

"The University of Irish swimmers achieved some of the top times in the ongoing Big East meet."

"Among the impressive performances were Gallo's overall second place in the 1000 freestyle and Brooks' conference best in the 100 backstroke."

"In the 200 butterfly, Barger and Allen took second and third place respectively."

"Barger also placed first in the 100 meter butterfly event for the Irish."

"It wasn't really surprising that we did so well," Brooks commented. "We've got a lot of talented members on our squad. I think by the end of the Big East Championships we'll see a lot more swimmers in the top 10 of some of those events."

"As a head coach, Weathers had committed to losing the Irish team to the Big East Championships with a take place at Rutgers on Feb. 19-22."

Gallo's overall second place in the 1000 freestyle and Brooks' conference best in the 100 backstroke.

"Overall, I think the team really swam well. Michigan was one of the toughest matches of the season, and I was pleased by our performance."

"Michigan has been one of the perennial powerhouses of swimming for the past five years," Weathers said. "This was definitely one of the tougher squads we've faced this year."

"Individually, the Irish were led by Linda Gallo, who won the 1000 meter, 500 meter and 200 meter freestyle events. Franchise record from the 200 meter backstroke and Liz Barger was first in the 100 meter butterfly event."

"I was really happy with the time produced on Saturday," Gallo commented. "Overall, I think the team really swam well. Michigan was one of the toughest matches of the season, and I was pleased by our performance."

"The three events that Gallo won really improved the team's confidence."

"Weathers commented."

"We swam well against both teams," head coach B a l l y Weathers commented.

"We swam well against both teams," head coach B a l l y Weathers commented.

"This could prove to be a must win for the Irish."

"They can't replace such gamebreakers."

"Sure you can look to Lake Dawson and Derrick Mayes, but neither produced the gamebreaking speed that Brown, Iseael and Walters possessed."

"The last player the Irish had signed with such ability was Randy Moss and we all know his story."

"Lou Holtz started the recruiting campaign pointing out the needs for speed and gamebreakers, and he promised to deliver them.

"But Bob Davie was ending the Irish recruiting campaign without honoring Holtz's promise."

Only two all-Americans remained for the Irish, athlete Tony Driver of Louisville, Kent and tailback Travis Minor of Baton Rouge, LA, and neither appeared to be heading Notre Dame's way.

"Bob Davie had postponed his January 26 commitment to Florida State, the Seminoles remained the leader with Penn State and Louisville following for Notre Dame."

"Bob Davie was a long shot at best. Minor was still considering the Irish, but hometown Louisiana State and Florida State were the two schools to beat."

Yet, the second rule of recruiting. "Recruits tend to commit to their initial favorite despite other leanings in between."

"Then, remember that Driver had been once silently committed to Holtz, and the following begins to make sense."

"Tony Driver."

"Tony Driver (6-3, 210, 4.4) shocked the recruiting world when he committed to Notre Dame. Florida State was all ready writing his name on a jersey (and throwing in a free"

"Tony Driver."

"Tony Driver."

See RECRUITS / page 10