Eating disorders reach 'epidemic' proportions

By CHRIS BEDNARSKI

News Editor

The eating disorders, anorexia nervosa and bulimia, are "epidemics" on college campuses including Notre Dame and Saint Mary's, said Dirk Miller, director of the Health Education Program at Memorial Hospital of South Bend.

Miller estimated that about 20 percent of the female students at Notre Dame and Saint Mary's have an eating disorder or its symptoms.

"The numbers are huge," said Miller, who heads the Healthy Options for Problem Eaters program, "It's alarming and it reflects on our society's values." If untreated, both disorders can lead to death, he said. This rarely occurs, however.

Although 90 percent of anorexics and bulimics are women, Donley said the disorders are "growing among men, especially wrestlers and gymnasts, who need to keep their weight down."

Anorexic patients, primarily middle and upper-class women between the ages of 17 and 30, have an obsessive concern with dieting and exercise, Miller said. The eating disorder is accompanied by an "intense fear of gaining weight or being fat," he said.

An anorexic may "spend 90 percent of their waking hours thinking about food," he said. Many anorexics exercise ritualistically and are often 25 percent below ideal body weight, said Rita Donley, staff psychologist at the University Counseling Center.

Some anorexics lose their sexual drive and the menstrual period is disrupted in female patients, she said. In men, anorexia can lead to impotence.

As the disorder progresses, Miller said, permanent changes in the individual's metabolic rate may occur and her hair may fall out.

Although there are more bulimics on college campuses, Miller said, "anorexia is more apparent to the naked eye. Bulimia is more secretive, more closet type behavior." see DISORDER, page 4

Two Notre Dame women share experiences of anorexia, bulimia

By KATHY SCARBECK Staff Reporter

Annie, a Notre Dame student, hated what she saw in her mirror. "You're a cow. Why are you eating?" she asked herself. But Annie was eating less than some of her friends and was almost 40 pounds underweight. When she lay in bed at night, she was so hungry she was cutting through her skin. A victim of anorexia nervosa, Annie was slowly starving herself.

Jennifer was also under weight. During high school she woke up at 5 a.m., did aerobics for an hour, ran eight miles, and then walked to school—all before 9 a.m. When Jennifer didn't skip meals, she often forced herself to throw up the food she did eat.

Annie, an anorexic, and Jennifer, a bulimic, are two Notre Dame students who suffered from, and overcame, eating disorders often found among young women. Before entering Notre Dame, Annie (not her real name) had her first experience with anorexia.

"In high school I was always really thin, and I could eat anything," she said. "But then I hit puberty at age 18 and began gaining weight quickly. I thought I was going to be 'blimpie' by age 20."

During her senior year of high school, Annie said she became nervous about going to college. She lost about twenty pounds but could still control her eating habits. "I was still at the point where (anorexia) didn't necessarily have to happen, but you can reach a point where you can't control it anymore."

Annie reached that point during her sophomore year at Notre Dame. As a freshman, Annie said she experienced few problems with anorexia. "I felt I had lots of friends who would get on my case if I did anything," she said.

The following year, though, Annie began having problems. "I had no major, and I didn't know what I was doing," she said. "During freshman year, everyone is confused. But by sophomore year I thought everyone had got it all together but me."
Of Interest

Father Theodore Hesburgh has been awarded the distinguished public service medal of the Department of Defense. Hesburgh was cited for "his commitment to the success of ROTC programs at Notre Dame." There are 749 students in Army, Navy, and Air Force ROTC programs at the University, about 10 percent of the underclassman student body.

A $250,000 pledge has been received by the University from the Texaco Philanthropic Foundation for research and the development of junior faculty in the Department of Chemical Engineering. The first installment of $50,000 has already been received.

In Brief

Junior Robert Costello will relieve senior Robert Henke as Battalion Commander of the Naval ROTC unit at the annual change of command ceremony at 4:30 p.m. today at the Stepan Center.

Keenan Revue tickets will be distributed tomorrow. Distribution for Notre Dame students will start at 3 p.m. inside Gate 10 of the Joyce ACC. Saint Mary’s students may pick up tickets at the O’Laughlin Auditorium office beginning at 6 p.m. - The Observer

Hall Presidents’ Council will be featured tonight on the Purdue FYTVAM 40 with several HPC members. Questions can be called in at 239-6400 between 10 and 11 p.m. Hosted by Chris Shank.

Eighteen choirs from five states will participate in the annual Notre Dame Christmas Festival today and tomorrow at Saint Mary’s. Performances begin at 9:45 a.m. with final presentations set for 4:30 p.m. both days in O’Laughlin Auditorium. The Saint Mary’s Women’s Choir will perform at 12:05 p.m. both days. For information, call 284-4632. - The Observer

Women United for Justice and Peace will meet tonight at 7:30 in the Center for Social Concerns. - The Observer

The International Students Organization will hold a meeting today at 6 p.m. in the ISO lounge on the second floor of LaFortune Student Center. - The Observer

A planning meeting for the April 15 Cystic Fibrosis marathon danceconcert will be held tonight at 7 in the Notre Dame Room of LaFortune. - The Observer

Friday Forum at the Center for Social Concerns starts tomorrow with Professor Fred Crossen, John J. Cavanaugh Chair in Humanities in the Program of Liberal Studies, speaking on “Hunger and the Arts.” The talk is part of the series which examines the newly inaugurated Honor Code, and will take place from 12:15 to 1:00 in Room 124 of the CSC. - The Observer

Freshman class ski trip sign-ups are extended until January 29. Sign up in Room 214 LaFortune between 2 and 5 p.m. Monday through Friday. - The Observer

The Center for Basic Learning needs volunteers to help tutor South Bend area adults in reading, writing and math. The Center operates Monday through Thursday, from 1:15 to 3:15 p.m., and each volunteer is asked to serve three hours per week. For information, contact Rob France at 283-2462. - The Observer

Transfer and Off-Campus students who have not already picked up this year’s campus telephone directory may do so at the information desk in the main lobby of LaFortune. - The Observer

A campus-wide billiards tournament will begin February 5. Sign-up at the desk in the pool room in the basement of LaFortune. - The Observer

The Observer

Thursday, January 21, 1988

Become a Couch Potato and live to a ripe old age

“Top doc says exercise may be bad for your health. Take it easy — and live longer!”

Never has there been more reason to be lazy. Newsweek has declared fitness “out” and laziness “in.”

Stuffed Couch Potatoes are on the market. VCRs are cheaper and TV dinners are better than ever.

Lincolnwood, Ill. is hosting Couch Potato Weekend, a convention to be held Saturday and Sunday complete with a discussion of TV therapy and a PotatOlympics (No real Couch Potato will show up, however. They’ll watch it on TV.)

And now this.

“A leading researcher says that exercise may not help you live longer — in fact it may hasten your death.”


“Dr. Roger McCartney of the University of Texas Health Science Center in San Antonio theorizes that humans are equipped to burn just so many calories in a lifetime. He says when that number of calories is burned the person dies.”

“The idea is that since exercise burns up calories it may actually speed up the aging process — depending upon the person.

“It could mean that a person with a middle age spread is actually healthier and will live longer than a trim fitness fanatic of the same age.”

You always liked lying on the couch, watching TV, your mouth hanging open, drooling on your pillow. Now you have a scientific reason to do it.

Being a Couch Potato is good for you:

1. Don’t scoff. The doctor’s theory makes sense. Remember how bad your body aches the day after exercising? Remember how stiff your muscles are?

2. Your body is telling you something.

I bet a single aerobics session takes three months off your life. A pick-up basketball game probably wipes out a couple of months. And walking to the store rather than taking the car probably costs you a couple of days.

3. My gosh. Those jugglers running on the roadside in January are doomed for sure. If exhaust fumes, pneumonia or a bumper doesn’t get them, the loss of calories will.

No wonder you never see runners smiling.

Their hobby is killing them.

So you Potato People can breathe a sigh of relief.

No longer do you have to feel guilty about watching aerobics on TV. You can sit back knowing the “Crystal Light Aerobics Team” will soon be off the air — for good.

You don’t have to feel rotten about neglecting your yard anymore, too. Cutting the grass would mean mowing a few weeks off your life.

And heck, rake enough leaves and you’ll be as dead as they are.

You also have another reason to insist on a remote-control TV. That control, after all, is a godsend. Think of all the calories you burn just getting up to change the channel.

A remote control will add months to your life. .. years, if you watch enough TV.

And you can feel good about taking the elevator rather than the stairs now. You can stare at the other riders knowing that you all are slowing down the aging process.

At last, the Couch Potato can rest easy.

Of course, with all this good news for Potatoes comes bad news for fitness fanatics. They’re killing themselves.

But there’s hope.

Habits can be broken, even unhealthy ones like exercise. The next time you feel the urge to run, mow the lawn or frollick in a leotard, head for the nearest couch. Lie down, turn on the TV (with the remote control), let your mouth hang open, and drool.

It could save your life.

Attention ALL CAMPUS ORGANIZATIONS,

Effective immediately New Reservations policy for Theodore’s:

1) A reservation application must be received seven days in advance of event. Application can be picked up during office hours 4-5 p.m. Tuesday and Thursday in Theodore’s office which can be accessed off of the south stair well on the second floor of LaFortune or in the Student Activities Office.

2) A deposit of $50 CASH must be received three working days prior to the event. A cancellation must be received 24 hours before event or deposit will be lost.

3) Reservations can only be made for Monday-Tuesday 2 p.m.-12p.m. Other days and between times are left to the discretion of the management.

If there are any questions, contact Noel Murtha Reservations Manager at 283-3435.
The Observer

Abused girl faces surgery

Associated Press

GARY, Ind. — Doctors decided Wednesday to amputate the lower legs of a "very strong little girl" who was found abandoned and frostbitten in a filthy, unheated home.

The mother of Darlwin Carlin, 9, surrendered to police Thursday, January 21, 1988, and was found abandoned and frostbitten in a filthy, unheated home.

"Wherever the blood flow stops, the tissue below that is not salvageable," said Dr. Lawrence Fetsch, the presiding doctor and associate professor of plastic surgery at Indiana University.

"She apparently is upset, but she seems to be still in fair and stable condition. There's really no life-threatening condition," Fetsch said.

The girl was told of the decision to amputate Wednesday afternoon. Dr. Lawrence Zacary, who specializes in plastic and reconstructive surgery, was the presiding doctor and would perform the operation, Fetsch said.

"I'm sure the doctors are doing their best. She deserves a chance," Fetsch said. "All the parents I've spoken to are very, very touched."

The girl will be fitted for a prosthetic limb in two or three days, Fetsch said.

Surgery was scheduled for Thursday, said hospital spokesman Mary Fetsch.

"The girl will be fitted for a prosthetic limb in two or three days, Fetsch said."

For Hart, who has been trying to overcome questions about his personal life by stressing high moral standards in his public life, the latest disclosures were seen as a new blow in Iowa.

"We're looking into all the allegations....I don't know anything about the details," Hart said. "We will comply with all the laws and regulations.

"Hart said he will "hold himself responsible for whatever happened and not shift any blame to anyone else." But at the same time, he said, "Obviously a candidate cannot know every detail" of his campaign.

The mother of Darlwin Carlin, 9, surrendered to police Thursday, January 21, 1988, and was found abandoned and frostbitten in a filthy, unheated home.

Along with its recent facelift, the LaFortune Student Center has renamed one of the nine awards presented annually by the Alumni Association. These awards are named in honor of distinguished men in Notre Dame's history.

Within each room, a plaque will be displayed giving the history of those men being honored along with portraits of each year's winner. The decor of the rest of each room will reflect each figure being honored, said Cassidy.

Since the refurbishment of LaFortune, much planning has been done concerning the aesthetics of the building, Cassidy said. Student Activities is continually looking for new ideas for decorating the center and hopes to receive input from the students and faculty here at Notre Dame, he said.

The Observer / Suzanne Foon

Blood

continued from page 1

more blood is required," she explained.

Senior Katherine Gehl, chairperson of the drive, said she was quite pleased with the student response. "We had people coming from all over campus."

Trubac said she recommended blood drives on high school and college campuses because of the reluctance of students to go to blood banks and give.

"Hopefully, if they have a good experience they'll give on their own later," she said.

Fear of Acquired Immune Deficiency Syndrome (AIDS) prevents many people from donating, Gehl said. Trubac stressed that a person cannot contract AIDS from donating blood.

She said the blood bank technicians who staff the drives use disposable needles and give each donor candidate a blood test before he may donate.

The blood test encompasses eight areas including hepatitis, syphilis, blood type and presences of the AIDS antibodies. The results of these tests are kept "extremely confidential," said Trubac.

IBM XT/AT COMPATIBLES

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- JANUARY SPECIAL: COMPLETE Mono systems starting at $560. Color systems starting at $740 INCLUDING monitors.
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Call Jim 239-7757 or Judy 283-2999 for more info.

South Padre for Spring Break

March 11-20

cost $346

includes:

- hotel accommodations at the luxurious Hilton Resort
- transportation by Motorcoach (trip must include transportation)
- free pool deck parties, etc.

sign-ups held

Tuesday, January 26 and Wednesday, January 27
6:00 pm - 9:00 pm

at the Information Desk first floor LaFortune

$100 deposit required at that time

no lines before 5:00 pm

Sponsored by SUB

Call Jim 239-7757 or Judy 283-2999 for more info.

Blood continued from page 1

Spike!

Freshman Chris Gardner buoyantly rises above the rest of the team in a game of water volleyball at Rolfe's Aquatic Center. Volleyball, waterpolo, diving, food and music were all a part of the wet fun at the Winterfest pool party Wednesday night.

Gehl said students often feel more relaxed about giving blood since they are surrounded by their friends, who may have already experienced donating.

Gehl said she used the personal "see one, do one" approach when recruiting students for the drive. "I talked to people in my dorm and classes and I asked them to bring their friends." Gehl said she assured the potential donors that "there's really nothing to be lost by giving blood." She said that she herself has been a donor since high school.

Many of the donors were donating for the first time, she said. "First-timer" Veronica Stasa said she was already considering donating when Gehl approached her.

"It's beneficial for other people. Since I'm healthy I thought I could help other people. I know they can use the blood because it's always in demand," Stasa said.

The freshman said she did have some apprehension at first. "I didn't know how I was going to react," she said.

Stasa said she would recommend giving blood to her peers since "it took about five minutes. I can sacrifice a day of being weak to other people."
Annie returned to Notre Dame where she received counseling from the University Counseling Services. "The counseling was one of the best things that ever happened to me. I learned that you shouldn't care how much you weigh; you should just feel good about yourself."

"I wish guys would have more of an idea about all this when they make jokes about "fat Notre Dame girls,"" said Annie. "I’m not saying they are the main cause of (eating disorders), but those jokes do have an effect."

Annie is a senior now, and she admits to feeling pressured about job interviews and planning for the future. At one point this semester Annie lost 15 pounds. "You know (anorexia) can come back. But the better I feel about myself, the less I feel it will return," she said. Jennifer (not her real name) also recognizes that her bulimia was triggered by a variety of pressures. Her parents were going through a divorce, and her father was an alcoholic. Like Annie, Jennifer describes herself as an overeater and a perfectionist.

"I felt I had to do extra, extra good," she said. "Perfectionists don't get down to what's really wrong. Jennifer first showed signs of bulimia when she was 13. Her weight dropped 15-20 pounds below normal. She developed poor circulation, and her periods became irregular.

Like Annie, Jennifer avoided her friends and relatives. "My sister finally confronted me," she said, "but you want to deny (the problem), because you feel ashamed of it."

Jennifer finally confided in a neighbor when she was 18. "She was very helpful and understanding," Jennifer said. "She advises anyone with eating disorders to get help immediately. "It's worth it to be healthy. Bulimia is a problem and you have to solve it."

"If it gets bad enough, you can die from it," said Annie. "And you're too young to worry about things that can kill you."

Disorder

continued from page 1

Most bulimics consume what they consider to be too much food. Depending on the individual, a bulimic then will go on an eating binge - eating anything from a piece of pizza to a 20,000-calorie meal.

The bulimic will then feel guilty because of the binge, even if it only consisted of a single hamburger.

Miller said the bulimic will purge the binge by self-induced vomiting, laxative or diuretic abuse, restrictive dieting or vigorous exercise - "anything to drastically reduce weight."

Many bulimics, who usually develop the disorder between the ages of 15 and 18, "fit the stereotypical image of the college cheerleader," Donley said.

They are outgoing and fairly attractive, she added. Obsessed with their weight, how they look, and how much they eat, many bulimics confide in their friends whether they look fat, Donley said.

Bulimia has the potential to affect every major organ in the body, she said. It could affect a female's ability to have children.

Similar to abusing alcohol, many anorexics and bulimics diet excessively to cope with academic pressures, peer pressures or feelings of inadequacy, Donley said.

Often, a stressful situation, such as the break-up of a relationship, or parents' divorce, will push a diet over the edge and into bulimia, said Donley.

"Many people simply start to diet but then something happens and they lose control," she said.

Donley said many women unfairly compare their bodies to those of magazine models. Because women are more evaluated by their appearance than men, this puts excessive pressure on women to be thin, she said.

"The most important part of appearance is weight for women in college," Donley said.

Jokes about Notre Dame and Saint Mary's women's weight in the dining hall, Observer classified ads and the Keenan Revue put extra pressure on female students to be thin, she said.

At Notre Dame's Psychological Services, Donley said she uses relaxation strategies and assertiveness training techniques to stop the starving and binging behaviors.

Although Miller's HOPE program does not work in conjunction with Notre Dame Psychological Services, Miller said, HOPE treats five or six Notre Dame or Saint Mary's students a year.

Although most patients are treated on an out-patient basis, the HOPE program also offers a three-week in-patient treatment. This year, Miller said, anorexic students treated in the hospital were being let out to attend classes.

"Although leaving the hospital, patients remain in support groups so they won't revert to their old ways," he said.

Recovery depends on how long the patient has had the eating disorder and how much she wants to recover, Donley said.

"People do recover but it is a long process and different for each person," she added.
Everyone benefits from Big Brothers Big Sisters

mark Laughlin
guest column

I came to Notre Dame with the intention of joining a service organization but was overwhelmed at the numerous choices available. Freshman year at Accent I was astounded at all the opportunities, and results, at the administration of either institution. The News is reported as accurately and objectively as possible. Unanimous authority on the opinion of the Editorial Board. Comments, letters and the Inside Column present the views of its authors. Column space is available to all members of the school community, and the free expression of varying opinions on campus. Through letters, is encouraged.

Big Brothers Big Sisters sounds like something you'd be interested in, or even if you'd just like to get some more information about the program, there will be an organizational meeting on January 26 at 7 p.m. in the multipurpose room of the Center for Social Concerns. If you can't make the meeting, you can call the BBBS organization at 232-9958 after 3 p.m. or me at 232-2833.

Garry Trueau

Dear Editor:

"No way, I need my lunch." I wish I had a dollar for every time I heard that type of response during the past three years when I've been signing people up for the Wednesday Lunch Fast. The fast doesn't sound like a lot of time, but was overwhelmed at the numerous

Mark Laughlin is a senior economics major and a member of Big Brothers Big Sisters.
St. Ed.'s Players to perform 'The Odd Couple'

MARY BERGER

‘thirtysomething’ depicts serious side of Yuppyhood

JOE BUOCO

accent writer

W

hat’s something old, something new, and something borrowed? ‘thirtysomething,’ ABC’s new dramedy about Yuppies. They’re everywhere, else so why not on television, too? Actually ‘thirtysomething’ is one of this season’s most intelligent and innovative shows.

‘thirtysomething’ airs on ABC Tuesdays at 10 p.m. Dealing primarily with the lives of Yuppies, the show features two main characters, Michael (Ken Olin) and his best friend and best man Gary (Peter Horton). A once-aspiring writer, owns an advertising agency with his friend (Larry Brygg).

Hope, on the other hand, is not as lucky and has to put her publishing career on ‘hold’ to take care of the baby. The show features Michael and Hope’s friends as well. Elyn (Polly Draper) is Hope’s best friend and has everything but a man, the one thing she wants most. Michael’s photographer cousin Melissa (Melanie Mayron) is always around to complain about her love life. ‘How am I ever going to have a baby? I’m datingPTLs.’ Michael’s friend and best man Gary (Peter Horton) seems to have a less successful love life among the group.

So what’s old about ‘thirtysomething’? As one would guess, these characters get into some sticky, but somewhat ordinary situations. Michael wishes that he won’t be able to create an ad portfolio for his client by the deadline. Hope wonders if her four years at Princeton were wasted since she has to be home with the baby. Elyn feels as if Hope’s baby is infringing upon their friendship. Michael settles at his bar, ugly dining room and wonders if he will ever have the chance to redress. Sound realistic? It is. In fact, some argue that the plots are ‘borrowed’ directly from real life. But people don’t want to sit down at night only to ‘revive’ their whole day on television.

Enter the ‘new.’ This show presents the situations in a new and exciting way. One episode, for example, features

outstanding dream sequences in which Michael speaks to his deceased grandfather for help and advice. In another episode, little furry creatures such as ‘anxiously’ haunt Michael at his office. Hope’s anecdotes are quite witty also. She once tells her daughter how the Romans persecuted Daddy’s ancestors until Mommy’s ancestors rescued them. When Michael is running about looking for his argyle socks, Hope tells him where she set fire to them on an inver ted cross and ‘danced around them naked until they lost all their power.’

Of course there’s also those unrepeatable Yuppie trademarks that permeate every aspect of the show: the Volvos, the argyle socks, the suspenders, and the terminol ogy. Edward Zwick and Marshall Herskovitz, the show’s creators, leave no bottle of Perrier unturned while depicting this lively breed of Americans. The character’s play square, spend ‘quality time’ with their children, and plan to send the kids to Harvard. What, Prelude isn’t good enough?

The show’s actors are outstanding. Olin portrays his character perfectly, right down to the whining in his voice when he declares, ‘I am NOT a Yuppie.’ Ya right. Harris plays the concerned, somewhat flir tative wife with an offensiveness which Don Pologe would be proud. Finally, Hor ton’s performance as Gary, the only character who comes somewhat close to being care free, is flawless. These marvelous qualities

combined with soap opera pacing and serious plotlines make ‘thirtysomething’ a forerunner in a recent epidemic of TV dramatic comedies. A recent Grammy nomination is the first of a sure list of awards for the show. With ‘Moonlighting’ as its strong lead in show, ‘thirtysomething’ is sure to be around for years to come. Who knows? It may even outlive the Yuppies themselves.
CLASSIFIEDS

Thursday, January 21, 1988

The Observer

Sports Briefs

The O.C. hockey team has a game tonight at 10-45 in the JACC. - The Observer

The varsity and novice crew teams will have a mandatory meeting tonight at 8 p.m. in room 127, Nieuwland. - The Observer

The women’s soccer team will have a meeting tonight at 7 p.m. in the P.W. lounge. Any questions, call Kate at 2004. - The Observer

The martial arts institute beginner’s class will begin workouts today and Sunday, Jan. 24. Those interested in joining contact Bill or Drew at 284-4319. No experience necessary. - The Observer

Bookstore Basketball XVII Commission applications can be picked up at the secretaries desk on the third floor of LaFortune. Any sophomore interested in applying should turn in an application by Tuesday, January 36. Interviews will be conducted from January 27 to 31. Any questions, call Steve Wenc at 271-0723. - The Observer

Any freshman interested in becoming a student manager should attend an organizational meeting Tuesday, Jan. 25. - The Observer

Referees are needed for SMC Intramural Basketball. Call 548 for more information. - The Observer

Snow volleyball teams which have not yet eliminated should report to Stepan Field Sunday, Jan. 24, at 11 a.m. - The Observer

Sports Briefs are accepted in writing Sunday through Monday in The Observer office on the third floor of LaFortune Student Center before 3 p.m. on the day prior to publication. -The Observer

Classifieds

NOTICES

MARRIAGE & TYPING 277-2754 NIGHT 277-3055 DAY

EXPERT TYPING SERVICE CALL MURPHY 277-3655

TYING AVAILABLE 337-4852

NOTE: A fee of 5 dollars. Buy used textbooks (with lessons in N52 and N54) For sale daily 10-10

SPORTS TYPING 239-0024

TYING CALL DOGRES

Rule of the road: Always Tenderloin DETROIT-12/24 247-2746

SMC INTRAMURAL BASKETBALL ENTRY FORMS are now available at Athletic Ability. The forms for the six-five league are due Monday, Jan. 25. - The Observer

Referees are needed for SMC Intramural Basketball. Call 548 for more information. - The Observer

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SPORTS BRIEFS

MELOURNE, Australia- Chris Evert lowered long-time rival Martina Navratilova and top-seeded American fellow West German Claudia Kohde-Kilsch 6-0, 6-2 to advance to the women’s finals of the $1.9 million Australian Open.

Graf lost the first two games at love but rallied to beat Kohde-Kilsch, the eight seed, 6-2, 6-3, in 45 minutes. Evert, playing from the baseline with pinpoint accuracy, downed Navratilova 6-2, 7-5 to earn her berth in a Grand Slam final since the 1986 French Open.

It will be Evert’s sixth appearance in the Australian Open final. She won twice, in 1982 and 1984.

Graf’s victory earned her the fourth Grand Slam final berth of her career. She is 4-6 lifetime against Evert, but has won their last four meetings.

Graf’s only previous Grand Slam victory came in last year’s French Open. She lost to Navratilova in the U.S. Open.

Graf’s victory extended her career winning streak to 20 matches. Her last loss was to Navratilova in the Australian Open final.

Navratilova in the U.S. Open final.

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Associated Press

LEXINGTON, Ky. - Vernon Maxwell scored 19 points and Dwayne Schintzius added 14 as Florida, despite going scoreless over the final 3:24, defeated No. 4 Kentucky 58-56 in Southeastern Conference basketball Wednesday night.

Florida used a 2-1-2 zone that allowed Kentucky to make only 16 of 57 shots for 28.1 percent.

Todd Mitchell added nine of his 21 points during a five-minute run at the beginning of the second-half in which the Boilermakers outscored the Spartans 14-4, giving them a 56-46 advantage.

Purdue scored 10 of those points after Michigan State Coach Jud Heathcote was assessed a technical foul with 18:06 to play for arguing with officials.

Iowa St. 114, Nebraska 76

AMES, Iowa - Jeff Grayper scored 37 points to power No. 10 Iowa State to a 114-76 Big Eight Conference victory over Nebraska Wednesday night, the Cyclones' biggest rout ever in a regular league game.

SUMMER JOBS

Large resort in Glacier National Park, MT. Is seeking student employees for the 1988 summer season including: waiters, waitresses, desk clerks, cooks, salespeople, cocktail servers, office service station, and maintenance personnel. Monthly salary, including room and board. Interviews will be held on campus in Mid-February.

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DePaul nips ND 70-66

Special to the Observer

DePaul withstood a 25-point, 20-rebound performance by Notre Dame forward Heidi Bunek to come from behind and defeat the Irish 80-77 in women's basketball Wednesday night.

Notre Dame led by as many as 14 points in the first half, as Irish guard Karen Robinson scored 12 of her 36 total points. The Blue Demons closed the gap to 43-40 at halftime.

The Irish had a 66-62 lead with six and a half minutes to play when Veronica Ross drove, scored and drew a foul from Notre Dame center Sandy Botham. Ross converted the three-point play, Botham fouled out and the Demons pulled to within one.

Diana Vines led DePaul with 27 points and 12 rebounds. Mary Gavis had 10 assists for Notre Dame, and Botham had 14 points with Irish forward Dondra Toney adding 10 more.
Track team gets set for TAC

By ROB PIERCE
Sports Writer

It’s time to answer the bell again. Round two of the men’s indoor track season begins this weekend, and given last week’s encouraging results in the Purdue Invitational, more is expected of the team in Saturday’s Indiana TAC. The meet brings all of the top competitors in the state to Bloomington. And as was the case in last weekend’s season opener, points will be awarded on an individual basis rather than accumulated into a team total. Still, head coach Joe Plave anticipates another strong performance from the Irish.

A featured event could be the 800-meter run, where three Irish runners have hopes for a good showing. These runners include sophomore David Warth, who won the 1000-meters at Purdue; freshman Mark Lavery, who finished second behind Warth but has been sidelined with tendinitis; and sophomore Mike O’Connor, who is competing in his first race of the year.

"It could happen," said Lavery about the possibility of an Irish sweep. "This is a good bunch of guys." After starting its season at Purdue last weekend, Dave Warth and the Notre Dame men's track team go into Indiana University this weekend to continue the indoor season in the TAC.

Auriol

continued from page 12 have to take some time off work."

Auriol moved from his native France to Portland, Ore., in 1972 and formed the Salle Auriol Fencing Club, where individual and group instruction was given to private students. He also served as the women’s fencing coach at Portland State from 1975 to 1985 and coordinated the fencing program. It didn’t take long for people to notice his success.

"I started that fencing program in Oregon from zero," says Auriol. "That’s why I started getting the national recognition."

From that point on, Auriol was a man in demand. Besides his previous Olympic assignments, Auriol served as coach for the USA at the Junior World Championships from 1976 to 1979. He also guided the United States in the 1977 World University Games in Bulgaria and at the 1978 World Championships in Hamburg, West Germany. Auriol was nominated for the Olympic coaching position by Notre Dame men’s coach Mike DeCicco. Auriol says the selection "is based on experience, and it is very helpful if one of the fencers you are coaching is on the squad."

Auriol definitely has the first requirement and has a good shot at fulfilling the second. Mike Marx is spending the year working as an assistant fencing coach at Notre Dame, and also is training with Auriol. Marx has already competed in the Pan American Games and, according to Auriol, has a "great shot" at making the team.

In addition, senior Molly Sullivan currently is ranked fourth nationally in the women’s foil. Sullivan, who was a national champion as a sophomore, and her competition accumulate points in four tournaments and the national championships. Fencers also can receive points for performing well in European tournaments. The immediate goal for Auriol is to lead Notre Dame to a win in a four-team meet Saturday in Appleton, Wis. The Irish will compete against Wisconsin, Minnesota and Lawrence University. But for Auriol, the coming months constitute another busy summer which is becoming commonplace for him.

"In May, I’ll go with the national championships in Europe," says Auriol. "The National Championships are in June, and we hope to be a part of them. Then in July, we are off to get the team together."
Late Night Olympics

By CHRIS FILIO
Sports Writer

1988 is starting out as an Olympic year in more respects than one.

The Late Night Olympics will return to the Notre Dame campus on Jan. 29. After an overwhelming initial year and with anticipation growing, the second event will take place from 9 p.m. to 4 a.m. next Friday.

Part of the proceeds from the Late Night Olympics will go to the St. Joseph County chapter of Special Olympics. Last year's champions from the Stanford-Lewis team once again will attempt to come out on top. However, an expanded number and greater variety of events, along with the addition of five Saint Mary's dorms in the Olympics, may indicate increased competition for the number one spot.

The grand prize going to the winning dorms will include a portion of the proceeds, to be split among each dorm on the team, and a yet to be announced prize donated by the Alumni Association.

"The emphasis is on playing and having fun," said Sally Derengoski, assistant director of Non-Varsity Athletics. "The Late Night Olympics are a mix of competing and socializing. It is important for (paired) halls to cooperate as a group. The need for coordination places great importance on the hall representatives."

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The TI-74 BASICALC™ is BASIC language programmable calculator that's also an advanced scientific calculator. In effect, it's two calculators in one.

In its BASIC mode, you have direct, two-keystroke access to 41 BASIC commands, as well as 10 user-definable keys which can make doing your coursework a basic snap. Switch to its calculator mode and you're armed with 70 scientific functions to help you easily solve those tough technical problems. And the large, color-coded keys, QWERTY keyboard and separate numeric keypad make it easier to use than any other programmable calculator.

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Derengoski stressed that in order for a student to sign up for an event(s), it is necessary to contact his or her hall representative. Sign-ups should not be made through the NVA office.

You don't have to be a varsity-caliber athlete in order to participate in the Late Night Olympics. Last year's turnout resembled more of the Bob Uecker and weekend-warrior genres.

Likewise, the range of events will suit nearly every athletic level. Unique LNO events this year include nerf football, half court basketball, broomball, indoor soccer, whiffleball and the improved obstacle course.

New events include table tennis and arm wrestling. NVA also will provide plenty of activities for spectators and non-competitors, such as ice skating, the dunk-tank, LNO-robics, food, music and more.

The hall representatives and all participants are reminded that the deadline for sign-ups is Tuesday, Jan. 26.

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The TI-74 BASICALC is BASIC language programmable calculator from Texas Instruments. The mathematics and statistics cartridges are two of five optional application software available.
Campus

Thursday
8 p.m.: Third Annual High School Women's Choir Festival, Nancy Menk, Saint Mary's College, director, Little Theatre.
10-11 p.m.: Campus Perspectives Talkshow with Hall Presidents' Council, WVFI-AM 640, calls taken at 239-6400.

Dinner Menus

Notre Dame
Tomato Soup
Meatball Grinder
Roast Turkey
Salisbury Steak
Mushroom Stroganoff

Saint Mary's
Meatloaf
Turkey and Dumplings
Cheese Blintzes with Apple Sauce
Deli Bar

The Daily Crossword

ACROSS
1. Former
6. Delhi garments
11. Leased
13. Assumption
16. Atomic
17. Merrymaker
18. — the Hills
19. Minic
21. Beef on the hoof
22. Chief
23. Rice dish
25. Handle
28. Consumed
29. Container
30. Probable
32. Coneydog
34. Eager
35. Bandleader
36. — de corps
39. Relation by marriage
42. New Guinean
43. Custums word
45. Kinman: abbr.
47. Bore
49. Coin receivers
50. Market or circus
51. Assumed name
52. Wise
53. Primitive man
54. Skin irritation
55. Ghetto: abbr.
56. "Was ahead..."
57. Shuts tightly again
59. Fla. export
60. Novelist Laurence
61. Indigent
62. Salad ingredient

DOWN
1. Churchman
2. Prepares
3. Peruvian
4. Baseball's Mel and kin
5. Antique car
6. Bed or bread
7. Exist
8. Guns a motor
9. "— man with seven..."
10. Assumed name
11. Exhausted
12. Playground
13. Chore
14. City in Italia
15. Chore
16. City in Italia
17. Small sizes
18. Rota
19. Toppler
20. Goliath
21. Toppler
22. Small sizes
23. Rota
24. Toppler
25. City in Italia
26. Toppler
27. Rota
28. Small sizes
29. City in Italia
30. Toppler
31. Small sizes
32. City in Italia
33. Toppler
34. Small sizes
35. City in Italia
36. Toppler
37. Small sizes
38. City in Italia
39. Toppler
40. "Maid of —"
41. Pins and —
42. "Jacques"
43. "Pins and —"
44. "Elegant"
45. "Consumer"
46. "Asian land"
47. "Was ahead"
48. "Singer Frankie"
49. "Catch-all"

Comics

Bloom County

Calvin and Hobbes

Calvin and Hobbes

Bill Watterson

Bill Murray Week

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8:00 and 10:00 pm Cushing Auditorium
Admission $1.00
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Auriol selected as Olympic coach

By RICK RIETBROCK
Assistant Sports Editor

This kind of thing just doesn’t get old.

For the third consecutive time, Notre Dame fencing coach Yves Auriol has been selected as one of three United States Olympic coaches.

Auriol joined Dr. Aladar Kovler and Csaba Ethers to lead the 1988 U.S. fencing squad, and he says each time he has been selected it has meant something special.

“The first time (1980) was obviously a great thrill and quite an honor,” says Auriol. “Unfortunately, we didn’t compete because of the American boycott.

“In 1984, the Olympics were held in Los Angeles which made it another very special event.

“This year it is again a great honor,” explains Auriol. “It will be very exciting to go to Korea because nearly everyone is competing for the first time in a while.”

Handling competition hasn’t been a problem for Auriol as Notre Dame’s head coach. Sporting a career 46-0 record since coming to Notre Dame in 1986, Auriol is looking to guide the Irish to a successful defense of their national championship.

The defending national champion women’s epee team at the Olympics.

“The Europeans train year-round. Our average age will be about 25 or 26, so if our fencers train like they should, they mean something special.

“As Super Bowl XXII nears people all over the country are giving their predictions about the outcome of the games, but the strong defenses of their national championship.

“Offensively, senior guard Tyrone Pitts is the top scorer in college basketball when you look at the numbers. He’s averaging 8.3 points and 6.7 rebounds per game average. Ben Spiva, a 6-7 freshman, has been averaging 8.3 points and 4.9 boards per contest. In the backcourt, 6-2 junior Walt Fraher has averaged 9.3 points and 7.3 assists a night.

“Nothing is invincible, and anyone is capable of upsetting anyone. Look at Penn, with an awfully young team, beating LaSalle. The list of upset victims already this year is amazing.”

The 9-4 Irish are ranked 12th in the nation in rebounding margin with a 6.1 average thanks to the efforts of Keith Robinson (7.5 rpg), Gary Voss (6.8) and Scott Paddock (5.3).

Offensively, senior guard David Rivers has been carrying the load, averaging 25.5 points per game and scoring in double figures in every game this season.

The Irish will need a recovered Mark Stevenson to take some of the burden from Rivers. Stevenson is averaging 12.2 points per game, but played just 15 minutes against DePaul after spraining his left big toe and suffering a cut above his left eye (which needed 12 stitches to close) against Yale last Wednesday night.

The Observer/Susan Coene

SMC’s ‘peerless prognosticator’ predicts Super Bowl

As Super Bowl XXII nears people all over the country are giving their predictions about the outcome. The better range from professional gamblers in Las Vegas to amateurs in South Bend. Over the weekend I heard people everywhere giving their choice for the 1988 Super Bowl champions.

People began soliciting my opinion on various football games after my successful season as one of The Observer’s “peerless prognosticators.” CBS has not yet asked me to fill the shoes of Jimmy the Greek, but it is unlikely that I can. Nevertheless, for people who are curious here is my prediction.

Last Sunday Cleveland and Minnesota suffered losses because of skillful defensive plays by Denver and Washington. The losing teams both had the chance to tie the games, but the strong defenses stopped them.

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Meanwhile, the Broncos and Washington have defenses that are closely matched, but their offenses are where I detect the differences. John Elway is a phenomenal quarterback and the experience of playing in last year’s Super Bowl will give him the advantage.

In Washington’s Joe Gibbs and Denver’s Dan Reeves, both teams have excellent head coaches who already have Super Bowl experience. The New York Giants crushed Denver in the Super Bowl last year, and the Broncos have had to live with that for a year now. After a year of being the forgotten second place team, Denver wants to be number one.

Every member of the Broncos has set his goal at nothing short of gaining a Super Bowl ring. The Broncos started celebrating their victory early last Sunday, but Reeves will not allow the party to begin again until after Super Bowl XXII is over.

Recent Super Bowl games have been anticlimactic because one one of the teams had already peaked in a previous playoff game. This year neither team has yet peaked and the first half should be close. Denver, with the superior offense, will dominate the second half.

For my past predictions I must admit there were some teams of which I had little knowledge. However, I have heard and read about the Broncos and Washington for the past season and believe I can make an educated guess. Unlike past predictions, I shall not pick a team because I have friends or family in the team’s city. My choice comes after much deliberation and team analyses. Denver should win by a score of 32-21.

The Observer/Trey Raymond

Jamare Jackson and the rest of the Notre Dame basketball team hope the Irish have all the right stuff in home games with Penn tonight and with Kansas on Saturday.

The defending national champion women’s fencing team will have to share its head coach with the men’s team at the Olympics.

Penn Quakers come to JACC

Irish hope to ‘get well’ tonight

By DENNIS CORRIGAN
Sports Editor

When you were little, your mom may have told you to eat Quaker Oats on a cold day because they are good for you. A similar scenario is on tap tonight at the Joyce Center as the Irish will look to get well against the Quakers of Pennsylvania. Tipoff is set for 7:30 p.m.

The Quakers are 2-8 after a 61-59 victory over St. Francis (Pa.) Monday night. Their only other win was a 66-61 victory over city rival LaSalle on Dec. 5. Since then, the season’s been a death march for the Quakers, as they’ve faced and been drilled by the likes of Indiana (94-54), UCLA (98-49), Temple (84-50) and Georgia Tech (79-55).

Last season, Penn finished with a 13-14 mark and won the Ivy League title in Head Coach Tom Schneider’s second year. His reward was an NCAA first-round game, and 113-92 loss against North Carolina. The main reason for Penn’s problems this season has been the loss of four starters and 57 percent of its scoring from last season’s squad. Among the losses were Perry Brunswik and Bruce Lefkowitz, the number two and six, leading scorers in Quaker history, respectively.

This season, 6-4 senior forward Tyrone Pitts is the top scorer with a 16.9 points per game scoring average and a 6.7 rebounds per game average. Ben Spiva, a 6-7 freshman, has been averaging 8.3 points and 4.9 boards per contest. In the backcourt, 6-2 junior Walt Fraher has averaged 9.3 points and 7.3 assists a night.

As for Irish head coach Digger Phelps, he’s making sure his squad won’t be among one of the many upset victims of recent weeks.

“It has been a strange year in college basketball when you look at the scores every morning in the paper,” Phelps said. “Nobody is invincible, and anyone is capable of upsetting anyone else. Look at Penn, with an awfully young team, beating LaSalle. The list of upset victims already this year is amazing.”

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