Fun is key for SAB

By BECKY MATERNIK
News Writer

Fun was the key word discussed at the St. Mary's Student Activities Board (SAB) meeting last night. SAB is getting ready for "Foot Stompin' Thursday," which will feature Amorilla Star with line dancing. "The Snack Bar in Haggar will be helping out with the Texas theme, and a man from Dudes and Darlins will be here selling western items, so it should be a lot of fun," said Special Events Chairperson Jessica Zigmond. Marriot will help out in the Snack Bar, and many raffles will take place, according to Zigmond. This event is October 13th at 7 pm at Haggar Parlor.

Also discussed was a Halloween event at Dallaway's featuring a storyteller and Halloween foods and activities. This event will be tri-sarored by SAB, Residence Hall Association (RHA), and Dallaway's, according to SAB coordinator Audrey Comrie.

"Plans to bring Barry Williams, better known as Greg Brady, to Saint Mary's were discussed. He would be a speaker in late March or early April at Carroll Auditorium, with tickets being $3.

"The movie "Above The Rim" will be shown by SAB this weekend in Carroll Auditorium at 8 and 10pm."
The Comedy Crack-Ups held this Wednesday, according to Madeline Derakhshani, assistant professor of French, "will showcase the groups' ability to discuss dealing with other cultures, as well as their own."

"Usually the groups will come up with an activity to reach the students more aware, claims Derakhshani. The study groups will develop a film and their efforts will culminate in a "multilingual" presentation for April. The first organizational meeting for the project is planned for the end of the week.

"Another issue for BOG was brought up by Senior Board member Maggie Bell. She proposed purchasing a video camera that would be more accessible to students' social and educational needs."

He is scheduled to take off on his European tour starting next week, possibly during the U.N. General Assembly session in New York. In 1964, the group concluded its career as a popular band. It had been one of the most popular groups in the late 60s and early 70s, with hits like "Can't Help Myself," "I Can't Help Myself," and "You Can Never Stop."

He has established himself as a successful solo artist in recent years, releasing several successful albums and touring extensively. He is known for his smooth voice and soulful performances, which have earned him widespread acclaim.

Conductor offered job at NATO

By PAUL AMES

Belgium's foreign minister, who conducts symphonies in his spare time, gained support of NATO nations Monday to lead the Western alliance.

At a meeting at NATO headquarters, ambassadors from the 16 member nations offered Willy Claes the job of secretary-general of the North Atlantic Treaty Organization. He would replace Manfred Woerner, a former German defense minister, who died of cancer Aug. 13.

The NATO foreign ministers are likely to formally approve the appointment of Claes this week, possibly during the U.N. General Assembly session in New York.

In an interview, the alliance said the ambassadors asked Claes "if he was ready to serve as NATO secretary-general, if allied governments so decide." Claes told Belgian radio from New York, "I gave a positive answer." His approval is expected to be formalized at a meeting normally for four years with the possibility of extension.

Woerner served for six years. During a lifetime in Belgian politics, Claes, 55, has built a reputation as a tough negotiator and international businessman. He is a moderate Socialist who has defended strong ties to the European Community and the United States and Europe.

As a student, Claes is known for composing and performing in music. He is a talented pianist and singer, who hosted the hit the baton as a guest conductor for Belgian orchestras.

He was born Nov. 24, 1938, in the northeastern city of Hasselt. He won a seat in the national legislature in 1968 and first entered government five years later.

He served in three governments between 1973 and 1992 as economics minister before becoming foreign minister.

Claes will be the eighth secretary-general whose appointment was approved by NATO was founded in 1949. A European traditionally fills NATO top civil posts and an American officer, currently Gen. George Joulwan, serves as military commander.

Claes will be taking over a military alliance if NATO is to resist the Soviet threat and is now struggling to come to terms with the end of the Cold War.

Among his most urgent tasks will be helping define NATO's role in former Yugoslavia. NATO warplanes already patrol the skies of Bosnia and have fired on Serb tanks and planes.

By BYVAN GEMBARA

Army's high command is vowing to make the necessary changes to fix what it calls "the broken military culture." But some experts say the reforms are too late.

The U.S. military, once revered as a symbol of strength and stability, is now seen as a source of corruption and greed. The scandal at the VA hospital in Dallas, where patients died due to preventable errors, is just one example.

But the Army is determined to turn things around. In a recent speech, Army Chief of Staff Gen. Mark Milley said, "We must reinvigorate our culture." He announced several reforms, including a new code of conduct and increased accountability.

However, many experts say the reforms are too little, too late. They point to the ongoing investigations into the VA hospital scandal as proof that the reforms are not working.

"We need to do more than just throw a few band-aids on the problem," said retired Gen. Richard Kemp. "We need a comprehensive plan to根本改变 our culture."
**Chicken pox is something to be thankful for**

I was itching so badly, my oh my! what’s going on? I can’t believe this childhood disease is hitting me now in the peak of my college career! What was I going to do, couldn’t be chicken pox, could it? It was supposed to be a “been there, done that” type of thing, gone for a lifetime, I thought.

I finally gave in and went to see my doctor on Monday. He examined me and diagnosed me with a severe case of bed lice. Bed Lice!!

Then he prescribed a new medication to take for a few days and told me to avoid close contact with anyone else until I was cured. I was relieved and grateful.

**Several dead, thousands flee city of plague outbreak**

Several days ago, a severe outbreak of plague hit the city of Surat, India. Authorities believe this is the first reported plague outbreak in the region in 14 years.

The plague is spread by fleas that have bitten infected animals and by bacteria ejected into the air by the coughing of infected people. Surat has a large population of rats and, as a result, a high incidence of plague. The city is facing an emergency situation, and authorities have ordered residents to leave the city immediately.

**Unusual campaign for Ed Kennedy**

Sen. Edward M. Kennedy is finding himself doing something unusual this campaign season — hanging out with Aerosmith, going negative and running a neck-and-neck with a Republican. His opponent is Mitt Romney, an energetic, clean-cut millionaire who is confident that he can win.

Kennedy, a Democrat, has been criticized for his record in the Senate, and Romney has accused him of being soft on crime. The campaign has been high-energy, with both candidates running hard.

**British flock to Hong Kong for jobs**

Hong Kong

The rise of Chinese immigration and the rapid growth of the local economy have created a large demand for skilled labor in Hong Kong. With a high concentration of universities, the city has become a popular destination for students and professionals.

**Teen recants charge of sexual abuse**

TAMPA

Kimberly Mays, who met Ed Kennedy in her mother's closet, recanted her earlier testimony on the witness stand on Monday.

**Indian weather**

**Indianapolis**

Tuesday, Sept. 27

**National weather**

**The Accu-Weather® forecast for noon, Tuesday, Sept. 27.**

**BOSTON**

High 81° Low 55°

**WASHINGTON, D.C.**

High 78° Low 55°

**London**

High 70° Low 66°

**Tokyo**

High 82° Low 70°

**Seoul**

High 80° Low 68°

**Sydney**

High 80° Low 69°

**New Delhi**

High 90° Low 69°

**Mumbai**

High 90° Low 74°

**Madison, Wisconsin**

High 74° Low 51°

**TheObserver INSIDE Page 2 Tuesday, September 27, 1994"
US continues talks with N. Korea

By CAROLYN Henson
Associated Press

GENEVA
North Korean and U.S. negotiators made another attempt Monday to resolve differences over pursuing new talks on opening North Korea's nuclear program to outside inspectors.

They scheduled another session Tuesday after consultations with their capitals overnight. Neither side would say whether any progress was made.

Washington is trying to persuade North Korea to allow U.N. inspections of two suspected nuclear waste sites that could reveal whether plutonium has been diverted for nuclear weapons in violation of North Korea's treaty obligations.

Western experts think North Korea has produced enough plutonium to make at least one nuclear bomb. The hard-line communist regime in Pyongyang insists its nuclear program is peaceful but has blocked U.N. inspections it previously agreed to.

In return for allowing inspections, North Korea has a U.S. pledge of help to replace it old-fashioned nuclear reactors with ones less suitable for producing plutonium. But Pyongyang is balking at getting hardware from rival South Korea, which Washington contends is the only option.

The latest round of talks began Friday and almost instantly ran into problems.

The U.S. side asserted Saturday the North Koreans had gone back on previous agreements. The North Koreans said Sunday that a joint American-Japanese naval exercise off the Korean coast was an attempt to pressure Pyongyang.

Zulu leader under investigation

By DONNA BRYSON
Associated Press

JOHANNESBURG
The African National Congress called Monday for an investigation of the Zulu nationalist leader after he and his bodyguards stormed a television studio and scuffled on air with a political rival.

Home Affairs Minister Mangosuthu Buthelezi's heavy-handed attempt to silence a political opponent was the latest twist in his power struggle with the Zulu king — and evidence of tensions that could explode into widespread fighting.

The scuffle at the South African Broadcasting Corp.'s studio in Kwazulu-Natal was broadcast live, and viewers saw a handgun in the hands of one of Buthelezi's bodyguards. It was unclear who the gun belonged to, and no shots were fired.

Buthelezi, head of the Inkatha Freedom Party, said Prince Sifiso Zulu threatened him with the gun. But Zulu and SABC chief executive Zwiakhe Sinule said the gun came from a Buthelezi bodyguard.

"Buthelezi's actions, seen by millions of TV viewers all over South Africa, amount to a frontal attack on freedom of speech and freedom of the press and are incompatible with the provisions of the Constitution," the ANC said in a statement.

Fourteen ANC lawmakers issued a separate statement, saying Buthelezi's behavior was especially troubling because of his status as a Cabinet member.

Buthelezi, in an interview with SABC on Monday, said he thought the program was no longer being broadcast when he confronted Zulu.

"I therefore wish to apologize to viewers if they were disturbed in any way," he said.

The tussle was the latest development in the deepening feud between Buthelezi and King Goodwill Zwelithini for the loyalty of the nation's 7 million Zulus.

Last week, Zwelithini severed ties with Buthelezi, his cousin and the nation's most powerful Zulu leader, in a bid to break away from years of domination by the Inkatha leader. Prince Zulu claims to have replaced Buthelezi as a top aide to the king.

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Clinton mute on arms pledge

By BARRY SCHWEID
Associated Press

UNITED NATIONS

Byest id e a," said a senior U.S. government official, speaking on condition that the name of the official, speaking on condition that the name of the official is not identified.

Clinton would propose a resolution on U.S. support for the United Nations that is growing concern that immediate lifting of the embargo "may not be the best idea," said a senior U.S. official, speaking on condition that the name of the official is not identified.

Clinton, devoting only 90 words to his main address, Monday, and what may be most significant is what he did not say: whether he intends to honor his pledge to provide the Russian-led government with weapons.

According to a Russian official, speaking on condition that the name of the official is not identified, "There is some an issue of timing and modalities," said a senior U.S. official, speaking on condition that the name of the official is not identified.

"There is some an issue of timing and modalities," said a senior U.S. official, speaking on condition that the name of the official is not identified.

The Security Council voted with U.S. support to suspend some of the sanctions on Belgium.

Christopher cited the stationing of scores of monitors on the border.

Clinton, in his speech Monday, described the situation in Sierra Leone as improved except in the provinces of Eastern Zaire and Zaire.

The president was expected to cite the "great progress" made in the province of Eastern Zaire and Zaire.

The conflicts in Haiti and Zaire are getting attention, said Clinton, as Clinton prepared to address the General Assembly on the 50th anniversary of the United Nations.

The president was expected to cite the "great progress" made in the province of Eastern Zaire and Zaire.

As President Clinton was preparing to address the U.N. General Assembly on the 50th anniversary of the United Nations, his second as president, Clinton was defending the U.S. occupation of Haiti while offering $30 million in new U.S. aid to Bosnians.

Aid said he was still making changes in the speech just an hour before he was scheduled to speak to the General Assembly.

The president was expected to cite the "great progress" made in the province of Eastern Zaire and Zaire.

The conflicts in Haiti and Zaire are getting attention, said Clinton, as Clinton prepared to address the General Assembly on the 50th anniversary of the United Nations.

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Bodies cleared, locals still struggle

By EDITH LEBERER
Associated Press

GOA, Zaire

The piles of rotting bodies that lined the road from the Rwandan border are gone, and most of the 50,000 refugees who turned Goma into a cesspool of death and despair have moved to camps outside town.

At first glance, Goma looks much as it did before July, when the quiet backwater town was swamped by a wave of refugees fleeing the quickest refugee exodus in history.

Young men got drunk on pot, hawked their trucks and rented out the local European-style brew.

But a closer look reveals the lingering effects of the refugee occupation: Hundreds of trees have been felled, roads are blocked by refugees desperate for firewood.

The cost of living has increased sharply, rents have skyrocketed, because of the influx of foreign relief workers, and the town's ready supply of experienced workers.

"We have some problems," said a local journalist.

Bodies cleared, locals still struggle.

Kahanyo said. "This was a very serious problem."

The refugees, mostly Hutus, feared retribution, fled to Goma after the Hutu government in July.

More than 500,000 people, mostly minority Tutsis, were killed by Hutu troops and militia in an attack of ethnic violence that exploded after Rwanda's Hutu president was killed in a mysterious plane crash April 6.

Bodies cleared, locals still struggle.

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Clinton defends Haiti policy, lifts sanctions

By TOM RAUM

UNITED NATIONS

Citing "a moment of opportunity" for democracy, Presi­dent Clinton lifted travel, trade and most other U.S. sanctions against Haiti on Monday and urged other nations to follow suit.

Clinton told the U.N. General Assembly that lifting the sanctions would hasten rebuilding of the impoverished country and was being done "in the spirit of reconciliation and reconstruction." He suggested the sanctions were no longer needed, with American and other forces firmly in the Caribbean country to enforce the U.S.-brok­ered agreement to restore exiled President Jean-­­Bertrand Aristide to power by Oct. 15.

Clinton said some sanctions would remain in force — including a freezing of bank accounts and other assets — against Haiti's military leaders and their supporters.

The U.S. government has a list of 600 people with ties to Haiti's military junta who will remain under the sanctions, officials said.

A week after American sol­diers and Marines landed peacefully, Clinton said the op­eration demonstrates that "progress can be made when a coalition backs up diplomacy with military power."

At the Pentagon, meanwhile, Defense Secretary William Perry mentioned that while the U.S. troops are being greeted "as friends and not invaders" in Haiti, it is critical that human­i­tarian aid begin flowing to maintain that idea.

Taking note of the violence over the weekend in Cap­ Haitien, Perry said that U.S. forces have been told to defend themselves and that the Marines involved in the shoot­out are within the mili­tary's rules of engagement.

He cautioned Congress anew about signing a specific date for a troop withdrawal, saying that would "complicate our military operations."

Clinton's lifting of the U.S. embargo on Haiti came as more than 200 Haitians who had fled their homeland boarded a Coast Guard cutter at the U.S. base at Guantanamo Bay, Cuba, to return to Fort-au­Prince.

Ardite himself had urged an end to the sanctions on Sunday. A trade ban was imposed by the Bush administration after Aristide was deposed in a 1991 coup and additional sanctions, including a ban on commercial flights and the blocking of financial transactions, were imposed earlier this year.

Critics have argued that the

people hurt most have been the bargaining chip for the leaders — of the poorest and most crowded nation in the Western Hemisphere.

Regularly scheduled commer­cial air flights between the United States and Haiti were expected to be resumed in a matter of days. Other travel restric­tions and the freeze on fi­nancial transactions were also ended.

"I urge all other nations to do the same," Clinton said.

A U.N. trade embargo on Haiti remained in effect, but at least it seemed unlikely it would continue to be enforced given Clinton's appeal.

"Essential civil order will be restored. Human rights viola­tions will be curbed...The mili­tary leaders will step down, the democratic government will be restored, President Aristide will remain," Clinton said.

With troops and aid from more than two dozen nations helping in Haiti, Clinton said the international community was "giving the people of Haiti their chance at freedom...All have contributed to this moment of opportunity."

Lifting the embargo on Haiti was the highlight of Clinton's 25-minute speech to the General Assembly; his second address to the United Nations as president.

More broadly, he also pro­posed a new arms-reduction initiative, calling for negotia­tions to remove the danger of some 85 million anti-personnel land mines in place around the world.

"Bidding the world of those often-hidden weapons will help to save the lives of tens of thousands of men and women and innocent children," the presi­dent said.

Turning to Bosnia, the presi­dent said the situation around Sarajevo had deteriorated and the capital of the former Yugoslavia and it faces the prospect of strangula­tion.

He said a "new resolve" was now needed by the United Nations to enforce its resolu­tions, although he did not elab­orate.

Clinton cited U.N. actions in both the former Yugoslavia and Haiti as examples of how the body can work with individual nations to promote democracy and relieve suffering.

As for the United States, Clinton said, "We will use diplomatic when we can, but force if we must."

Pro-democracy supporters, emboldened by a shootout on Saturday between Marines and Haitian military police that left 10 Haitians dead, have become more open in their demonstra­tions in Haiti's two largest cities.

FRIDAY, SEPTEMBER 27, 1994

The Observer • NEWS

Base refugees return to Haiti

Associated Press

PORT-AU-PRINCE

The first group of Haitian refugees to leave detention at Guantanamo Bay Naval Base in Cuba since U.S. troops moved into Haiti got a warm welcome home today.

Thousands of people gathered at the port for the arrival of the 175 Haitians, who were greeted by U.S. Ambassador William Swing, given the equivalent of $40 each in Haitian money and taken to the local bus station.

In the past, refugees who re­turned have been harassed, taunted and insulted by police and army-backed thugs.

The refugees, most young men but also some families with young children, left for Port-au-Prince aboard a Coast Guard cutter Sunday.

"This is a good thing because not only are these people happy to go home, but they're creating more room for the people who remain," said Brig. Gen. Michael J. Williams, command­er of the task force running the refugee camp at Guan­tanamo.

The boat people, picked up at sea as they attempted to reach U.S. shores, volunteered to re­turn after U.S. officials visited their tents.

Representatives of the U.N. High Commissioner for Refugees were counseling refugees to ensure they were not being coerced into returning.

U.S. officials hope all 14,000 Haitians at Guantanamo will choose to return, but say they are not forcing anyone out.

Many don't want to leave as long as the junta that ousted President Jean-­Bertrand Aris­tide three years ago remains in power, said an Air Force chap­lain at Guantanamo, Capt. iff­son C. Bryant.

The accord reached last week calls for Aristide to return to power by Oct. 15.

The U.S. set up the camp at Guantanamo Bay June 7 when President Clinton ended the policy of automatically return­ing all Haitian boat people intercepted at sea.

A GRADUATE STUDENT RETREAT

Friday, October 7 - Saturday, October 8

8:00 p.m. (24 hours) 8:00 p.m.

A time of silence and reflection, companionship and conversation. The reflections will be offered principally by Graduate Students.

Place: Mary's Solitude at the back of the St. Mary's College Campus.

Planning: Graduate students interested in this retreat are invited and urged to attend a one hour meeting Monday, October 3, 7:00 - 8:00 p.m., in the Fischer Graduate Community Center in order to help plan the retreat.

Deadline: Reservations will be accepted until Wednesday, October 5.

Cost: $15.00 for food of meals and snacks.

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The Observer • page 7

British flock to Hong Kong for employment

By JOHN LEICESTER
Associated Press

HONG KONG

The dump of shoulderers and screech of cranes are the music of opportunity to young Britons who have fled the economic malaise at home to seek their fortunes in this last outpost of empire.

They continue coming, even though it is not clear whether they will be allowed to stay after Hong Kong reverts to China in 1997.

"People phone me every day saying they can't find work in England," said one of them, Michael Eskridge. "The longer the recession goes on in England, the more trade men are leaving to look for work elsewhere, and they are hearing that Hong Kong's a boiling place."

Eskridge, 28, arrived eight years ago, intending to return home when the job market in Britain picked up, "but it hasn't been done, so I decided to stay here."

He now runs a construction company with 25 employees, all Britons.

On this day, they were getting an old building in Wan chai, the colony's raucous nightlife district, ready for use as a British colony's raucous nightlife district.

Hong Kong Chinese, that is something new. They are used to the British as colonial masters, but as sweaty laborers in muddy shovels and sneakers.

"I seriously think they are amazed," said Richard Lee, a 31-year-old foreman from Leeds. "They think the Great White Hammers have deserted and gone to Hong Kong!"

A workmate chipped in: "They don't expect us to do meaner things by ourselves as he length of a dog's life may vary greatly among breeds and individuals. Some dogs may live for 10 years while others may reach 15 or more, depending on factors such as genetics, nutrition, and health care.

As the man looked at a hot morning, passers-by stopped and stared. Some said they weren't surprised that foreign­ers were attracted to Hong Kong, but a Chinese construction­worker said such jobs were unacceptable to the "pewlies."

"They look stupid to me," he said.

Hong Kong is so short of labor that it imports workers. More than 2 1/2 million people are unemployed in Britain, and because Hong Kong is still British soil, Britons can land and go straight to work.

They are laborers, plumbers or carpenters, or waiters and bartenders in the myriad pubs, nightclubs and fish-and-chips shops that cater to the British population.

There is little overt resentment among Hong Kong Chinese, who are moving out of menial work and into white-collar jobs.

The colony's British population has grown by 25 percent since 1989, to 20,000. The total number of foreigners has risen from 207,000 to 340,000 in that period.

Some of the foreigners represent an exciting new look to expand in Asia. Others come "because the job situation is quite good, especially when compared to Western countries," said Chan of the Immigration Department.

Some of Hong Kong has rubbed off on Eskridge's men. "We use folds to build the site, and the heat makes us breathe more bitterly," he said.

Anderson Williamson, 28, said he has been a "skilled and dirty," skilled in London subway system two years ago to travel. His money ran out in Hong Kong and he now earns the equivalent of $65 a day working for Eskridge.

The Observer • page 7

Alzheimer's apparent in dogs

By NANCY SHULINS
Associated Press

For much of her life, Sadie had it all: good health, a fine home, and a loving family. But with age came senility, robbing her, bit by bit, of her personality.

Once known for her hearty appetite, she now pickled at her food, sometimes wandering off in the middle of a meal. She began getting lost in the only home she'd ever known. A life-long extrovert, she now sat for hours staring blankly at the wall.

Test after test came back normal. But the signs were all there: memory loss, confusion, inappropriate outbursts. The doctors were quite certain. They'd seen it before.

Sadie's mother had taken her to the University of California at Davis, where researchers examined her aged brain in a quite remarkable. Buried within the tissue were protein deposits - the hallmark signs of human Alzheimer's disease.

Alzheimer's is a progressive brain disorder that impairs memory, thinking and behavior in 4 million Americans. It's thought to have Alzheimer's disease, although doctors have since attributed her dementia to a series of small strokes.

Sadie's story is just one of many that are being studied by researchers at the University of California at Davis, where researchers examined her aged brain in a quite remarkable. Buried within the tissue were protein deposits - the hallmark signs of human Alzheimer's disease.

Sadie's dementia was identified at age 17, though she had a fine home and good health. But with age came senility, robbing her, bit by bit, of her personality.

Sadie's mother had taken her to the University of California at Davis, where researchers examined her aged brain in a quite remarkable. Buried within the tissue were protein deposits - the hallmark signs of human Alzheimer's disease.

Some scientists have long known that aging primates - monkeys, bears, dogs - can develop amyloid plaques and neurofibrillary tangles that are the hallmark signs of Alzheimer's disease. They may say the results so far have been disappointing. "In the first place, the aging brain has learned faster, but its memory was shot. When we retested 19 dogs a year later, the dogs did better. They learned to find the platform gives clues as to their memory ability. The tests were repeated months later.

Michael Russell, head of the canine Aging Project and an assistant professor of anesthesiology and otolaryngology, is optimistic. "In the first place, we learned faster, but our memory was shot. When we retested 19 dogs a year later, the dogs did better. They learned to find the platform gives clues as to their memory ability. The tests were repeated months later.

"It's a way of testing whether the brain's ability to learn new tasks is impaired by the aging process." Russell says. "It's a way of testing whether the brain's ability to learn new tasks is impaired by the aging process." Russell says.
Sarcasm defeats Republican retort

I am writing in response to the letter written by Jay Town and Chris Leidingstetter (Do Not boycott national, Oct. 6, 1994). The entire theory, as it is often the case in Republican responses, is demeaning in nature and seeks to undermine the intelligence of anyone who has proposed something with which they disagree.

Town and Leidingstetter might as well say that irresponsibility as such as, "It is a basic economic fact," and "As any economist will tell you." In a rather sarcastic way so as to detract the obvious to the ignoramuses who proposed something with which they disagree.

Secondly, in spite of the claim that O'Dell has based her argument upon unfounded testimony, they have followed up by presenting only a fragment of fact.

By no means do I consider myself an expert in the workings of the economy, but, as an economist major, I will venture a guess that I know more about it than your average person. Town and Leidingstetter claim that any economist will tell you that, "the final effect of unions is to raise the cost of labor, thereby leading the employer to the number of employees or he hires, thereby increasing unemployment.

While claiming this theory to be the view of all educated in economics, they seem to forget that there are a number of other schools of thought in the field, most notably the Keynesian school. Among other things, John Maynard Keynes pointed out that a number of factors influenced unemployment levels other than wages. However, the point is that there is very little that can be called economic fact, there are too many theories for that.

I bring this up not to grind any axe against Republicans nor defend Democrats. My point is that when one, or two as in this case, uses a tone that is demeaning and intends to show the blatantly obvious, one ought to be sure it is blatantly obvious.

MARK MCKENNA
Senior Planner
Zahor Hall

Senior-Bar and Red Field revisited

What better way is there to start a Notre Dame weekend? As I stepped out of the Michiana Regional Airport that Friday night, looking for a taxi to take me to campus, four gorgeous young ladies pulled up in a jeep and asked: "Do you need a ride?"

I never had seen them before in my life, but they thought nothing about picking up a lonely hitchhiker on his way to see his Irish play Michigan.

This is just one example of the hospitality that becomes routine during these Notre Dame weekends. I can't seem that instead of "football weekends," because, while we all want to cheer Lou Heitz's team toward victory, these weekends are more about getting together with old friends and being part of the Notre Dame Family than about tickets or touchdowns.

Two of my friends who now are seniors offered to put me up in their dorm room. In exchange for this service, I filled their refrigerator with beer.

It is the best deal you ever will find in South Bend. If you know anyone still on campus, I suggest you be nice to them, in case you ever win in the Great Alumni Ticket Lottery.

Then there's the Alumni-Senior Bar for "Senior Bar," as it is more commonly known, where anything can happen on a Friday night, and usually does.

One of these days, National Geographic is going to send a photogapher there to capture the weird and wild life that can be found amidst the beer stains and narrow doorways.

For example, this Friday night, a dozen young men, hopefully under the influence of alcohol, decided to run line-blocking drills on the dance floor. (I say "hopefully," because it would be tragic if these people were stupid enough to do this sober.) They lined up six to a side, and on the cue of "like" they charged into each other, and into the nearby people who were trying to dance or converse or otherwise have fun without hurting anybody.

However, it is easy to tolerate slunts like this when you realize the Senior Bar is A U M i n Central on these weekends. As you squeeze your way through the subway-like crowds, you run into all people of you haven't seen in years.

For this moment, you feel like you've a carefree student again. Job pressures and loan bills are lost in the shuffle as you talk about the time when you drove to Chicago and ended up looking for your car for hours.

This reunion atmosphere is amplified tenfold on Saturday morning, when the entire campus becomes a giant tailgater for four hours. After spending the first three hours roaming Red Field, a parking lot just a little bit smaller than Lake Michigan, I found some more friends from my student days and caught up on all the news and gossip.

Then, there is the game itself. The Stadium. The Band. SgI. McCarthy. The Sea of Green. The Chippewa pummel your spine as you hear the Fight Song again. The blisters that develop on your hands after three hours of clapping. The empty feeling in your stomach as Michigan hits a last-second field goal to pull off the upset. (Wolverine quarterback Todd Collins Summed it all up when he said, "We out-Notre Dame Notre Dame.")

But if you think that's all there is to a Notre Dame weekend, you obviously never have been in the dorms a half-hour after the game. For the past few years, my old Planner Hall has held a quiet little "football Mass" after each game. There, win, lose or draw, fans of both teams can sit down and reflect on what truly is important in life. (Here's a hint: It does involve Hall Marys, but not the sort that Doug Flutie made famous.)

All these things mean that, even though the Irish lost a heartbreaker, it did not ruin the weekend. A more football score cannot ruin something like this.

As always, it was an interesting weekend, from the fabulous pick-up at the airport to the taxi ride back to the airport Sunday afternoon, when the taxi driver told me the story about how he once stopped would-be robbers by accelerating to 60 miles per hour and promising to take his passenger with him.

Talk about your long-odds situation.

Paul Pearson is a 1993 graduate of Notre Dame and a former news writer for The Observer. He currently works as a writer/editor for a tri-lingual weekly newspaper in Tampa, Florida.

"A lot no point in my life have I ever felt as though I were an American." -Toni Morrison
Whether or not a person falls may still want to contemplate or simply put them on edge. This may terrify some people of Toastmasters until now, but in this category, he or she is for them. Information for deciding if this not to fear. This article will to become comfortable with speech and introverts and maybe even speculate one on edge.

Each session opens with the telling of a joke and the session concludes with a silent type. Speaking which someone will do. A person makes an impromptu, an impromptu, a show and tell, and a speech. You hear your conscious. The word is out there. The word is in the air telling you to hurry to the dressing room. You don’t need those chunky chocolate brownies are gone, but Hank the Hunk block punishments is hanging in the other ear telling you to get to the last of those bulging biceps before Bonny the beauty starts going for Bob. brick.

You start contemplating and then realize Bonny will last a lot longer than those brownies and you need to start building those biceps again. It’s hard to begin building that body when the components involved are complex and require a slow process, however once they are broken down it is the muscle mass at the cellular level they will become a necessary reference in your work out world.

The muscular-skeletal system is extremely complex and beyond the scope of this article, however I will try to understand is skeletal muscle. Skeletal muscle is composed of threadlike protein strands called myofilaments which contain the contractile proteins actin and myosin. The important point to know is that muscle is made up of 22% protein, the remaining 78% water and 8% fat storage, and that in order to build muscle a sufficient amount of protein in the diet is required. Slow twitch fibers are also made up of three types of fibers: slow twitch, fast twitch, or fat or fast twitch oxidative. Slow twitch muscle fibers are stronger and used in endurance exercise.

They have less strength and are relatively smaller than fast twitch fibers, but because they consist of a dense capillary network which aids in the uptake of oxygen making them resistant to fatigue. Fast twitch muscle fibers are more “instant energy” types. They contain an explosive manner, but fatigue quickly because of their higher supply of oxygen.

Intermediate or fast twitch oxidative fibers are large and strong, contract quickly, have a good blood supply, and fatigue more slowly than slow twitch fibers. Slow twitch fibers are recruited during aerobic activity or long duration activity such as walking, jogging, or low intensity aerobics. Fast twitch fibers are recruited during anaerobic activity or short duration high intensity activities such as sprinting.

Each person and each muscle within a has a different combination of the three types of fibers. Some have a high percentage of slow twitch and thus are better at endurance activities, some have a high percentage of fast twitch allowing them the ability to perform explosive actions, but quicker muscle fatigue. Whether or not you possess fast twitch or slow twitch fibers is also dependent on genetics. Once you have the set number of fibers you neither lose nor gain more of a certain type. The fibers can only grow through muscular strength and endurance training.

Muscle endurance refers to the ability to repetitively contract a muscle or muscle group against resistance. Endurance can be measured by the number of repetitions that can be counted without resting, sit ups and pull ups are an example of this. Light weight training can be used to enhance muscular endurance. For maximum skeletal muscle is also made up of three types of fibers: slow twitch, fast twitch, and intermediate or fast twitch oxidative.

Slow twitch muscle fibers are used in endurance exercise. They have less strength and are relatively smaller than fast twitch fibers, but they consist of a dense capillary network which supplies an abundant amount of oxygen making them resistant to fatigue. Fast twitch muscle fibers are larger and stronger, contract in an explosive manner, but fatigue quickly because of their small Capillary supply (small supply of oxygen).

Muscular strength and muscle endurance can be altered by specific exercises and nutrition. Endurance is improved by increasing the number of repetitions that can be performed without fatigue. Strength refers to the maximal amount of force that can be exerted by a muscle or muscle group. Strength can be measured by the amount of weight which can be lifted in a single effort. Slow twitch muscle fibers are used in endurance exercise. They have less strength and are relatively smaller than fast twitch fibers, but they consist of a dense capillary network which supplies an abundant amount of oxygen making them resistant to fatigue. Fast twitch muscle fibers are recruited during aerobic activity or long duration activity such as walking, jogging, or low intensity aerobics. Fast twitch fibers are recruited during anaerobic activity or short duration high intensity activities such as sprinting.

Slow twitch fibers are recruited during aerobic activity or long duration activity such as walking, jogging, or low intensity aerobics. Fast twitch fibers are recruited during anaerobic activity or short duration high intensity activities such as sprinting. Strength training is stressful on connective tissue and the strength developing routine is continuous training to three times per week in order for muscle tissues to repair themselves.

Strength training causes muscular hypertrophy, or muscle growth, which is caused by an increase in the size or diameter of muscle cells. Strength training also causes an increase in the muscle content of contractile proteins. Women don’t experience this to the same extent because the male hormone testosterone is important in synthesizing the contractile proteins.

Each person and each muscle within has a different combination of the three types of fibers. Some have a high percentage of slow twitch and thus are better at endurance activities, some have a high percentage of fast twitch allowing them more strength, but quicker muscle fatigue.

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PIZZA MAKER - PART TIME - EAST COAST TRAINED GOOD MONEY

CASINO'S PIZZA OF NEW YORK

278-1100.
Thomas, Bills down winless Broncos

By DAVE GOLDBERG
Associated Press

ORCHARD PARK, N.Y.
The Buffalo Bills and Denver Broncos both know the anguish of losing Super Bowls. The Broncos are learning a lot about the anguish of losing plain, old games.

Thurman Thomas ran for two late first-half touchdowns and Carwell Gardner scored early in the third quarter as the Bills beat the Broncos 27-20 Monday night in a meeting of the losers of seven of the last eight Super Bowls.

But the Bills didn’t clinch it until John Elway threw out of the end zone from the 4-yard line with 21 seconds left in the game.

Denver, considered a Super Bowl contender when the season started, fell to 0-4. The only Super Bowl contender when these two teams met is 0-4. The Associated Press

The Bills (3-1) trailed 7-3 late in the third quarter and it was Denver that could be a waiting Wade Phillips if Denver fans got their way.

The Bills took advantage of two turnovers for two TDs for 14 points in their spurt.

Thomas, who gained 103 yards in 17 carries before leaving with a right knee injury early in the third quarter, went in from 16 yards with 1:54 left in the half and from 27 with 18 seconds left in the half after Bruce Smith sacked Elway and forced a fumble.

Then Gardner scored 1:42 into the second half after Mickey Washington’s interception, the fifth thrown by Elway this year.

The Bills (3-1) trailed 7-3 late into the second quarter against a team that had allowed an average of 37 points in its first three games and four starters to injury in the first 18 minutes.

The drive started, fell to 0-4. The Associated Press

Denver’s 2-yard dive for a TD. The Broncos drove 51 yards to set up Jason Elam’s 28-yard field goal with 1:55 left in the third quarter and it was 24-17. But Christie added a 28-yarder early in the third quarter after a 72-yard drive.

Elam’s 43-yarder cut it back to seven with 7:21 left.

So Buffalo drove 68 yards in nine plays with Thomas running 16 yards off tackle with 1:54 left in the half, Buffalo’s first touchdown in eight quarters.

Thomas scored again after Bruce Smith stripped Elway and Cornelius Bennett recovered at the Denver 27. On the first play, Thomas burst off the left side and into the end zone with 18 seconds left in the half.

It got worse on the first series of the second half.

But Denver came back, Elway leading a drive of 57 yards in nine plays capped by Leonard Russell’s 2-yard dive for a TD. Then the Broncos drove 51 yards to set up Jason Elam’s 28-yard field goal with 1:55 left in the third quarter and it was 24-17.

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Elam’s 43-yarder cut it back to seven with 7:21 left.
By TODD RUTH
Sports Writer

It was domination from start to finish as No. 1 ranked Stanford took on No. 5 ranked Zahm in the second game of the Blue Division on Sunday.

"I was very pleased with the way we played," stated Chad Smock, Stanford captain. "Our offense executed the plays very well.

Stanford dominated Flanner from the very first possession, forcing a fumble then scoring two plays later to go up seven to nothing in the first quarter. In the first half Flanner turned the ball over twice on three possessions, both of which Stanford turned into two-touchdowns.

Stanford's first possession resulted in a eleven-play drive that resulted in a touchdown to put them up 21-0. Stanford's running back and coach, Chris Pollina dominated in his debut. "Our offensive line really held up well," he said. Along with the offense, the defense stood strong intercepting two more times in the second half.

"We've got to be as intense as we were in the first game for our next one," said quarter-back Mike Brown. "We've also got to keep our running game going and cut down on penalties.

As for Flanner, they take on Grace this coming Sunday. This is Grace's first game, and with one game under their belt, Flanner can use that to their advantage.

Keenan 7, Dillon 6

Keenan and Dillon squared off on Sunday in the first game for the Blue division. Keenan scored on their first possession and converted the extra point to take a 7-0 lead. Dillon's first possession ended in a punt, but on their second possession the Big Red threw a pass that resulted in a 60 yard fumble. If not for the blocked extra point, this game would have been tied.

The block came back to haunt Dillon as the rest of the game was a defensive struggle. "Our defense looks good, but our offense needs help, we just need to make some overall improvements," captain Zack Budzichowski.

Not only did Dillon lose the game, but, their quarterback. Roy Gallager suffered a dislo-

PRE-PROFESSIONAL SOCIETY

1st meeting of the year:
Wed. Sept. 28, 7 p.m.
122 Hayes-Healy

Guest Speaker from U. of Texas
All pre-meds invited.

Men's IH continued from page 16

Zahm 0, Carroll 0

In a battle of mistakes and missed opportunities, there was a standoff between Carroll and Zahm.

After the Zahm defense dropped two would-be interceptions in the first half, things started to click on the offensive side of the ball. Zahm quarterback Bergi Hammond hit standout receiver Rick Blos on deep side-patterns and ran the option well, pitching to running back Travis Krabli, in order to put together the only solid drive of the game for either team. Yet, as the Zahm offense seemed to be threatening, time ran out in the first half.

Carroll opened the second half with tough defense. Ben Herrig's interception ended one Zahm drive, and a blocked field goal stopped another.

When the Verm in offense seemed to find a running game, they went for the big gain with a halfback pass, which was picked off by Zahm captain Bob Rozanchik. A few plays later Zahn threw another interception, putting Carroll in position to kick a long field goal with only a few seconds left. The kick fell short, mercifully ending the game in a scoreless tie.

Carroll coach Marty Ogren was not overly disappointed with the result. "It was a good, clean, hard fought game," he said.

Fisher 6, St. Ed's 2

The Fisher Green Wave defeated St. Ed's 6-2 in an evenly-matched football game.

St. Ed's established their running game early, handing off to halfback Mike Norkut, whose "north and south" running style hurt the Fisher defense.

The only touchdown of the game came midway through the first half, when Fisher quarterback Brian Hertz hit towing wide out Dan McGinty on a 45 yard touchdown pass. The extra point was blocked, though, leaving the score 6-0.

The Siedmen tried to answer right back, as Norkut burst up the middle into the Fisher defensive secondary on a run of nearly 30 yards. That play left St. Ed's in position to kick a short field goal, but the kick did not have the distance.

In the second half, the Fisher offense was shut down by the St. Ed's defense. After sacking the Green Wave quarterback, St. Ed's intercepted his next pass. The running of Norkut once again landed the Siedmen in field goal position, but the kick was wide right.

A bad punt snap by Fisher went out of the back of the endzone, giving St. Ed's their two points for a safety.

After the game, Fisher coach Chuck Hurley saw a need for improvement despite the win. "We need more continuity on offense," he said. "It's our quarterback's first time playing and I think he was a little nervous before the game."
The Observer • SPORTS

Two of the most popular bundles on campus this year.

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Before you buy, look! The Observer • SPORTS

The scoring started in the second half as Farley's Marie Hauck ran the ball in for a touchdown to give the team a 6-0 lead. The point after attempt failed since the receiver was out of bounds.

This lead appeared to be enough to enable Farley to win the game until late in the game when the closing seconds the Slammers' Jen Laurie caught a pass to the tie the game. The Slammers pass to convert the extra point failed when it was intercepted. McNeill was proud of the team's ability to tie the game.

"We played well together," said McNeill. "We were able to come back under pressure."

With the tie, Farley is currently 0-1-1 while Siegfried's record became 1-0-1.

In a game hotly contested by Farley and Siegfried neither team ended up as the victor as both teams settled for a 6-6 tie.

Both teams battled for field position throughout the whole game and each defense proved up to the task of keeping the score as low as possible. The first half ended in a scoreless tie.

Farley's captain, Julie Ehrman, praised the defensive play.

"Our defense played really well," said Ehrman.

Captain Marcia McNell of Siegfried echoed these thoughts commenting, "We were frustrated. We were close to the touchdown and couldn't punch it in for a touchdown."

The Observer • SPORTS

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Frazier may be lost for season

By J.L. SCHMIDT
Associated Press

LINCOLN, Neb.
Tommie Frazier, quarterback for No. 2 Nebraska and a strong contender for the Heisman Trophy, may be lost for the rest of the season because of a blood clot in his right calf.

Nebraska coach Tom Osborne said Monday that Frazier was admitted a day earlier to Bryan Hospital.

"It could be a few weeks. It could be the season. At this point nobody knows," Osborne said.

Team doctor Pat Clare said the clot was being treated with enzymes and blood thinners. The clot has shrunk 25 percent since treatment began Saturday.

"He's responding very well," Clare said on the SportsDay/MidAmerica Sports Network.

An average person with a blood clot is treated with enzymes and blood thinners for two to four months, he said.

Frazier, a junior and key to Nebraska's option offense, will miss Saturday's game against Wyoming, Osborne said. Brook Berringer has been Frazier's backup.

Quarterback coach Turner Gill said he spoke with Frazier Sunday.

"Basically I said he should just hang in there and try to keep his spirits up," said Gill, a former Nebraska star. "It's a down time for you right now, but you've got the best medical people to help you and something good will come from this.

Frazier left practice Sept. 19 on a stretcher with ice bags attached to his calf, but practiced full time the rest of the week.

"We knew he had a bruise and was sore, but then you get that every week," Gill said.

Osborne said Frazier may have been hurt Sept. 17 during the UCLA game, but Frazier later said he was not sure when he was injured.

Frazier, from Bradenton, Fla., has started in every game since his first start as a freshman against Missouri in 1992.

He sprained his ankle on the first play of the season opener against North Texas in 1993 and was sidelined after the second play of the game. He also injured his shoulder in Nebraska's victory over Colorado but finished the game.

Since Frazier became a starter, Nebraska has been 20-1 in the regular season and has won two Big Eight titles.

Frazier ranks fourth in the Big Eight in passing efficiency and has started every game since his first start as a freshman against Missouri in 1992.

Traveling takes it's toll on the tired Belles. Saint Mary's soccer team lost both matches in last weekend's game dropping their record to 3-5.

The Belles drove six hours to face John Carroll last Saturday. John Carroll scored the only goal early in the first half, making the final score 1-0.

Rita Juster, a key starter for the Belles was unable to play because of a sprained ankle.

She is scheduled to stay out for two more weeks.

Two strikers were already against the Belles, according to Shari Matelski.

"The six hour drive and Rita's absence really hurt us this weekend," said Matelski.

The Belles road-tripped to Wooster College early Sunday morning. Weather played a large factor in this game, according to freshman Deb Diemer.

There were three game delays due to lighting, prolonging the game to three in a half hours. The delays caused the Belles to exit the field into a heated facility.

"The temperature kept changing, said Diemer. "We would be outside getting warmed up and then we would get inside and get all tight all over again."

"We were just exhausted and the weather didn't help us at all."

The Belles failed to score against Wooster, losing 4-0.

"We never quite got ourselves together," said Matelski.

The Belles will be travelling to Hope College this Thursday for yet another away game.

Recycle The Observer!
PEOPLE ARE SO STUPID
THEY SHOULD PAY ME
TO TELL THEM THEIR
OPINIONS.

IF YOU DISAGREE,
YOU CAN CALL MY
PHONE POLL AT
1-11-Dog-Bert. EACH
CALL COSTS TWO
DOLLARS.

I'M VOTING
TWICE.

CROSSWORD

ACROSS
11. Fart of Brown
12. Down the
13. Word of
14. Escape vehicles
15. Misprint
16. Mr.
17. In the past
18. False tempers
19. Targets of
20. Yara
21. Fictional
22. Sophie
23. One of the
24. Rinsky
25. Korackey's 'Le
26. Cow...

DOWN
1. Latin beat
2. 1979 hit by the
3. Musical
4. Instrument from
5. CD collector
6. Vietnamese and
7. Point of
8. Match parts
9. More
10. Test
11. Allergies
12. Soviet
13. Troublemaker
14. 1962 Disney
15. Work long and
16. Work long and
17. Portents
18. Tender piece
19. Wooden shoe
20. Beast of burden
21. Upright

SOUTH DINING HALL
Shrimp Spaghetti
Chicken Fajita Salad
Vegetable Calzone
Creole Soup/Chili
Blueberry Cheese Pie

NORTH DINING HALL
Chicken Nuggets
Vegetable Parmesan
Broccoli Quashadilla
Pasta Alla Carbonara
Double Rudge Cake
Lunch and Dinner Food
Court

Note Dame

Watch for the
upcoming Stanford
Sports Extra
in Friday's
Observer!
Belles look to extend winning streak

BY JENNIFER LEWIS
Saint Mary’s Sports Editor

Saint Mary’s hopes to extend their two game winning streak by defeating North Park College this evening at 7:00 in North Park. The Belles defeated North Park last year in a three game sweep, winning 15-4, 15-0, and 15-5.

“Last year we were in control of the entire match,” said coach Julie Schroeder-Biek. “They ran a real basic defense and offense. In essence, they played scrappy.”

In the past, away games have always been strenuous on the team. However, this year the Belles have reaching their destination early enough to get in the proper stretches. The two hour trip to North Park should not be a big factor in tonight’s game, according to Schroeder-Biek.

After this weekend the Saint Mary’s record dropped to 4-4. North Park is not one of the Belles more difficult opponents, however, this is a key game for getting the Belles back on track, according to coach Julie Schroeder-Biek.

“We are hoping to boost are record back up,” said Schroeder-Biek.

Captain Kelley Prosser will not be in the next four matches due to her sprained ankle in last week’s game. Captain Anne Lawrence will replace Prosser in the starting line up. Freshman Meg Kelly will set for the Belles being substituted by Captain Sara Stronzek.

“This weekend’s matches brought us closer together as individuals,” said Kelly. “I think it will help us win on the court.”

Are you ready for some interhall?

Alumni, Fisher win, Zahm ties Carroll

By JACK MACLEOD
Sports Writer

The Dawgs of Alumni Hall beat the Sorin Otters convincingly 16-0, in a display of mistake-free team execution.

The key to winning interhall football games is capitalizing on the opponents’ mistakes. That is exactly what Alumni linebacker Matt Duddy did when he pounced on a fumble caused by a botched Sorin punt snap on the Sorin 7 yard line. Two plays later, Mike Desvar scored on a two yard run, giving Alumni an early touchdown lead.

The Sorin offense responded with the option. Running backs Cabill and Tucker ran well up the middle and outside. But when the Otters went to the air, Alumni cornerback Mark Turner was there to intercept.

Then Dawg tight end Ryan Healy took over, catching three consecutive strikes, the last of which was a 25 yard touchdown pass from quarterback Conrad Hanson.

The Otter defense came back tough in the second half, sacking Hanson on two consecutive plays.

The only scoring in the second half came when Sorin’s offense was pinned deep in their own territory, as their quarterback was tripped up by mother nature in the end zone, resulting in a safety.

Ejections, ties highlight second week

By LARRY VOIGT
Sports Writer

Captain Kelly Guerin led the Off-Campus team to victory last Sunday over the winless Knott Angels 22-10 in their opener. This victory, however, was marred by the ejections of Tom Yusra and Pete Couri, off-campus’s two coaches.

Guerin and off-campus led from the start and never looked back. The captain intercepted the Angel’s first pass play of the game and ran it back for a touchdown placing Knott in a 7-0 hole.

She continued to show her leadership on the playing field throughout the first half to build a sizable lead against the Angels, a gap from which Knott was unable to recover. She placed two more points on the scoreboard as she held Knott inside the end-zone for a safety.

Guerin’s scoring frenzy was highlighted later in that first half in a punt return. On fourth down, Knott was forced to punt inside their own end-zone.

Guerin received the kick and weaved in and out of defenders to return the punt back for a touchdown to end the scoring at 15-0 at the end of the first half.

Needless to say, coach Tom Yusra was pleased with the effort and end result put forth by the team and Guerin.

Denver loses fourth straight

Despite passing for 280 yards, Elway and the Broncos come up short against Buffalo

Look inside tomorrow’s Observer for a preview of men’s soccer