The Class of ‘98 will have a class officer in Katie Beirne, a resident of Pasquerilla East, was voted in as Freshman Class Council officer for the first time this year. According to Beirne, the president of the Freshman Class Council, when she first came to campus she was not interested in the council. Now, she said, she understands that past class councils have not received much recognition from their classes, and she wants to change that.

One of Katie Beirne’s goals as the Freshman Class Council will be to improve its communication with the freshman class by having open office hours in the Student Government office in LaFayette Student Center, along with Vice President Paul Burke of Fisher Hall, Secretary Matt Griffin of Stanford Hall, and Treasurer Amy Crawford of Pasquerilla West.

According to Beirne, she wants this year’s council to be “unique, on a student level” than other councils. Beirne said she understands that past class councils have not received much recognition from their classes, and she wants to change that.

The council plans to improve communication among the freshmen by participating in the freshmen in social activities and working harder at the Student Center, where freshmen would buy tickets and dress in semi-formal attire, as with an SYB, but they could go with or without dates.

The Freshman Class Council plans to work on a concession stand for this coming weekend. Based on the productivity of the concession stand, Burke said, “I’m looking forward to the rest of the year.”

According to Burke, the primary function of the Freshman Class Council is to unify the class through social and service projects. He is “confident with the council as a whole.”

The Freshman Class Council officers will encourage members of their class to continue with a service project for the next four years once they begin a project in their freshman year.

In order to organize a service project that freshmen can be involved in for four years, the Freshman Class Council will be working together with the Center for Social Concerns.

The council has also expressed a wish to lead a third millennium pilgrimage to the holy places in the Middle East in 2000, a sign of the third millennium and a year of reunion. Beirne is by having open office hours in the Student Government office in LaFayette Student Center, along with Vice President Paul Burke of Fisher Hall, Secretary Matt Griffin of Stanford Hall, and Treasurer Amy Crawford of Pasquerilla West.

Beirne said she wants this year’s council to be “unique, on a student level” than other councils. Beirne said she understands that past class councils have not received much recognition from their classes, and she wants to change that.

The council plans to improve communication among the freshmen by participating in the freshmen in social activities and working harder at the Student Center, where freshmen would buy tickets and dress in semi-formal attire, as with an SYB, but they could go with or without dates.

The Freshman Class Council plans to work on a concession stand for this coming weekend. Based on the productivity of the concession stand, Burke said, “I’m looking forward to the rest of the year.”

According to Burke, the primary function of the Freshman Class Council is to unify the class through social and service projects. He is “confident with the council as a whole.”

The Freshman Class Council officers will encourage members of their class to continue with a service project for the next four years once they begin a project in their freshman year.

In order to organize a service project that freshmen can be involved in for four years, the Freshman Class Council will be working together with the Center for Social Concerns.

The council officers will encourage members of their class to continue with a service project for the next four years once they begin a project in their freshman year.

In order to organize a service project that freshmen can be involved in for four years, the Freshman Class Council will be working together with the Center for Social Concerns.

The council will be working together with the Center for Social Concerns.

The council plans to improve communication among the freshmen by participating in the freshmen in social activities and working harder at the Student Center, where freshmen would buy tickets and dress in semi-formal attire, as with an SYB, but they could go with or without dates.

The Freshman Class Council plans to work on a concession stand for this coming weekend. Based on the productivity of the concession stand, Burke said, “I’m looking forward to the rest of the year.”

According to Burke, the primary function of the Freshman Class Council is to unify the class through social and service projects. He is “confident with the council as a whole.”

The Freshman Class Council officers will encourage members of their class to continue with a service project for the next four years once they begin a project in their freshman year.

In order to organize a service project that freshmen can be involved in for four years, the Freshman Class Council will be working together with the Center for Social Concerns.
**The Observer • INSIDE**

**Tuesday, November 15, 1994**

---

**The love-hate relationship of computing**

As a first year domer, the technology that I find at my fingertips is overwhelming. I am more advanced than anything my pathetic Mississippi high school and upgraded Hewlett Packard 98 pocket computer could ever provide, like I am slave as my roommate, a Chemical Engineering major, claims his IBM housework with Mathmatica. I, who could never understand a slide rule, can push a few friend­ly command buttons and make equations dance on the screen! Now that the lovely Martin center is in use, and I finished the last derivative, I have time to explore and experiment.
There will be a meeting on Wednesday, Nov. 16 at 7:00 p.m. in the Student Government Office for all students interested in working on a Board of Trustees Report on financial aid.

The FACULTY Series

TIMELY TOPICS
An opportunity to enter into conversation with colleagues on current ethical and religious issues.

POPULATION: After Cairo - Where?

A conversation with Maura A. Ryan and George S. Howard
Assistant Professor of Theology Professor of Psychology

Wednesday, November 16 4:30 p.m. at The Center for Social Concerns Faculty, Professional Staff & Graduate Students Welcome

Sponsored by The Department of The Center for The Office of Theology Social Concerns Campus Ministry

- Light Refreshments will follow -

Students given voice in Haggar renovation

By EMILY RUFINER News Writer

Another step toward the renovation of Haggar College Center will be taken by Board of Governance (BOG) members this week.

A follow-up survey will be circulated among students specifically about the rooms of the College Center. BOG members are concerned with why students are not considering Haggar as more of a social space.

The survey will give students the chance to voice their ideas about the reservation process as well as any physical changes needed in the College Center's rooms.

Other BOG updates:

• BOG members voted to donate $250 toward the building renovation of Haggar.

The proposal of $330 to send 21 students to the National Association of Student Councils (N.A.S.C.C.U.) has been cancelled.

• BOG members voted to do away with $650 toward the building renovation of Haggar.

The hypnotist scheduled for Dalloway's this Sunday, November 19, will be singer/songwriter David Harris. His performance, sponsored by SAB, will start at 9 p.m., and there is no charge to attend.

Saint Mary's will be among the fifty different schools at which the acoustic guitarist has performed this semester, according to Harris.

The sophomore class is also sponsoring 'Sophomore Sip' which are coupons redeemable for beverages that night at Dalloway's to coordinate with the SAB activity, stated Hunt.

The hypothesis scheduled for February may have to be postponed until later in the semester, due to a scheduling conflict, according to Johnson.

The Blizzard of Bucks may be postponed as a consequence.

Finally, the Giving Tree sponsored by SAB through the Madison Center Day Treatment Program should be up after Thanksgiving break, according to chairperson Kelly Kimler. Students will have the opportunity to help those less fortunate.

Madison Center is also trying to get local businesses to help out with the event, said Kilmer.

Note Dame Communication and Theatre presents the Greek tragedy

At Washington Hall
Wednesday, November 16 8 p.m.
Thursday, November 17 8 p.m.
Friday, November 18 8 p.m.
Saturday, November 19 8 p.m.
Sunday, November 20 2:30 p.m.

Reserved Seats $7
Student and senior citizen discounts are available Wednesday, Thursday and Sunday.

Tickets are available at the door or in advance at the LaFontaine Student Center Ticket Office.

MasterCard and Visa orders call 631-8128.
"Are ND/SMC Women Overly Sensitive? Are ND Men Insensitive?"

Tuesday, November 15 at 7:30 PM
Room 141 DeBartolo

PANELISTS:
- Kelly O’Neill - Farley Hall R.A.
- Joe Ross, C.S.C. - Rector of Morrissey
- Edward Delgado - PhD Candidate in Psych.
- Noha El-Ganzouir - Student Body President of Saint Mary’s

MODERATOR:
- David Hungeling - Student Body President of Notre Dame

ALL ARE WELCOME!
Sponsored by Women’s Concerns Center and Student Government.
**AIDS leading cause of death**

By DARA AKIKO TOM
Associated Press

SAN FRANCISCO

Richard has seen it countless times — the anger, the sorrow, the bravery of critically ill AIDS patients.

"I call it the panic reaction," he says, not too soon, he says, he'll know exactly how they feel.

"Not everybody is courageous in the face of AIDS. Some go kicking and screaming and are horrible to everybody around them," says the former heroin addict turned counselor. "I'm not sure how I'm going to act."

Richard, an AIDS counselor who declined to use his last name, was diagnosed HIV-positive in 1985.

"So I'm panicking," he says. He isn't the only one.

The San Francisco health department announced earlier this year that in 1992, for the first time in any U.S. city, AIDS was the leading cause of death among men — the first time any illness had supplanted heart disease.

In a tragic coincidence, 1992 was the same year health officials celebrated hitting a plateau in the number of new AIDS cases.

Still, few here were surprised by the latest news.

"We've lost so many friends," said Richard Chavez, former program coordinator for activities at the Sanit Project, which provides a wide range of services for people with AIDS.

"It's frightening to think that nobody is surprised by it. Of course people who have been hiding in the sand might say, 'Oh, my gosh.'"

Over the past few years, AIDS has been the leading cause of death among men — the first time any illness among gay men, he said. "And now we're seeing, 10 to 12 years later, the consequences — the high rate of death."

While the numbers for 1993 were still being compiled, AIDS was expected to remain the leading cause of death. The death rate isn't likely to decrease until the late 1990s, Katz said.

The bright news: The number of new AIDS cases reported in 1992 was 3,025, but that dropped 25 percent to 2,364 in 1993 — and the health department estimated the rate of new cases would decrease to 1,204 in 1997.

But the department also warned the disease could show a resurgence because of the growing number of cases among young people and intravenous drug users.

Fritz Desir doesn't know how he contracted HIV, but said it could have been the unprotected sex he had with a number of women. "It's a boiled bunny, and what does he know? Can he no longer play soccer, and paying his bills is a struggle."

The group homes involved in the shootings had 11 residents, with several with emotional disorders and other with physical handicaps, said Peter DeSantis, administrator of North Central Health Care Facilities. The homes are privately owned and licensed by the state.

Hundreds of volunteers, including Steppert, drive home residents to church, social events or programs and services at North Central's main campus, DeSantis said.

Steppert volunteered in 1989 after his wife died. He worked one afternoon each week, receiving 26 cents per mile reimbursement. "He was very dependable," DeSantis said.

Steppert's neighbors in suburban Weston said that for years he said joked punted in his yard. He was friendly but mostly kept to himself, they said.

"He had just a little strange way and seemed to be quiet and never fearful of him," Radtke said.

Neighbor Nancy Jirovec, 46, said Steppert's property was an eyesore, and that he looked like a strange sort of fella. "He was a strange sort of fellow. But he always treated us with respect. I think if we talked to him, he'd respond," she said.

A couple of years ago, Jirovec said, Steppert cleaned up his act and was friends with "a real nice guy" from the neighborhood.

"He was a strange sort of fellow. But he always treated us with respect. I think if we talked to him, he'd respond," she said.

For some of his minor sales, he relied on the honor system, advising buyers to leave their money in a cup if he was gone.

**Gunman shoots six people in group homes**

By RICHARD COLE
Associated Press

WAUSAU, Wis.

A junk dealer who thought people were stealing from him shot six people at two group homes he volunteered as a driver, killing a 7-year-old girl, police said Monday.

Four of the wounded, including the girl who died Monday, were related and a fifth person was a family friend.

Carl Steppert Jr., 64, described by a neighbor as a "strange sort of fellow," was arrested hours after the Sunday night shootings, sleeping at his own home, police said.

"I just can't imagine someone performing a criminal act like this and being able to go to sleep," Deputy Police Chief Paul Luoma said.

Steppert was scheduled to appear in court Tuesday after charges are filed, court records show.

Steppert told police he had recently discovered thousands of dollars missing from his home and blamed the caretakers of the group homes, Luoma said.

The gunman forced his way into the Washington House on the city's East Side around 11 p.m., and shot employees James Wallace, 52, and resident Stefani Schooler, 24, Luoma said.

The gunman then went to the Homestead House on the city's West Side, where he shot Wallace's daughter, Cathy, 25, her grandmother, Allison, 7, and Cathy's boyfriend, Thunder Palmore, 25.

It was not immediately clear whether House James, 17, was at.

The Wallaces and Dalbice were in critical condition Monday. Schooler suffered a grazed wound to the head and was in fair condition, Luoma said.

"He was a strange sort of fellow. But he always treated us with respect. I think if we talked to him, he'd respond," she said.

A couple of years ago, Jirovec said, Steppert cleaned up his act and was friends with "a real nice guy" from the neighborhood.

"He was a strange sort of fellow. But he always treated us with respect. I think if we talked to him, he'd respond," she said.
Less hassles and less money to travel between Paris and London

By DAVID CRARY
Associated Press

Shaking off most of the glitches that plagued trial runs, all but one high-speed train rolled on schedule Monday on the first day of regular passenger service linking Paris, London and Brussels via the Channel Tunnel.

The Eurostar trains unloaded passengers delighted by the comfort and convenience of a trip slashed to scarcely three hours. One of the inaugural trains came in four minutes ahead of schedule.

"I'm afraid to fly, so this is great," said Mara Roth, 34, of New York, who took the train from Paris to London. "The fewer times I have to go up and down, the better."

The precision performances, after years of cost overruns and delays for the $16 billion project, had immediate benefits for Eurotunnel, the Anglo-French consortium that operates the undersea tunnel. Its shares on the Paris stock exchange surged 8.1 percent in heavy trading of more than 3.7 million shares.

The first train to depart, the Paris-London Eurostar, arrived on time at London's Waterloo Station after a three-hour, six-minute ride. The London-Brussels train ran on schedule in three hours, 15 minutes, and the London-Paris train arrived four minutes early.

But the second and last London-Paris train of the day experienced a 50-minute delay in the tunnel, for unspecified technical reasons. Railway officials said passengers would be reimbursed for their tickets.

Cabin attendants in yellow and blue uniforms designed by Pierre Balmain staffed the trains. Meals were served to first-class passengers, with Monday morning's fare a Franco-British mix of croissants, ham, cheese and orange marmalade.

The 794 passengers on the Paris-London train left the Gare du Nord for London's Waterloo Station. Ten minutes after departure, the $40 million, 18-car train hit its top speed of 187 mph.

It slowed to 100 mph for the 20 minutes it took to pass through the twin 31.4-mile tunnels, one in each direction, bored 132 feet under the English Channel's chalk seabed from near Calais to Folkestone, England. A third tunnel is for maintenance and emergencies.

First-class passengers pay the equivalent of $308 for round-trip passage, while those in second class pay $248, or $150 with advance reservations.

Children younger than 12 ride for half price, and children younger than 4 ride free.

The prices are comparable to the airfare between Paris and London.

Round-trip ferry prices at this time of year range from $29 per car and up to five people for a 24-hour stay, to $240 per car and up to nine people, valid for a year. The ferry takes about an hour longer to cross the channel.

Commercial service on the Channel Tunnel is beginning with four round trips daily — two each on the London-Paris and Brussels-London routes. Hourly departures are expected in the second half of 1995.

"Le Shuttle," which ferries trucks through the tunnel, has been in service for several months and will eventually also carry passenger cars.

Construction began on the Channel Tunnel, as the tunnel is known, in 1987. It was originally scheduled to open in March 1993, but was repeatedly delayed. Three test runs for VIPs and journalists last month met with embarrassing technical problems and delays.

The Eurostar is a modified version of the French TGV high-speed train, built with a complex power system to adapt to French, British and Belgian electrical currents.

Eleven giant satellite-guided boring machines dug the undersea tunnels, which were completed in mid-1991.

Time: 3 hrs 55 min
Cost: $313.20

Travel by air
$37.00
$27.00
$42.00
$1.40

Travel by train
$1.35
$92.50
$45.00
$4.50

Note: All costs in U.S. dollars

IMAGINE YOUR IDEA ON THE BACKS OF 40,000 IRISH FANS
PLUS FREE BOOKS FOR THE SPRING DESIGN THE SHIRT '95

ENTER YOUR CHOICE OF ORIGINAL ARTWORK TO THE STUDENT ACTIVITIES OFFICE, 315 LaFORTUNE.

ENTRIES MUST NOT EXCEED 12" X 15"

LATEST CONSIDERATION DATE IS NOV. 21, 1994

SKETCH MUST INCORPORATE A THEME EXAMPLES DISPLAYED IN THE EAST HALLWAY OF THE HUDDLE INCLUDE:
- 1990 NOTRE DAME LANDMARKS
- 1991 150 YEARS OF EXCELLENCE
- 1992 THE TRADITION CONTINUES
- 1993 ONWARD TO VICTORY
- 1994 WAKE UP THE ECHOES

SUN.-TUE. NOV. 21-23

- SPRING SEMESTER TEXTBOOKS PAID BY ND BOOKSTORE
- ANY SELECTED ENTRY BECOMES PROPERTY OF "THE SHIRT."
- APPLICANT MUST STATE IN WRITING THAT SUBMITTED ARTWORK IS THEIR OWN ORIGINAL WORK.

Watch for the upcoming Article pullout in Friday's Observer
It's not as if I'm alone on some uncharted desert island, with Gilligan, the Skipper too. It's just that, as a child of CNN and cable TV, I'm used to having information from all around the world available at a moment's notice. But what happened when we can pay the basic subscriber's fee and have it all in our living room (right behind the number of times I cratched myself in court today) right now?

But when it comes to getting information on what's going on at Notre Dame, my means are, by comparison, going at a snail's pace. In that regard, I might as well be stuck in the middle of the ocean, without a Ginger or a Mary Ann to keep me company.

The problem is compounded by the fact that I live in a part of the country (the Southeast) that could be described as a "non-Notre Dame friendly" territory. It is tough to find out what's going on at your favorite campus when the people around you think that Notre Dame is located somewhere in either Massachusetts or upstate New York.

Not that I'm spoiled. University doesn't try. There are several ways for alumni to get information on our alma mater, but they don't satisfy my craving for instant (or at least immediate) knowledge.

For example, there is Notre Dame Magazine, edited by my former professor, Wal ton Collins. This quarterly publication is sent to all alumni and contains thoughtful, thought-provoking pieces on many of the issues we face as Americans and Christians today. It also lists updates on what members of the various classes are doing now. For example, through this magazine, I learned that one of my friends now is conducting tours of the Pyramids in Egypt. (I wonder if he can get NBC in Cairo.)

Great for keeping up with fellow alumni, but not really suited for my need for up-to-date campus news. Besides, it would be unfair to expect that from a quarterly publication.

The Observer, there's Alumni, the newsletter of the Notre Dame Alumni Association. It is printed three times a year and contains announcements from various alumni clubs as well as the fund raisers, programs and other events the Alumni Association is sponsoring, as well as a column from my formerector.

Father Bill Seetch, who also happens to be the Alumni Association's chaplain.

Again, great for keeping abreast of alumni info, but not what I'm looking for when I want to know what the current students are doing.

Finally, there's The Observer, the rag that I once called home. This is much better for keeping up with campus news, but even this has a drawback for a Notre Dame graduate who lives 1,000 miles away—"the mail. Yesterday, I read about the poor graduate student who dropped acid (a jar of it, that is), and I wanted to write a column about it. However, my Observer gets to me about a week to 10 days after they are published, so by the time I get them, the news already is old.

Fortunately, there is hope for me. I recently purchased a new computer and subscribed to America Online, which allows me to speak to computers all over the country through the Internet. I can read newspapers, chat with other subscribers and send instant messages on the information superhighway.

That is, once I get the Professor to show me how it works.

Paul Pearson '93 is a former Observer news writer. He can be reached through e-mail at "paul@471158@acoloom."
O ver full breakfast, I visited my friend at the campus of the University of Colorado in Boulder. Ah, Boulder. One of the few places you could walk around and see the dreamy Dr. Seuss hat and tattered clothing specially tailored to reveal your own new insights to the world. And no one would blink an eye if you invited your friend to visit her meditation room and pass up a cup of tea to help her take a mental retreat.

I entered the "classroom" and a waft of incense hit me. It was the place to be. Like the student in the circle of oversized chairs, but I declined and sat in the far corner of the room. My friend's classmates all looked as though they had taken a wrong turn on the way to Woodstock or to the filming of "Reality Bites."

We were in luck. Today was a guest speaker's day, so we could talk about techniques. The band member informed us that he had decided that he wanted to grow back his hair, and that since he had been meditating on growing hair, he had started to grow it. A Cobain-esque student with a long raised hand and raised his hand and asked, "So...if meditating on growing hair changes your genetic code, will your children grow hair?"

"Actually," Mr. Meditation replied, "I believe the gene for baldness is passed through the woman."

"So," Kurt continued, his bloodstream raised questioningly, "if your wife were to meditate on having a beard..."

The meditation class is a lot like my calculus class, except in calculus we have to do homework and sit in a classroom. And in meditation class, you can't just sit and do nothing. People actually meditate on growing hair, and students meditate on growing hair, and students meditate on growing hair, and students meditate on growing hair...

When I got back to Notre Dame, I eagerly anticipated having my own meditation class. Although teaching can be difficult, I was confident that I could be sure to sign up for a meditation class.

First of all, Notre Dame should establish a College of Roadie-ology, so that aspiring concert-philosophy of Grab & Go. Its primary focus is on teaching students about meditative practices, such as meditation, mindfulness, and yoga. The students' final grade would be based on their effort and participation in the class, as well as their ability to apply these practices in real-life situations.

I entered the "classroom" and a waft of incense hit me. It was the place to be. Like the student in the circle of oversized chairs, but I declined and sat in the far corner of the room. My friend's classmates all looked as though they had taken a wrong turn on the way to Woodstock or to the filming of "Reality Bites."

We were in luck. Today was a guest speaker's day, so we could talk about techniques. The band member informed us that he had decided that he wanted to grow back his hair, and that since he had been meditating on growing hair, he had started to grow it. A Cobain-esque student with a long raised hand and raised his hand and asked, "So...if meditating on growing hair changes your genetic code, will your children grow hair?"

"Actually," Mr. Meditation replied, "I believe the gene for baldness is passed through the woman."

"So," Kurt continued, his bloodstream raised questioningly, "if your wife were to meditate on having a beard..."

The meditation class is a lot like my calculus class, except in calculus we have to do homework and sit in a classroom. And in meditation class, you can't just sit and do nothing. People actually meditate on growing hair, and students meditate on growing hair, and students meditate on growing hair, and students meditate on growing hair...

When I got back to Notre Dame, I eagerly anticipated having my own meditation class. Although teaching can be difficult, I was confident that I could be sure to sign up for a meditation class.

First of all, Notre Dame should establish a College of Roadie-ology, so that aspiring concert-philosophy of Grab & Go. Its primary focus is on teaching students about meditative practices, such as meditation, mindfulness, and yoga. The students' final grade would be based on their effort and participation in the class, as well as their ability to apply these practices in real-life situations.
What's Hot and What's No
When it comes to tanning, protection is key for skin

By JOANNE PAVIN

There is a month and a half away until Christmas vacation and whether you plans include a trip to the Rockies or a super voyage to sunny Florida, you sure should protect your skin. Natural sunlight can be sexy to the largest organ in the body, skin protection that is.

Vitamin D is essential to the body and if not treated, with care. A sun tan may be sexy and somewhat beautiful, but excessive exposure to ultra violet(UV) light can cause irreversible damage and possibly cancer. It is over exposure to UV that is a serious matter.

In the past, people have been taught that ultra violet A, B, and C rays were to be free or "safe rays", but these are rays that penetrate the skin deeper than ultra violet B rays and have been medically considered more harmful. UV-A rays may cause more harm such radiation can penetrate the body's atmosphere. Ultra violet radiation is the most active part of the UV spectrum. There are two forms of ultra violet radiation, ultra violet A, and ultra violet B(UVB-280).

As a result of research it has been found that ultra violet A rays were to be risk free or "safe rays", but these rays can penetrate the skin farther than ultra violet B rays can. While these rays are harmful, they are commonly considered more harmful. UV-A rays may cause health problems including premature damage to the skin, an increased risk of skin cancer, and harm to the cornea and lens of the eye. Repetitive exposure may cause eye cataract. UV-B rays will cause similar damage. However, warning signs of possible damage are more apparent because of their penetrability. UV-A ray damage goes deep into the skin as well and often causes the skin to blister or peel. These products are called tanning accelerators.

Tanning accelerators supply the skin, face and body with tyrosine. Tyrosine, an amino acid present in the skin, is the precursor of melanin. The sun's UV rays activate the tyrosine in the skin and convert it to melanin. It is known, for instance, that fair-skinned people are low in melanin producing capabilities because they do not have high tyrosine levels.

Sunburn prevention can be achieved through the use of longer or 7.5 hours without exposure. It is wise to choose a higher SPF than the more fair skinned you are. Since no one ingredient can offer full protection from UV-A and UV-B rays, the best sunscreens combine para-amino benzoic acid(PABA) its esters (glycerol, padimate A), and Benzophenones (oxybenzone, methox benzene, and sunflower oil).

Sunscreens with high percentages of PABA in an alcohol base provokes to irritate the skin. Many people who are allergic to PABA may not be allergic to PABA esters and those who have reactions to PABA sunscreens may be allergic to another ingredient such as a fragrance or alcohol.

Using sunscreen before applying it to the skin is a must. Sunscreen is a necessary protection against UV rays. Sunlight absorbed into the immune system also has the potential to weaken immunities to cancer.

Basal cell carcinoma is the least severe and the most common form of skin cancer. It starts as an open sore that has not healed after several weeks or as a smooth bump that may blemish. It may occur on the face and other sun exposed areas. This type of skin cancer is rarely malignant and is not question as a cancer. Basal cell carcinoma will spread to the lymph nodes and more vital organs such as the lungs and brain. Malignant melanoma is the deadliest form of skin cancer and is becoming more common. Early signs of melanoma include changes in pre-existing moles or the appearance of a blue or multicolored patch on one never existed before. These changes are commonly described by dermatologists as the ABCD's of melanoma: "A" stands for asymmetrical, or if a line were to be drawn down the center it would not leave matching halves. "B" stands for border, or uneven edges differential to the smooth even borders of normal moles. "C" stands for color; malignant melanomas have two or more colors where normal moles are usually one color. "D" stands for diameter; malignant melanomas are usually larger than normal moles which are about six millimeters in diameter. Dermatologists advise individuals to bring in a normal mole at a later time because only they can tell whether a mole is cancer producing or not.

It is obvious that we are all going to have some skin damage, research on the dangers of the sun and the knowledge of cancer people are smarter about skin protection. It is just the matter of putting those smarts into action. Well healthy tanning and remember, a golden glow may be great to show but your skin will be the first to go.

From Medical Minute, page 9
NEW YORK

Twenty years after losing his heavyweight title to Muhammad Ali, George Foreman says he feels like the says he’s finally ready for THIS REMATCH.

“It’s time for Muhammad Ali. I want him now. I didn’t want him before because of the ‘70s, but I want him now.”

Foreman was being his still self again obviously, dispensing the age for the aged and wailing eloquent on the virtues of Muhammad Ali in a New York City news conference at which he absolutely had nothing to announce, none even his current weight.

And, Foreman said, he did hear from his 52-year-old former nemesis after he knocked out Michael Moorer in the 10th round for the IBF and WBA heavy weight championship of Nov. 5 in Las Vegas.

Foreman said Ali sent him a poster which read:

"Congratulations champ, you had the heart and guts to go out and do it."

"He signed it with a big heart because he gave me a big opportunity."

Foreman said, “When he says you’ve got guts, that’s something.”

As for his future, Foreman talked like he would be a busy champion.

He spoke of a possible re-match for Moore because “he gave me a big opportunity.”

He said a fight with fellow 45-year-old Larry Holmes would be solid, but couldn’t prove a problem for Moore.

"I feel so confident of line- up would be overwhelming, and people would be fighting to get into the bleachers,” Foreman said. "There would be bones cracking and joints cracking."

He would love to fight Mike Tyson when he gets out of prison in Illinois probably next spring, “because he wouldn’t run from that.”

That’s one thing he has to have a guy attacking me. I might even have to do the all shuf- fed up in the moment.

There hasn’t been much excitement around the Who was back to the World when Boomer came back, and then from a sprawling the field and going through the Boomer’s magic."

His third NFL start was simply magical. Blake played the sec- ond half Sunday on a mangled ankle that had him limp between plays and change his style.

In the second half, I had to throw off my back foot,” he said.

He was gut so bad that he had to be helped off the field after throwing a 50-yard touch- down pass to Carl Pickens.

Blake took them out to the X-ray room as fans gave a standing ovation. No fracture was found. He could have made it. You would have thought the fans could have made it.

In other weeks, we would have found eight different ways to lose,” said Doug Pelfrey, who kicked a game-winning 40-yard field goal just before the end of the third quarter.

“We had the ball on the field last weekend. It was a week we found a way to win,”

Pelfrey ended the afternoon raining on the field with histe- mates. A nearby poster "We have the ball for President. Blake said, “I could have made it. You would have thought the fans could have made it.

And what of Blake? He was perhaps the only one not im- pressed with the performance that in art. This was one of the worst games of the season for Blake. Blake said, “Mentally I made a lot of mistakes, but people don’t see the errors. I made five or six mistakes and that’s something you can’t do. I got away with them because of my athletic ability.”

His luck was holding out Monday. The ankle injury turned out to be not as serious as thought. Doctors feared he might have broken the ankle or damaged the ligaments. Blake fell on it in the first half. Trainer Paul Sparling said Blake Monday found no severe damage.

The Observer accepts classifieds every business day at 6 a.m. in at the Notre Dame office, 344 Lafayette, or from 12 p.m. in at 300 Haggar Center.

Dad will pay for 3.5% per character per day, excluding all spaces.

Classifieds

NOTICES

$5 FOR TEXTBOOKS '95
LOWEST PRICES
JAMAICA,
10-6 m-sal pandora's books
page 10 The Observer

The Observer accepts classifieds every business day at 6 a.m. in at the Notre Dame office, 344 Lafayette, or from 12 p.m. in at 300 Haggar Center.

Dad will pay for 3.5% per character per day, excluding all spaces.

Classifieds

NOTICES

$5 FOR TEXTBOOKS '95
LOWEST PRICES
JAMAICA,
10-6 m-sal pandora's books
page 10 The Observer

The Observer accepts classifieds every business day at 6 a.m. in at the Notre Dame office, 344 Lafayette, or from 12 p.m. in at 300 Haggar Center.

Dad will pay for 3.5% per character per day, excluding all spaces.

Classifieds

NOTICES

$5 FOR TEXTBOOKS '95
LOWEST PRICES
JAMAICA,
10-6 m-sal pandora's books
page 10 The Observer

The Observer accepts classifieds every business day at 6 a.m. in at the Notre Dame office, 344 Lafayette, or from 12 p.m. in at 300 Haggar Center.

Dad will pay for 3.5% per character per day, excluding all spaces.

Classifieds

NOTICES

$5 FOR TEXTBOOKS '95
LOWEST PRICES
JAMAICA,
10-6 m-sal pandora's books
page 10 The Observer

The Observer accepts classifieds every business day at 6 a.m. in at the Notre Dame office, 344 Lafayette, or from 12 p.m. in at 300 Haggar Center.

Dad will pay for 3.5% per character per day, excluding all spaces.
Irish swimmers win at Annapolis

By GARRETT KERN
Sports Writer

The Notre Dame men's and women's swim teams traveled to Annopolis this weekend to take on the Naval Academy for the first time in school history. "It was a battle," Head Coach Tim Welsh stated, "of two schools which are known for their tradition, discipline, and spirit." In the end, though, the Notre Dame women triumphed to maintain their undefeated season while the men fell to a vastly improved Navy team.

Both Navy's and Notre Dame's women's teams entered the meet without a blemish on their respective records. Coach Welsh adjusted the line-up so that he could get his swimmers some experience in events they do not usually compete in. Senior captain Jenni Dahl finds that this approach will help the team prepare for their upcoming meet with the Air Force Academy. "We have had a lot of big meets in the past weeks and it was nice to be able to relax and swim some different events before facing a tough Air Force team." To Notre Dame's credit, they were able to amass nine wins out the eleven individual events with nine different swimmers. "Our ability to win that many events with different people," says Coach Welsh, "is a tribute to the depth on our team."

Unfortunately, the Irish men did not fare as well as the women. Navy was able to win both relay events and all but one individual event, that being the 200 butterfly which was won by junior Ry Beville. "I felt that I needed to redeem myself after a disappointing swim in the 200 free. Winning the fly was something I felt I needed to do." As a whole, the team was overpowered by the fierce determination that most teams have when they are at home versus any Notre Dame team.

"We raced very well and were right in the middle of the pack in just about every event," said senior captain Andy Kiley. This being the first meet for the Navy men, they were excited and they showed it. It was a meet which featured an NCAA qualifier in diving from Navy and a heavily recruited freshman class. "I felt that the men responded well to the challenge of an away meet," remarked Coach Welsh.

Spring 1995

Center for Social Concerns

The Mexico Seminar is a one-credit service-learning opportunity in Oaxaca, Mexico. During two weeks in late spring/early summer, Notre Dame and Saint Mary's students provide service to a variety of people while experiencing the realities of Latin America directly. Cosponsored by Maryknoll, the program seeks to provide intercultural exchange through shared work experience in the context of a faith community. Students participate in fundraising efforts to lower costs.

- Two weeks in Oaxaca, Mexico: May 15 to May 31th, 1995 (leaving time for summer work)
- Service-learning cosponsored by Maryknoll (Call and Response Program)
- One credit Theology
- Spanish helpful but not required
- Information Meeting:
  Thursday, Nov. 17, 4:15 PM at the Center (optional)
- Applications are available at the Center
- Applications due Nov. 30th with deposit

For more information:
Dr. Jay Brandenberger, 631-5293
Sara Skalicky, 634-4949
**Women's Power Poll**
1. Lyons (2) 7-1
2. Off-Campus (4) 6-1-1
3. Siegfried (3) 5-1-2
4. Pangborn (1) 6-2
5. Lewis (5) 3-3-1
6. Walsh (6) 4-3
7. B.P. (7) 3-4
8. P.E. (8) 2-2-3
10. Badin (10) 3-3
11. Howard (11) 1-5
12. Farley (12) 0-4-1
13. Knott (13) 0-5
14. Naugh (14) 0-6

(Previously Ranked)

**Player of the Week**
Michelle Drury

In dominating the overtime session, the O-C senior intercepted a Siegfried pass to stall the drive and caught the winning touchdown pass from QB Nikole Neidlinger, catapulting O-C into the finals.

A pass heads for Off-Campus senior Michelle Drury Sunday as she is flagged by a Siegfried defender.

**Women continued from page 16**

Before Drury played hero again, the Slammers had a chance to score as Marce McNeill pitched the ball to Sue Gallo as she rounded end in the open field. With nothing, but the end zone in front of her, Gallo dropped the ball. On the following play Drury made the interception to end the game.

Off Campus running back Sarah Donnelly said that both offenses struggled while the defenses played outstanding. "We're pretty confident. We work well together. We have a lot of good talent," Donnelly added.

Drury said that with the offensive struggle, the defense won the game for Off Campus. "Our offense had a pretty tough time, but we pulled it off in the end."

**Women's Pairings**

1. Siegfried 6
2. Pangborn 0
3. Lyons 13
4. O-C 18
5. Walsh 6
6. P.E. 0
7. Lewis 0
8. B.P. 0

**Watch Friday's Observer for IH football previews**

**WANTED!**

Reporters, photographers and editors.

Join The Observer staff!!

$5 A Woody Allen Comedy Dessert Pig-Out Extraordinaire!

Wednesday, Nov. 16

Dessert starts at 7:30
Play begins at 8:00
LaFun Ballroom

$5

**FACULTY NOTRE DAME - SAINT MARY'S SINGLES GROUP**

Social gatherings of single faculty have been sponsored since 1992. Regular gatherings take place on the third Thursday of each month. Come and meet new and continuing colleagues, single, divorced or widowed.

**REGULAR MONTHLY GATHERING**

Thursday, November 17
5:30 - 6:30 p.m.
Lounge of the INN at St. Mary's

Also: On December 15 at a member's home - Christmas Party

For further information call John Gerber, C.S.C 1-8601
or JoAnne Bunnage 1-4617

Co-sponsored by the Singles Group and Campus Ministry
realty was, the Rabid Bats of Zahm got an early lead on the Planner Gamecocks and rode it to a 16-7 victory. Zahm’s first points can be attributed only to the Planner long snapper. After Zahm shut down Planner’s offense on its first possession, the ‘Cocks fell back into punt formation. But the snap soared over the head of the punter and out of the end zone, resulting in a safety. Not comfortable with a 2-0 load, Zahm got the ball on the kick after the safety and drove the field with mixed offensive play calling. Swatland hauled in a big pass from Hammond which got Zahm to the Planner three yard line. Two plays later running back Dan Glennon walked into the end zone to put the Rabid Bats up by nine, still in the first quarter. Planner’s biggest moment came when sophomore defensive back Pat Collins intercepted a Hammond pass and returned it for a touchdown. The score sparked the Planner hand into an inspirational rendition of the fight song. Collins’ touchdown closed the gap to 9-7, but Zahm responded in the fourth quarter as Hammond hit his favorite target, Rick Rios, on a deep sideline pattern for a thirty-five yard score. “Benji was really accurate with his passing,” Rios said. “Planner was as tough as we expected, but we took it to them early.”

Men’s Pairings

1. Off-Campus (1) 5-1
2. Zahm (3) 4-0-2
3. Stanford (2) 4-2
4. Planner (4) 3-3
5. Keenan (5) 3-2
6. Carroll (6) 3-1-1
7. Fisher (7) 2-3
8. Alumni (6) 1-2-2
9. Grace (9) 2-2
10. St. Ed’s (10) 1-2-1
11. Morrissey (11) 1-3
12. Sorin (12) 0-4
13. Dillon (13) 0-4

(Previously Ranked)

Men’s Power Poll

1. Off-Campus (1) 5-1
2. Zahm (3) 4-0-2
3. Stanford (2) 4-2
4. Planner (4) 3-3
5. Keenan (5) 3-2
6. Carroll (6) 3-1-1
7. Fisher (7) 2-3
8. Alumni (6) 1-2-2
9. Grace (9) 2-2
10. St. Ed’s (10) 1-2-1
11. Morrissey (11) 1-3
12. Sorin (12) 0-4
13. Dillon (13) 0-4

(Previously Ranked)

Players of the Week

Off-Campus defense
After having allowed only one touchdown all year, the Crime defense kept it up, holding the high-powered Stanford offense to a field goal in overtime.
Women host Aussie Nationals

By K.C. GOYER
Sports Writer

The 1994-95 women’s basketball team has been studying hard. Tonight, the Irish will put their efforts to test as they start the preseason against the Australian National Team.

As with most international teams, the Australians can pass and move very well, and like to shoot three pointers. Coach Muffet McGraw expects the opposition to run the floor, capitalize on transitions, and play a fast paced game.

The Irish will be ready however, as the team has shown impressive effort in practice and a propensity for aggressive play.

“Our strengths are in rebounding and a good post game,” Coach McGraw said, “and we have a lot of good intensity on defense.”

With only one senior and three juniors, the women’s team is relatively young and will look to this game to build confidence as well as work on executing the offense. They also welcome the chance to play against someone other than themselves.

“We’re going to work on our man to man (defense) in this game,” McGraw said. “It will be a good test for us.”

Irish face Indiana in NCAAs

By THOMAS SCHLIDT
Sports Writer

While the coverage and fanfare were not as large as that for the men’s basketball NCAA pairings, there was a large contingent in Coach’s eagerly awaiting news of the Notre Dame men’s soccer team’s future.

The future is Indiana.

The Irish will face the Hoosiers this Sunday at 2 p.m. in Bloomington, Indiana.

The news was not much of a surprise, yet many players were disappointed that they would not have a chance for revenge on Wisconsin. Wisconsin knocked them out of the tournament in the first round last year.

“A lot of us were looking forward to this (pairing with Indiana),” senior midfielder Keith Carlson said. “We’ve been close to beating them before. Knocking them out would give us extra confidence, and could catapult us through the tournament.”

“It’s a fair draw,” sophomore midfielder Konstantin Koloskov added. “We’re ready to play.”

If you see news happening, call
The Observer at 631-5723

Happy Birthday Barney!  All I really want for my 21st is a little low maintenance.  284-4312
Of all the pleasures of life, I think I like nut-picking the best!

When is this to answer?

Calvin and Hobbes

Dilbert

Calvin: I made a few thousand suggestions on your first draft.

Hobbes: Of all the pleasures of life, I think I like nut-picking the best!

When is this to answer?

You wouldn't believe what she thought was fun.

That could explain the break-up of your marriage.

ANSWER TO PREVIOUS PUZZLE

ACROSS
1. Deaver projects
2. Service item
3. Conceal
4. Of grand proportions
5. Brushed, as the sheaths
6. North Sea tender
7. Relax
8. Maximal
9. Covered with scales
10. Helenic H
11. Excitement of an earlier time, as fashion
12. Treadless
13. Expansion
14. Paul Anka’s hit
15. A lady

DOWN
1. Propheter’s mark
2. Great
3. Catcher’s glove
4. Ballooned
5. Inside
6. Mischief
7. Batwood
8. Comedie
9. Undemocratic law
10. Detroit’s attachment
11. Time — the essence
12. Noise
13. Coastal fiber
14. After tax
15. Capable drama
16. Buddy
17. Yellow
18. Number two
19. Number two
20. Spanish gold

ANSWER TO PREVIOUS PUZZLE

ACROSS
1. Deaver projects
2. Service item
3. Conceal
4. Of grand proportions
5. Brushed, as the sheaths
6. North Sea tender
7. Relax
8. Maximal
9. Covered with scales
10. Helenic H
11. Excitement of an earlier time, as fashion
12. Treadless
13. Expansion
14. Paul Anka’s hit
15. A lady

DOWN
1. Propheter’s mark
2. Great
3. Catcher’s glove
4. Ballooned
5. Inside
6. Mischief
7. Batwood
8. Comedie
9. Undemocratic law
10. Detroit’s attachment
11. Time — the essence
12. Noise
13. Coastal fiber
14. After tax
15. Capable drama
16. Buddy
17. Yellow
18. Number two
19. Number two
20. Spanish gold

American Red Cross
Zahm, Off-Campus survive in mens’ bracket

By JACK MACLEOD
Sports Writer

Whoever said defense wins championships said it a week early. These were only the semi-finals, but the defense of the Off-Campus Crime hung tough in overtime to allow a dramatic 9-6 victory over the Stanford Studs.

The Off-Campus defense was ferocious against Stanford, laying hits on the famed Stud backfield that could have been heard up in the press box, if there was one.

But they were not just tough, they were also smart. When Stanford tried a fake field goal, a Crime defender was there to bat down the pass.

The Studs’ defense was also tough, forcing the Off-Campus offense to go three and out on at least three possessions. But despite the Crime’s offensive inconsistency, they made the plays they needed to make at crucial points in the game.

Toward the end of the first half, they got the ball on their own thirty yard line with less than two minutes left on the clock. Trailling by a field goal, quarterback Chris Hammond orchestrated a drive with successive passes that positioned the Crime in field goal range. Kicker Mike Marty came in and kicked an important thirty yard field goal which kept Off-Campus in the game.

Although neither team scored in the second half, the offenses played well. The fact that there was not one turnover all game speaks for the polished play of the offenses.

With the score tied at three at the end of regulation, the game went to overtime. Because interhall is played according to high school rules, each team was given four plays from the ten yard line.

Stanford got the ball first and appeared to have passed for a touchdown on their second play, but a conversion attempt was stopped by Off-Campus.

When asked why Lyons was able to win, Layden said, “Our preparation for the game—we were prepared and intense.”

Off-Campus, Lyons to battle for women’s title

By B.J. HOOD
Sports Writer

Lyons used a balanced offensive attack to convert their first two possessions into touchdowns, and the defense took it from there in Lyons’ 14-0 victory.

Lyons quarterback Julie Byrd carried the ball into the endzone for Lyons’ first touchdown, and passed to Jenny Layden for a touchdown on their second drive. Byrd ran in the conversion on both touchdowns.

When asked why Lyons was able to win, Layden said, “Our preparation for the game—we were prepared and intense.”

Off Campus 6, Siegfried 0

The game was dominated by defense and went into overtime. Then it was dominated by Michelle Drury.

Once overtime begins, both teams get four plays to score from the ten yard line.

Off Campus took over and on first down Off Campus quarterback Nikole Neidlinger completed a pass to Drury. After a running play, Neidlinger once again hit Drury for about four yards and the game winning touchdown.