Social space discussion dominates meeting

By FINN PRESSLY
News Writer

Debate over the place of student involvement in allocating campus social space topped the agenda at yesterday's meeting of the Campus Life Council.

A resolution encouraging the Office of Student Affairs to increase the amount of social space on campus and securing student involvement in such improvements was proposed by Matthew Mamak, chairman of the community life committee.

"I'm concerned that if Student Affairs has already recognized this as something they want to look into, why do we need a resolution?" asked Student Union Board manager Ryan Stecz.

Mamak responded that he believes the issue has already been addressed by Student Affairs, and that a resolution from the CLC would formalize their position on the issue.

"It does show our stance as a community body... We want to recognize this as a Campus Life Council," said Mamak.

The next point debated by the council focused on the amount of student involvement in the planning of future campus social space.

"It could be that the current situation and current needs need to keep students involved, and for there to be any value, students always need to be involved," said Father David Shiedler, rector of St. Edward's Hall.

"In this way," the statement said, "you create a dynamic in which the place is associated with work and so your productivity in the latter stages of last night's meeting, Tim FitzSimons (center) voiced concerns about the class registration system and the difficulty of finding open classes.

"It does show our stance as a community... We want to recognize this as a Campus Life Council," said Mamak.

The next point debated by the council focused on the amount of student involvement in the planning of future campus social space.

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"In this way," the statement said, "you create a dynamic in which the place is associated with work and so your productivity..."
Controlling Tuition

Notre Dame's massive endowment now total $21.2 billion. This investment fund has grown 20 percent each of the last three years, apparently providing more money than there is a way to what to do with.

Rather than using the endowment's sizable appreciation immediately for University operations, almost all of this growth is reinvested to fuel further accumulation, leaving tuition increases to cover rising costs.

During the last twelve months, costs of attending Notre Dame rose from $25,000 to $28,700. At the same time, the endowment grew $288 million, and this financial conservatism strongly contrasts the sizable tuition increases confronting Notre Dame students year after year.

The unnecessary fiscal caution of endowment planners constitutes an especially costly decision. It offers no consolation to families who worry alienating the students of today with suffocating costs in the shadow of a richly productive endowment's principle. This is far too high a cost, especially when they collide with the goal of preserving the University's future.

Winning bights. The University's responsible planning may sound attractive to the Class of 2015, but it doesn't provide excellence to families who frighten the University's spending instead of its preserving endowment's principle. It's a choice between productive funded and protected funds.

Rather than using the money between helping students of today or students of tomorrow, future studies. The Investment Office says it fears spending too much money and shrinking the endowment, but in today's era of unprecedented historical and historically bull market capital, the only real tradeoff lies between the money earned and the time spent. The rest was reinvested. Such management is commendable, but not always spent.

Who controls these payout rates and controlling the endowment's spending formula? The Investment Committee of the Notre Dame Board of Trustees—hardly a group noted for its predictability and advancement to students' concerns. "It's not fair to save all of the money for students tomorrow," University vice president for student affairs, said. "It's a tradeoff you have to wrestle with." Shanes the ending.

That grappling match is far too one-sided, however. Notre Dame needs to reconsider its priorities and increase its endowment payout to benefit the campus now. Long term financial responsibility is commendable, but not when planners take such a long view that they sacrifice the immediate duty to ensure a rewarding and affordable education for current students. Notre Dame risks not becoming the institution it hopes to be when alienating the students of today with suffocating costs is the shadow of a richly productive and untapped endowment fund.

The views expressed in the Inside Column are those of the author and not necessarily those of The Observer.

**TODAY'S STAFF**

**News**

Derek Betcher  
Noreen Gallieff  
Malloy Nicholas  
Brian Keeler  
Kathy Ushak  
Eddie Laid

**Scene**

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Liz Pear  
Ben Tkach  
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**INSIDE COLUMN**

Controlling Tuition

ANN ARBOR, Mich.  
Yesterday, as the nation recognized Christopher Columbus' voyage to America, University students walked out of class at 11:45 a.m. and gathered on the Diag to peacefully celebrate Indigenous People's Day.

Student groups such as the Native American Students Association and Alianza hoped to use the event as a springboard for advancing awareness of Native American issues on campus.

Although the rally acknowledged past struggles faced by Native American students, the University was making campus improvements to benefit the more than 220 Native American students in the University community.

Shannon Martin, Native American coordinator for Multi-Ethnic Student Affairs, said students' desire increased Native American awareness at the University stems from student's pride in their culture. "Of the assimilation, has been replaced with a consensus decision to change back," Martin said. "Our parent's generation was raised saying they that the focus of Native Americans. This generation embraces their culture and is trying to rebuild it."

Native American students hope to embrace and learn more about the native culture through developing a Native American Studies Department.

**MICHIGAN**

LARAMIE, Wyo.  
Matthew Shepard died at 1 a.m. Monday morning at Lander Valley Hospital in Lander, Col. from injuries sustained during a beating Wednesday. Shepard, 21, was a University of Wyoming political science major. Russell Henderson, 21, Aaron James McKinney, 22, and Steven Leon Price have been arrested and charged in connection with the murder.

Efforts to control tuition growth stumble when they collide with the goal of preserving the University's principle. This is far too high a cost, especially when they collide with the goal of preserving the University's principle. It's a choice between productive funded and protected funds.

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Industry, technology, architecture inspire art exhibit

Hand-sewing, digital color set apart SMC art displays

By EMILY MCCORMICK

The creative genius of artists Jessica Gondek and Margery Amdur are now on display in Saint Mary's Little Theatre Gallery.

Their exhibits, featuring computer-aided work and interactive sculpture, opened Oct. 9 and runs until Nov. 6.

Gondek's exhibit, "Memory, Machines and Modern Life," was inspired by industry, technology and architecture. Living in the industrial cities of Chicago, St. Louis and Pittsburgh influenced her interest in mechanical artistry, she said. Her works have a strong visual appeal executed by use of color, line and texture, aided by her use of computers to generate images of geometry and technology.

Gondek's work is intensive in the mediums of painting, drawing and print-making. While there are many vibrant colors in Gondek's latest piece, her earlier paintings were mainly done in earth tones.

"I was afraid of color, initially," she said. Her use of computer allowed her to experiment with a vibrant pallet of digital colors.

The computer became part of her work when she lived in rural Texas. Gondek said, that because the area was rural, she had to reinvent her source.

"The dialogue with the computer has become integral to my work," she said, adding that the computer links she uses are comparable to water colors, but with available technology she can execute fine art painting with an industrial printing process.

"I am interested in using the computer as a means," she said.

The second exhibit on display in the Hammers Gallery, Amdur's "Threads of Continuity" with a vibrant pallet of digital colors.

Amdur's work is a reflection on the past, looking to the future. "The past is symbolic of something important, for example, because it represents the ghost of what the viewer knows," she explained.

"Amdur's display design represents a visual appeal, it is a catch-22 — it raises the question of what is wrong with this picture," she explained.

With the academic year finally in full gear, the state of students' self-esteem is a question because the stress of school affects almost everyone and many students hope for success in the classroom to boost their self-image.

"Managing your time and effort into a paper or project and receiving a good grade really helps build [your] self-esteem," Chafe explains.

"It is not of feelings without cause, but of certain knowledge about yourself. It rests on the conviction that you — by your choices, efforts and actions — have made yourself into the kind of person able to deal with reality," he explained.

"The roses have a visual appeal for many, but an understanding of art and art history is helpful to get the meaning in my art," she said, referring in part to the heavy symbolism in her work.

The neutral tone in her work is symbolically important, for example, because it represents the ghost of what the viewer knows.

"I am interested in using the computer as a means," she said, referring in part to the "Holy Cross Mission Seminar in Phoenix: Andre House Immersion Of the bread, and we know each other in the breaking of the bread, and we are not alone anymore.'" —Dorothy Day

Self-esteem an issue for stressed-out students

By MAUREEN SMITHE

With the academic year fully in full gear, the state of students' self-esteem is a question because the stress of school affects almost everyone and many students hope for success in the classroom to boost their self-image.

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The St. Vincent de Paul Society's mission is to put faith into action by loving and serving as Jesus did. Come and see how you can join in this mission!
Stress
continued from page 1

increased.

A third method is to become
process-oriented.

"Observing about what might happen to your GPA takes away from your focus on showing what you know in every question on a specific test," the announce-
mements said.

The third method, dealing with academic setbacks, recommends students not focus on errors they have made, rather to learn from the mistake.

"If you do [focus on your mis-
take], you end up unconsciously rehearsing the error over and over," the statement warned.

"Instead of recounting the fut-
ure, say how it can be successful-
ly done the next time," it contin­
ued.

Lastly the statement advises students on dealing with anxiety contagion.

"When you are surrounded by people who are preparing for exams or papers, such as during midterms or finals," the announcement said.

"Excessive anxiety can spread like wildfire in the dorm or the department. What happens is students become anxious not because they need to be, but because everybody else is anx-

tious.

"I really enjoy working with
the kids," Chambliss said. "I enjoy the opportunity to instill proper qualities that [child-
ren] need to have later on in life, such as self-esteem."

Chambliss adds that he cherishes his work as a casting
director because it gives him the opportunity to give new careers to people who otherwise might not have been exposed to acting.

"There's an awful lot of [overlooked] talent in the Mid-
west," Chambliss said, noting the lack of enthusiasm among local talent agencies to forward the careers of many potential actors.

Chambliss also hopes that his productions will be diverse and send a meaningful mes-
"The third method, dealing with needs to have later on in life, such as self-esteem."
Satellite to join asteroid orbit

MADISON

A small satellite launched more than two years ago is just weeks from becoming the first manmade object to be placed into an orbit around a distant asteroid, researchers said Monday. The Near Earth Asteroid Rendezvous, or NEAR, spacecraft will fire rockets on the 20-september mission to an asteroid called Eros that is streaking around the sun at nearly 200,000 miles per hour.

Movie star shoots rare buck

NEW DELHI

One of India's most popular movie stars was arrested Wednesday night, accused of shooting rare antelope during a break from filming in a wildlife preserve.

Da Vinci work returns home

ROME

A Leonardo da Vinci painting is finally returning home to Italy next week, after nearly 200 years in Poland. "Lady with Ermine," painted around 1490, will go on display in Florence Monday.

Students plea for school improvements

PARIS

Angered by classroom overcrowding -- although as many as 10,000 demonstrators in Paris, 8,000 in Bordeaux and 7,000 in Toulouse.

Amendment passed Monday, and sent to the Senate. The administration supports the measure, which the House passed 416-0 in June.

The group that Allegre has already announced the creation of 3,000 student jobs. Allegre is constrained by the Socialist Prime Minister Lionel Jospin's determination to keep the budget deficit under 3 percent of the gross domestic product, as required by the euro single currency that takes effect at the end of the year.

House affirms landmark Internet bill, hopes to stop sex criminals on Web

WASHINGTON

Pedophiles who find victims on the Internet would face new and increased penalties under a bill the House passed Monday and sent to the Senate.

The administration supports the measure, which the House endorsed 416-0 in June. The administration supports the measure, which the House endorsed 416-0 in June.

Lawmakers said use of the Internet by more than 10 million children has opened a new window through which pedophiles can target children anonymously.

"Sex offenders who prey on children no longer need to have sex in parks or malls or school yards," said Rep. Aaa Hutchinson, R-Ark. "Instead they can roam from Web site to chat room seeking victims with little risk of detection."

"These predators think that they can hide behind the faceless, voiceless world of the Internet, " said Rep. Jennifer Dunn, R-Wash., a co-author of the legislation. "Make no mistake: they are wrong."

The House originally passed the bill 416-0 in June. The Senate amended it last week by deleting a provision for mandatory life imprisonment for certain serial rapists.

The category of crimes that the Senate and the White House are defining as sex crimes under the new legislation would include:

- York for persuading a minor to engage in prostitution.
- Allow federal investigations of child kidnapping cases to begin immediately.
- Increase from 10 to 15 years the maximum penalty for transporting a minor across state lines for sexual activity.
- Prohibit unsupervised access to the Internet by federal prisoners, encourage state officials to take similar steps and require the U.S. attorney general to survey state policies.

These predators think that they can hide behind the faceless, voiceless world of the Internet, " said Rep. Jennifer Dunn, R-Wash., a co-author of the legislation, with Rep. Bill McCollum, R-Fla. "Make no mistake: they are wrong."

The House originally passed the bill 416-0 in June. The Senate amended it last week by deleting a provision for mandatory life imprisonment for certain serial rapists. Hutchinson said.

The Senate also eliminated a three-year minimum term for anyone using a computer to entice or coerce a minor to engage in illegal sexual activity, the congressman said.

Students from across France began protesting yesterday for educational reforms.

Young French students took to the streets in several French cities Monday to demand that the leftist government hire more teachers and buy more equipment.
Group raises bounty for Rushdie’s death

Associated Press

TEHRAN, Iran

An Iranian foundation has raised its reward for killing Salman Rushdie to $2.8 million, firing its first shot at efforts by Iran’s moderate president to distance his government from the bounty.

The move by the head of the Khordad Foundation was a striking show of the dissent within Iran’s fractured government between hard-liners and moderates.

President Mohammad Khatami has been trying to improve relations with the West since he took office last year. His government said last month that it was distancing itself from the reward for the author’s death.

“I, as the head of the Khordad Foundation, add $300,000 to the reward for implementing the edict,” Ayatollah Hassan Saneii was quoted as saying. The semi-official foundation initially offered $2.5 million to anyone who killed Rushdie, a British citizen.
We are Called to Restrain the Media

For the past weeks, the focus in America and all over the world has been on President Clinton and the release of his videotapes from his grand jury testimony. Originally, I felt that public interest in Clinton’s affair was purely prurient, and I therefore refused to watch the telecasts.

Brittany Morehouse

in a rather quiet but nevertheless deliberate form of personal protest. However, since a week ago Monday, I have come to realize that the issues that this problem raises shall not be denied, must be addressed, and will be debated perhaps at three basic conclusions.

First, there is a fine distinction, which must be honored, between necessary and extraneous details. Lines of questioning which include level of emotional commitment to one another and details of sexual conduct do not address specific evidence that will help determine whether a law has been broken. Rather, these are tangential questions asked by prurient interrogators. The Office of the President raises shall not be denied, must be honored, between necessary and extraneous details. Lines of questioning which include level of emotional commitment to one another and details of sexual conduct do not address specific evidence that will help determine whether a law has been broken. Rather, these are tangential questions asked by prurient interrogators. The Office of the President must be held accountable in its singular role, and corrupts America. As ND London Lowery argued that “the Clinton scandal is not really about Monica Lewinsky, this is not about sex.” Not true. Sex sells and the media exploits it. Do you remember when 90210 was about failing tests, lying to parents and stealing each other’s boyfriends? In more recent episodes, Valerie was raped by her father and is ready to have an affair with her mother’s boyfriend. Did I miss something? This is a quantum leap in plot content. “Sexcapades” seem to be the only thing that keeps people interested these days. The media’s drive to make every-thing an extremely dramatic soap opera and the public’s insatiable desire for additional juicy details only cheapens and corrupts America. As ND London correspondent, Laura Petelle, observed, “the scandal has pushed some of the worst aspects of American culture into the European living room; it’s obsession with sex, its false modesty and prudery when confronted with this obsession and its litigiousness.” Lewinsky’s descriptions and confessions about Clinton’s “sexual soulmate” are irrelevant to an investigation of Clinton’s alleged obstruction of justice. It is no wonder that England columnists label our nation as one that “produces enough pornography to wallpaper the places.” Finally, the combination of having rarely watched the film "Wag the Dog" with the explosion of this entire Clinton ruckus has led me to believe that where politicians abide, anything is possible. I wonder if this Clinton Caper has been similarly orchestrated. Last Wednesday, polls indicated that Clinton’s ratings.

The beat

I am in no way justifying Clinton’s actions. I believe his position as President provides a powerful example and unprecedented opportunity to role model across the globe. As such, I wish he would exhibit mature and honorable morality.

However, it is no secret that political figures have resorted their power to gain sexual favor for generations. In this, Clinton seems no different than anyone else, except that it happened in a social setting where the “look the other way” attitude of previous eras has been replaced by a “tell me everything juicy” and personal, People Magazine-like mentality. As Patrick Pierce, associate professor of political science at St. Mary’s, observed, “not only don’t we need the detailed information in the Starr Report, but I think none of it is important for the public to know.”

In the Sept. 28 Observer, Ms. Ashley Lowery argued that “the Clinton scandal is not really about Monica Lewinsky, this is not about sex.” Not true. Sex sells and the media exploits it. Do you remember when 90210 was about failing tests, lying to parents and stealing each other’s boyfriends? In more recent episodes, Valerie was raped by her father and is ready to have an affair with her mother’s boyfriend. Did I miss something? This is a quantum leap in plot content. “Sexcapades” seem to be the only thing that keeps people interested these days. The media’s drive to make everything an extremely dramatic soap opera and the public’s insatiable desire for additional juicy details only cheapens and corrupts America. As ND London correspondent, Laura Petelle, observed, “the scandal has pushed some of the worst aspects of American culture into the European living room; it’s obsession with sex, its false modesty and prudery when confronted with this obsession and its litigiousness.” Lewinsky’s descriptions and confessions about Clinton’s actions.

After having fallen from 76 percent to 60 percent in September, took a significant leap to 69 percent approval.

What if Clinton, ever the maestro of spin, foresaw this? Suppose Clinton and his “Spin Doctors”, anticipating that the truth would be revealed eventually, held out in their cooperation of the Starr investigation to the point of public exhaustion? It is entirely possible they calculated that the grueful details, once revealed, would come after so much relentless pursuit in a ruthless game of party politics, the public would feel sympathy for the badgered President. It has been A Great Hunt, really, and Americans tend to sympathize more with the fox than the hound whenever the chaser is an. Indeed, the Republican approval ratings have gone down. Wag the Dog is improbable, you say, but impossible, I venture. So, what we have here is an American

debacle. There are many warnings and great foreshadowing to be pondered. Which direction do we want our country to take? Do we want to dismantle the distinction between the right to privacy and duty to public confession? It seems that the Clinton mess has served a warning to be mindful of the difference between what is proper and necessary for the public to know and what is appropriate and honorable for us to ask a public servant to divulge. The media, too, must be held accountable in its singular pursuit of scandalous sex, lies, and videotapes. How can we influence the media to take another direction? Do personal protests such as my refusal to watch the videotapes mean anything? How can we influence congressional representatives to take the stance that confessions are best left to the clergy, while legal investigations are a different type of questioning altogether? And, finally, how can we prevent politicians from spinning truth in such a way that we are unanimously suspicious of having been duped, used, tricked with and manipulat-ed?

The bottom line: we must conduct ourselves with pride; set a new course of respect and restraint in the media, and demand an honorable approach to governing from our elected leaders. The honor of a new generation lies within each and every one of us. We do not have to be led where we do not want to go.

Brittany Morehouse is a sophomore English and American studies major. She is a former Zahm Hall resident who is currently homeless and can be found wandering about campus sporting Zimbabwe Indian attire. The Tribe folks can be reached at morehouse.1@nd.edu.

The views presented in this column are those of the author and not necessarily those of The Observer.
Be Not Afraid, The Truth Will Set You Free

Martin Luther King, Jr. said, "We must combine the toughness of the serpent and the meekness of the dove; a tough mind and a tender heart." This statement was originally intended as a guide for individuals in living their lives with reason, responsibility, and compassion. It is often quoted as an example of the importance of developing both courage and compassion in our actions.

Homosexuals and everyone else are protected from the kind of harassment that we all agree is deplorable. Let us follow the mandate of the Pope — "Be not afraid!" Instead of engaging in secular political protests, we should unite under the guidance of the mother church, with humility and yes, DOSTICIT — a willingness to be taught.

Fidelity to our religious traditions will bring us all closer to holiness. Vatican II teaches that all Catholics, lay or otherwise, are called to Saintthood. We have a mandate not only to perfect our own souls, but to also evangelize, which is the essence of Tertio Millennio Adveniente. In order to achieve this holiness, we must begin lives of prayer, especially physically walking with Christ. This means that the discord and division that is caused by intolerance, pointless political activism and the laicization, which is the essence of the "social orientation," must be abandoned to cover the realm of public discourse as well. Through the application of the reason, responsibility, and compassion advocated by King's view, we may come to a more enlightened, and relevant public discourse, as opposed to the current sensationalism and malvolent antagonism that has characterized the forum for some time now.

In midweek, the PSA was attacked everywhere from The Observer, to Right Reason, to the halls of form bathrooms in dormitories.

"Eleven Variations that the Views expressed in this column are those of the author and not necessarily those of The Observer."

There is a fine line between bit- ing, poignant, civil commentary in a disrespectful banter. It can sometimes be hard to distinguish, and in these cases we must set aside politics and examine the nature of the comment to determine if its goal is responsible, or if it is simply promoting civil discourse.

Much of what passes for public discourse these days is simply trash. Political talk shows on MSNBC and CNN, and radio shows such as those of Rush Limbaugh have replaced civil discourse, as opposed to the current sensationalism and malvolent antagonism that has characterized the forum for some time now.

Paul Ranogajec

A Call For "Civil Re-Engineering" in America's Political Discourse

The nation's political discourse is in shambles, according to the successes of many of those of Rush Limbaugh, and of CNN, and radio shows such as those of Rush Limbaugh have replaced civil discourse, as opposed to the current sensationalism and malvolent antagonism that has characterized the forum for some time now.

In trying to move public discourse into the realm of civility, it would do us all well to read the speeches of Martin Luther King, Jr., of John F. Kennedy, and of Thomas Jefferson, to name just a few masters of the form. The manner of discourse utilized by these men is the epitome of civility. Though we may not be as articulate as they were, we can certainly learn valuable lessons from the methods and in what they said as well as how they said it was said.

Thanks to Professor Manier for his guidance.

Paul Ranogajec is a freshman living in Morrissey.

The views expressed in this column are those of the author and not necessarily those of The Observer.
Student Senate Justified in Passing Bradley Welcoming Letter

I am writing in response to the Oct. 6 letter by Notre Dame/St. Mary’s Right to Life criticizing the Student Senate for ignoring them during our discussion of a welcoming letter to Senator Bradley at our meeting last week. There are serious charges being brought against the body charged with representing the undergraduate student voice in the University. After lengthy consideration, the Senate submitted its resolution directly to the Academic Council, where the Senate Officers voted against making any change.

I fully believe that everyone has the right to their own opinion. However, when an opinion becomes a source of misinformation, then there’s a problem. There is one part in Edward Lull’s article “The PSA, the Student Senate and the Blind Pursuit of Rights” that I find falls into the latter category and hope that I may be able to set some things straight.

Towards the end of his article, Lull mentions recent events in the Student Senate and my role within them. He is correct in saying that I co-wrote the non-discrimination clause resolution that was just passed last week. However, he fails to mention that the other author is the one he holds in such high esteem — Spencer Stefko. Moreover, the clause I presented to the senate was not identical to a clause the senate had passed just a year and a half ago. The only changes made consisted of fine-tuning grammar usage and a redirection of the focus of the resolution (to the academic council instead of the officers of the university). That’s it.

Furthermore, he misquotes me during the debate on This topic (as did Tim Logan in his article a week ago) as saying, “it seems like common sense.” What I actually said was that “for me it seems like common sense.” I am fully aware that what seems like common sense to me does not to most people; hence, the qualification.

I try very hard to be open-minded and fair to all people. I do not feel as though Lull was fair to my office as Lewis hall senator in his article. I do not proprietary my own agenda in senate — I ask my dorm what they think of certain issues and vote accordingly. I am not the PSA’s senator, but Lewis Hall’s. I think that’s an imperative distinction to make.

However, I cannot help but be delighted that Lull thinks that the PSA is influential enough to persuade Senate (one of the most powerful forums for the student’s voice on campus) into voting for Bradley’s letter and the non-discrimination clause.

Have we really come this far in less than seven months? or is this simply trying to both ignore and trivialize the inevitable? Students on this campus are becoming more aware and active — whether that has anything to do with the PSA or not, I don’t know, but heck — we’ll take credit for it.

Sophie Fortin
Student Senator, Lewis Hall
October 8, 1998

Correction of Error in Article on Non-discrimination Clause

In the Observer’s front-page coverage of last week’s Academic Council meeting regarding the non-discrimination clause issue, you included a box containing the “Recent History of Sexual Orientation at ND.” The box contains one error, namely, that the Faculty Senate originally passed its resolution calling for the addition of sexual orientation in the non-discrimination clause in May 1998. The resolution was originally passed in May 1996, not 1998. Your error is understandable, however. In the first instance, the Senate submitted its resolution directly to the Officers of the University. After lengthy consideration, the Officers voted against making any change. Therefore, in May 1996 the Faculty Senate reaffirmed its May 1996 resolution and submitted it this time to the Academic Council, where the Senate has the right of agenda. I was chair of the Faculty Senate when the resolution was first passed in May 1996. I supported the resolution then and continue to support it today, as a member of the Academic Council.

Rev. Richard P. McBrien
Crosley-O’Boyle-Walsh Professor of Theology
October 12, 1998

Mad as hell and not taking it anymore? Talk to us.
Observer. Viewpoint. I@nd.edu
Maximizing Academic Performance

The University Counseling Center is pleased to introduce the first in a series of monthly columns which will offer you new perspectives on enhancing your academic life and your personal growth.

When you were in grade school or high school, did any of your teachers spend any class time on improving your skills in maintaining concentration, memorizing, or dealing with the anxiety which normally occurs with tests and papers? Many students have never been taught how to improve their studying techniques. The emphasis in academic training is typically on how much content you have learned, not on improving your ability to learn and improving your academic performance. The assumption is that your ability to concentrate and create is set and cannot be improved. Successful athletes, however, never make this assumption.

It is widely acknowledged that one’s physical performance in a sport can be enhanced or hampered by one’s mental performance or attitude. That is, if an athlete anticipates that he or she will not do well in an event, that pessimistic attitude can harm performance even if he or she is in the best physical condition compared to the other athletes. Successful athletes, therefore, take the time to prepare themselves mentally by having “dress rehearsals” and preparation rituals which get them ready to focus on doing their best in the sport.

In academics, however, not many realize that one’s mental attitude makes a difference in academic performance. Many students (and faculty!) will not work on improving their productivity by working on the way that they think or work rather than focusing only on how much time they are putting into the work.

For instance, many students engage in the fallacy of thinking that the quality of one’s work on tests and papers is a function only of amount of time and effort spent—the more time I put in, the better the grade. The more likely my work will be published, etc. But apply what we know from athletes. If a person said, “I am preparing for a long distance running event in the Olympics and I am doing this by running 14 hours a day,” we would say something like, “That’s stupid! Your body will fall apart way before the Olympics because you are not taking time to rest, eat well, and do other things your body will need to last in a marathon.”

Yet such thinking is common in the academic world. It is as if we believe the mind is not really connected to the body. The mind is thought to be in this timeless realm and it does not really matter what is done to the body in order to get the mind to think more. It is a belief that the brain is not fresh and therefore it can be cheated of sleep and good food and still be expected to perform well.

Over the last few years the University Counseling Center has conducted workshops for students, particularly graduate students, on maximizing academic performance by discussing techniques to improve the way students do their academic work. Many participants have used techniques from sport psychology used to train elite athletes. Here are a number of techniques which have been some of the favorites of past workshop participants:

Get your body ready to do your work. Eat a good breakfast. Exercise regularly. Know the difference betweenathletes who anticipate they will do well and those who do not. This helps because it allows you to focus on showing what you know in every question.

The race is over. The record was broken. Baseball fans everywhere cheered wildly as Mark McGwire of the St. Louis Cardinals smoked Roger Maris’s 1961 home run record into oblivion. But this historic achievement was not without controversy. During a news conference in late August, McGwire admitted to the use of performance-enhancing drugs, namely, the dietary supplement, creatine.

The molecular bonds between phosphate and adenosine arc loaded with energy and when a bond is broken, the result is adenosine diphosphate, which must be restored to a form the muscles can use as an energy source. Creatine, stored in the muscles as phosphocreatine, facilitates this restoration. The more of the compound in the cell, the more energy it can release. Thus, saturating the muscle cells with creatine should enhance the first in a series of monthly columns which will offer you new perspectives on enhancing your academic life and your personal growth.

The intent of this series of articles is not to provide counseling but to provide information on mental health topics. To seek help with individual concerns, please contact the University Counseling Center at 631-7336 to schedule an appointment.
The real facts on creatine consumption can only be found in scientific literature, not in scientific or medical literature. Therefore, most theories about adverse effects contain no physiological basis.

According to research and clinical studies, short-term supplementation is effective in increasing high-intensity, repetitive-exercise performance. It promotes greater gains in strength, fat-free mass and sprint performance.

The bottom line is, yes, research on the long-term effects of creatine supplementation seems insufficient. This uncertainty does cause some concern. But, current studies indicate no medical risk its usage.

With such conflicting messages, where does the truth lie? The real facts on creatine consumption can only be found in scientific literature, not in reports or speculation and at the present moment, NO side effects have been reported in scientific or medical literature. Therefore, most theories about adverse effects contain no physiological basis.

According to research and clinical studies, short-term supplementation is effective in increasing high-intensity, repetitive-exercise performance. It promotes greater gains in strength, fat-free mass and sprint performance.

The bottom line is, yes, research on the long-term effects of creatine supplementation seems insufficient. This uncertainty does cause some concern. But, current studies indicate no medical risk its usage.

In purchasing creatine, as with any supplement, select a reputable brand. Although prices vary greatly, creatine is relatively inexpensive. So a "bargain" may not be a bargain at all. Next, be sure that the container says "pure," in order to avoid ingesting unknown and possibly harmful ingredients. And, finally, follow the directions for dosage on the container carefully. Over doing it will not only be wasteful, but could be harmful as well.

Dinkin: what's best for you?

Alcohol & Drug Help Columns

Q. What is normal drinking, and what is “too much”?

A. First of all, let me say that “too much” varies by the person. Although there are standard definitions of high-risk or binge drinking, any level of drinking can be “too much” if you are experiencing a growing sense of unease about your drinking habits. If you ever drink more than you intended to drink, that’s a drinking problem.

It may be time to take a second look if alcohol causes problems such as fighting, injury, unprotected or unplanned sex or even forgetfulness about the who, what, when, where or why of your life.

Here’s a guideline. Generally, binge or high-risk drinking is defined as four or more drinks on one or more occasion over a two week period for men and three or more for women. Factors of weight and the speed with which the alcohol is consumed are also important. A drink is defined as a 12-ounce beer, 4 ounces of wine, a 12-ounce wine cooler or a 1-ounce shot of liquor (whether straight or in a mixed drink).

Although college is a community where students often drink far more than these standards, there’s no magical law of nature that exempts college students from the effects of alcohol. On the other hand, there’s no magical law of nature that says college students have to drink at all.

“I’ll just drink while I’m here for four years and then I’ll stop” is a common notion, but it is not necessarily that simple. College habits are hard to break. There is also the factor of people who come from an alcoholic background and for whom any drinking may be too much.

So whether your alcohol consumption is “high-risk” or merely “at risk” (14 drinks per week for a man; 7 for a woman), college is a good time to take an honest look at your habits and to get help if you feel out of control.

Q. College is about partying. How do I fit in if drinking is not my thing?

A. Many people know how to drink responsibly or not at all and are still thought of as “fun” people. It is not an all-or-nothing proposition. These people who make it clear their personal decisions about alcohol aren’t just tolerated. They are respected. If you want to be part of the party without going home drunk, try these tricks:

Avoid drinking games where the sole point is to get drunk fast. Chances are you’ll notice someone else who’s not playing or who’s sitting out a few rounds. Maybe you can hang out together for a while. He or she may be the most interesting person there.

Slow down. Drink to enjoy the taste. Maybe you can become the resident connoisseur, refusing to drink anything but the “good stuff.” Try alternately with non-alcoholic beverages. Nurse a soda all night to keep something in your hand; you’ll be less likely to reach for a beer. People are too busy with their own drinking to notice what or how much you drink.

Eat before you go and also at the party. Alcohol gets absorbed more quickly if you’ve got food in your stomach — a good excuse to eat some high-fat calories!

It’s best to go to a party with a plan — for example, “I’ll have two drinks and then switch to soda,” or “I’ll have a ‘buddy system’ with a friend to hold each other accountable to stay in control.”

College can include lots of drinking; some drinking or no drinking at all. Just make sure you are doing what you want to do and not what you think college students are supposed to do. Real friends will respect you for who you are not for how often you get loaded.

You can always ask for help in figuring out what’s right for you, given your family history, values, temperament and goals. It’s as easy as a phone call.

These columns are provided by the Lowe Family Foundation and the University of Notre Dame Office of Alcohol and Drug Education. Contact LFF at kapetel1@ibm.net for comments, questions or more information.
Weasels win battle of unbeaten Pasquerillas

By MIKE CONNOLLY
Sports Writer

The West was best on Sunday in the undefeated Purple Weasels' 13-12 victory over the undefeated Paquerilla East. The two teams met for the first time in the history of Notre Dame's ODYSSEY OF THE MIND program.

The Weasels were led by their powerful defense, which forced five turnovers and held Paquerilla East to just 13 points. The offense, led by quarterback Liza Rodriguez, scored 12 points on a 55-yard touchdown pass and a 7-yard touchdown pass. The PAT failed and the score remained 13-12.

The Weasels will now move on to the semifinals, where they will face the undefeated Purple Pyros. The Pyros were led by quarterback Elizabeth Plummer, who completed all three of her passes and rushed for 12 yards to lead the Pyros to a 13-12 victory over the undefeated Purple Pyros.

The Pyros' defense held Paquerilla East to just 13 points, and the offense was led by quarterback Elizabeth Plummer, who completed all three of her passes and rushed for 12 yards to lead the Pyros to a 13-12 victory over the undefeated Purple Pyros.

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The Irish had a chance to run on this year's National Championship course at the Rim Rock Farm.

Irish

continued from page 20

placed 89th, 90th and 112th respectively.

Head coach Joe Piane indicated that the bid to the NCAA Championships was one of the top priorities of the weekend.

"We mildly helped ourselves," said Piane. "There were a few teams that should get automatic bids that we did beat, but there are some above us that we also needed to defeat. The goal of the meet was to improve our status on a bid to the NCAA Championships. We didn't get the job done."

One of the positives the team can take from the meet is that it is now familiar with the National Championship course at the Rim Rock Farm.

"The course is difficult, but that is not an excuse," Piane said. "We should have been ready to run and, for whatever reason, we were not. This puts more pressure on a good performance at the Big East and District Championships."

"We know there is room for improvement," Maxwell said. "We have seen the course and know what to do next time."

The ultimate measure of the season will be whether Notre Dame can make its big run when it is needed. The team from last weekend will get this weekend off while the men's B team and the women's A team compete in the Central Collegiate Championships at Kalamazoo, Michigan.

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Pledge forms will be mailed this week.

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Kellogg Institute

Latin American Film Series

Tucker's homer gives Atlanta comeback win

Associated Press

SAN DIEGO

Michael Tucker and the Atlanta Braves did what they had to do to stay alive in the NL championship series, staging a stunning comeback against no less than Kevin Brown.

With the Padres just five outs away from reaching the World Series for the first time in 14 years, manager Bruce Bochy's strategy to bring on Braves-killer Brown blew up when Tucker hit a go-ahead, three-run homer that sent Atlanta to a 7-4 win Monday night in Game 5.

Bochy's move looked good in the seventh, when Brown came on with a 4-2 lead, a runner on and no outs and retired the side, but now it will be heavily questioned.

Tucker's homer highlighted a five-run rally in the eighth that made it 7-4. Tucker drove in all three runs in the first five runs.

Pinch-hitter Greg Myers hit a two-run homer in the ninth off Braves reliever Kerry Ligtenberg, and then Atlanta manager Bobby Cox made his own unusual move — bringing in fourth Cy Young winner Greg Maddux from the bullpen.

Maddux, who had not relieved since 1987, closed for the first save of his pro career.

The ultimate measure of the season will be whether Notre Dame can make its big run when it is needed. The team from last weekend will get this weekend off while the men's B team and the women's A team compete in the Central Collegiate Championships at Kalamazoo, Michigan.

Thursday night, Maddux is scheduled to start.

Brown didn't look nearly as sharp as he did when he won 3-0 on a three-hitter Thursday night in Atlanta. He walked Ryan Klesko leading off the eighth and Tony Lopez reached on an infield single. With one out, Tucker lined a 3-2 pitch over the right-field fence to give Atlanta a 5-4 lead.

With the crowd of 28,988 sitting stunned, Tucker, who finished with five RBIs, pumped his fist as he rounded first and looked at the spot where the ball landed, but he really did it against Brown.

The Braves added two more runs off reliever Donnie Wall, keyed by Tony Gwynn's double.

Tucker was booted when he came in to bat in the ninth.

The Padres were nine outs from clinching the pennant Sunday night when Atlanta rallied for six runs, capped by Andres Galarraga's grand slam in the seventh, to win 8-3.

Ken Caminiti of San Diego's 50-homer team and John Vander Wal hit clutch two-out, two-run homers off John Smoltz, whose 11 postseason wins are the most ever.

Andres Galarraga's grand slam from clinching the pennant to his 50th home run this season came in the sixth for a 7-6 win Monday night in Atlanta. He walked with two outs in the sixth for a 4-2 load.

Vander Wal hit clutch two-out, two-run homers off Smoltz, whose 11 postseason wins are the most ever.

This film tells the story of Maria, a young woman who marries the enigmatic Andres Galarraga, one of Latin America's great stars. The story begins in the moments before Andres' wedding to confess that they are not living alone in their new home. Soon Maria realizes how little she knows about her husband. The climate of secrets that comes to fill the house creates a tense, dramatic climax. Directed by Leopoldo Torre Nilsson, one of the masters of Latin American cinema.

In Spanish with English subtitles.

The Braves still may have to beat Brown, who pitched a shutout in Game 2, one more time. He had been scheduled to pitch Game 6 Wednesday against Tom Glavine, but Maddux's appearance in Game 5 made it unnecessary.

Either way, Atlanta already has made history. No team that trailed a seven-game series 3-0 had ever come back to win two games.

If Game 7 is needed...
Jim Leyland on Monday named hitting coach Clint Hurdle.

Bullpen coach Lorenzo Bundy, third base coach Rich Donnelly, bench coach Bruce kimm, pitching coach Mill May and first base coach Tommy Sundt will join Hurdle on the staff.

The five former Marlins coaches replace pitching coach Frank Funk, third base coach Gene Glynn, bullpen coach Bill Hayes and bench coach Jackie Moore.

Hurdle will return for his third season as the Rockies' hitting instructor.

Last season, he also served as first base coach.

The Rockies set a National League record with 239 home runs in 1998, the highest average by an NL team since the 1939 St. Louis Cardinals.

Leyland, a former NL manager of the year, replaced Don Baylor, the only manager the Rockies had in their first six years of existence. Baylor was fired after a 77-82 season.

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Campus Ministry This Week

Tuesday, October 13, 7:00-8:30 pm. Badin Hall Chapel

Campus Bible Study

Thursday, October 15. South Dining Hall

Hunger Display for World Food Day
Sponsored by World Hunger Coalition

Freshman Retreat #19 (November 13-14) Sign-Up
Starts October 26
103 Hesburgh Library, 112 Badin Hall, or see your Rector
Target Dorms: Farley, Fisher, Howard, Keenan, Keough, O'Neill, Pasquerilla West, St. Edward's and Walsh
Don't wait until the deadline- November 9!

Exposition of the Blessed Sacrament
Monday, 11:30 pm until Tuesday, 10:00 pm
St. Paul's Chapel, Fisher Hall
Fridays, 12:00 noon until 4:45 pm.
Lady Chapel, Basilica of the Sacred Heart

Notre Dame Celebration Choir Rehearsals
Wednesdays, 8:00-9:30 pm. Earth/Science, Rm. 102
The newest choir on campus, offers a spiritual, diverse musical alternative to those who would like to participate in the music ministry at Notre Dame, drawing from a rich variety of contemporary, folk, gospel, Taize prayer and traditional sacred music. For details, contact Karen Schneider-Kirner, 631-9326.

Emmaus
Looking for an exciting place to explore and share your faith with others? Look no further. Emmaus is here. For more information on joining a small faith sharing community in our Emmaus program contact Tami Schmitz at 631-3016.
IT'S 9:42 A.M., AND YOU'VE ALREADY BEEN TO BOSTON, BEIJING AND BERLIN.

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For University of Notre Dame students:
MERRILL LYNCH will be on campus for a corporate presentation on Wednesday, October 14, 1998 at 7:00 PM in the Joyce Center-Monogram Room

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CLEAR AND SIMPLE
Van Training before Fall Break in order to drive for the Tuesday, October 13, 1998 The Observer • penalized a lot, which " put an to work on tim ing on the offen­ continued from page 20

NDLGS Group Advisors: Fr. Tom Gaughan, C.S.C
For time and location of meeting, call: 1-8041

Morrissey finds out its first-round opponent after all games have been completed on Wednesday.

Morrissey0: While the Morrissey game was characterized by teams with identical playoff records and postseason hopes, the game between Sorin and O'Neill pitited two teams on opposite ends of the football spectrum against each other. Sorin came into Sunday's action sporting a 3-0 record with a playoff position secure. O'Neill brought an 0-3 record to the field and dreams of the postseason were already dispelled. The two teams continued on their previous trends, with Sorin winning 14-0, improving its record to 4-0 and dropping O'Neill to 0-4. Sorin set the tone for the entire game when it "marched down the field" and scored on its first drive, according to O'Neill captain junior Jim Rosenbach. This execution was character­istic of the "really fine-tuned offense" that Rosenbach said he and his teammates encountered all game long. In the O'Neill effort, freshman cornerback Matt Schaeffer led the defense by grabbing an interception. Freshman quarterback Kevin

The National Football League

Leaf fighting to keep starting job

Associated Press

SANDIPO

For the first time this season, the starting status of San Diego Chargers quarterback Ryan Leaf remained in question as coach Kevin Gilbride on Monday put off a decision on the prized rookie.

Gilbride said a choice between Leaf, the No. 2 pick in this year's draft, and reserve quarterback Craig Whelihan will be made by Wednesday. The Chargers play the Philadelphia Eagles on Sunday in San Diego.

Leaf had three interceptions last Sunday before he was pulled in the third quarter in favor of Whelihan. San Diego lost 7-6 to the Oakland Raiders, who scored with 1:28 left to hand the Chargers (2-4) their fourth straight loss. Leaf has thrown 12 intercep­tions and lost three fumbles this season. "We certainly have to get bet­ter play from the quarterback position," Gilbride said Monday. "It's a problem now figuring out how to do that. We're just trying to see who gives us the best chance to win." Leaf was 7-of-28 for 78 yards against the Raiders while the Chargers settled for two field goals. There have been only five San Diego touchdowns this season, two on passes by Leaf and Whelihan. "I thought we'd be more effective throwing the ball, I really did," Gilbride said. "There's no reason for us not to be. There were a couple of chances (Sunday) for big plays and that's all the game was looking for."

Gilbride said part of the deci­sion of whom will start Sunday rests on whether Leaf will gain from learning the game in a backup role. But the rookie expressed lit­tle benefits from being sidelined. "You get enough mental rep­lications as it is," Leaf said. "But you have to feel it coming at you, making the reads and learning to make the throws. You don't learn by watching someone else do it. But it's not my decision to make."

Leaf, who was designated the starter to open the exhibition season, is 64-of-145 (44.1 per­cent) for 806 yards. "I'm just going to prepare like I'm starter until I hear oth­erwise," Leaf said. "That's what­ever the coach's decision, that's the way we're going to do it." Whelihan lost all seven of his starts to end last season in place of Stan Humphries, who was sidelined with a career­ending concussion. This sea­son, Whelihan is 9-of-21 for 116 yards.

Gilbride dismissed any sug­gestion that his players have lost confidence in his coaching. "I think they're all question­ing everything. I don't think there's anyone who looks at me and says, 'He's not doing his job,'" Gilbride said. "But when you're not going well, human nature looks at everything."
Notre Dame captures relays, defeats Illinois-Chicago

By WES RICHARDSON
Sports Writer

The Irish men's and women's swimming teams each defeated teams from five other schools Friday to win its fifth-consecutive Notre Dame relays meet.

Dominating their side of the meet, the women accumulated 228 points against their closest competitors Illinois-Chicago, who earned 178 points.

The men saw a more heated competition, edging out Illinois-Chicago 192-182. Both Irish squads won all but one event.

A whopping 12 meet records were broken at the Rolfs Aquatic Center.

The women set six of these in the 200-, 800- and 1000-yard freestyle, 400 medley, 400 breaststroke, and one-meter diving relays. The Irish men reset meet records in 800 freestyle, 400 butterfly, 400 backstroke, and 200 medley relays.

Illinois-Chicago dominated the men's diving events, setting two meet records and qualifying Ryan Nelson for the 1998 NCAA Zone Diving meet.

The Irish men did not compete in diving.

"We feared that not entering a diving relay would make it impossible to win," head coach Tim Welsh said. "I was thrilled and excited with the way the men competed. All across the board we raced very well and better than expected."

Experience gained during the Notre Dame relays will help the Irish be competitive in relays throughout the season, according to Welsh and women's senior co-captain Anne Iacobucci.

"The meet showed that our relay starts and exchanges are where they need to be. We're progressing nicely," junior Sean Casey said.

Many swimmers had notable performances. Freshman Brook Davey's 50-yard leg of the 200 freestyle relay was faster than her individual time against Stanford a week prior.

Senior Megan Eckstein did the same in her 100-yard portion of the 400 backstroke relay. On the men's side, sophomore James Scott-Browne improved his collegiate best times in both the 100 and 200 freestyle during the 400 and 800 freestyle relays, respectively.

"The meet showed that our relay starts and exchanges are where they need to be. We're progressing nicely," junior Sean Casey said.

Many swimmers found themselves competing in events they do not normally swim.

"This gave the Irish a chance to experiment with different strokes and stay fresh in their primary events, according to Welsh and Iacobucci.

"We used the meet as a chance to compete when we're tired and have fun during a tough week of training," Iacobucci said.

The women swim in Miami this Friday, and will remain in Florida for a week of training.

The men's next meet will be October 23 against Air Force and Army.
### CROSSWORD

**ACROSS**
1. Hobgoblin
2. Movie critic's hero
3. Toothsome
4. "...—pig's eye!"
5. "Maria..."
6. Toiled in the galaxy
7. Nurse
8. Composer Ned
9. Tallow sources
10. "I was..."
11. Turkey, e.g.
12. Rubber tree yields
13. Support
14. "Hedda Gabler" dramatist
15. Castle of the bathroom
16. Media whiz
17. Does halved
18. Trunk
19. Actress Davis
20. Set, as an exchange rate
21. Galleries and others
22. Kind of magnetism
23. "Viva...!"
24. "Viva..." from Mexico
25. Cutting up
26. Trillion prefix
27. LuLu
28. Not get to the point
29. Assume as fact
30. Cologne
31. Come before
32. To the point
33. Radical 60's org.
34. Kind of nut
35. War published
36. C.P.R. expert
37. Le Carol figure
38. Where to get shots
39. Wiesel
40. Positive material
41. Baseball's Tony
42. Amos
43. Using
44. Distance unit
45. Wipeout
46. Love for cows
47. Bit of retribution
48. Fun for cowboys
49. Fun for cowboys (also)
50. Amendments for engaged and married couples who wish to practice Natural Family Planning will begin at 7 p.m. in the Sorin Room of LaFortune and will last until 9 p.m.
51. Candax McNair Recruitment Meeting—will be held tonight at 6 p.m. in 116 O'Shaugh. All students who are interested in Graduate School and are either from low-income families or minorities should attend.
52. Natural Family Planning Series—A six part class series for engaged and married couples who wish to practice Natural Family Planning will begin at 7 p.m. in the Sorin Room of LaFortune and will last until 9 p.m. The classes are co-sponsored by Campus Ministry and the Natural Family Planning Program of St. Joseph County. Call 237-7405 for more information. Learn why 98 percent of NFP couples stay happily married.

**DOWN**
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3. "Viva...!"
4. "Viva..." from Mexico
5. Cutting up
6. Trillion prefix
7. LuLu
8. Not get to the point
9. Assume as fact
10. Cologne
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21. Baseball's Tony
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**ANSWER TO PREVIOUS PUZZLE**

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Puzzle by Fred Piscop

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**YOUR HOROSCOPE**

**EUGENIA LAST**

**CELEBRITIES BORN ON THIS DAY:**
- Tim Robbins, Scorsese's "Oxydol" actor (Angela Lansbury, Eugene O'Neill)
- Happy Birthday: This will be a year of great promise for you if you follow through on all the ideas that spring to mind. You know how to have the drive, the determination, and the willingness to make things happen if you just stick to your set goals and refuse to be tempted to waste time pursuing other people's endeavors. It's time to put your faith in those numbers: 6, 14, 23, 32, 41.

**ARIES** (March 21-April 19): Get down to business and get yourself ready. Your career will be lively and dynamic, but things will slow down a bit with your personal life. New friends will keep you hopping. Go after your dreams. You may have to get the ball rolling.

**TAURUS** (April 20-May 20): Your ability to do well professionally is quite evident. Spend some time working on those hobbies that you enjoy so much. The people you love will be held to understand you.

**GEMINI** (May 21-June 20): Talk to someone about your goals and dreams. Valuable advice will be available. Take a long, hard look at yourself and make the necessary and immediate changes in your life that you need.

**CANCER** (June 21-July 23): Telling about will be very helpful for you today. Hobbies may need to focus on you for assistance. It is always best to avoid confrontations with relatives.

**LEO** (July 23-Aug. 22): You will double-check with your potential solutions. You love life, and you will have the chance to capture new friends and lovers will be your friends. Your natural ability will enable you to influence those who could benefit from your care.

**VIRGO** (Aug. 23-Sept. 22): You can make some very favorable changes. Use your wit and charm to enhance your situation. Social gatherings will be to your advantage. Don't let your feelings get on the animal's back and pull him off.

**LIBRA** (Sept. 23-Oct. 22): Talk about the advice that you've been given. You will be experiencing change in your home environment. Acceptance will be the key to getting through a period of uncertainty.

**SCORPIO** (Oct. 23-Nov. 21): Investments can be lucrative, but they must also be conservative. Your potential is very high. It's a good idea if you're willing to put in the time and effort to make it happen.

**SAGITTARIUS** (Nov. 22-Dec. 21): A wise word at the right time in your chosen industry. You will have the wisdom to get involved in supportive projects and self-improvement projects.

**CAPRICORN** (Dec. 22-Jan. 19): What's in it for you? It's a matter of waking to a chance. Don't interpret your current situation as an opportunity to take care of an older person's personal papers.

**AQUARIUS** (Jan. 20-Feb. 18): Your men may correct your personal situation. You will have to be more affectionate with him or her if you wish to keep the current love.

**PISCES** (Feb. 19-Mar. 20): You will have the ability to maneuver out of difficult situations, and you will be inspired to offer your personal fortune. Your need for money if you have neglected him or her.

**Birthday Baby:** You were born with what it takes to be great. Don't let your lazy side hold you back from accomplishing all that you're capable of. You are anxious about will be very hectic for you. While you are able. Take a long, hard look at your situation. Valuable advice will be available to friends about your current situation. OOO

**GEMINI** (May 21-June 20): Talk to someone about your goals and dreams. Valuable advice will be available. Take a long, hard look at yourself and make the necessary and immediate changes in your life that you need.

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**WANTED:** Reporters and photographers.

**Join The Observer staff.**

**A Benefit for the Catherine Peachey Fund, Inc. for Breast Cancer Research**

Congratulations to the women of LYONS HALL for having 33% of their hall population participate in the Domer Run. A total of 374 people registered for the race, thus enabling us to raise $2,422 for the Catherine Peachey Fund, Inc. for Breast Cancer Research. Thanks to all who made this possible!
Morrissey's last-second field goal leads to 3-0 win

By TED FOX
Sports Writer

When dawn broke on Sunday morning, two teams with identical 1-2 records awoke with playoff hopes still alive. In the game between Morrissey and Stanford, the philosophy was simple: Win and you’re in the playoffs, lose and you can watch them at Stepan.

In a tight game that showed the wills of both teams to make the postseason, Morrissey edged Stanford 3-0 with only 15 seconds remaining in the game. The misfortune of another kicker was instrumental in setting up this game-winning kick.

In the second quarter, Stanford sophomore punter and fullback J.C. Perez fell with an injury. Losing Perez left Stanford in trouble when it was pinned deep on the side of the field late in the fourth quarter.

Failing to get a drive going after starting on its own 18-yard line, Stanford was forced to punt.

One problem - Perez was still sidelined with the injury. The result? A 15-yard punt by Matt Lord that left Morrissey with great field position.

This great field position led to the Sadowski field goal that brought home the victory for Morrissey.

In a game that Stanford junior captain Dave Chamberlin thought his team "pretty much dominated," the loss of Perez booms large. Not only did the team miss his punting, but according to Chamberlin, "We just couldn't get it in the end zone," a problem that might have been remedied by having the starting fullback available.

Whatever the case may be, Morrissey now heads towards the playoffs. Junior captain Steve Bartlett feels his team's strength is definitely its defense, characterized by a full team effort in the shutout on Sunday. Work remains to be done, however.

Keenan completes undefeated season

By BRIAN J. BOBBINS
Sports Writer

Sunday's premiere interhall football matchup featured a meeting of two of the campus' most revered men's teams. Defending champions Keenan met up with South Quad powerhouse Dillon. Keenan, sporting a 3-0 record, looked to finish the season undefeated against a 2-1 Dillon team.

The job would not be easy, however. Poor offensive execution from the Knights combined with solid play from Dillon defense made for an interesting matchup. Keenan superstar Craig Viergutz was seeing unusual pressure.

"Defense set the tone for the game," Keenan receiver Les Meade said.

It was appropriate that given this defensive matchup, the scoring started with a safety. After even matchups between both Keenan and Dillon's offensive units, Dillon's special teams found themselves crammed near the Keenan end zone. Keenan senior Marty Meyer took advantage of a bad snap, punting the punt and putting Keenan ahead, 2-0.

Supported by solid play from Keenan cornerback Nick Costanzia and linebacker Joe Kloppe, the defense held Dillon again and gave the Knights another opportunity with time winding down in the half.

Keenan's Venvertloh took advantage of the situation scoring on a quarterback keeper. A failed conversion left the score at 8-0, where it would remain for the rest of the half.

Dillon Hall was still in the game the second half, but failed to put any score on the board. They Dillon were slow, they didn't complete many passes, were slow running, and they were sloppy," Meade said.

According to Keenan player/coach Dong Min, "We just capitalized on our mistakes." He also noted strong defensive play by Keenan. Min utilized punt special team strategy to preserve the win.

Late in the game in the fourth-and-long situation, Min called for a fake punt. Rather than doing the responsibility of the play to someone else, he took a pass 30 yards out of punt formation to keep the Keenan offense on the field on a 4-0 final.

Irish finish twelfth in meet

By ALAN WASIELEWSKI
Sports Writer

It wasn't the best weekend for the Notre Dame men's cross country team. The Irish finished in a disappointing 13th place at the national meet in Lawrence, Kansas.

Senior Ryan Maxwell summed up the performance: "We were embarrassed, no one on the team ran well. Hopefully, we learned what not to do at future events."

For the third consecutive meet, sophomore Ryan Shay was the first runner to cross the finish line for the Irish. Shay's time of 25:18.11 was good enough for 17th in a field of 259 runners representing 19 of the top 40 teams in the nation.

Second on the team was freshman Luke Watson. Making his first appearance at a major event, Watson finished 72nd with a time of 25:08.19. Seniors Ryan Maxwell, Antonio Arce and Tim Englehardt were 44th, 47th and 50th, respectively, finishing at 77th.

It was the first time the Irish had finished outside the top 10 at the national meet. The Irish placed 11th in 1996 and 12th in 1997. Shay's time was the fourth fastest in school history, behind Tim Garretson (25:10.86) in 1986, Pat Murphy (25:15.25) in 1988 and Mark Murphy (25:16.23) in 1987.

The Observer/Kevin Datum see IRISH / page 13