University staff and faculty emphasize understanding and improving self-esteem at ‘Queer Queries’

By MARISA IATI
News Writer

University staff and faculty spoke about being allies for people who identify as lesbian, gay, bisexual or transgender (LGBT) in a Thursday panel discussion presented by the Progressive Student Alliance.

“Oppose hatred against those who identify as LGBT, people must prepare to face indignity, Miguel Franco, staff psychologist at the University Counseling Center, said.

“In quest of anything noble, indignity is going to come your way and the indignity is going to be commensurate to the size of the nobility,” Franco said. “You’re going to get tired.”

Franco warned attendees that as allies to the LGBT community, they must not become self-righteous. They will still make mistakes in judgment in words and actions.

Allies should also not be defensive, Franco said.

“You want to be approachable to people, and you cannot be approachable if you have defensive mechanisms going off left and right telling people ‘I’m hurting’ [when you encounter opposition].”

The solution to improving others’ self-esteem is growing one’s own, Franco said.

“I’ll argue that if you want to cultivate self-esteem in yourself and other people, the answer is altruism,” he said. “Give of yourself to other people.”

Professor of sociology Dan Myers said allies must understand their context.

“Here at Notre Dame, we have a certain idea about what we think this context is, and I don’t think it’s entirely accurate,” Myers said. “We think that the people around us think about [LGBT issues] a certain way … that’s relatively unfriendly. There’s a very different reality than what people expect.”

Myers emphasized the importance of understanding what issues are important to the LGBT community and educating yourself about them.

“When you’re new to an issue or an environment, take it easy as you figure out what’s up and what you can best contribute instead of rushing in full blast with your righteous indignation,” he said.

Try not to get frustrated, Myers said. Some people will not agree with you, even though you think they should.

“The solution to improving others’ self-esteem is growing one’s own,” Myers said. “One of the things we think about [LGBT issues] is, and I don’t think it’s entirely accurate.”

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“When you’re new to an issue or an environment, take it easy as you figure out what’s up and what you can best contribute instead of rushing in full blast with your righteous indignation,” he said.

Try not to get frustrated, Myers said. Some people will not agree with you, even though you think they should.

“There are people in the LGBT community itself that aren’t going to appreciate you and your intervention and your presence in their community,” Myers said. “Remember that you’re not actually a member of the community. You don’t have to pay the same cost for talking about and acting on these issues.”

see LGBT/page 5

Vermin welcome Christmas

By TORI ROECK
News Writer

Students clad in ugly sweaters and Santa hats will flock to Carroll Hall tonight from 6 to 10 p.m. for the annual Carroll Christmas. This year’s event will take place tonight from 6 to 10 p.m. in Carroll Hall.

“It’s a great, festive time to get in the Christmas spirit,” Carroll Christmas commissioner junior Mike Weiss said.

Weiss said the event includes a performance from the Glee Club, a tree lighting ceremony with a 17-foot tree, pictures with Santa, free food and much more.

Weiss said he is most looking forward to the annual cookie contest, which will take place at 8 p.m.

“For the past two years I’ve been in the picture … and I missed the cookie contest both years,” Weiss said. “One of the R.A.’s moms has won it for three years in a row, and I’m dying to eat these award-winning cookies.”

The trek to Carroll will be easier this year, thanks to funding from the Student Union Board (SUB) for a horse and carriage to take students from the LaFortune Student Center to Carroll Hall between 6 and 10 p.m.

“With only a few minutes to spare, students who are not interested in the cookie contest can take advantage of this beautiful horse and carriage,” Weiss said. “By the time we get back, everything will be over, so you might as well enjoy the horse and carriage.”

Students are to line up at the Student Center between 6 and 10 p.m. to board the horse and carriage.

see CARROLL/page 3

Voices of Faith choir sings a song of community

By AUBREY BUTTS
News Writer

Music, community, fellowship and faith are four words that immediately come to the minds of Voices of Faith gospel choir members when asked why they enjoy spending time together.

“We’re more than just a choir. It really is a community,” junior Nicole Campion said. “Yes, we practice singing, but it is also a time of faith and fellowship.”

Director Eugene Staples, a senior and four-year member of Voices of Faith, invoked the group’s motto when discussing its communal and spiritual atmosphere, his favorite aspect of the choir.

“We are a student-run, faith-based choir,” Staples said. “Singing is my favorite part, but it’s definitely not more important than the fellowship and community. I really enjoy the group’s union of singing with doing something good for our Christian faith.”

Senior Amanda Meza echoed Staples’ remarks when asked about her favorite part of participating in the choir.

“The fellowship you develop would have to be my favorite part. It’s more than just singing,” Meza said. “We grow together in our faith, and this is something I really cherish and wouldn’t change.”

Voices of Faith, a choir marked by cultural, religious and ethnic diversity, provides a home for those searching for alternative ways to grow in their spirituality outside of an exclusively Catholic context.

“We provide a home for those who feel alienated,” Staples said. “I come from a Baptist church, and I still feel alienated by some of the Catholic structures. Voices of Faith really is a home away from home for those who don’t understand the Catholic traditions.”

Meza, also a member of the Baptist Church, wanted to continue singing and focusing on her spirituality as she left home. She said she quickly discovered Voices of Faith during her freshman year.

“I’m not Catholic, but I wanted to sing Christian music,” she said. “I went to the concerts my freshman year, and they were
The Observer

Laurie Mayr

THE OBSERVER

www.ndsmcobserver.com

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The news is reported as accurately and objectively as possible. Unbiased editors represent the opinion of the majority of the Editor-in-Chief, Managing Editor, Assistant Managing Editors and department editors. Commentaries, letters and columns present the views of the authors and not necessarily those of The Observer.

Viewpoint space is available to all readers. The free expression of all opinion through letters is encouraged. Letters to the Editor must be signed and must include the writer’s full address.

Questions regarding Observer policies should be directed to Editor-in-Chief Douglas Farmer.

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Graphics
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Scene
Kevin Nossan

Photo
Sarah O’Connor

Viewpoint
Caroline Lang

CORRECTIONS
The Observer regrets to advise a professional publication and strives for the highest standards of journalism at all times. We do, however, recognize that we will make mistakes. If we have made a mistake, please contact us at (574) 631-4941 so we can correct our error.

The Quenn Lecture titled “Love and the Cry of Dereliction” will be held from 3 to 5 p.m. in the Knights of Columbus Building. The event is a destressor where students can come relax and play with puppies provided by the Saint Joseph’s County Humane Society.

Tuesday, December 2, 2011

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LOCAL WEATHER

Today

12:30 p.m.

“Occupy L.A.” protestors leave behind 30 tons of trash

LOWS 28

HIAGHS 34

LAUREN FRITZ/The Observer

Students browse the various items available during Pasquerilla East’s, “Baby It’s Cold Outside: Silent Night Silent Auction,” in the LaFortune Student Center Ballroom on Thursday. Proceeds from the event will be donated to the American Cancer Society.

IN BRIEF

A lecture titled “The Incoherence of Federal Education Policy” will be held today from 10:30 a.m. to 12:30 p.m. in Room 210 of Santurce Hall. The speaker will be Richard Rothstein, research associate at the Economic Policy Institute.

The Notre Dame Committee for Women invites the women of Notre Dame to attend its Christmas program today from 12 to 1 p.m. in the Jordan Auditorium of the Mendoza College of Business. The Notre Dame Glee Club will perform Christmas music, and cookies and punch will be served. Register for the event at the ND Committee for Women website at www.nd.edu/~owi

“Puppy Days” will be held today from 3 to 5 p.m. in the Knights of Columbus Building. The event is a destressor where students can come relax and play with puppies provided by the Saint Joseph’s County Humane Society.

The Quenn Lecture titled “Love and the Cry of Dereliction” will be held from 3 to 5 p.m. in Malloy Hall. The speaker will be Eleonore Stump, the Robert J. Henle Professor of Philosophy at St. Louis University.

Sunday at 7:45 p.m. in the Basilica of the Sacred Heart, Advent Lessons and Carols Service will be held. The program will feature all Basilica choirs, including the Notre Dame Liturgical Choir, Women’s Liturgical Choir, Folk Choir, Handbell Choir and Bali-slica Schola.

To submit information to be included in this section of The Observer, email detailed information about an event to obsnews.nd@gmail.com

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Have an idea for Question of the Day? Email obsphoto@gmail.com

Question of the Day: Which holiday character do you identify with most?

Mario Zeron

Ishmael Amsinghahese

Conner Reider

Chris Sausen

Rob Lucerl

Kristen Tripichio

freshman Kough

freshman Kough

Sophomore Dillon

Sophomore Duncan

Freshman Lyons

“Elf.”

“Santa Clause.”

“Herbie the Elf.”

“Charlie Brown.”

“Rudolph.”

“Pony.”
Research cuts experiment time

By NICOLE TOCZAUKER
News Writer

Senior Ethan Ferguson, a biochemistry major, and a team sponsored by the Dow-Corning Company have developed a more precise mass spectrometry method for the diagnosis of porphyrias, helping streamline sample times and ultimately help in the medical and industrial fields.

Ferguson said porphyrias is a group of rare diseases characterized by the over-production and accumulation of porphyrins, or chemical precursors to the creation of heme molecules, in the biosynthetic pathway, causing neurological or skin problems. Porphyrias are uncommon, but occur occasionally due to pesticide in soil and food, he said.

“He is an important molecule in the production of hemoglobin and is responsible for catalyzing redox reactions. It’s essential for life,” he said. “When precursors build up, they cause problems in its production.”

The team’s new method cut down sample time, which helped determine the toxicology of compounds used in silicone product studies by the Dow-Corning Company much faster than the traditional method.

“The existing method used High Performance Liquid Chromatography (HPLC) to separate compounds, which took hours and was not very accurate. The flagship of our technique was using mass spectrometry to detect the molecules by looking at liver tissue, blood and feces samples,” Ferguson said. “Basically it operates at higher pressures to cut down on sample time.”

The technique would be applicable in medical and industrial studies, he said. The rapid detection system could be easily modified to identify other classes of molecules to diagnose other diseases.

“It’s an important test and an easy one where physicians can send off a blood or urine sample to rule out porphyrias as options,” Ferguson said, “or in an industry setting it would let the researchers know whether the drug compound or cosmetic product they’re developing interacts with the heme biosynthetic pathway.”

Ferguson said the group was waiting for approval from the legal department at Dow-Corning before it published the research.

“The manuscript is finished and ready to submit at any time,” he said. “We’re looking to see if patenting is a possibility, but once it’s in literature, it will probably be fair game.”

Other industries and physician groups who are developing the study and use it well after they graduate, he said. Ferguson said the research provided valuable experience since he plans to attend medical school next year.

“It’s really a rewarding thing for everyone involved,” he said.

Ferguson said his advice to undergraduates is to be aggressive when looking for research opportunities and to start early. He said he began the summer after his sophomore year researching in a group led by Department of Chemistry and Biochemistry Professor Jennifer Dullois.

“Professors and undergrad advisors can be really helpful, but they’re busy and sometimes it’s not the first thing on their mind. Especially for science majors, you have to show you want to do it,” he said. “Like a good Notre Dame student, use your resources.”

Contact Nicole Toczauer at ntoczaue@nd.edu

Carroll

continued from page 1

6 and 8 p.m.

Carroll SUB commissioner, sophomore Ethan Montemayor, said the carriage rides will be a big draw, but the walk to Carroll will be equally as pleasant.

“The path will be lined with luminaries, so it is a very pretty walk on a nice December evening,” Montemayor said.

Also new this year will be a service project that visitors can complete during the event, Weiss said.

“It is in conjunction with another club,” Weiss said. “It is writing letters to soldiers abroad or people in underdeveloped countries.”

Because Carroll is such a small dorm, everyone pitched in to help with their signature event, Weiss said.

“Everyone has been downstairs, decorating every night,” Weiss said. “It’s a big community-building event.”

Montemayor said the willingness of all the Vermin to set up the event makes Carroll Christmas so successful.

“Everyone’s been pitching in a bump,” he said. “It’s really nice to see all years here at Carroll, from freshmen to seniors, all pulling for this event to happen.”

Montemayor said the multiple contributions from dorm residents has made the decorations quite impresive.

“The halls are decked,” he said.

In addition to decorating, the men of Carroll also took shifts to publicize the event.

“I would say half the dorm signs up for a shift to hand out fliers and candy canes outside both dining halls Thursday and Friday afternoon,” Weiss said. Weiss said the men of Carroll are very excited for their signature event.

“It’s the week we all look forward to, despite the fact that everyone has finals and all sorts of papers due in the next two weeks.”

Mike Weiss
Carroll Christmas commissioner

Contact Tori Renck at vre06c@nd.edu

Modern Questions, Ancient Answers?
Defining and Defending Human Dignity in Our Time

Archbishop Timothy M. Dolan (New York; President, USCCB) will deliver the inaugural lecture of the Notre Dame Project on Human Dignity.

Lecture is open to the public.

7:30 PM
Tuesday, December 6th, 2011
McKenna Auditorium at the University of Notre Dame Conference Center
‘Toys’ exhibit showcases handcrafted trinkets

By BRIDGET FEENEY
News Writer

Toys,” a presentation of handcrafted wooden toys and puzzle pieces, will be on display in the lobby of the Cushwa-Leighton Library from Dec. 6 through Jan. 12. The exhibit will feature toys created by George Efta, other crafts that were given to him as gifts and pieces that he purchased. Efta is one of the nation’s leading craftsmen of handmade wooden toys and puzzles and is married to Saint Mary’s President Carol Ann Mooney.

Bob Hohl, reference librarian and curator of the exhibit, said the Saint Mary’s community is excited to host Efta’s public debut.

“What is more quintessential of Christmas than a toy handmade and given with love?” he said. According to Hohl, the Cushwa-Leighton Library is decorated each year for Christmas, and “Toys” will be a nice addition to the Christmas trees, wreaths and other seasonal decorations.

“We are all ‘Gettin’ merry like Christmas,’” as Maya Angelou has written,” he said.

A press release from Saint Mary’s said Efta has been designing, building and selling his handwork for more than 35 years. After graduating from the University of Notre Dame in 1972, Efta was inspired to create his own wooden crafts after he discovered a toy store in a Minnesota mall.

“I thought to myself, ‘I can do that.’” Efta said. “And I couldn’t. But about three months later, I was actually making toys.”

According to the press release, all of Efta’s pieces will be made from wood and include planes, cars and other types of toys.

“What really intrigues me is the whole range of toys and things that are childlike,” he said. “I have pieces from France, Egypt, Italy, England and other countries. Toys are universal.”

Hohl said he expects that the exhibit, which is free to the Saint Mary’s and Notre Dame communities as well as the general public, will serve as a unique way to recognize the holiday season.

“We hope that Saint Mary’s and Notre Dame students will enjoy this exhibit during the next two weeks as the academic semester draws to a close; but we also invite families of the larger community to visit during the holidays to celebrate the special joys of the season,” he said.

In addition to the wooden toys crafted by Efta and the other artists, the exhibit will also include handmade puzzles, some of which are double layered.

“George’s double-puzzles are a delightful surprise — two puzzles in one and when you remove the top puzzle, there is another underneath,” Efta said. “My favorite is the fishbowl with two curious and hungry red cats underneath.”

The Cushwa-Leighton Library will also host a reception with Efta open to the public Monday, Dec. 12, from 4:40 p.m. to 6 p.m.

Contact Bridget Feeney at bfeene01@saintmarys.edu

‘Toys’ exhibit showcases handcrafted trinkets

Voices of Faith

continued from page 1

extremely moving with their incorporation of Bible passages and prayers. I was looking for the Christian identity at the core of the Catholic identity. I was looking for something like home, and I found it with Voices of Faith.”

While the music initially grabbed Campion’s attention, she said the community’s diversity is one of the most rewarding parts of participating in the group.

“I really like having the opportunity to be friends with such a diverse group of individuals, especially considering Notre Dame’s relative lack of diversity,” Campion said. “I sometimes get bored with the mainstream culture, so the diversity at Voices of Faith almost represents a different culture to me.”

While diversity has always characterized Voices of Faith, Staples, Campion and Meza all remarked on how this year’s group has brought religious, ethnic and cultural diversity to another level.

“This is our most diverse year ever,” Staples said. “We are so much bigger and so much better. I guess we’ve done great marketing through our performances.”

Campion said the group’s constant clipping and cheering during performances often surprises people, but ultimately leads to an enjoyable experience.

“Energy is one of the hallmarks of our music,” Campion said.

Voices of Faith will host its winter concert this Saturday at 7:30 p.m. in Washington Hall. Student tickets are $5.

Contact Aubrey Butts at abutts@nd.edu

Follow us on Twitter @ObserverNDSMC

#2 Irish Hockey
This Weekend
vs. Northeastern
Free tickets at the gate

Friday @ 7:05 p.m
Student Appreciation Night!

Prizes given away in the student section during the game!
Intramural broomball played during intermission!

Saturday @ 7:05 p.m
Teddy Bear Toss
Skate with the Irish

Coach Jackson donated Teddy Bears for the student section to toss! All Teddy Bears will be donated to Toys for Tots. Following the game get on the ice and skate with the team!
Skate rental just $3.
The Observer

The Observer

are smaller than those of LGBT

continued from page 1

Because their risks

are smaller than those of LGBT community members, allies

should let the community mem-

bers lead all anti-hatred initia-

tives, Myers said.

“You should be willing to take

some risks for the group and for

the cause,” he said. “You may be

able to bear these risks better

than some of these other people

[in the LGBT community]…

Recognize that what you do is

really pretty small compared to

what other people have going

on in their full-time lives.”

Despite the challenges of be-

ing an ally, Myers said people

should not give up.

“Part of doing anything that

matters is persistence,” he said.

“They are an ally in a situa-

tions and they get tiring, but as

the ally, you can make a huge dif-

ference by consistent, even

small, behaviors. They can add

up to a monumental differ-

ence.”

Contact Maria Iati at mist@nd.edu

Notre Dame decks the halls for Christmas

By ANN MARIE JAKUBOWSKI

News Writer

With lights lining the dining halls, Christmas music blasting out of windows and wreaths dotting the doors of buildings campus-wide, the only thing keeping Notre Dame from be-

ing a winter wonderland is the conspicuous lack of snow, though students are still deck-

ing the halls.

McGlinn and O’Neill Halls put up large wreaths the week before Thanksgiving break. According to McGlinn rector Sister Mary Lynch, the wreath is a beloved tradition.

“Our shamrock wreath was made by one of the McGlinn residents a few years ago,” Lynch said. “She made it with wire, and we had the mainte-

nance shop back it with metal

and hang it up each year since.”

The wreath, shaped like the McGlinn shamrock and the O’Neill “O,” are not necessarily Christmas themed, but Lynch finds them seasonally signifi-

cant nonetheless.

“We thought about keeping them up all year, but then it would lose its wintertime ef-

fect,” she said.

Not content to have deco-

rations exclusively outdoors, freshmen roommates Maggie Lawrence and Rachel Miceli of McGlinn Hall decorated their room on the first day back from Thanksgiving break.

“We have Christmas lights up, gingerbread men across the window and paper chains in Christmas-inspired colors zigzagging across the ceiling,” Lawrence said.

“Our entire section deco-

rated, so there are giant pa-

pies and ornaments dangling in the hallways,” Miceli said. “There are bells on the doorknob and giant red bows on the door.”

According to the main-

tenance office, trees have

been set up in Bond Hall,

the McGlinn shamrock and the

O’Neill Halls include the “Have

a Phoxy Christmas” banner

outside Pangborn Hall and the
cutouts of Santa and Mrs. Claus in the lobby of Walsh Hall. Oth-

er campus traditions include

Carroll Christmas, an annual Christmas party put on by the

men of Carroll Hall, complete

with a tree-lighting, a Glee Club

performance and refreshments.

Another major event is the

Dillon Hall Light Show on South

Quad, which begins with a per-

formance Sunday at 7 p.m., an-

other show at 9 p.m. and contin-

ued performances throughout

the week. According to senior

Thomas Catanach, one of the

organizers, about 6,000 LED

lights are used to create the

show.

Basically, we have a bunch of strands of Christmas lights sus-

pended from the building and
divided into different sectors,”

Catanach said. “The sectors are

choreographed to Christmas

songs, and it’s all coordinated by

computer.”

Although impending finals

can add great stress to the

last few weeks of the semester, 

many students said they refuse to let them put a damper on

their holiday joy.

“We make up for the sadness and stress that finals bring by

decorating and celebrating Christmas,” Miceli said.

Contact By Ann Marie Jakubowski at

ajakubo@nd.edu

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McGlinn shamrock and the

O’Neill Halls include the “Have

a Phoxy Christmas” banner

outside Pangborn Hall and the
cutouts of Santa and Mrs. Claus in the lobby of Walsh Hall. Oth-

er campus traditions include

Carroll Christmas, an annual Christmas party put on by the

men of Carroll Hall, complete

with a tree-lighting, a Glee Club

performance and refreshments.

Another major event is the

Dillon Hall Light Show on South

Quad, which begins with a per-

formance Sunday at 7 p.m., an-

other show at 9 p.m. and contin-

ued performances throughout

the week. According to senior

Thomas Catanach, one of the

organizers, about 6,000 LED

lights are used to create the

show.

Basically, we have a bunch of strands of Christmas lights sus-

pended from the building and
divided into different sectors,”

Catanach said. “The sectors are

choreographed to Christmas

songs, and it’s all coordinated by

computer.”

Although impending finals

can add great stress to the

last few weeks of the semester, 

many students said they refuse to let them put a damper on

their holiday joy.

“We make up for the sadness and stress that finals bring by

decorating and celebrating Christmas,” Miceli said.

Contact By Ann Marie Jakubowski at

ajakubo@nd.edu
INSIDE COLUMN

On the farm

I had a moment of clarity when I began to slide in the manure.

"Oh my goodness," I thought. "I'm not cut out for the dairy farm business." I didn't fall face-first, but my clothes were not anywhere near as clean when I left Crest Dairy Farm as when I arrived.

"What do you hose off?"

John Clayton, one of the farm owners, told me.

My time spent at the farm, on the several occasions I have visited the Middlebury, Ind., property has been filled with cow manure, barn cats, mooing, milk and baby calves. My mom is dating John Clayton, and I have tagged along when they go to do chores. I may not be cut out to dairy farm full-time, but I do enjoy spending time on the farm.

The Claytons have a unique situation. They do not own the farm that their cows live on — instead, they rent out the property to the farmers who run the farm. They do this for multiple reasons — chiefly among them is that the entire family has full-time jobs on top of dairy farming. In fact, John Clayton's day job is in the food business, and he works on the dairy farm and farms corn and soybeans.

And I feel out of breath taking the stairs to my dorm room.

While the Claytons may not own the farm, they are responsible for the chores related to their cows. That means someone from the family, whether rain, sleet or snow, has to go out to the farm to feed and water the cows, milk them as well as take care of the calves and help the pregnant heifers.

I had the pleasure of feeding the newborn calves in the "nursery," as they call it on the farm. My first calf, a strong little calf only a day and a half old, was already on his feet and curiously wandering about.

I showed mom how to hold the bottle properly and how to hold the baby's neck, but it wasn't easy. Eventually I had one leg over the calf, straddling him and forcing the bottle between his lips. He was thirsty and drank and drink, coughed, shook his head violently and then wanted more milk. The trick was timing when he would open his head so I didn't get covered in his food.

Beyond using these cows for milk, the Claytons show some of their calves as well. They take the calves to shows, where they can sell embryos and eggs for thousands of dollars if their cows perform well.

What the Clayton family and others like them are doing is much more than just milk and pills. They are part-time geneticists, hairdressers on show days, baby-sitters and technicians on farm equipment — all on top of being dairy farmers.

As I stood there, ankle-deep in manure, I understood why I am not cut out for this life. I realized that working with these animals has given me a greater appreciation for what it takes to be a farmer in today's economic climate. Keep these men and women in mind — especially as you think about how you will spend your summers. They have a good, invincible summer.
Every since social networking sites gained popularity among, well, nearly everyone, the question of online privacy on sites such as Facebook has entered the public eye. After a few too many rants from angry users, the Iowa State Daily has settled a complaint with the Federal Trade Commission regarding user privacy violations.

In the settlement, Facebook is required to undergo privacy audits by an independent third-party every two years for the next two decades. Most of the FTC’s complaint related to Facebook changing its terms of privacy models without informing users. Information that was once public was made public without notification.

Under the terms of the settlement, Facebook must now get permission from users before they alter the visibility of a user’s personal information.

We are students applying for scholarships, and graduate school or other professional positions in this age of the Internet. We are people who represent ourselves on the various social networking sites and the information contained therein.

Keeping your information protected on the internet goes beyond making sure nothing embarrassing pops up when you’re trying to make a good impression. Students who present themselves on social networking sites like Facebook can also be used to steal your identity or plan a robbery when you’re trying to make a good impression.

The current Facebook privacy settings can be set to “public,” “friends,” or a customized option for status updates and photos. Further privacy settings can alter things such as who can look up your information, who can write on your profile, or who sees which apps you use.

Most people don’t give much consideration to the privacy settings that Facebook automatically assigns their profile. The default for many settings allows almost anyone who sees your profile to go in and change the privacy controls and change this, your personal information is visible to the world.

While Facebook will continue to address user concerns by reviewing privacy issues as they arise with new changes to the website in the future, it is the responsibility of each person to ensure that their own information is secure and they are satisfied with their visibility on social networking sites.

No one will be surprised if people write to the store with the store and opt for things that are made in an eco-friendly fashion. Have a coffee-lover in the family? Try some reusable mugs and coffee cups. Or there are a always numerous reusable mugs to choose from.

... You get the idea. That’s how you can be green, so go out there and make me proud. Happy green- ing and happy holidays!

Email your predicaments to The Green Man at askthegreenman@gmail.com and let him answer you with a sustainable twist. The Green Man will be here every week to provide you with insights into how you were missing out on until now.

The views expressed in this column are those of the author and not necessarily those of The Observer.
There was a time when Macaulay Culkin was the coolest kid around. Though that triumph of valiant youth make for a perfect Christmas flick, he wasn’t saved.

While this 2004 film hasn’t reached 24-hour marathon status, it is quickly becoming a Christmas classic. Will Ferrell delights in this movie as Buddy the Elf, a human raised by elves. As Buddy returns to New York City and his birth father (James Caan) only to discover that he is on the naughty list. Buddy brings Christmas joy and laughter to all in this film with his disarming smile and indefatigable enthusiasm. At all the right points, the film is touching, hilarious, tear-jerking and uplifting. Do not forget the right amount of British humor (or should I say “humour”) and heartwarming romance. “Love Actually” is the perfect movie to watch when you’re looking for a heartwarming romance, “Love Actually” is the perfect movie to watch when you’re looking for a heartwarming romance.

This holiday film has everything you could ask for in a Christmas classic - family reconnection, a father’s redemption, Bruce Willis and, above all, the selfless spirit of helping one’s neighbor. Will Ferrill plays John McClane, an overworked New York City police officer whose wife has moved to Los Angeles with their two children to pursue a career opportunity. McClane is visiting for the holidays, but it seems like he’ll need a Christmas miracle to keep his family together. Thankfully, one arrives in the form of Alan Rickman and a bunch of international terrorists.

“A Christmas Story”

Have you ever gotten your tongue stuck to a metal pole or worn so many layers that you couldn’t put your arms down? If you answered yes, then “A Christmas Story” might seem eerily similar to your holiday season. This 1983 film set in our beloved Northern Indiana follows Ralphie, a little boy on a mission to get a BB Gun for Christmas. With a family almost as crazy as yours and a plight that those who have wanted a “dangerous” toy for Christmas can relate to, “A Christmas Story” is a classic for a reason. TBS will be airing “A Christmas Story” in a 24-hour marathon beginning at 8:00 PM on Christmas Eve.

“A Christmas Carol”

This classic film takes the traditional story of “A Christmas Carol” and the meaning of Christmas and tells it using the Muppets. What could be more fun? The story tells of a man named Scrooge, who cares more about himself and his money than others. With the help of the ghosts of Christmas Past, Present, and Future, Scrooge comes to realize what an unfilled life he is living and learns the true spirit of Christmas. The story ends on a happy note, but you’ll have to watch it to see exactly what it is. If nothing else, watch it for the Muppets.

If you haven’t seen this movie, you need to stop everything you are doing—to write a term paper—and rent it. George Bailey (Jimmy Stewart) finds himself down on his luck and imagines what life would be like if he had never been born. Luckily, his guardian angel Clarence (Henry Travers) is there to help him out, showing him all the lives he has touched and the difference he has made for his small town. This touching drama brings out all the important themes of Christmas in a beautifully acted package, inspiring Christmas spirit in audiences of all ages.

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“The Holiday”

Jude Law. Kate Winslet. Cameron Diaz. Jack Black. … Jude Law. What more do you need in a holiday film? Maybe a little romance, the most charming home in England and adorable little girls that give you hope not all kids are devils? “The Holiday” has all of that and more. Grab a mug of hot chocolate, a handful of your best friends and snuggle in to watch a film that will raise your spirits as you curse the fact that Law lives thousands of miles away.

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“Peace on Earth/Little Drummer Boy”  
Bing Crosby and David Bowie made this Christmas mash-up a hit in the 1970s with a delightfully awkward video on the TV special, “Bing’s Crosby’s Merrie Olde Christmas.” While the video reeks of an old-time feel, the song remains a mainstay on the best Christmas playlists.

“It’s the Most Wonderful Time of the Year”  
Nothing’s better than a truthful song, and you know Christmas really is the most wonderful time of the year. Andy Williams’ classic about the joys of the holiday season has aged well, and the magic certainly has not been lost. So pop in the song, get out your hot chocolate and be of good cheer!

“12 YATS of Christmas”  
Those of us from Louisiana (or more generally the South) will already have this song very close to our hearts. However, even if you are from somewhere far away, this song is so full of fun that you should still check it out. It takes the popular classic “The 12 Days of Christmas” and turns it on its head by changing the lyrics to reference pieces of Louisiana culture. From the Lower 9 Ward to the popular phrase, “At ye by yo momma’s,” to a crawfish taking the place of a partridge, this song is full of unusual rhymes and innovative uses of the numbers themselves. No matter where you’re from, this song should be in your repertoire.

“Weihnachtseröffnung”  
Descended from a Ukrainian carol, this choral Christmas tune has been growing in popularity since translated to English in the 1930s. Numerous versions of the song abound, so revel in the melodic wonder of any of these hauntingly beautiful “Bells”

“Do You Hear What I Hear”  
Bing Crosby made this classic Christmas tune popular in the 1960s, and its popularity has only skyrocketed since then. Performances like Carrie Underwood and the “Glee” cast have recently released versions of the song, joining the likes of Bob Dylan, Whitney Houston and Robert Goulet. The song is a beautiful plea for peace that was written during the Cuban Missile Crisis but still resonates today. Its lyrics are touching, and Crosby, whose version is still the best, has a wonderful voice sure to bring Christmas cheer.

“The Christmas Song”  
Cole’s Christmas classic simply must be on everyone’s Christmas playlist. It has everything we love about Christmas: Chestnuts roasting on an open fire, Jack Frost nipping at your nose, a home feeling that makes you want to curl up with some hot chocolate.

“Baby, It’s Cold Outside”  
This duet is a heartwarming conversation between two people, generally thought of as a Christmas song because of the mention of the snowy outdoor temperatures. Zooey Deschanel and Will Ferrell made this song popular in their hit film, “Elf.” But with lyrics like, “I’ve got to go home, baby, you’ll freeze out there, say lend me your coat, it’s up to your knees out there,” it’s a beautiful romantic song for all audiences.

“The Office” — “The Strike”  
This classic episode of the hilarious series introduced to the world A.P. Crumb and (spoiler) The Office Party. Any Christmas party episode on “The Office” is guaranteed to be one of the best episodes of the season. The people at Dunder Mifflin never fail to throw a bizarre holiday party, which features the perfect personal drama, crammed with comedy in between.

“The Rugrats” — “A Rugrats Chanukah”  
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“Mean Mr. Grinch tries to steal Christmas”  
Charlie Brown finds himself depressed as Christmas approaches despite all the festivities and presents he sees around him. He is determined to discover the real spirit of Christmas, and it takes a school pageant to remind him that he doesn’t have to get dragged down by the commercialization of the holiday, but can rejoice in the true meaning of Christmas—the birth of Jesus Christ.

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“Santa Claus is Coming to Town”  
No song does a better job of getting to the holiday season’s bottom line than “Santa Claus is Coming to Town.” Be good so that Santa will bring you presents. That is a simple message that kids can understand, and it offers an incentive for good behavior for all those children who have a hard time with good and stuff. First heard on the “Rudolph the Red-Nosed Reindeer” show in 1934, the tune has since been recorded by over a hundred artists, but the most popular version today might be the one by Bruce Springsteen and the E Street Band.

“Baby, It’s Cold Outside”  
This duet is a heartwarming conversation between two people, generally thought of as a Christmas song because of the mention of the snowy outdoor temperatures. Zooey Deschanel and Will Ferrell made this song popular in their hit film, “Elf.” But with lyrics like, “I’ve got to go home, baby, you’ll freeze out there, say lend me your coat, it’s up to your knees out there,” it’s a beautiful romantic song for all audiences.

“How the Grinch Stole Christmas!”  
Skip the Jim Carrey version of this movie, whose only redeeming moment is Cindy Lou Who (Taylor Momsen) singing, “Where Are You Christmas?” The animated version, made in the 1960s and based off the Dr. Seuss book, is still the best version of the movie.

“A Charlie Brown Christmas”  
Charlie Brown finds himself depressed as Christmas approaches despite all the festivities and presents he sees around him. He is determined to discover the real spirit of Christmas, and it takes a school pageant to remind him that he doesn’t have to get dragged down by the commercialization of the holiday, but can rejoice in the true meaning of Christmas—the birth of Jesus Christ.

“Rugrats” — “A Rugrats Chanukah”  
The Rugrats always had very active imaginations, and in this holiday episode they put them to good use, envisioning themselves as the actors in the Hanukkah story and explaining the holiday to all their young viewers. The show was one of the first specials recognizing a Jewish holiday and, while a childish interpretation of the story, still promotes the lesser known holiday to the masses of children that loved following the lives and adventures of Tommy and his pals. It provides innocent fun, so consider putting it on your watch-list this holiday season.
Classifieds

For Sale

Investment property in South Bend, Indiana. New remodeled, with new kitchen and bath. (140) 1852-7921. Call Mr. Brown.

All new appliances. Call Jim 574-329-2388 for a showing and more details. See it at: MchianaOnline.com

Sports Authority

The 12 Gifts of Sports

To quote a popular Christmas Carol (and possibly a more popular ESPN commercial), it’s the most wonderful time of the year.

The holiday season is upon us, which means not just celebrations and parties, shopping and gift-giving, but also sports. In the spirit of the 12 Days of Christmas, I give you the 12 best things about sports during the holidays.

1. Bowl Games on New Year’s Day

Week 14 of the NFL season is certainly not the start of the football playoffs, but for fantasy football players, it’s the start of their season. Few things are more exciting than taking player content, images and draft information that is copyrighted to流转.

2. Bowl Games on New Year’s Day

Each year, the New Year’s Day bowl games are some of the biggest, with top teams facing off in classic Big Ten matchups in which the nation’s most talented conference featuring the headliners of the 2012 NFL Draft—including Dwight Howard.

3. College Basketball Conference Play

As college basketball season heats up, we’re seeing some truly great performances from the nation’s most talented conference in the nation’s most talented conference. Last year the SEC, Big Ten and Big 12 teams combined to win a total of 93 points. Can they make it 100 this year?

4. Heisman Trophy Ceremony

The nation’s most talented conference will still run up and down the field on the nation’s most talented conference. Last year the SEC dominated with 16 teams, 3 SEC Division Over the Big 10.

5. NFL Playoff Races

With only a few games remaining in the NFL season, it’s the time when all the excitement and drama of the season can be felt. It’s the time of year when the NFL rosters (Eric Crouch, Charlie Ward).

6. NFL Playoffs

Legal officials hope to open training camps next Friday and that the NFL season will begin on time. More than 300 players submitted signatures in support of a recall petition. The petition was filed on Monday and the union is scheduled to vote on Tuesday.

7. NFL Free Agency

The NFL season is certainly not the start of the new NFL season, but for fantasy football players, it’s the start of their season. Few things are more exciting than taking

8. College Basketball Conference Play

The holiday season also means that college basketball teams finish their conference schedules and start conference play. Whether you’re looking for a dose of basketball or need to catch up on the teams’ standings, conference play is sure to disappoint.

9. NBA Players Return to Practice

Knicks forward Carmelo Anthony takes questions from the media after working out at the team’s practice facility Thursday. Thursday, March 22, 2012

Reported that Paul’s agent informed the Hornets that he wanted to sign with the Knicks. Paul and Anthony are friends who spent time together in college in 2006 and 2007, said someone close to the potential deal.

10. NBA Playoff Races

The New Orleans Hornets are preparing for their third straight playoff appearance. "He has been a tremendous player for us this year," said Hornets head coach Alvin Gentry. "I think he’s going to be a big part of our team next year."
Saint Mary’s looks to snap three-game losing skid

By BRENDAN BELL
Sports Writer

This weekend Saint Mary’s will attempt to snap a three-game losing streak when it hosts Alma on Saturday. The Belles struggled offensive-ly in a 67-59 loss to Trine on Wednesday, shooting just 31 percent from the floor. “We played good stretches of defense, more in the second half, against Trine last night,” Belles coach Jennifer Hen-ley said Thursday. “We had a great comeback in the second half and had better rhythm on offense, we just ran out of time.” Senior guard Patry Mahoney and senior forward Jessica Centa lead the Belles (2-5, 0-1 MIAA). Mahoney averages 14.9 points per game and recently earned MIAA conference player of the week honors, while Centa chips in 11.9 points and 4.9 rebounds per game. Along with improving its shooting, Saint Mary’s will focus on con-taining Alma (1-4, 1-0) defen-sively. “We still need to put to-gether longer stretches of good defense, but we are getting there,” Henley said. Alma’s freshmen pair of guard Grace Wheeler and forward Morgan Henry have made an instant impact for the Scots. Henry has been the team’s leading scorer for most of the season, and Wheeler averages 8.4 points and 6.2 rebounds per game. “Alma is young, but very well coached,” Henley said. “They are coming off a big win against Adrian on Wednesday night.” We need to find a way to contain their guards and continue to improve our transition defense in order to win,” Henley said. Saint Mary’s and Alma will face off at 3 p.m. Saturday at the Angela Athletic Facility. Contact Brendan Bell at bbell2@nd.edu

SMC Swimming and Diving

Price leads Belles with a personal best

By VICKY JACOBSEN
Sports Writer

A monster one-mile swim from senior captain Megan Price highlighted the Belles’ first swim competition at the Calvin Winter Invitational. Price swam the 1,650-yard freestyle in 11:27.50, a personal record by 28 seconds and one of the most impres-sive mile times in school his-tory. Her time should secure her 20th place overall, but timing difficulties in some of the mile heats prevented meet officials from publish-ing official times or team standings. Junior Liz Palmer also com-peted in the mile, also setting a new personal record with a time of 11:56.21. “Definitely some of the best swims came from the two girls who we had swimming the mile. Liz Palmer started us off, and she had a great swim herself, she dropped eight seconds,” Belles coach Mark Benishek said. “Then we had an absolute-ly amaz-ing time from Meg-an Price, one of our team cap-tains. She dropped 28 seconds and she just missed the top-five list for the program, so some absolutely great times, especially for the midway point of the season.” Price also led off the 800-yard relay, the only other event of the afternoon. She teamed up with sophomore Sarah Thompson and fellow senior captains Katie Dono-van and Audrey Dalrymple to finish 16th in 8:26.89, over a second below their seeded time. Benishek said he is looking forward to seeing Dalrymple compete in her signature event against some stiff com-petition. “Tomorrow we have the breaststroke, which is defi-nitely a big event for Audrey Dalrymple,” Benishek said Thursday. “I think she’s seed-ed quite high; she’s in the top 16 I think, which is great, especially with some of the teams in there. We have quite a few Division II teams at this meet, and there’s one Divi-sion I team as well, [Valpara-iso], so there’s some great competition and some great results.” Benishek added that he ex-pects to see fast times from his swimmers in the 50-yard free-style. “There’s the [50-yard free]-style we have quite a few swimmers in that,” Benishek said. “We’re looking for quite a few of the individuals to swim some time drops. We had a little bit lighter week with the ta-per going into this meet, so I think all around we should defi-nitely see a lot of time drops.” Benishek said he has so far been im-pressed by the strength and depth of some of the Division II schools com-peting at the invitational. “Some of the teams that definitely are very strong include Grand Valley State. They just naturally have a large, large team, and with the entries being unlimited, we’re kind of at a disadvan-tage being a smaller squad,” Benishek said. “They’re defi-nitely up there, as well as the University of Indianapolis they’re very strong. We were racing them two weeks ago at Wabash College, so we have seen some of that talent here as well, so definitely two very strong squads.” The Belles return to the water for the second day of the Calvin Winter In-vitational at Calvin College in Grand Rapids, Mich. Contact Vicky Jacobson at vjacobse@nd.edu
for us to see how we do with what we’ve been working on all week at practice, which has mostly been rebounding.”

McGraw has continually stressed Notre Dame’s need for improvement defensively, particularly after giving up 95 points to No. 1 Baylor on Nov. 20. Facing another top-10 team in No. 7 Duke, the Irish continued to struggle defensively in the first half. According to McGraw, the turn around in the second half showed Notre Dame’s potential on the defensive end.

“We were really disappointed with the defense in the first half, and I thought we really took more pride in the second half,” McGraw said of the Duke game. “I thought we got really determined and we made some really good plays, some really smart plays. I was really pleased we were able to hold them to 54 points when they’re averaging (77 points entering the contest), so that’s really great defense.”

The Irish look to continue the momentum from their strong defensive showing against Duke.

“It’s tough when you have Friday-Sunday games especially when you have to travel in the middle of it, so we really need to stay focused and take care of what we need to work on.”

McGraw said. “We need to be sharp defensively and offensively. We certainly haven’t played our best game yet, so we really have a lot of things to improve on, so we’re anxious for another game.”

Senior guard Natalie Novasel darts around a defender during Notre Dame’s 98-43 win over Hartford on Nov. 17.

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Muffet McGraw
Irish coach

Pennsylvania (4-1) is enjoying its best five-game start in school history and will travel to South Bend fresh off two wins on the road. Sophomore guard Alyssa Baron, last season’s Ivy League Rookie of the Year, leads the Quakers’ offensive efforts. Baron was also the first freshman in Ivy League history to lead the league in scoring, averaging 16.6 points per game in her first season.

“They have a really good guard in Baron and she’s averaging about 20 points a game,” McGraw said. “She’s a really good three-point shooter and she’s really crafty with the ball. They’re off to their best start ever, so they’re coming in with a lot of confidence, and she’s a really good player.”

The Irish take on the Quakers tonight at the Purcell Pavilion at 7 p.m. before traveling to Omaha, Neb., to face Creighton (3-2) on Sunday.

Contact Kelsey Manning at kmanning3@nd.edu

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Senior guard Natalie Novasel darts around a defender during Notre Dame’s 98-43 win over Hartford on Nov. 17.

“With the invitational coming to a close, and we will have to swim fast, recover quickly and educate ourselves in the process.”

Brian Barnes
Irish coach

rather than focusing on the standings in Notre Dame’s final meet of the calendar year.

“There will be six sessions in this national format invitational,” Barnes said. “We need everyone to swim well and give it their all. The beauty of a three-day meet is you can assess your growth and progress daily.”

The Irish (3-3) are coming off a tough 188-112 loss to Big East conference opponent Louisville. The Irish hope to grow from this setback and educate themselves in this three-day competition, Barnes said.

“This meet will not only be a physical meet, but it will help our team grow as a whole,” Barnes said. “We will learn from the championship format, find our mistakes and learn from them after each day. Each member on the team will play a big role in their own learning processes.”

The Irish will not only look for strong performances in the water, but they will also try to polish up the mistakes.

“We hope to race and execute the details we have been working on in practice,” Barnes said. “We have plenty of opportunities to race and perform with the championship format. We will have to swim fast, recover quickly and educate ourselves in the process.”

The Ohio State Invitational begins today and continues all day Saturday and Sunday in Columbus, Ohio.

Contact Andrew Cardoza at acardoza@nd.edu

Please recycle The Observer.
Turnovers

continued from page 16

then.” To cut down on turnovers, the Irish will rely on sophomore guards Eric Atkins and Jerian Grant, who Brey called the “BW (Baltimore-Washington) Parkway guards” after Sunday’s 84-59 win over Bryant at the Purcell Pavilion. Both playmakers come from the D.C. area and will return home to take on Maryland’s leaders in points and assists per game. Grant and Atkins have each averaged 13.8 points per game through the first eight games and combined for 22 points against Gonzaga (5-0). But the “BW Parkway guards” also combined for 10 turnovers against the Zags, mostly due to the team’s inability to get open, Brey said. “Jerian is maturing and getting older ... But [we] kind of hung [Atkins] out to dry a little bit and Gonzaga contested us. It is really tough when you are dribbling out there without any receivers.”

Mike Brey Irish coach

“There are some things to build on and there are things we have to accept responsibility of being better at,” he said. “The book on us is going to be to pressure the heck out of us, which has kind of been the book on us for 10 years. Getting up on the ball and press is where we are going to be really tested.”

Mike Brey Irish coach

Maryland is led by versatile sophomore guard Terrell Stoglin, who has averaged 24.5 points in his last four games.

Brey said his team knows what to expect from Maryland, especially after the shaky showing at Gonzaga.

“Dodgeball Tournament

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Jackson
continued from page 16
Jackson emphasized that he did not want his young squad to get complacent as the Huskies (4-7-2, 3-7-2 Hockey East) come to town. “They’re still a young team, and they’ve still got to figure things out in some ways,” Jackson said. “Just because we had some success, we’re not going to get sweet on ourselves and start taking shortcuts. We can’t do it on the ice, and we can’t do it off the ice.”

After struggling early in the season, Northeastern is riding a three-game winning streak highlighted by a 4-1 victory at No. 11 Michigan on Nov. 25. The Huskies showed off some of their potential, taking then-No. 1 Boston College to overtime on Oct. 22 and falling in extra time to current No. 1 Merrimack on Nov. 5.

“They’ve played well here in the last month. Going to Yost [ Arena] and beating Michigan handily is pretty impressive,” Jackson said. “They’ve won their last three, and they’ve given Merrimack and BC fits even though they haven’t beaten them. They’ve got a great goaltender, three solid lines offensively, so I expect this is going to be a pretty challenging weekend.”

The Huskies play an up-tempo style typical of the Hockey East, and the quick pace of the game will challenge the Irish, who move to the Hockey East beginning in 2013.

“We’re trying to develop a team that plays that kind of game, so it’s always good to play those kinds of teams,” Jackson said. “It forces your players to make plays under pressure and helps them learn poise. When they don’t play with poise against teams like that, then they have trouble because they turn pucks over. Northeastern will come at us. They’re not going to sit back. They’re going to come after us, and we’re going to have to make plays under pressure.”

As the first meet, this competition provides a unique opportunity for the team and coaches to evaluate where the Irish stand as a team.

“This meet is really for the sprinters and the field guys,” Rae said. “A lot of people haven’t competed yet this year unless they ran cross country, so it’s an opportunity to see where they are with their conditioning.”

Some of the distance runners coming off a solid cross-country season are back competing. Rae said, “Anytime you go out and compete, it’s a big deal,” Piane said. “That’s the objective, to get 60 minutes of hockey, and being ready for the start of the game is a big part of it. But it’s just as important to me to play well in the second and the third, especially the third.”

Senior distance runner Rachel Velarde and junior distance runner Jessica Rydberg are both coming off outstanding cross-country seasons and hope their success carries over to their track events. Rydberg paced the Irish in her first meet during the cross country season and earned All-Region accolades. The Blue & Gold Invitational is the first of four home meets Notre Dame will be hosting this year. The others include the Notre Dame Invitational on Jan. 21, the Meyo Invitational from Feb. 3 to 4 and the Alex Wilson Invitational from March 2 to 3.

Friday’s meet gets under way at 5 p.m. on Saturday. Women’s 60-meter hurdles will be the first event at 12 p.m.

Contact Laura Coletti at lcoletti@nd.edu
THE CLAMMY HANDSHAKE

KELLY LYNCH AND JOE MILLER

THE LONDON EXPRESS

ALEX GRISWOLD AND LEE HAGGENJOS

THE OBSERVER

Published Monday through Friday, The Observer is a vital source of information on people and events in the Notre Dame and Saint Mary’s Community.

THE CLAMMY HANDSHAKE

KELLY LYNCH AND JOE MILLER

Have you ever heard of Malcolm Gladwell? He’s an African-American writer who...

No, he’s not.

His parents are from Jamaica.

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So he’s just black! Not African-American.

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EUGENIA LAST

CELEBRITIES BORN ON THIS DAY: Sarah Silverman, 41; Noriee Caruthel, 44; Bette Midler, 66; Woody Allen, 76.

HAPPY BIRTHDAY! Get serious about your goals. Honesty will play a major role in your future and your emotional well-being. You have everything to gain and very little to lose now.务实你的生活，让你的批判思维和行为工作，以达成你最想实现的目标。

ARIES (March 21-April 19) No one will ever be invisible. Step back and observe what everyone else is doing. Don’t let your heart not your head decide for you. Your numbers are 11, 27, 34, 47, 49.

TAURUS (April 20-May 20) Open your mind and share your thoughts and plans for the future. A change in direction may not be as far as you think. Sign up now and never look back.

GEMINI (May 21-June 21) Angel would not be the one to push you to say more than you think. You have to face and cover up the fact that something is not as you thought.

CANCER (June 22-July 22) Put first love. Whether it’s love for someone special or for something else, it’s your first effort and you will not be disappointed. You can satisfy your brain and expand your favorite.

LEO (July 23-Aug. 22) Have fun, but don’t overspend or you will regret it. A change of scenery or you will lift your spirits. Getting together with people who can offer you information, adventure or a unique variation to your lifestyle will encourage positive change.

VIRGO (Aug. 23-Sept. 22) Hide your mind and hold your thoughts. Shifting your true feelings will only lead to an argument. Work on focus, learning and self-improvement, and look at your personal options. Live risks, avoid loose.

LIBRA (Sept. 23-Oct. 22) Say what’s on your mind. You can’t please everyone, but you will have the power at which you’re. Change is inevitable, so you don’t need the outcome. Be honest, creative and true to you. Money is on the way.

SCORPIO (Oct. 23-Nov. 21) Love will bring unexpected ideas and plans to the forefront. Share with someone and believe in you and you will live. I’m looking forward to your feelings, and them to share motions, zone you in the wrong direction.

SAGITTARIUS (Nov. 22-Dec. 21) Don’t get fooled by what others do or say. You need to understand themselves and not look back. You don’t have to make changes for your benefit, but can bring financial stability. Don’t desert. Check what’s yours.

AQUARIUS (Jan. 20-Feb. 18) Use your imagination, flow, especially when making changes on your home or you will allow. Attention to your home or bringing arrangements look for new places. A partnership will inspire you to research old ideas and plan. Don’t let emotions hide you back.

PISCES (Feb. 19-March 20) You’re ready to be your own person and forget about emotions in your own time. You have to do your job for the right reasons. Outer motion and dishonesty are present in you or someone else, and should be shattered carefully.

Click here to change your postcode and forget about emotions in your own time. You have to do your job for the right reasons. Outer motion and dishonesty are present in you or someone else, and should be shattered carefully.

Birthday Baby: You are creative, sensitive and outgoing. You are disciplined and observant.
Hockey

No shortcuts allowed

By ALLAN JOSEPH
Sports Editor

On Oct. 21, No. 2 Notre Dame opened the brand-new Compton Family Ice Arena with a 5-2 win over Rensselaer. In doing so, the Irish (10-3-3, 7-2-0 CCHA) also kicked off an 11-game unbeaten streak that seemed to peak last Friday with a dominant 4-1 win at No. 14 Lake Superior State.

That all came crashing down in the second leg of the series, however, as the Irish dropped a 5-2 decision to the Lakers on Saturday. This weekend, Notre Dame hopes to erase that bitter taste as it hosts Northeastern.

"The players should be upset about how that game went last Saturday night, because we were one of our best games of the season on Friday night," Irish coach Jeff Jackson said.

"It was the seventh game in 15, 20 days, but it's an excuse, none of it's an excuse, because if we eliminate the penalty-killing goals against, we're right in that game." Jackson said he had been pleased with his team's progress on both special teams until this past weekend.

"We were going really good there for a while until this weekend," he said. "Our power play's been more consistent, a work in progress in some ways. I think our penalty had made real good strides until Saturday night ... but I thought that we had been doing really well."

ND Women’s Track

Exhibition meet sets groundwork for success

By LAURA COLETTI
Sports Writer

The Irish kick off their season Friday when they participate in their annual Blue & Gold Invitational at the Loftus Center.

Along with Notre Dame, competing teams include Butler, DePaul, Detroit and Marquette, as well as Bethel College of the National Association of Intercollegiate Athletics (NAIA). The Irish coach Joe Piane said the meet will be used as a practice run for all teams involved.

"It's an opportunity for student-athletes who don't run cross country but have been training all fall to see where they are at in terms of their training and conditioning," he said. "It compares to an exhibition game for basketball. This is sort of an exhibition for us and probably the other teams as well.

Looking to make a big impact for the Irish this season is a handful of competitors."

Men’s Basketball

Brey shows optimism as team heads to Maryland

By ANDREW GASTELUM
Sports Writer

If Spokane, Wash., was the frying pan, then Washington, D.C., may as well be the fire for the Irish. Notre Dame, fresh off a blowout 73-53 loss to No. 18 Gonzaga on Wednesday, will make a cross-country trip to take on a dangerous Maryland team Saturday.

The youthful Irish (5-3), whose roster only features one healthy senior compared to last season's four, looked rattled at Gonzaga's McCárthy Athletic Center, turning the ball over 17 times, including 11 times in the first 12 minutes. But Irish coach Mike Brey was optimistic after Wednesday's game, praising the effort of his big men while realizing the team's maturity will come with experience.

"Tom Knight gave us some good stuff and that is his first time in big-time action," Brey said in a postgame radio interview with UND.com Wednesday. "And we have got to build on that. Jack Cooley too. Those guys battled.

"I think our maturity level is still something that has to come. The great thing is that we get back to practice Friday and can get better before we go on the road again to play Maryland Sunday."

"We need some more toughness, [to be] better with the basketball on Sunday, and I'd like to see the results"

ND Women’s Basketball

McGraw readies ND for Penn

By KELSEY MANNING
Sports Writer

Following a last-second victory over Duke that featured a school record-tying comeback, the No. 3 Irish return home to face Pennsylvania, a program that has never beaten a top-25 opponent on Friday.

Nevertheless, Irish coach Muffet McGraw said Notre Dame (3-1) has no intentions of losing focus and emphasized the importance of tonight's contest.

"This is a really big game for us because our rebounding has been so bad," McGraw said. "We need to get back out and play. We've had a week off, so we've had a chance to work on some things, and tomorrow's going to be a big test.

ND Women’s Swimming and Diving

Irish prepare to take on conference rivals

By ANDREW CARDOZA
Sports Writer

The Irish will travel to Columbus for the Ohio State Invitational this weekend to compete in the biggest meet of their season thus far.

"This meet gives us the opportunity to see where we are this far in the season," Irish coach Brian Barnes said. "This is the first meet this year that will be in championship format. There has been a lot of preparation and hopefully it will lead to high performances." In this three-day meet, the Irish will face four Big Ten rivals including the hosting Buckeyes, Michigan State, Purdue and Penn State. Purdue defeated the Irish 168-131 in South Bend earlier this season.

"This will be a great meet," Barnes said. "We are competing against some great competition. In this three-day meet, everyone will be looking to swim well. I expect nothing but big performances and a fantastic finish to the weekend."

Barnes will look for team improvement and growth.