Don't have a meltdown. Stay cool with SUB.

Stress Relievers
Sunday, Dec. 14
7 pm-9 pm
LaFortune Ballroom
Free food, massages, & energy drinks

Next Semester
Comedian Robert Kelly
Friday, Jan. 23
10 pm at Legends
Free

The Second City
Friday, Feb. 20
Washington Hall
more info coming in January

Collegiate Jazz Festival
February 27-28
Washington Hall
more info coming in January
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WHAT DO YOU WANT TO BE WHEN YOU GROW UP?

The closer I get to graduation, the more I long for the days when I wanted to be a princess when I grew up. Or a butterfly. Any life path was equally plausible and equally acceptable. The two most important male figures in my life at the time — my father and Tom Petty — assured me: The future was wide open.

As we grow up, however, the choices we make inevitably narrow our options. Where to attend college, what to major in, whether to plunge headfirst into the increasingly abysmal job market or seek refuge from loan payments in a graduate or service program … we start to realize that we can’t have it all anymore. With each choice we make, we give something up.

As I talked to some of the men enrolled in the Holy Cross undergraduate seminary program for this issue’s cover story, a few things immediately jumped out at me. One was that the men of Old College are — gasp — really normal guys! And secondly, they have a very mature understanding of the aforementioned phenomenon of choice-making and sacrifice. For many people looking at the priesthood from the outside in, the vows of poverty, chastity and obedience seem so extreme as to only be an option for certain personality types. The Old Collegians, however, articulate their understanding of vocation in a way that makes tangible the attractions of the priesthood for any “normal” person. Check out pages 14–19 for a closer look at the Old College program and the men who live there, each day actively discerning a call to the priesthood.

HAPPY CHRISTMAS

To get you through finals week, News Editor Vanessa Adjei has compiled a list of study tips on pages 8–9. For a study break, get in the spirit of the holiday season with our Christmas edition of Reviews/Previews on page 21. And find out who won the annual North Quad/South Quad snowball fight, as Assistant Culture Editor Courtney Ball details her role in the battle on page 20.

For those of you who are over the whole corporate Christmas thing, turn to pages 12–13 for photos of religious iconography on campus by staff photographers Phil Langthorne and Conor Bindner. Conor also deserves credit for last issue’s photo spread, which was mistakenly attributed.

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See you next semester,

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MEN with to bring

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Holy Cross Priests and Brothers serving the University of Notre Dame since 1842

Is God calling you to join us?
MERRY CHRISTMAS
from
THE HUDDLE

Don't forget to stop by the Huddle and stock up on everything you need to survive finals!

food.nd.edu
Looking for a Louder Voice

CLAP campaign promotes union rights

Mike Tresnowski

Over the course of the past month, members of Campus Labor Action Project (CLAP) have collected over 500 signatures from students, faculty and staff on union support cards and hung up posters throughout campus to tell Notre Dame staff members that if they choose to form a union, they have the right to do so.

“"We decided to target this semester toward education. Just making the idea of a union acceptable on campus gets people talking about it, so that workers don't feel the same threats if they talk about it," senior CLAP member Mary DeAgostino says.

Senior CLAP member Michael Angulo says that while change in the atmosphere won’t be apparent overnight, the campaign is worthwhile. ""In general, working towards the goal of making Notre Dame an environment that values the idea of organized labor and workers' rights and things like that, I think this is a positive thing for the Notre Dame community,"" he says.

The campaign developed out of CLAP’s efforts last spring semester to reach out and form more relationships with Notre Dame workers. ""We came to realize through that experience that it wasn't just a living wage that workers wanted, it was issues of respect in the workplace. It was issues of voice in the workplace and feeling like they were part of the Notre Dame family,"" Angulo says.

The members of CLAP cited two events in the past two years in which workers' collective requests were not answered by the administration. In the spring of 2007, all but two employees of LaFortune Student Center signed a petition asking to receive a higher pay rate on football weekends, but the administration did not act on their requests. Last semester, some workers brought forth concerns about changes in their vacation policy that were made without their consent. Workers presented a petition signed by 200 housekeeping employees to the Staff Advisory Council, but made little progress. ""Every time they tried to present it there would be some problem,"" DeAgostino says.

University Executive Vice President John Affleck-Graves said in an e-mail that the administration has made an effort to keep up communication with campus staff, citing the Staff Advisory Council, town hall meetings, Human Resources Business Partners, Office of Institutional Equity, ND Integrity Line and his open door policy. ""We are committed to continue the dialogue we have established with employees and be ever vigilant to their concerns,"" Affleck-Graves says. He also cited an independent study done in May by consulting firm Towers Perrin which showed that hourly compensation on campus is 9 percent greater than the average of local employers. ""Notre Dame provides a comprehensive benefits package in excess of those found in most universities and many corporations alike,"" Affleck-Graves says.

Angulo sees the on-campus dialogue about workers' rights a different way. ""The administration is of the thought that a union is unnecessary at Notre Dame because we're a family. But if they are part of this Notre Dame family, why are we paying them so little? Why are they often not included? Take the opening of Jordan Hall of Science; the workers there were not invited to come to that ceremony. Or the fact that you have people working three or four jobs. You don't do that to a member of your family, right?"

CLAP looks to begin next semester with a public event at which it can prominently display the union support cards it has collected.
A Whole New World of Prayer

Campus Ministry provides opportunities for dialogue

James Napier

Opportunities for interfaith dialogue are growing at Notre Dame. Through programs like Prayer from Around the World and the Notre Dame Interfaith Fellowship, Campus Ministry allows students the opportunity to deepen their understanding of faiths with which they may be unfamiliar.

Prayer from Around the World is an initiative meant to enhance the intellectual understanding of different faiths through firsthand experience of prayer rituals. “It is not a spectator event; people participate fully [in the prayer activities],” Priscilla Wong, director of Cross Cultural Ministry, says.

Founded in 2002, the series started with Islamic and Hindu prayer, but over the past six years the program has organized prayer sessions in many of the world’s great faiths. Prayer sessions next semester will present Taize, Jewish and Zen prayer.

The Notre Dame Interfaith Fellowship takes a slightly different approach but echoes the same ecumenical goals. “Through respectful dialogue we challenge one another to think about our own beliefs and keep each other on the right path,” Mark McGuire, a founding member of the Fellowship, says.

Like Prayer From Around the World, the Fellowship also provides interactive experiences. In October, the Fellowship met to share and learn about foods that are considered important by various faiths. No announcements have yet been made for next semester, but the group hopes to continue to grow and spread its message of mutually-beneficial dialogue.
This Little Light of Mine

Measuring the energy impact of Christmas lights

Katie Buetow

The holiday season raises unique questions about Notre Dame's energy consumption. The university purchased 69 cases of Christmas lights this year, Director of Facilities Operations Valerie RiChard says. Each case contains 12 boxes of 100-strand lights, amounting to a total of 828,000 bulbs.

While the lights outside the Security Department are of the energy-efficient LED variety, "the majority are the standard indoor/outdoor 100 string miniature lights or icicle lights," RiChard says. These displays are lit for about 12 hours each day.

Using an online Christmas Lighting Energy Calculator, RiChard estimates that the cost to power these lights is $36.76 per day, or $1104.39 per month. These figures, however, do not reflect the cost of all Christmas lights on campus, as they only take into account the lights purchased this year.

Determining the impact of Christmas lights on the university's energy use is difficult. "During December, campus consumption is odd for a number of reasons: shorter days, colder temperatures, students leaving mid-month, and campus shuts down for just over one week," RiChard says.

The Landscape Services department usually begins the decorating process in mid-November. In addition to installing lights, Landscape Services is also responsible for decorating the Basilica, putting up Christmas trees purchased by residence halls and arranging the Nativity scene at the Grotto.

1 Squirrels!
2 Sprinklers!
3 South Bend!
4 Snow!
5 Sex!
NOT NOW Chief I'm in the ZONE

Vanessa Adjei

It's that time of year again. The snow is falling, the halls are decked and finals are just around the corner. No worries, help is on the way. Dr. Warren Chaney, an expert in the fields of brain development and cognitive processes, has developed Mind Technologies Inc. He specializes in the brain's capacity to expand and improve. Chaney's work sheds light on ways to improve the health of the brain — translating into a better quality of life. His techniques could help to make all those hours of hardcore studying worthwhile.

The concept of brain plasticity has some helpful implications for students. Brain plasticity refers to the brain's natural ability to make new connections to respond to injury or changes in the environment. Chaney addressed some of the common mistakes that college students make while studying. “The biggest mistake that a student makes is to cram, but an even bigger mistake is failure to review the crammed material over time. All ‘cramming’ results in a memory that's short term. Often much of what was crammed for vanishes shortly after the examination. The rest of it tends to vaporize in the following six weeks. Cramming losses are substantial,” Chaney says.

There are ways to avoid these mistakes by committing information to long-term memory. Chaney says, “Much of memory is lost due to one making ineffective cues.” So it is important to associate new information with previously known information to form effective memory cues. “Cues permit the brain to ‘latch’ onto the data and hold it. Students tend to compound the error by failing to reprocess and rehearse the material over an extended period of time.” Chaney recommends repeated review of information soon after it was originally studied.

Studying is a major part of college life, but some students do not realize that certain environments are better for studying than others. “If one can study in the same environment they are taught and will be tested in, their scores will jump nearly a letter grade. That is because the brain stores context in addition to the memory. Often when one cannot think of an answer during an exam period, they can remember where it was written on the page. The study environment is context and should be considered when studying. Studying is most effective when done in different locations. Again, storing different contexts for different memories is key to the memory process.”

The function of cognitive systems is not only a matter of science; it also involves issues of self-esteem. “When anyone can suddenly improve their intellect, they gain an edge that will remain with them for a lifetime. This benefit gives them the opportunity to progress more rapidly than they would have otherwise,” Chaney says.

“It's not really about techniques. It really is about getting the brain to re-engineer itself and to re-grow areas. If you change your brain, you change your mind … and if the brain change is positive, the mind change is positive and the life change is positive.”
study tips

EATING A BRAIN HEALTHY DIET

1) Too little & too much food upset the nutrient & chemical balance of the brain
2) Green & black tea; avoid caffeinated foods
3) Cinnamon and cloves
4) Water

EFFECTIVE SLEEP STRATEGIES

1) 8 hours of sleep are optimal; naps help too!
2) Naps result in greater alertness & enhanced memory retention & creativity
3) Take naps in the late morning or early afternoon; late afternoon naps = groggy
4) Don't eat foods heavy in fat or sugars before you nap, Protein and calcium = sleepyness
5) Sleep for an hour - it allows a full cycle of sleep
6) Decrease caffeine consumption

RECALLING LOST MEMORY

1) Relax the mind. Stop trying to think of a specific memory
2) Think about what is lost. Can you recall details such as people or events?
3) In names, try recalling the first letter the missing name starts with
4) Be prepared to wait a period for the missing memory to "pop up"

CLASSICAL MUSIC

1) Benefits memory
2) Reduces stress
3) Improves creativity
4) Stimulates motor skills
5) Improves stimulation of language skills
6) Positively influences mood
And on Wednesdays,
We Go
Bowling
Students take
to
the lanes in official club and informal league
Mitch Bradford & Jessica Farmwald

Every Wednesday, the lanes at Chippewa Bowl are filled to capacity
with families, friends and ‘mid-weekers.’ The place is friendly and
warm, well-lit and expansive.
One would not expect this to be the type
of place where one seeks glory, but it is for members of the Notre Dame
bowling club.
Taking up six lanes out of 70, the
Notre Dame bowling club takes
their strikes and continued success all in good stride.
"Strrrrrike!"
junior CJ Kaltenbach, vice president of the bowling club, yells as his
bowling ball nails pins across the lane. Kaltenbach pumps his fist as his
bowling partner and co-vice president, junior James Breen, laughs and
says, "He’s good. Real good."
This year, Kaltenbach and Breen have attempted to take the club to
the next level competitively, bowling three times a week for two hours.
The club still places an emphasis on fun, but nowadays, winning is
more important than usual.
"Sure, we like to have
fun," Kaltenbach
says. "But
we’d also like to
win."
As if on command, Breen cracks some
pins, leaving one wobbling before leveling itself out, still standing.
"We’d like to knock down all the
pins!"
Kaltenbach shouts in jest.
In all, the Notre Dame bowling club comprises nine people. Its small
membership, however, has not stunted its hopes for the club.
"Our
goal is to eventually have a club of
20 to 30 bowlers on a weekly basis._ We also want to continue to improve alongside our coach Dan Dews’
instruction," Kaltenbach says. Breen says, "By the end of the year, we
will have a top 10 finish in a tournament too."
Across town, the Wednesday night crowd at Strikes and Spares is
a little bit different.
And so are the rules. The league was started by
students three years ago, and over the summer, senior Patrick Sweeney
took the reins to keep the tradition alive. Twenty teams with five
students each fill every lane in the facility from 10 p.m. to midnight
or 1 a.m. every week. Each person pays $5 for shoe rental and three
games. And tall domestic drafts are only $3.75 apiece.
As students feed the jukebox, top-40 hits mingle with the sounds of
pins colliding with the floor - and that distinctive· thud as balls hit
the gutter. Senior Traci McMillan says, "Our
team tends to do more
dancing than
bowling."...
But it’s
OK,
because girls in the league have additional means to
boost their score. Sweeney says, "If
a girl wears a skirt, her total
points per game increase by 10 pins. That’s
30 points at the end of the
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bowling league circles, Edward Fitzpatrick ['08], first petitioned for
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Every Wednesday, each team faces
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against a new opponent.
Specific scoring gets complicated, but it is based on comparing the best
individual scores for each
game
against that of the other team.
Points are tracked throughout the semester, and the final four faced
off on Dec. 10.
Plans for the championship are still in the works.
Sweeney plans to run the league again next semester, with registration
preferences going to teams that participated this fall.
Students interested in joining the Wednesday night craze can contact
the official club at ndbowl@nd.edu or Sweeney at psweene3@nd.edu for
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And on Wednesdays, We Go Bowling

*Students take to the lanes in official club and informal league*

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Students interested in joining the Wednesday night craze can contact the official club at ndbowl@nd.edu or Sweeney at psweene3@nd.edu for the Strikes and Spares league.
t's 10 o'clock on a Tuesday night in a campus residence hall. In a common area, someone plugs an iPod into the sound system, and a few guys break into the "Thriller" routine as Michael Jackson's voice fills the living room. In the adjacent kitchen, another group discusses Charlie Weis' odds as they grab lemonade and Rice Krispies squares.

Pop music, sports, junk food ... the scene could have been found in any of the dorms on campus. And that's something that the men of the Old College Undergraduate Seminary hope to convey to the rest of the student body.

"A lot of people probably think that we're not very normal," J.P. MacPherson, a freshman in Old College, says, laughing. "They think we're kind of strange, or weird, or hard to approach, I guess."

They're not. But the Mass in the log chapel that is hosted by Old College and precedes this social gathering each Tuesday night highlights the seriousness of the Old Collegians' commitment to discerning their vocation.

In addition to a normal course load, extracurricular involvement and a variety of hobbies, the undergraduate seminarians...
Life as an Undergraduate Seminarian
Jessica Farmwald

It's 10 o'clock on a Tuesday night in a campus residence... with men and women. They need to have a certain kind of maturity. They shouldn't

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"They... as they grab lemonade and Rice Krispies... Jessica vocation. Seminary hope to convey to the rest of freshman in another group discusses Charlie Weis' odds on campus. ~Stachowski had a similar experience, growing abroad. "When I was in grade school, the priests I saw were some of the happiest men I knew. While some kids may see a heroic fireman and dream of riding the 'big rig,' I saw a joy-filled priest and dreamed of wearing a Roman collar."

Junior math and philosophy major Anthony Stachowski had a similar experience, growing up the oldest of eight in a large Catholic family. "From a young age, people tell me that I was saying that I thought I wanted to be a priest, so it was on the back burner for a long time," Stachowski says. "I mean, there's not much you can do in grade school for it." He began to seriously consider life in the priesthood as a junior in high school, and when he found the undergraduate seminary program at Notre Dame, it seemed like a perfect fit.

For second-year Old Collegian and senior philosophy major Thomas Haan, the call came after he spent two years at Purdue University, the first as a walk-on for the football team. "I started feeling a pull to something deeper at Purdue, especially a deeper spiritual life," Haan says. "For me, I found it to be a bit difficult to get to daily Mass, Eucharistic adoration on a regular basis, to even speak with a priest about discernment of a vocation and fellow students that were experiencing the same things I was. It was hard for me to reach to anybody."

The Old Collegians emphasize that discernment is generally a process, not a single, shining realization. "The first time I realized that a call could be possible was when I read some vocation stories of priests in my diocese and realized how normal they were," Haan says. "I have not had that experience of Paul on the road to Damascus yet, and I don't know if many people do."

While the seminarians are very serious about exploring the possibility of a vocation in the priesthood, it remains just that — a possibility. MacPherson says, "I think [a misconception] is that everyone at Old College is going to be priests, like they're in it for sure, and it's like, a lot of us are just checking it out, discerning, seeing if it's for us or not."

After three years in Old College, senior history major Chris Ochoa decided to take the next step in the discernment process and is now in his candidate year at Moreau Seminary. "Of course, you do doubt constantly. I think that's kind of part of life. Trying to figure out, really, who am I, what am I supposed to be doing, and that's what this whole program is designed to do," Ochoa says.

The Call

Some of the men in Old College felt a call to the priesthood from a very young age. "Becoming a Catholic priest was always something that I had considered when I was growing up," junior theology and philosophy major Kevin Wack says in an e-mail from Belgium, where he is currently studying abroad. "When I was in grade school, the priests I saw were some of the happiest men I knew. While some kids may see a heroic fireman and dream of riding the 'big rig,' I saw a joy-filled priest and dreamed of wearing a Roman collar."

The Program

Old College offers a unique opportunity for a select group of men who want to earn a degree and have a fairly normal undergraduate experience while at the same time exploring a call and preparing for the seminary.

Most undergraduate seminaries across the country are separated from the campus with which they are associated and have more predetermined courses of study. Old Collegians, on the other hand, live in a dorm next to Bond Hall, are encouraged to participate in campus life and are allowed to pursue whatever major they choose.

Fr. Kevin Russeau, C.S.C., who is in his fourth year as director of Old College, says that most undergraduate seminaries require a major in philosophy. "Someday we may decide to do that as well. Our bishops have asked us to do it," Russeau says. "But what we want to do is prepare them for the Master of Divinity program, because that's the degree that helps us to learn how to be priests." The Old Collegians are required to receive 18 philosophy and 12 theology credits in addition to their other courses.

If the seminarians do decide to continue on the path towards priesthood after spending their freshman, sophomore and junior years in Old College, they enter Moreau Seminary for their senior and candidate year. The additional philosophy and theology credits they have earned allow them to essentially shave a year off of the Master of Divinity program.

The flexibility of the program and the extent to which Old College is embedded in campus life was a major attraction for some of the seminarians. "I think that it's distinctive and advantageous to young men that don't know exactly what they're called to be," Haan says. "It doesn't shut any doors yet. The great thing about Old College is that I knew that this program would not only not shut doors, but that it would form us in a way to be good Catholic men, and potentially good priests, and I wanted to prepare myself for that opportunity."

Potential seminarians apply to both Notre Dame and Holy Cross College, and there is a separate application process for Old College as well. The application consists of 22 pages of general data, six or seven essay questions and a series of psychological tests.

Men are invited to come for an informal visit, during which they stay in Old College and get a feel for the community life there. They also come for a formal visit which includes a series of interviews with a psychologist, the director of the office of vocations, the director of Old College, another priest who shares a common interest with the applicant and someone in lay ministry in the ND/HCC community.

Each of the interviewers writes a report, which is sent to an admissions committee that makes a recommendation for each candidate. The Holy Cross Provincial makes the ultimate decision.

MacPherson says, "It's fairly intense, but I think it's reasonable. They want to find good guys, guys that aren't crazy or psycho, but guys that are serious about the call. They want to get a sense of you, and you get a sense of them. It works out well, and you get a feel for each other."

Red flag-type issues that would prevent admission include psychological disorders and social or spiritual immaturity. Russeau says, "We want people to be healthy, and the seminary helps people to become healthy, but grace builds on nature. So we want to be sure that they've had some time to kind of practice the things that we want them to be able to have. They need to be able to have relationships, friendships, to be able to relate with men and women. They need to have a certain kind of maturity. They shouldn't..."
have a criminal record. They ought to have religious practice.”

Fr. Pete McCormick, assistant director of vocations and rector of Keough Hall, says that he does not see any one kind of personality trait or background in applicants, other than that they have generally grown up in supportive Catholic families. “God calls a lot of different people, so we as a result work with a lot of different people and personalities,” McCormick says. “And that’s what makes it exciting. There’s no one mold.”

The parents of Old College applicants are encouraged to visit campus and be a part of the admission process. Russeau says, “I think that some people think that the seminary is like the ‘Sound of Music’ or something, like we’re kind of behind gates and not accessible, so we try to bring the parents along to get them involved as well.”

McCormick agrees. “[We want to assure parents that] this is a good choice; we’re going to take care of your son. Your son will be happy. He won’t live a life of utter loneliness and despair.”

The in-depth application process also helps to reassure the seminarians that they will fit into the Old College community. “It just felt like home,” Stachowski says. “Sort of the family aspect of Holy Cross really drew me in. I guess coming from a big family, I was looking for something like that.”

Since the undergraduate seminary program began in 1950, numbers have fluctuated greatly. Russeau says that in 1999–2000, there were 14 men in the program. Four years ago Old College was down to just five seminarians. Today, there are 17 men total, three of whom are currently studying abroad.

Russeau says that they do not track statistics on enrollment or on how many Old Collegians continue on to the priesthood. “I just don’t find those things exciting or interesting,” Russeau says. “The thing is, OK, we have 17 guys now, we don’t know what’s going to happen to them. But our hope is that all of them become better men. We don’t necessarily want all of them to be priests. Because if they’re priests, but they don’t really have the vocation of priesthood, that’s not going to be good for them or good for the Church. Our program’s success is not based on our retention rate.”

Community Life

Walking around Old College, it is easy to see part of the reason that the men of Old College are so close. Located next to St. Mary’s Lake and the log chapel, Old College is the oldest building on campus, built by Fr. Sorin and his Brothers of the Holy Cross in 1843. It is also by far the smallest residence hall on campus.

McCormick, who lived in Old College as an assistant rector for one year, says, “The house is so small, it’s itty-bitty! But I think it was just a good opportunity to get to know guys well. I think the folks really enjoy that type of community, so from prayer together, meals, watching TV together, goofing around, whatever the case may be, just because of the size of the building, you are around folks constantly.”

The Old Collegians constantly refer to their bonds as a brotherhood. MacPherson says, “All of us in the dorm here are together for a reason, for community, for formation. We’re all discerning the same thing, which is a little different than when people have different majors and they’re going different ways, so it’s kind of cool that we’re all here for the same kind of reason, because we feel we have a call. It’s a deeper sense of brotherhood, I think.”

Along with living like brothers, Haan says that inevitably, they sometimes fight like brothers as well. “A great advantage, if there are conflicts within the house — which there are, in such a small house — an advantage is that it’s so small that you can’t escape the conflict. It must be resolved pretty darn soon, or it’s very uncomfortable. So, we’ve learned how to live in a close-knit community, which, even dorms might not have that advantage,” Haan says.

Russeau says that within the dorm, they try to resolve issues in the same way that any family would. “You try to talk things out, and try to find out what’s best and try to move on,” Russeau says. “When you’re in a chapel so much of the day, you really kind of get a sense that you’re there to kind of work on your relationship with Jesus. And when you work on that relationship with Jesus, it’s harder to hold grudges. It’s harder to be argumentative. Not impossible, but harder.”

The seminarians speak of the variety of personalities in the house as positive. MacPherson says, “After being here for a week, I figured out that we’re all really different sometimes, but it’s like the chemistry is kind of unreal. We’re all kind of like brothers, like best friends, and it’s kind of funny.”

The sense of community is fostered from the very beginning, as the men of Old College take a week-long retreat to La Porte, Ind., before the start of each academic year. Russeau says, “After [the retreat] at Deer Park, while all the other dorms do whatever it is they do to initiate their freshmen — some healthier than others — we have a holy hour in the log chapel where we pray about
the brotherhood, we read the constitutions about brotherhood, we bless crosses that the guys wear, to welcome them into our community, and we process back to the Grotto with votive candles for their own intention. So from the very beginning, we kind of recognize them as brothers, and then we treat them as brothers."

Each Sunday evening, two of the Old Colombians prepare dinner for the rest of the house, and on Saturdays the men participate in a housework period in which they do various upkeep tasks, such as landscaping, cleaning and Christmas decorating. "It really makes us feel part of this house," Stachowski says.

In light of all the extra time commitments the Old Colombians make, the men are on scholarship from the university and only pay room and board. Russeau says, "One of the things we try to do is work on time management, as all college students try to work on. It's no more than any of our athletic teams have. You know, our basketball team is practicing as many hours as we're praying, and they do it OK. They have a support staff to kind of help them. And so do we at Old College."

**Campus Involvement and Interaction**

Although the men of Old College take classes with the rest of the undergraduates at the university and are involved in various campus activities — from the marching band to Bengal Bouts — the seminarians say that they think many people do not even know that the Old College seminary program exists.

"Every once in a while you'll hear like a tour director saying 'Oh, it's a museum,' or something like that," Stachowski says of the Old College residence hall.

Stachowski says he thinks that it helps that there are more Old Colombians now than when he entered. "People are seeing us more around campus," Stachowski says. "Once in a while you hear the people who say, 'They never come out of there, they're stuck in their building,' and that's definitely not true."

The seminarians receive mixed reactions when people find out they are in the process of discerning a call to the priesthood.

MacPherson says, "I try to make it not as awkward as possible, but, it can be kind of awkward. You're talking to a couple of girls, and they're like, 'Oh, what dorm are you in?' and you're like, 'Old College,' and they say, 'What's that?' and you answer 'The seminary,' and they're like, 'OK, bye!' So, I mean, it can be [awkward], but it's a way I've found that I can learn about people. How they react to it. Some people react really positively, and that's kind of cool, that's the kind of people I want to be around."

Stachowski says that many people are very supportive of his commitment. "Most people react pretty well. They're like yeah, that's pretty cool," Stachowski says. "A lot of people here are trying to figure out what they want to do, like careers, whether they're interested in a religious vocation or some other kind of service, so I think they know that they're going through a lot of the same stuff we are."

Because the laity most commonly interact with priests in ministerial or professional roles, Ochoa says he thinks they often miss the fact that men in the priesthood have other interests and aspects to their personalities.

"Maybe some misconceptions, certainly ones that I had coming in, would be that priests were pious, kind of set apart, really holy guys," Ochoa says. "This is true, we strive for holiness, we strive for perfection, but at the same time we're normal guys in a big way. We share the same kinds of human emotions and desires, we have a lot of fun joking with each other, so in that sense, a very kind of normal guy can be a priest."

McCormick agrees. "At the end of the day, we're people that enjoy being around other folks. The most common misconception is probably the sense that all we do is kind of priestly-type stuff. I mean, I'm a big Notre Dame basketball fan, I'm a big sports guy, I like just kind of talking about average things," he says.

Ochoa says that the elements of community life that are not specifically religious are an outlet for many of the priests, a time to relax and enjoy each other's company. "People joke about Holy Cross a lot, but in the community it seems like a lot of the things that we do, we pray, then we party, then we eat, and then we pray, then party, and then eat some more," Ochoa says. "That's about our lives. It's a lot of fun."

**The Vows**

While many people outside of the priesthood see the vows — obedience, poverty and chastity — as a kind of restriction, the seminarians speak of them as liberating commitments.

Wack says, "I feel that there is a common misconception that the actual vows taken by a religious are seen as the cause of the sacrifices. For example, some people may think that the vow of chastity causes a priest to sacrifice the joy of marriage. But in reality, the vows taken by a priest cause him to be completely free and open to the will of Christ; the resulting sacrifices of the
vow are the necessary counterpoints to such a blessing.”

The vow of obedience means that the men of Holy Cross commit to accepting whatever assignment is given to them by their superiors.

“You are in constant dialogue with [your superiors], and they’re typically not going to ask you to do something you really don’t want to do. So in that sense, it’s not too bad, but we do have to give up a certain level of control,” Ochoa says.

The vow of obedience is designed to free priests from worrying about their future, and both the needs of the community and the gifts of the individual priests are taken into consideration. Ochoa says, “We’re freed up to just work on our project at the moment, whether that be in the parish or teaching or in the dorms, that can be your focus. You’re not having to worry about other things; there’s a priest that’s assigned just to do that.”

Similarly, the vow of poverty is intended to relieve the priests of any worries about money. Seminarians manage their own finances until their novitiate year at Moreau. At that point, they must either turn over their personal assets to the order or they can set up a trust fund to be managed by someone else.

All money earned by members of the Holy Cross community goes into one general pot, from the salaries of parish priests to the $400,000 University President Fr. John Jenkins, C.S.C., earns each year. Each person is asked to fill out a budget for each year, which is looked over and eventually approved. The members of the priesthood are given credit cards, and Holy Cross pays the bills.

Ochoa says, “All the expenses need to be approved, and they do ask you to live simply. We’re not supposed to live extravagantly, but they do meet our needs very effectively. Everyone does have a phone, a working computer, so nothing is technically ours, it’s all owned by the community.”

The vow of poverty means that the members of the priesthood have less control over their own finances, which Russeau says can be a blessing. “Yes, I can’t provide for people I want to give gifts to. Perhaps, maybe economically, I don’t have that ability. But I also don’t worry about things,” Russeau says. “I don’t worry about medical insurance; I don’t worry about who puts gas in the car; I don’t worry about transportation — things are taken care of for me.”

The vow of chastity is one that often raises the most questions from those outside the priesthood.

Haan says, “I think there is some sort of emphasis on [the vow of chastity] because in the culture we’re raised in, our sexual lives are so exulted in secular society. So it’s something we must deal with, absolutely.”

The seminarians compare the sacrifices that come with the vow of chastity to the sacrifices made by any other person living the married or single life. MacPherson says, “You go into marriage, there’s going to be sacrifices there. You have to provide for your family, you have to make tough decisions for your family. Single life, same thing. I think that’s kind of a misconception with the priesthood. Any vocation you choose, you’re going to be sacrificing a lot.”

Stachowski agrees. “I’ve heard stories where parents would give up a career path that might take them a lot longer, just so that they can choose another career in order to provide for their families and stuff like that, so there are sacrifices on both ends,” he says.

Haan says that while he appreciates other people’s admiration of the commitment to celibacy, marriage should be seen as just as big of a commitment. “My mother even said it almost best, that if people saw marriage as the same level of commitment as entering the priesthood, the world would be a better
place,” he says.

As part of their discernment process, the Old Collegians are asked not to date. Russeau says, “We want them to have friends, we want them to be able to interact with people, we want them to be social. So we draw the line with the dating policy, that there should be no physical intimacy, which maybe seems pretty basic, but we also say that there should be no emotional exclusivity. So there should never be just one person that the person is spending time with. If there is, then he’s not spending time with his community and taking care of the other obligations he has.”

Ochoa says this policy allows the seminarians to relate to men and women on a slightly different plane than other undergraduates. “Certainly it does change the way people interact with you [...] People talk about Notre Dame’s ‘hook-up culture,’ or whatever, we don’t experience that as much. Which is kind of, I guess, liberating. People are able to just talk to you and see you as kind of a friend without any of those overtones as much,” Ochoa says. “But of course, we’re human as well, so that’s there, and we do have to be aware of it. But I think it certainly changes your status in their eyes, and we have to be aware of that, that we’re seen a little differently and held to different standards.”

By not giving of themselves to one particular person, priests hope to open their lives to everyone.

Russeau says, “Hopefully, the way that I love, while it’s not exclusive with somebody else, it’s inclusive. I’m available for everyone. So it’s a real positive thing, I think.”

The priests on campus serve as models for the seminarians, showing them the joy that can come with taking the vows. Stachowski says, “Just seeing how happy a lot of the guys are that are priests here, and how devoted they are to their work, it helps you along the process. Just seeing, wow, a lot of the happiest people I’ve met have been priests, so I think there’s definitely something in it.”

**The Future of the Priesthood**

It is no secret that the numbers of men joining the priesthood have been in decline. But the men of Old College say they are not disheartened.

“A lot of people get discouraged about it, that like eventually we are going to run out of priests. A lot of people are like ‘Why are you doing that? There’s no one doing it anymore,’” MacPherson says. “But the Church needs it more now, so it feels a little more like I’m actually having an effect.”

Ochoa says he thinks that a re-organization may be necessary within the Church, with a larger role being played by the laity.

Russeau agrees. “There are fewer priests, but there are still dynamic things going on. I think of Alliance for Catholic Education here. I don’t think we would have an ACE program, with so many dedicated lay teachers, if it were still up to the priests to teach. Other good things have kind of come in its place, a lot of lay volunteer programs and things like that,” Russeau says.

The Old College undergraduate seminary hopes to prepare the seminarians for both the individual and collective challenges they will face if they decide to join the priesthood, and despite all the fun they have, this is something that the Old Collegians take seriously. “I think people are just now starting to think through the ramifications of what are the next 10 years going to look like, what are the next 20 years going to look like for the Church,” Ochoa says. “But at the same time, it’s kind of exciting. It’s a time of opportunity and growth for Holy Cross, or at least reorganization for Holy Cross, so that we can reexamine the way we’re doing the mission and try to do it in new ways.”

**Father Hesburgh on the Priesthood**

*Why do you think numbers in the priesthood have declined? Why or why not?*

“I talk to a lot of students, and many of them say that they often think of becoming priests, but they want to get married. And for the first thousand years of Christianity we had a married priesthood; we even had popes that were married. In fact, there were two popes that were canonized as saints; they both had sons who became popes, and they’re canonized too. All four of them were married.”

*Do you think it is possible that the Church may have to make some changes if it wants to keep attracting men to the priesthood?*

“I think that there could be changes in the future, but that’s something that’s not up to me. It’s up to the Holy Spirit. And if He’s leading us in that direction, we ought to listen. Now I have to say that I believe in a celibate priesthood — that will always be true in the Church. But it’s conceivable that we could have both a celibate and a married priesthood, and the married people would live in parishes, but the celibates would mostly be living in connection with religious orders and the monasteries — orders like Holy Cross — that would bear witness to students, that are part of the total environment, close to the young people. At least it’s something that one should think about.”

*Do you think there will be a time when women will be ordained as full priests? Why or why not?*

“I think it could happen, but I think that one thing one can think of at the moment is a married priesthood. That may take care of it. But if it doesn’t, and the only alternative would be women in the priesthood, I think that’s something that might be thought about. But I think that the great trust of thinking today would be against that, at least in the official Church thinking.”

*How do you think the laity fit into the future of the Church and the priesthood?*

“I think it’s very important. When I wrote my doctoral thesis way back in 1945, I wrote on the theology of the laity. And my professors at Catholic University said, ‘That’s not an important subject.’ And I said, ‘Well, if something that affects 99 percent of Christians in the world is not an important subject, I think you better think twice about it,’ because the laity are the backbone of the Church [...] I wrote the thesis, and years later, some 40 years later, when the [second] Vatican Council took place, they came out for the first time in Church history with a special document on the laity. It’s a wonderful document, and it reflects back, future and present, what I wrote in my thesis.”

*How does the presence of Old College affect the larger campus?*

“I think it’s good, because it’s good for both sides. It’s good for young men being priests to understand the laity with whom they’ll spend their whole life working, and it’s good for the laity to understand that priests are normal human beings, and they’re part of the community, and they’re very highly dedicated young men, trained in leadership.”
Campus Chatter
DEPARTMENT OF FRIGID BOMBARDMENT

After five charges and the trampling of hundreds of Uggs-clad feet, the snow of North Quad had become pretty icy. Out of the blue I was hit ... in the dead center of my face. Stunned by the force of the blow and blinded by the snow freezing my eyes, I was forced to retreat from the front line. I heard a fellow fighter (and PLS major) say, “It is in the snowball fight that we see man in the true state of nature.” If Locke only knew the pain of a snowball to the face ...

I spent my first two years at Notre Dame doing everything in my power to avoid the annual North Quad-South Quad snowball fight. Coming from Georgia, where snow is a foreign and unpleasant entity, nothing seemed less tempting than issuing an open invitation to be pelted with ice missiles. This, however, was the year to change that. It felt right; I knew it was time for me to face my fears and stuff a fellow student’s face into the snow. I was even willing to accept the possibility that I would take a few minor hits as well. But I was totally unprepared for the battle that would ensue.

I have no experience in starting a snowball fight. I always assumed that when all of the proper elements combined, a spontaneous combustion would result. Snow, plus a tradition of North and South feuding and a couple hundred students full of tension ready to be released equals a wintry war. Unfortunately, even after several sneak attacks on innocent South Quad bystanders and a fair amount of trash talking, only minimal fighting occurred.

I began to get desperate and considered returning to the warm haven of my room when I suddenly heard a war cry that chilled my already frozen body. Suddenly students en masse were swarming from South Quad to North, chanting “North Quad sucks.” Those were fighting words. I forgot all of my reservations about the dangers of the cold and snow and boldly entered the battle. Charging the South Quad line, I successfully tackled a random guy to the ground. I was too much of a novice to make a very effective snowball, so I supported my quad by scooping up snow and shoving it into the face of the nearest South Quad-er. I was feeling pretty good about myself — until on the fifth charge he took revenge. I had no idea how much pain a snowball could inflict.

Staggering from the battle lines, I observed the war raging about me for the first time. Things had gotten personal. One North Quad ally found himself in a fist fight with the enemy. Showing quad solidarity, those nearest to him were quick to pelt the offender with a shower of ice. Amidst the chaos, a group of smokers stood in the middle of the two lines, seemingly oblivious to the firestorm of snow periodically striking them. They were outdone in strangeness only by a guy in his boxers and a girl in her bikini jogging by on an evening run.

I was faced with a decision: I could either reenter the mêlée and risk a repeat encounter with the malicious South Quad-er, or I could watch and do nothing as fellow North Quad-ians suffered. I had just mentally prepared myself to rejoin the bedlam when a miraculous thing happened. With a victory shout, the Northerners chased the Southerners into Stonehenge where they were temporarily trapped by a barrage of snowballs. As soon as an escape was possible, they retreated back to South Quad in shame amidst our cheering of “NDH! NDH!” Victory is almost as sweet as the crepes in North Dining Hall.

— Courtney Ball

The views of this author are not necessarily the views of Scholastic Magazine.
Seasonal Singing with the Glee Club

Claire Kenney

As Christmas 2008 approaches, what better way to celebrate than with the sounds of the season? The University of Notre Dame Glee Club will carol its way into your hearts this holiday season with its concert at the DeBartolo Performing Arts Center on December 13, at both 6 p.m. and 8:30 p.m. The men of the Glee Club shine in a mix of traditional, chant, motet and international numbers. Enjoy pieces such as the “The Carol of the Bells” and “In Dulci Jubilo” that the club has prepared and perfected for your delight. This concert is regarded as the Glee Club’s most anticipated event of the year and is sure to spark that holiday spirit. Tickets are $8 for general admission, $6 for faculty/staff, $5 for senior citizens and $3 for students. This event allows you to enjoy Christmas cheer and spread the love at the same time — all proceeds benefit the South Bend Center for the Homeless.

Four Christmases’ Not a Total Flop

Jennifer Hoffman

With an impressive resume boasting blockbuster hits like “Wedding Crashers,” “Old School” and “Dodgeball,” fans have come to expect a lot from Vince Vaughn. It is apparent from “Four Christmases,” however, that Vaughn shines more during wedding season than Christmas season.

Although Four Christmases has its funny moments, they have been seen too many times before in other holiday films and are as old as leftover turkey on Christmas Day. As with most of Vaughn’s movies, the funniest parts revolve around his incoherent rambling. Vaughn plays the character he has perfected: the oblivious, bumbling idiot who somehow manages to capture the beauty’s heart. After so many movies, this repetitive comedy should be boring, but who can resist Vaughn’s ridiculous and long-winded fumbling?

It is this familiar humor and comedic genius that saves “Four Christmases.” Even with cameos from stars like Jon Voight, Sissy Spacek, Robert Duvall, Jon Favreau, Tim McGraw and a certain character from “The Office,” the movie is enjoyable but not memorable.

But before you put “Four Christmases” on the Bad List, you can’t overlook the feel-good sentiments. This flick is not a total flop — there are moments of good humor, painfully awkward yet realistic “meet the parent” conversations and witty dialogue. At the heart of the movie is a good message: Nothing is more important than family.

If you want to get in the Christmas spirit now, “Four Christmases” will certainly help you do so. But if you can, wait until this movie comes out on DVD. Who knows? Maybe you can enjoy some of that leftover turkey while you watch.

Classic Christmas Show Comes to South Bend

Allison Thomas

As the semester winds down and visions of dreary all-nighters dance in your head, it’s always a good idea to step away from Starbucks and have a little Christmastime fun. If you decide to put down the books for a few hours, consider taking a ride to the Morris Performing Arts Center (MPAC) in downtown South Bend to catch Tchaikovsky’s classic “The Nutcracker,” performed by the Southold Dance Theater. This fairy tale ballet makes for a perfect date, section event or reading day excursion with friends. The dancing snowflakes, sinister Mouse King and dashing nut-cracking prince are sure to stir your holiday spirits. Even if you’re a seasoned Sugar Plum spectator, the merry suites and dazzling costumes are enchanting time and time again.

Performances are Saturday, December 13, at 2 p.m. and 7 p.m. and Sunday, December 14, at 2 p.m. Tickets start at $10 (be sure to ask for the student discount) and can be purchased on the MPAC’s website, www.morriscenter.org. So abandon your coveted close-to-an-outlet booth in LaFortune or your temporary home in the library and remember why this holiday classic is worth every minute of your study break.

Stephen Colbert is Laughing at You

Mike Tresnowski

Suppose you were a comedian and you wanted to make fun of the fact that Americans are addicted to buying Christmas stuff. You would probably just write a joke about it. But how does comic genius Stephen Colbert do it? He actually gets people to buy useless Christmas stuff.

Colbert went on his show last week and challenged his viewers to raise his Christmas album, “A Colbert Christmas: The Greatest Gift of All!” to number one on iTunes. And they almost did, raising his album from number 16 to number two. On his album’s first track, he makes his intentions quite clear: “My register’s ching-ching chinging from the cash I’m bringing from another Christmas song.”

But even though the fact that people are actually buying an album by a guy who doesn’t sing is the biggest joke, Colbert doesn’t shy away from other targets. One of his lines, “Hear the baby Jesus cryin’ ho ho ho,” does a great job of illustrating the contradiction of modern Christmas (Birth of Christ + fat guy who gives people stuff). Jon Stewart’s track trying to convince Colbert to celebrate Hanukkah earns a few chuckles. Then there’s also that bizarre one where Willie Nelson brings marijuana to Bethlehem.

The one track that might be worthy of a spot on your finals Christmas playlist is the cover of Elvis Costello’s hit, “(What’s So Funny ‘Bout) Peace, Love, and Understanding,” with Costello, Colbert, Nelson, Toby Keith, Feist and John Legend.

Is the joke worth buying? Probably not. But I still did, and Colbert wouldn’t be surprised if you did too.
Students are taking advantage of opportunities to pursue their interests through research across all disciplines, majors and colleges at Notre Dame. With over 200 ongoing projects ranging from studies on finding potential cures for retinal degeneration to examining 16th-century culture to creating their own films, undergraduates are exploring the limitless possibilities for learning.

**Zebrafish**

Sophomore science pre-professional major Colleen Finlay joined Dr. Lei Li's zebrafish lab this semester. Their collected data attempts to pinpoint the gene that causes blindness in zebrafish embryos and serves as a model for comparison to human eyes. In the lab, Dr. Li, Finlay and a small team of others map genes and highlight the rods of zebrafish embryo eyes. Finlay says, "I really enjoy working in research because it gives me an opportunity to apply my factual knowledge and skills from the classroom to a real issue."

**Wilderness Therapy and Troubled Teens**

**Inspired by a Summer Service Learning Project, senior anthropology/Arts and Letters pre-professional major Marie Bader is conducting research based on her trip to Missoula, Mont., where she worked with the InnerRoads Wilderness Program. This program reaches out to troubled teens who have been non-responsive to traditional treatment by using the beauty of the backcountry to build self-esteem and leadership skills. It aims to teach teens a healthier lifestyle through hikes, teamwork and balanced diets. Bader says, "The life stories of the teens I worked with will just plain break your heart, but working with InnerRoads, you get to fight for the kids who really don't have many people in their corner. I cannot even describe how amazing the transformation of the teens is from the start of the trip to the end ... They were such different people." Her project is overseen by Professor Daniel Lende and will conclude after a year of research.

**Galactic Evolution**

Senior physics major Kyle Neary works with Professors Chris Howk and Nicolas Lehner to examine how our galaxy has evolved. He is currently completing a survey of the ratio of C+3/Si+3 gas in the galactic halo, the high plane above the galaxy. After observing selected stars, he can see to what extent gas is obscuring the stars from our sight. He hopes to learn how supernova (exploding stars) activity has affected the history of our galaxy. Neary says, "I am glad to get some exposure and learn what I can now, so hopefully I will have a chance to make bigger advances in the future."

**Quilt Packaging**

Professor Gary Bernstein employed the help of four students to aid in his project called "Quilt Packaging." This is a method of attaching integrated circuit chips' edges to each other, allowing electronic systems to function faster and with less power. Within the project, junior electrical engineering major Siyuan Dai studies methods to facilitate the attachment of the chips. Senior electrical engineering major Joe Bonath designs and constructs the metal structures that act as springs, providing reliability under thermal stress. Fellow senior electrical engineering major Ryan Savino completes methods for holding the chips together. Junior mathematics major Thomas Bounds utilizes the models to determine the economic impacts in manufacturing electronic systems.
**Marketed Consumerism**

Junior business majors Kara Klug and Katherine Callahan teamed with Professor Tonya Bradford to explore gifting from a consumption perspective. They are seeking to understand and explain how gift registries influence gifting as a way of reinforcing social ties. Interviews are being conducted with engaged or newly married couples between the ages of 20–40 and expectant mothers at local chains like Target. So far, Callahan says, “Many times people will register for things based on this ideal of what they want to become. For example, one couple registered for a tent and when asked if they went camping a lot they said that they never went camping, but rather it was something they hoped to do once they were married.”

**Avoidant Behavior in Middle Childhood**

Senior psychology major Ashley Mayworm is currently completing her senior thesis on parent-child attachments in middle childhood. She is focusing on how children who show avoidant behavior towards their caregivers may develop aggressive and delinquent behavior. Interest in this study developed during a Summer Service Learning Project, which dealt with abused and neglected children. Her work is in conjunction with that of Dr. E. Mark Cummings and graduate student Melissa George in the Family Studies Center. Mayworm says, “Since they were currently looking at attachment and its influence on child functioning, it was a natural fit.”

**New Basque Cinema**

“Sophomore Film, Television and Theatre major Javi Zubizarreta is currently working with Professor Don Crafton and his brother, a senior at Boise State University, to explore New Basque Cinema, a movement that began in the mid-to-late 1970s. Zubizarreta plans to travel to Spain this summer to consult scholars on the minority ethnic group’s culture. With his own research and the film, “Alas de Mariposa,” as his muse, he intends to make a film upon his return, which will showcase the emotion, psychology and drama within a Basque family. Zubizarreta says, “Even though my film will be in Euskerca, the Basque language, I’m hoping that it will resonate with non-Basques as a strong story of family.” The story will feature a Basque woman making a new life for herself in Idaho after the death of her sheepherder husband.

**Court Culture**

With guidance from Professor Brad Gregory, senior history major Heidi Hausse is studying the funeral procession of Holy Roman Emperor Charles V in Brussels in 1558 to showcase the grand procession as a classic instance of court pageantry. She hopes to use her findings to understand the relationship of Charles’s son, Philip II, with the Netherlands prior to the Dutch Revolt. Hausse says, “I really owe my interest in court culture and pageantry to Dr. David Parrott, my head tutor [during my year abroad] at Oxford. He introduced the subject in our first term together, then was really great about getting me into a closed seminar on it the next term. I was really lucky to work with him.”

Flatley Director of Fellowships and Undergraduate Research Professor Dan Lindley says, “One of the joys of being a professor is doing research with top students. It’s a great way to keep your brain alive.” So keep the bright ideas rolling.

*More information about undergraduate research and funding can be found at undergradureresearch.nd.edu.*
University Resources for Gay, Lesbian, Bisexual, & Questioning Students

The Core Council for Gay and Lesbian Students
(Information, education, and resources)
Contact: Sr. Sue Dunn, OP, dunn.54@nd.edu, 1-5550, or Eddie Velazquez at evelazqu@nd.edu

Office of Campus Ministry
(Annual retreat for gay/lesbian/questioning students and their friends; pertinent library resources in 304 Co-Mo; discussion and support)
Contact: Fr. Joe Carey, CSC, at 1-7800

University Counseling Center
(Individual counseling)
Contact: Dr. Maureen Lafferty at mlaffert@nd.edu

Visit our web site at corecouncil.nd.edu

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Flying Irish
The Ultimate Sport at NO

Josh Flynt

Dodgeball. Capture the Flag. Ultimate Frisbee. These sound like sports for a high school gym class, but for the Notre Dame Ultimate Club, frisbee is more than just a casual game. While ND's varsity teams receive the recognition and publicity, the university's club sports programs offer a different atmosphere. What makes Ultimate Frisbee popular among college students is the communal atmosphere, combined with the opportunity to continue playing sports competitively.

"Ultimate players play because they love the competition, the game and hanging out with teammates," senior Daniel Reimer says. It combines a fun atmosphere with athleticism and fierce competition.

"The sport challenges endurance and usually draws previous soccer players or cross-country runners since you have to constantly run," senior Ryan Gorman says.

The unique community in the club system fosters great friendships.

"From team dinners after practice to cross-country road trips to everything else we do, the Ultimate Club becomes more than just an athletic team," Gorman says.

Ultimate Frisbee is a one-of-a-kind sport. As legend has it, college students in the 1800s discovered that the pie tins from Frisbie Baking Company could be easily tossed. The word "Frisbie" was used for the flying disc from the company's name. Since then, it has been altered into the trademark Frisbee we know today.

Ultimate Frisbee also combines elements of soccer, basketball and football. It is played 7-on-7, and players pass the disc up the field with the objective to catch it in the end zone. Unlike these other sports, however, there are no referees, so players call their own fouls.

"As you can imagine, this can lead to quite a few arguments," senior Danny Collom says.

This fall, the men's and women's teams competed in the Classic City Classic in Georgia. Battling some of the country's best, the men's team finished 5-0 in pool play. After a win against Virginia in the quarterfinals, the Irish fell to Pittsburgh in a hotly-contested semifinal matchup, finishing the tournament tied for third.

"It was the best that I can remember the team playing in the four years I've been here," Collom says.

The women's team also competed against some stiff competition, including games against Auburn and Penn State. They finished the tournament with a 13-3 victory over Virginia, but did not advance.

"It was great for our team to face some of the top teams in the nation this early in the season," Co-captain Katie Morin says.

Although the fall season is over, neither team plans on slowing down during the winter.

"Our ultimate goal is to qualify for the UPA [Ultimate Players Association] College National Championships in late May. We still have a long way to go and will have to perform well at regionals in late April," Gorman says.

Morin echoes Gorman's words.

"We will be training hard this winter to prepare for the spring. We hope to improve how we place at regionals, and we are always shooting for a bid to nationals," she says.

Although Ultimate Nationals are no BCS Championship or Final Four, the members of Notre Dame's Ultimate teams share the same goals as those athletes on the university's Division I teams - to represent the Fighting Irish and to reach the pinnacle of their sport.
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Malisha Samarasekera

The boys of 225 St. Edward's Hall know their football. Their walls are adorned with Notre Dame banners from our record-setting days, and behind their couch hangs a 12-foot-long scaled replica of the football team's illustrious (albeit plain) field. So naturally, when I was assigned an analysis of the football team's season, my first stop was to the home of Andy Nester, Cameron Hogue, Ben Fotsch and Steve Bartoli. Though I beat all four of them in our Fantasy Football League and ended the regular season in first place, I figured there would be nobody more helpful than these four when it came to ND football. Armed with my laptop and an arsenal of questions, the boys served as my think-tank in determining what we have improved upon — and what we must work on if we hope to return to prominence in the future.

Despite losing to Syracuse and coming close to being defeated by Navy and San Diego State, it is easy to forget just how bad we were a year ago at this time. Our win percentage doubled this year from last year as we won twice as many games, finishing with a .500 record and the chance to play in a bowl game. Perhaps our lackluster 6–6 season is a blessing in disguise; we have been given a highly insignificant and irrelevant game against a team that is equally undeserving of the chance to play in the postseason, finally providing the Irish with the chance to break that pesky bowl game losing streak that has existed since we beat Texas A&M in 1993. Sure, it's not the National Championship ... but I'm sure somewhere in this great nation there is a person who plans his or her year around the inability to establish a winning record and hopes for at least an eight-win season.

Clausen showed progress during the first five games of the season, displaying vast improvement early on despite failing to successfully lead the team against Michigan State in a 23–7 defeat. He led the Irish to 12 touchdowns during the first five games and seemed to peak during the Oct. 4 game against Stanford. During the game, Clausen achieved a career high passing rating of 170.12, throwing for 347 yards with a 72.5 completion percentage, three touchdowns and zero interceptions. Sadly for Irish fans, his much-improved statistics did not extend into the following seven games of the year. Clausen capped off the season with only eight touchdowns and nine interceptions, finishing with a season total of 20 touchdowns and 17 interceptions. These numbers, while unremarkable to say the least, do not give an accurate picture of Clausen's play during the season. He seemed to plateau at a level of mediocrity that was acceptable against the less-talented teams they played during the first half of the season, yet it was glaringly evident...
Malisha Samarasekera

The boys of 225 St. Edward's Hall know their football. Their walls are adorned with Notre Dame banners from our record and hopes for at least an eight-win season. Sophomore quarterback Jimmy Clausen achieved a career high passing rating of 170.12, outplayed its Notre Dame counterpart during much of the season's second half, providing the Irish with opportunities to win even when the offense was struggling. Even in a dismal 38–3 loss to USC, slight glimpses into the defense's improvement could be seen: Three total interceptions on quarterbacks Mark Sanchez and backup Mitch Mustain and eight penalties by the Trojans prevented an Irish loss by an even more disproportionate score. The offensive line helped lead to a reduction in sacks, allowing "only" 20 sacks this year rather than the 34 of last season. The stellar play of sophomore wide receiver Golden Tate and freshman stand-out Michael Floyd eradicated many of Clausen's mistakes, providing the Irish with offensive weapons and earning 1,605 combined yards. Sophomore kicker Brandon Walker became much more consistent as the season wore on, finishing the season with a 58.3 field goal percentage after starting by making only one out of six field goals in the first five games. Senior walk-on cornerback Mike Anello became the hero of the 2008 season, transforming into a modern day Rudy and becoming one of the most dynamic forces on the Irish special teams unit.

After peppering my friends with questions over the dismal state of Notre Dame football for nearly two hours, the results were slightly less illuminating and just as speculative as the theories proposed every Saturday on College Gameday. Andy left me with one sentiment, however, that all Irish fans should remember when looking back at the 2008 season: "No matter what, Notre Dame is still awesome." Not as awesome as BCS contenders Florida or Oklahoma, but at a lucky 6–6, we'll take what we can get.

The views of this author are not necessarily the views of Scholastic Magazine.

SPORTS
IRISH EYES ON: ERICA WILLIAMSON

Mary Kaminski

Junior Film, Television and Theatre major Erica Williamson has become a strong veteran player for the Irish women’s basketball team in her second year as a starter. The No. 11 Irish look to Williamson for consistent fundamental play on the court. Off the court, Williamson likes to look for laughs and spend time with friends. Scholastic sat down with Williamson to learn more about her role on the team and the goals the Irish have this season.

**How has your role on the team changed over the past three years?**
I think over the past three years, I’ve gained a lot more responsibility within the team. I think my coaches look to me to keep our team’s spirits high and to continually motivate everyone. I try to emulate last year’s Amanda Tsipis in that role. She was a great example of how to be a great team leader, so I try and be the supportive team member she was last year. On the court, I think I’ve kind of become the post player that the coaches know will go in there and play a specific role for them. I consider myself to be a really fundamental player. I’m not going to go out there and be a flashy player, but I’ll go out there and do what we need to do in order to win.

**What is your pre-game routine like?**
Four hours before game time, our team goes to a local restaurant. It changes with the games — IHOP for morning games or Logan’s, Houlihan’s, Olive Garden or Papa Vino’s for night games. After that it’s all kind of routine. We get back to the JACC [Joyce Athletic and Convocation Center] about three hours before game time. From there, I change into my uniform, head to the training room for treatment and go and shoot on my own before our team’s pre-game warm-up. Our team has some quirks about us that most of us do, but that’s a team thing, so I don’t want to let the secret out.

**Who would win in a fight: Mike Brey or Muffet McGraw? And why?**
Wow. That’s a tough one. If anyone’s been to a game, they have seen our coach in her heels, so I would have to pick Coach McGraw winning the fight with the back of a heel to an eye. That’s somewhat drastic, but I definitely think Coach could get to Coach Brey with the heels. Plus, you’ve always got to root for the female!

**What is your favorite thing about the basketball team?**
I think my favorite thing about the basketball team is that we know how to keep things in perspective. We know that life isn’t all about basketball, and although we all work hard in practice, lifts and games, we also know that our lives don’t revolve around basketball. It makes us all well-rounded and also helps us enjoy basketball that much more. Keeping life in perspective and staying sane throughout the long and grueling season is really, really important in our sport. Our team does that really well.

**What is one thing not a lot of people probably know about you?**
Something people might not know about me though is that in middle school, I played the saxophone in our school’s concert and marching band. One spring, during one of our parades in May, we played the Muppet theme song, with kazoo and everything. My family happened to have a Kermit the Frog costume, don’t ask me why, but I ended up marching in the front of the band as Kermit the Frog. Pretty big frog, if you ask me ... so I stuck out pretty well.
Sports Notes

Courtney Ball

Following a win (4–1) and a tie (3–3) last weekend against Western Michigan, the men's hockey team earned the No. 1 spot in both national polls, overtaking the University of Minnesota. This marks the third time in the 41-year history of the program that Notre Dame has earned the top ranking. Notre Dame has exceeded preseason expectations, which ranked the team fourth in both polls. The success of the Irish is partially due to Notre Dame freshman right wing Billy Maday, who was recently selected as the Central Collegiate Hockey Association rookie of the month for November. Maday is currently third on the team in scoring with nine goals and five assists. The Irish currently have a 10-game unbeaten streak (8–0–2) with an overall season record of 10–3–2.

Notre Dame's men's basketball team has had an impressive start to their season and continues to break records. Currently ranked No. 7 by the Associated Press, Notre Dame is one of eight Big East teams ranked in the top 25. This is the highest number of teams from a single conference to achieve top 25 rankings simultaneously in the history of the AP poll. Notre Dame is third in its conference behind No. 2 Connecticut and No. 3 Pittsburgh, followed by No. 11 Louisville, No. 16 Syracuse, No. 17 Villanova, No. 20 Georgetown and No. 25 Marquette. In addition to helping set a national record, the team is breaking school records as well. In a home game against the South Dakota Coyotes on Dec. 2, Ryan Ayers was 9-of-14 from 3-point range, scoring a career-high 35 points, and Kyle McAlarney was 7-of-13 on 3-pointers for a total of 27 points. The Irish set a new school record with 19 treys in a game, cinching a 102–76 win against the Coyotes.

The Irish fencing team has again put Notre Dame into the international headlines. Freshman epeeist Courtney Hurley recently earned her second gold medal with a first place finish at a Junior World Cup in Tauber, Germany. The Irish expect continued success in Junior World Cup events, as Notre Dame currently boasts a total of five top-five finishes in Junior World Cup events this season. In addition to Hurley's impressive record, sophomore Avery Zuck placed fifth in men's sabre at a Junior World Cup event in Dormagen, Germany that occurred on Nov. 22. Teammate Barron Nydam secured the second place spot at the Junior World Cup event in Montreal. The team will compete in the North American Cup A beginning on Dec. 10 in Columbus, Ohio.

HE SHOOTS ... The men's basketball team clobbered South Dakota 102–76 on Dec. 2.

PADDLED The Fall 2008 Table Tennis Championship took place on Nov. 19 and 20 at the Rolfs Recreational Sports Center.
The dark colors junior Christina Kaelin wears on the road and her lethal ferocity betray her. She's a serial killer, a repeat offender, who fits the usual-suspect profile right down to the life-changing injury.

On the court this outside hitter is a ruthless challenger. And it's not lost on anyone, from the home crowd's pubescent, screaming girls to her hard-working teammates. St. Louis University setter Whitney Roth hit to Kaelin during their Louisville grade school days. That was before their high school team, Assumption, topped national polls. "She's one of the most intense, high-key players I've ever played with," Roth, who still trains with Kaelin over the summer, says. "I remember when we were 17, playing club at nationals in the quarterfinals. In the final game we were down 11-4, and I remember her looking at me, screaming, 'Set me the ball!' We ended up coming back and winning." Roth says Kaelin plays well under pressure.

And she still does. "I definitely play better when I have a chip on my shoulder," Kaelin, thrice a conference weekly honoree this season, says. "[The passion] comes from the people I've played with my entire life. My coaches and my teammates from home are really intense, really competitive."

She recorded 24 kills at her first collegiate match three Augusts ago. "She's not delicate—she wants the ball," freshman outside hitter Kristen Dealy says.

"We've had recruits come in and be scared of her," junior outside hitter Serinity Phillips says. The two first met playing for a national team development program as freshmen in high school. "She has no problem with being in-your-face. She wants the ball, but she also encourages us to demand the ball the way she does."

The 2007 season was lost to Kaelin when she tore the labrum in her hitting shoulder during a
Especially irksome was the gradual nature of the tear. Before arriving at Notre Dame, Kaelin’s shoulder was healthy. “It started to hurt at the end of freshman year,” Kaelin says. “But I didn’t really think too much of it, thought it was just a sore shoulder. In the spring it got progressively worse.”

She and Roth arrived back home in Kentucky for the summer. They went to a gym together. “She was setting me some balls. I took a couple swings, and it was just bringing me to tears,” Kaelin says.

Tears accompanied a tear of her labrum that rendered the killer powerless. Louisville doctors did the MRI, and Notre Dame’s orthopedics team performed the surgery that ended Kaelin’s 2007 campaign.

The Irish spirits and win-loss record headed south without Kaelin. Notre Dame finished 15–13 and missed the NCAA tournament for the first time since 1991. Phillips says, “We missed her edginess, her competitive spirit. She would have been a huge influence on that team.”

Kaelin credits a six-week seminar in London in the summer of 2008 as imperative in healing her shoulder. London brought Kaelin a long way from her year-long slumber and, in fact, from her youthful over-aggression. “They didn’t have a gym over there,” she says, “so I didn’t take any swings for a month. I just did lifting and conditioning, and I know it sounds weird because I didn’t do anything, but I think that the rest helped it to heal completely.”

“I think my shoulder wasn’t totally healed before I went,” Kaelin says, “but after I got back it felt tenfold better than it did at the end of the spring semester.” The junior has improved since her freshman season in every major category, raising her attack average by almost 100 points.

Yet her injury and the rehab have refined her most valuable asset: her fire.

Sports Information Director Alan George has studied every move of Christina’s injury-plagued year and her return to the lineup since he was appointed prior to the 2007 season. According to him, during her high school career, the killer could take her intensity over the line. “By all accounts I’ve heard, in high school on the court she could really be downright nasty,” he says. “Just screaming at opposing players across the net, referees.”

Christina admits she has done her worst in the past: “Going to my knees, slamming the floor,” she says. She laughs immediately upon invitation to give an example, then shakes her head — it’s not repeatable. “But I’ve definitely cleaned it up since high school.”

One of the few Irish to have seen Kaelin at that time, Phillips agrees. “Now she’s bottled her intensity,” Phillips says, “so it’s still intimidating but not … but not rude. She brings our team an edge, but it’s a classy edge.”

She brought back the edge on Aug. 29, her first match after the surgery. George could feel her nervousness before a win over IPFW in which she posted only two kills and a negative attack average. But for a player Phillips describes as “a riot and outgoing” from the day they met six years ago, the nervousness took all of 20 hours to diffuse. The next two nights Kaelin notched 24 kills, hitting .480 in a loss to Valparaiso — a complete turnaround from the previous game. “It gave her a confidence boost,” George says, “that enabled her to realize she actually was over the injury. It was done.”

It was almost done. Not long after Irish Coach Debbie Brown put her to the test at home against Marquette. Following a first game in which Kaelin committed four attack errors, Brown benched her under-performing killer. The team emerged for the second game with Kaelin right back where she was the previous year — on the pine.

“Kaelin was playing bad, and so were most of the starters,” Brown told The Observer on Nov. 3, 2008. “It’s not fair to have our backups sitting when they were playing that poorly.” Kaelin responded to Brown’s discipline with eight kills in the third game, a 25–20 Irish win. Although the Irish fell in games four and five, the match was a realization for Kaelin. Most impressive for her wasn’t her stat line — it was her attitude. It wouldn’t have happened in high school, and it may not have happened before her injury. Yes, she was angry, and she was still angry a week and a half later, but she managed her emotions.

“I hate watching from the sideline, and I think I did that enough last year to last me a lifetime,” Kaelin says. “Whenever I’m taken out of the game, even now, it just fires me up more. Because I want to be out there so bad.”

But her injury made her reevaluate her sideline contributions and curb her feistiness when she wasn’t in the lineup. Kaelin says, “From the sideline you have to take on a new role and help out the players out on the court. I learned that last year. Try to pick up strategy, techniques during the game to help out the other hitters.”

The Joyce Athletic and Convocation Center security guards usher out those left in the arena as the lighting fades. George stops on his way out. “Kaelin’s the type of player that can change a program,” he says. Over his shoulder, a young man begins to shoot hoops on the arena floor, almost in the dark. He takes his first shot. Air ball.

“We have Kaelin last year, and we win five or six more games. And if we didn’t have Kaelin this year?” George’s voice trails off into the void of a barren Joyce Center.

An air ball from the background answers his query.
Listening In...

Frosh #1: What do you think would make an animal popular?
Frosh #2: Huh?
Frosh #1: Like, likeable to other animals.
Frosh #2: Uh, I dunno. The way it smells?
Frosh #3: Does sexually promiscuous count as likeable?

Frosh #1: I feel really bad for my future wife. I sobbed when the Giants won the Super Bowl but have no intention of crying when I get married or when my first child is born.
- die-hard Giants fan

Frosh #1: Do you ever think that Notre Dame would feel a lot smaller if we weren't so popular and didn't have so many friends?
- student with a slightly-inflated ego

Frosh #2: Toggle is a game, I believe. Oh, no, wait. That's Boggle.
- erudite philosophy major

Back In the Day ... 

Imagine finishing your classes late on the Friday afternoon of a football weekend. While the campus is buzzing with excitement, you decide you need to prepare for the weekend with a quick nap. You curl up in your bed, and just as you start to drift into a deep and relaxing sleep, you are rudely awakened by the Notre Dame Victory March. As you begin to sit up in bed, obviously aggravated, you hear Chuck Lennon commanding you to "Raise the roof," followed by thousands of people banging on their chairs. Ah, the pangs of living in the JACC.

While this situation is implausible today, it could very well have been a reality for a student during the 1970s. Insurance laws in Indiana at that time stated that inhabited buildings were less of a risk than those that were uninhabited. Always looking to save money, the university placed a student in every building on campus, from Washington Hall to the architecture building. Each student was charged with locking up the building as well as controlling the lighting. While it may seem like a hassle, each student lived in his room free of charge. Dorm party in the Radiation Research Building, anyone?

- Michael Doyle
Tis the season, dear little Gipplings! Which season, you ask? Why, the season of love! The season of stockings! And most importantly, the season where Gipp chooses to light a kitten on fire every time he hears Mariah Carey’s “All I Want for Christmas.” This is the year it ends. Gipp knows it’s in “Love Actually,” and Gipp knows the little boy is just so cute when he plays the drums for his 10-year-old classmate with the ridiculously age-inappropriate voice. But Gipp also thinks it’s time for Domers to branch out: Perry Como, Toby Keith, Anne Murray — the possibilities are endless. So this year, make the soundtrack to your holiday shenanigans original and save the cats. Plus, it’s a far more noble pastime than letting snowballs aimed at your ex-boyfriend in the 39th row go wide left and end up on ESPN, disgracing the entire Notre Dame institution, and making our student body look angry, murderous and bitter.

But Gipp has more important issues to worry about. Namely, the insomnia he’s been suffering after hearing the following tale. Usually when Gipp goes to sleep at night, he does not wear socks. And he feels safe. However, Gipp’s dear friend — we’ll call her Sockless Susan — has a tale sure to make your toes curl. One night, Susan, desolate and rebounding after a recent heartbreak, stumbled upon a dorm party invitation. Eager to cure herself of old memories, Susan and two of her cronies shuttled over to said fiesta and proceeded to drown their miseries in Bon Jovi, black lights and Solo cup-tinged happiness. When that cursed second hour struck, one gallant gentleman sacrificed his bed for Susan, allowing her the opportunity for peaceful, comfortable and completely solitary sleep. Susan accepted and settled into her new room, alone, and promptly passed out.

A few hours later, her slumber was suddenly interrupted by a lumbering, intoxicated beast of a man. We’ll call him Paul Bunion. Bunion proceeded to climb up the bunk and immediately demanded that Susan leave what he termed “HIS BED.” Confused and slightly terrified, Susan quickly relinquished the mattress and moved to another empty bed in the room. All seemed to be well — until half an hour later, when Susan awoke to a strange sensation: Paul Bunion, in a sleepwalking fit, was seducing her feet. Frightened to find her toes in another person’s mouth, Susan kicked Paul Bunion in the face and pulled her legs back under the covers. But anyone who has seen “Sleepless in Seattle” knows sleepy love will not be deterred, and our Paul Bunion was no exception. Hungriely, he continued his flirtations with Susan’s feet, diving into the covers and eventually submerging her heel and then her entire right foot into his mouth with passion. Some of his roommates even entered at this point — but their shock at the scene prevented any sort of intervention. Under their stunned gazes, Susan continued to combat the slobbering, fetish-focused beast, until a few kicks later, when our male friend finally retreated to “HIS BED.” In the morning, Paul denied all participation in the phalangical seduction. But the other observers’ memories are unanimous: Deep in the night, looking for some love, Paul Bunion loved Susan ... and her beautiful soles.

Sometimes, such unspeakable flattery does not succeed in winning over a lady. In those cases, the next best option for a true gentleman is to seduce through the art of language. Gipp’s next tale finds us at a party full of exclusive hoodies, excessive flannel and conversations about the difference between “techno” and “techtion” (Gipp argues that it’s just all gravy). Here, our little hipsters found their party suddenly crashed by a Wes Anderson-blessed rock band, who pulled up alongside the house in the late hours of the night, tour bus and all. One by one the rock stars entered the party, determined to have a Domerlicious time. It didn’t take long before the hip, thick-rimmed glasses-wearing men had managed to seduce all the women, conquer the DJ equipment, break house keg stand records, and moreover, break a whole bunch of hearts. One particularly suave band member — we’ll call him Spongebob — became particularly engaged with one party game called “Insert Anatomically Correct Female Reproductive Words into Movie Titles” (which, Gipp notes, can become quite disturbing with movies like “My Big Fat Greek Wedding” and “Dr. Strangelove: or How I Learned to Stop Worrying and Love the Bomb”). Spongebob, with his already eccentric artist ways complicated by intoxication, managed to corner a lovely game participant. In one beautiful moment, he turned around and announced to her, “You’re pretty cute, ___ (insert biology-class word for the most prominent female reproductive part).” Unfortunately for both parties, the little lady failed to see the clever ingenuity behind her rock star lover’s compliment and promptly fled the scene. Which leads Gipp back to the conclusion that sometimes love spoken is love ruined. In the end, none of the rock stars left the South Bend party house that night ... instead, the tour bus stayed parked in the alley next door, band members, newfound groupies, broken hearts and all.

So, in essence, Gipp encourages all of you to follow your hearts this holiday season. You may fail like Paul Bunion, you may fail like Spongebob, but at least you’ll be able to say you’ve tried. Some of you may even be able to say you tried — and failed — six times ... to no avail ... but that’s OK, because this is the time of year to give love, embarrassment and opinion articles freely! Even projectile liquid courage all over your friend’s bed can count as a generous gift, as long as you disappear and escape from your night of sleeping in the fetal position before the hosts wake up to confront you about it. So put stockings out on your mantlescape (or keep them on your feet), turn off Mariah Carey (and turn on more indie music) and let the love in, my dear little Gipplings. Happy Holidays ... and also, Gipp was joking about hurting kittens. Gipp loves kittens!

Love,
The Gipper

TIP THE GIPPER

at gipper@nd.edu

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Don’t Hate, Procrastinate!

Natalie Kratz

Notre Dame has a vast collection of vital resources for the average college student. We have academic advisors and mentors so we don’t fail out. Campus Ministry and the C.S.C. remind us to help each other out and potentially help us escape eternal damnation. The Career Center swears I won’t end up living in a box after ND kicks me to the curb in May. Health Services has thus far kept me from death, despite living in a petri dish (or “dorm,” but I think my term is far more accurate). But I have found a gap in this school’s offerings — they have failed to cultivate the art of procrastination.

Now, I’m going to go out on a limb here and assume that approximately 93% of students know all about procrastination and will get nothing out of this article. (They also know that reading a student publication is an excellent form of procrastination, so they will probably read it anyway). What worries me is the 5% who actually read for classes like Accounting I and do “recommended” homework problems. You guys might think you have it all together, but you lack a very important life skill. What are you going to do when you get a job and your boss gives you work that you don’t feel like doing yet? Fear not. I am here to help.

You, as an ambitious and productive student, might be asking right about now, “Doesn’t procrastination make life harder in the long run? Why would I ever want to do that to myself?” And to that I say, “One: almost definitely. And two: because homework is not fun.” I can tell I have already convinced you that putting off those chemistry problems for another time (like never) is a good idea. Excellent. Now you are dying to do some serious procrastination instead of balancing those oh-so-enticing equations. Slow down, champ. Baby steps. Start by reading through the rest of the magazine. (I know everyone comes to humor section first because it’s the best).

Now that you are getting a feel for this, turn on the TV and start surfing. I’d recommend “America’s Next Top Model.” It tends to come on in marathons and has a crack-like addictiveness. Next thing you know, you have watched four entire cycles, yelled at Janice Dickinson during final panel and now foster a weird obsession with Tyra. It happens to the best of us. Chick fights and stomping the walk not your thing? I guarantee that someone you know owns every season of “Arrested Development” on DVD. If you don’t manage to get through at least the first season in one sitting, you fail as a procrastinator, and maybe even as a person, because that show is amazing.

If you are having a hard time picking a procrastination activity, find one based on what you should be doing. Writing a paper? As long as you are on your computer, you might as well just check your Facebook. I imagine the new format is still confusing for people who don’t use it for at least three hours a day. Go ahead and spend some time familiarizing yourself with the new system of tabs. Tired, but have a long night of studying ahead of you? Go get coffee. Or meet someone for coffee and talk about the test. Or talk about the professor’s sorry attempt at a comb-over. Or just take a two-hour nap.

Whatever you do, remember that practice makes perfect. Don’t expect to suddenly be a good procrastinator during finals week if you haven’t warmed up during the semester. I’d also recommend applying procrastination to all aspects of your life, not solely homework. For example, my neglected to-do list for the day includes the following: do laundry, prepare for tomorrow’s interview and buy the book I was supposed to read last month. I have, however, taken two naps, done three crossword puzzles and watched an hour of “Spongebob Squarepants.” I highly recommend that you start procrastinating immediately.

Now, when that big paper comes up, you’ll be ready to put it off.
Every Thursday night, senior architecture major Jonny Fleya Park will be at Club Fever. But instead of waiting in line with the masses, he will be at the front greeting people and checking their names off the VIP list. Park is a promoter for Club Fever, as many know from the Club Fever Facebook group, and it is his job to spread the word about special deals and events to the Notre Dame student body (not to mention getting to spend every Thursday partying it up).

Scholastic: Why did you get involved with club promotions?

Jonny Park: I've been interested in possibly starting my own club and nightlife venue in the future for awhile and wanted to know how everything worked inside and out.

Scholastic: Many students across campus know you through the Club Fever Facebook group. Do you think the Web promotion has been a success?

Jonny Park: It's been pretty successful. Though turnout isn't as high as previous years due to the economy, the relationship and interaction between the club and student body has become much stronger, since the club makes changes based upon the feedback that I receive from students.

Scholastic: Is this your first time club promoting?

Jonny Park: No. I've done some work in the past with other nightlife venues while abroad in Rome, Italy, and interning in Atlanta, Ga.

Scholastic: What does your job as a club promoter entail?

Jonny Park: Not much really. All I need to do is raise awareness of the club's existence and hope that people are attracted to the venue. Work-wise I design flyers, coordinate events, tag cars, and basically mingle with people. It's nice, right? I get paid to party.

Scholastic: Do you want to keep doing club promotions in your future, or is this just a hobby?

Jonny Park: It's a fun job to do now, though architecture is currently owning my life. Also, it really takes a toll on my sleeping patterns during the week, since I'll be out late either tagging cars, hitting up the bars or playing at the clubs. In the future, I only see promoting as a side thing, if anything.

Scholastic: What's your favorite part of the job?

Jonny Park: Seeing people all decked out in their clubbing gear. It's nice to see, especially the ladies wearing something other than sweaters, sweat pants and Uggs. Also, getting a chance to meet different characters and people that you would normally never talk to is quite entertaining.

Scholastic: You must see a lot happen while you're working — what's the funniest thing you have witnessed?

Jonny Park: So many stories to tell, but I'll share my all-time favorite with you. A few months ago at one of our student night events, I watched this creepy guy walk onto the dance floor holding his drink in one hand and with this "I'm so cool" smirk on his face. He eventually finds a girl with long black hair innocently dancing with her friends and starts grinding aggressively on her from behind. Surprisingly, the girl and none of her friends used any of their anti-man tactics to get the guy away from her. So they dance for a few songs, and the guy begins to kiss the girl's neck [...] Then suddenly the guy's eyes got huge, he drops his drink and started gagging as if he were about to puke. The girl turned around to help the guy out, but he pushed her away and ran towards the bathroom. When I took a closer look at the scene, it was obvious why the guy stormed off the way he did. The "girl" was not a girl, but a full-fledged man with long hair!

Moral of the story: Know the difference between man and woman.

Scholastic: Anything else you'd like to share about Club Fever or club promoting?

Jonny Park: If you ever get bored on a Thursday night, just head on down to the club, and I'll make sure you have an amazing night! Also, for those of you that are still under 21, we're planning on doing an [18-and-over] night on Fridays next semester for the rest of the school year in the Green Room with a separate DJ and everything.
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