The Octave.

The Octave of the feast of the Immaculate Conception will be observed by daily Communion and public recitation of the Litany of the Blessed Virgin. The intentions are:

- The Grace of Purity.
- The repose of the soul of George Gipp.
- Meat Tomorrow.

The permission to eat meat on the major feasts when they fall on Friday scandalizes some old Irish women. They think the Pope is losing his mind. Don't worry. The primary purpose of the Church in imposing the Friday abstinence and the Sunday Mass is to remind us once a week of our duties of penance and worship. Without them we would soon forget 3od and our souls. The church can dispense with this form of penance whenever she sees fit.

Are You Engaged? (For Freshmen Only).

Give your girl a copy of "You and Yours." It contains the Christian basis for family life. And give it to her before Christmas, as you may not be engaged any longer after Christmas.

"Following of Christ."
There are only seven copies left.

Love Your Prefect.

"A corrupt man loveth not him that reproveth him: nor will he go to the wise." — Proverbs, 15: 12.

One Thousand Communions.

A student who is a daily communicant during his four years at Notre Dame, will receive approximately one thousand Communions during that time. If he simply makes his Easter Duty, he will receive four. If he merely makes the Nine Fridays, he will have thirty-six to his credit.

Mark Your Calendar.

How often have you received Holy Communion since September? This question will be asked on the Religious Survey. To answer it accurately, put a red mark on the calendar for the days you go, a black mark for the days you miss.

Rev. John J. O'Mara, C.S.C.,
Prefect of Religion.