"A friend of mine has lost his faith since coming to Notre Dame and blames it on too much religion." — A. J. Erxen.

Your friend has done nothing of the sort. It takes several years to lose the faith. What you do or don't do now will have the effect years later. If your friend is honest with you he will retract his statement and going back over his past history will acknowledge that he has been slipping for some time. You will find one of the following niggers in the woodpile:

1. Reading books on the Index or bad stories;
2. Missing Mass on Sunday through laziness or human respect;
3. Eating meat on Friday;
4. An unwillingness to suffer any discomfort;
5. An attempt to justify sins of impurity;
6. Evil companionships;
7. General neglect of prayer.

"I don't know what's the matter with me. I seem to be different from everyone else. I get a streak of religion and go fine for a while, and then I go off into a lazy streak."

The trouble is that you are like everyone else: you have a body as well as a soul. Another student wrote on his questionnaire: "When I was good I was very good, and when I was bad I was horrible. I became disgusted with myself at times."

St. Paul described it in these words: "I am delighted with the law of God, according to the inward man; But I see another law in my members, fighting against the law of my mind, and captivating me in the law of sin, that is in my members." — Romans 7:22,23.

For a remedy read the further words of St. Paul: If You live according to the flesh, you shall die; but if by the spirit you mortify the deeds of the flesh, you shall live."

It may take years for you to "bring the flesh under subjection to the spirit," especially if your parents have always let you have your own way, but you can do it — if you keep on fighting.

"I believe there is too much restraint on boys at Notre Dame. This does not let them decide for themselves how to live."

A man has to have water to learn how to swim. But he has to have lifeguards until he learns. A man can go wrong here if he wants to — but it will be in spite of the safeguards which protect the majority. If you want some facts and figures on other schools, come on around.

Prayers.
A student asks prayers for a friend who has just undergone an operation.