Religious Bulletin
March 3, 1924.

The Adoration.

Monday morning: Freshman and Carroll.
Monday afternoon: Sophomore and Cacillac.
Tuesday morning: Sorin and Badin.
Tuesday afternoon: Brownson and Off-campus.

We Have with Us -- Lent.

Two kinds of people need mortification -- sinners and saints: the sinners that they may overcome sin; the saints that they may not slip back into sin.

Kipling Says:

"The sins you do two by two
You'll pay for one by one.

Pay Here.

If you don't you'll pay hereafter.

Coin of the Realm.

There is no vicarious satisfaction on earth. There is in purgatory if you have good friends -- but after you've been in purgatory a few years you'll wish you never had any friends. The pay has to come out of your hide -- your body and soul. Here are some suggestions:

1. Punish your eyes by guarding them strictly;
2. Punish your ears by closing them to improper speech;
3. Punish your tongue by clean and truthful conversation;
4. Have mercy on your stomach;
5. Treat your mind to some Catholic reading;
6. Treat your body and soul to some early rising.

The Obligation of Penance.

The Bishop of Fort Wayne is very good to us. He removes the rigors of fast and abstinence, and allows us great liberty in choosing our own forms of penance. But he does not and cannot dispense us from penance, which is imposed as a divine law. "Unless you do penance you shall all likewise perish," said Our Blessed Lord. "Now the ax is laid to the root of the trees," said St. John the Baptist. "Every tree that bringeth not forth good fruit shall be cut down and cast into the fire." -- Luke 5:9

A Constructive Lent.

You can build yourself quite a spiritual castle during the next forty days if you put yourself to the task. Follow the rules:

1. Be faithful to daily Communion. It softens your soul to receive inspirations;
2. Choose a spiritual director and see him every two weeks;
3. Read wisely, under your director's guidance;
4. Practice some bodily mortification consistently;
5. Choose one of the following virtues and put it into practice every day: cheerfulness, almsgiving, truthfulness, gratitude, honesty, courage, modesty, sobriety, faith, generosity, love of God, temperance, humility, justice, patience, peace, poverty of spirit.