Two students have requested, as a reminder of the good resolution made during the Mission, a reprint of a Bulletin issued on December 8, 1923. The points of interest were the following:

"Abolish Laziness."

Work and prayer have been given us as safeguards of purity. Last year a student suggested that the only way to increase devotion to the Blessed Sacrament was to abolish laziness. It may be said just as truthfully that to safeguard purity we must abolish laziness.

"The Devil's Workshop."

is an idle brain." "The devil finds work for idle hands to do." Keep busy—from early morning till you are tired at night. Note the early morning. God did not invent electric lights. We may use them for good, but there is more vice than virtue cultivated under their glare.

How To Keep Busy.

A revision of some schedules along the lines of reason would work wonders for present and future success. Look over the following suggestions for filling out your day:

1. Rise early and promptly;
2. Hear Mass (or serve Mass) and receive Holy Communion;
3. Do some daylight studying;
4. Get plenty of fresh air, and at least one hour of hard exercise.
5. Do a little spiritual reading—and not too light;
6. Give the girl a chance to wash the dishes. Don't call up after every meal;
7. Perform at least one act of charity;
8; Go out for debating, track, the mission crusade and everything else in sight;
9. Work hard, play hard, pray hard, fight hard, and use the night for sound sleep;
10. Don't stunt your growth by taking your tea too strong.

Rosary Indulgences. Today and Tomorrow.

From noon today till midnight tomorrow a plenary indulgence may be gained for each visit made to the church, provided you receive Holy Communion today or tomorrow. These indulgences may be applied to the Poor Souls. Give the football team a remembrance in your visits. The Poor Souls can help them too.

Seniors.

Mass at 8:30 Tuesday morning in the basement chapel for the repose of the soul of John A. Kelley's father. This Mass is requested by the Senior Class.
RELIGIOUS BULLETIN.

October 6, 1924. (Cont'd)

Prayers.

John A. Reilly requests prayers for his brother, who is very sick.

John F. O'Hara, C.S.C.
Prefect of Religion.