The Cards for Van Wallace.
The suggestion has been offered that you include Van Wallace in your Christmas Novena and send him a card wishing him a Merry Christmas. The suggestion is made because Van needs cheering up. As you were told in September, he broke his neck while diving last summer, and for the past five months he has been a helpless paralytic. In spite of everything he has remained cheerful. He has just now recovered from an attack of flu.

Prayers saved his life last summer, when the doctors gave him up. On the ninth day of the Novena in honor of Our Lady of Mount Carmel, when death was momentarily expected, he fell into a refreshing sleep. The internal organs that had been paralyzed began to function, and he improved so much that he made plans to return to school in the fall. His improvement was slow after the end of summer school, and little progress has been made during the fall. Perhaps a novena for a Christmas present will give new impetus to his recovery. At any rate it will cost you nothing to include this intention in your novena, and it will cost you only two cents to tell him about it. His address is, 272 Cass Street, Mount Clemens, Michigan. Write it down before you forget.

A Fair Start.
In spite of the drop in temperature, eight hundred students began the novena yesterday morning. If you are leaving for home Friday you still have time to make a novena if you start tomorrow morning. Your mother will not feel so good about it if Mrs. Speroedlink calls across the back fence that Wolfgang has brought home a beautiful spiritual bouquet for Christmas, with a novena and fifteen Masses and twenty-seven visits on it, and your mother has nothing to brag about but three flunks on the November bulletin.

Clean House Before Christmas.
When you go back home for your first Christmas vacation, you are no longer a private citizen. People will look upon you as a Notre Dame man, whether you are or not. People outside know a great deal nowadays about devotion to the Blessed Sacrament at Notre Dame, and they will look upon you as a shining example. If you haven't gone to Communion this fall, and if you go through the Christmas holidays without doing anything but dancing, people will form their own opinion of you—for which you can't blame them—and it will not be particularly favorable to you.

Advice.
You have been told frequently this fall to seek advice in your spiritual problems. Every priest on the campus has been commissioned to act as a spiritual advisor to those who seek his help, and any priest to whom you apply will be glad to help you. It is particularly the office of the Prefect of Discipline to look after the personal spiritual needs of the students, and his room (141 Sorin) is always open to students. Make use of your opportunities.

Confessions All Day Long.
At Notre Dame you don't have to wait until Saturday evening to go to confession. Just as you have hot water in the showers all through the week, you have a chance at every hour of the day or night to go to confession. There are numerous confessors at their posts morning and evening, and at other hours you may ring the bell (twice) at the door of the Sorin Hall chapel and you will be shrived without delay.

Prayers.
In your charity remember two special intentions and two persons who are sick.

John F. O'Hara, C.S.C.,
Prefect of Religion.