Holy Communion is distributed outside of Mass on Sunday mornings in the Dillon Hall chapel, from 7:30 until 8:15. This is done for the benefit of those who wish to go to breakfast before attending the 9:00 Mass. It also serves as a convenience for those who come late to either the 7:00 or 8:00 Masses and wish to receive Holy Communion before returning for a later Mass.

Be A Bit Scotch With Your Affections.

Be canny. Remember that the friends you make too easily are usually friends with a hook. It is easy to get into the good graces of a confidence man. Proceed slowly with your confidences and you will have less to regret.

Freshmen: Make the Mission Last All Year.

If you feel that you have had enough religion this week to last all year, you are in the condition of the man Our Lord described in the parable, out of whom the devil was driven. The devil came back - quite naturally - and finding the man's soul empty (he should have taken in some good works as tenants), he moved right back in again - and with seven other devils worse than himself.

If the Mission has given you only a passing emotional thrill, its effects will vanish when another kind of thrill is offered; if it has produced some real convictions in your mind and some tough resolutions in your heart, put these convictions and resolutions to work immediately, with a sound plan of action. Make the Mission last all year by daily Communion and the good works that properly go with this practice.

Non-Catholics May Sign The Pledge.

In answer to a question we may say that non-Catholic students are welcome to sign the pledge against intoxicants if they care to do so. It is presumed, of course, that they believe in Christ as God, and believe that He died for us on the Cross. If they have no belief in these sacred mysteries, the motive proposed, "in memory of the sacred Passion of Our Lord and His thirst upon the Cross," would have no meaning for them.

The pledge is an act of supernatural virtue. It is an act of natural virtue to abstain from liquor for purely natural reasons; such motives are elevated and put on a supernatural plane (they merit a reward in heaven) when the love of God is brought in as the prevailing motive, as it is in the Catholic pledge.

Beware of Sophomoritis.

At the beginning of every year it is well to remind sophomores that the name they bear is made up of two Greek words, and means "wise fool." The man who is wise with the wisdom of the world is the fool; God's wisdom is the only wisdom. They who serve the world may collect its wages - and "the wages of sin is death." If you want to take a sophomore for a guide, test out his wisdom to see if it be of God.

No Dates Next Week.

Seniors and other eligible young men whose presence is craved by the fair maidens of South Bend, Mishawaka and Niles, should remember that there are no dates next week - Sunday night or any other night. It will be hard on the poor girls - but they have had to suffer lonesomeness all summer, and you might as well prolong their longing. Let them go hungry next week. And pray for them at the Mission.