University of Notre Dame
Religious Bulletin
November 16, 1952.

How Old Will You Be In Heaven?

Your age in heaven depends upon the number of days you spend in the state of sanctifying grace here on earth. Every day spent in mortal sin is lost for eternity. What a surprise awaits some of our big shots! Some of these college professors who make the squirrel page regularly will find themselves in swaddling clothes (we are supposing that their ignorance will get them by) - and how can one strut in swaddling clothes?

Look over your own banking account in heaven. It was suggested on your Eucharistic Calendar that you get ahead this year - save some grace for future needs, and set aside some merit for heaven. Extra-curricular activities won't stand to your credit in the kingdom of heaven unless you live in the state of grace and offer all your works for the glory of God.

N.D.

"Non draco sit mihi dux; Crux Sancta sit mihi lux."

The N.D. on the medal worn by the football players last Saturday has its significance for all of us. The game was dedicated to St. Benedict (along with Our Lady of Perpetual Help and Our Lady of Good Counsel); St. Benedict was the founder of monastic life in the west, the life which developed Christian education. The medal of this saint bears, among other inscriptions, the one quoted above: "Let not the Devil be my guide; may the Holy Cross be my light." Let N.D. mean for you, "Non Draco" as well as "Nostra Domina" - "Not the Devil" but "Our Lady" - a fitting motto for boys enrolled under the banner of Holy Cross to seek Christian education under the guidance of Our Lady.

Holy Communion in Cleveland.

We have not yet received any definite information on your itinerary for the trip to Cleveland next Saturday, but we can assure you that if we receive this information in time we will make arrangements for you to receive Holy Communion (probably at the Cathedral there) Saturday morning, and will also provide facilities for Mass, Confession and Holy Communion on your return. A trip is only an incident; Holy Communion is God Himself.

Don't Pack A Worry.

There is certainly no point in nursing a spiritual worry while you are enrolled at Notre Dame. Unload it; seek advice when you need it. The place is full of priests who are willing and anxious to help you develop a strong character and a sound spiritual life. Give them a chance to exorcise the powers of the priesthood, which are given them for your benefit.

There are still many inquiries about the general confession. Regarding it we repeat the advice given many times before. A general confession is necessary only when you are certain that you have knowingly made a bad confession; it consists in repeating that confession and all the intervening ones. It is not necessary but useful for those who wish to make a deep act of thanksgiving in a summary of God's favors to them and for those who wish to give a strong impulse to a new line of spiritual development.

Charity.

We thank an anonymous donor for $10, to be divided between Bengal and Fr. Barron. And we beg to remind readers that the stations were all subscribed a week ago. (Four subscriptions have come in since the list was closed.)