In a vision Our Lord asked St. Margaret Mary (1647-1690), a nun of the Visitation Order, to make a Holy Hour, to pray lying prostrate with her face to the ground from eleven till midnight on the eve of the First Friday of each month, and to receive Holy Communion on every First Friday.

Thus she was to help make reparation to the Sacred Heart of Jesus for the sins of men and to console Him for the desertion of His Apostles and for the coldness of all Christians.

This was the beginning of the devotion of the Nine Fridays in honor of the Sacred Heart.

Love and atonement, these are the inspiring motives of the devotion.

Christ burned with a desire to be loved. For this reason, He conceived the plan of making His heart known to men as a symbol of His mercy and love.

He knew that if men realized His great love for them, they in turn would be drawn from sin to love Him. It is a psychological fact that a strong motive to love anyone is to know that that person loves us.

A second motive for the devotion of the Nine Fridays is to atone to Jesus because men outraged His love by their ingratitude.

In one of His revelations to St. Margaret Mary He said: "Behold this heart which so loved men that it has spared nothing, even to exhausting and consuming itself in order to testify its love. In return I receive from the greater part of men only ingratitude by their irreverences and sacrileges and by the coldness and contempt they have for Me in this Sacrament of Love."

Here at Notre Dame where devotion to the Blessed Sacrament is prominent, the Nine Fridays must always be a prominent part in the spiritual program.

Is there any slight, any irreverence you have ever shown to the Blessed Sacrament? Are your preparation and thanksgiving always fervent as they should be?

Then repair for your slights at Holy Communion on the First Friday. And remember to help others atone who have been guilty of downright sacrileges and insults.

Mass will be celebrated tomorrow morning in the main church at 6:25. Go to confession tonight so that the confessional will not be over-crowded tomorrow morning.

First Friday Adoration.

You might well join to your Holy Communion a half-hour of adoration. From seven in the morning until seven at night the Blessed Sacrament will be exposed every First Friday on the Bernini altar in the main church.

A Correction.

On all days, excepting the First Friday and Saturdays, October Adoration will close with rosary and benediction at 5:00 instead of at 5:15. On account of the football games, Adoration will close on Saturdays at 12:30.

Prayers: Blessed J. Thomas W. Rollly on '12, and his mother, Ill, Sister Amelia. Four special intentions.