It is easy to have the wrong idea of courage.

It is easy to think that the bulky form, the deep voice, and the hard-boiled manner are sure signs of courage.

But they are not, by any means. They are often only fronts set up by a cowardly heart.

It takes courage, not to whine and gripe and shed verbal tears at every setback and discomfort, but to suffer pain and humiliation and reverse of every kind with a smile.

It does not take courage to receive the plaudits of the multitude, but rather to be generous, charitable, and good-natured when you are down and out.

It does not take courage to give in to sadness and idleness and self-pity, but to carry on day by day the hard labors of a useful and promising life.

It takes courage to resist bad example, to fight unjust derision, to stand up for what is right, even if you must stand alone.

It takes courage—most often with the young—to have it known that you want to develop habits of study, that you have high ideals, that you dare to follow out your Catholic religion to its logical conclusions.

It takes courage to lock your door and study when your friends are knocking outside.

An athlete develops his body, his spirit, through exercise and competition.

You develop courage by doing at all costs what you know is right. You weaken courage when you fold up.

Seize every opportunity to become courageous by performing courageous deeds.

Something for the Courageous.

Most men will admit quickly that they waste plenty of time. But they do little in a scientific way to overcome the fault.

To help serious-minded students in this matter, we have prepared a large supply of time-schedule cards.

You will find them in both the Dillon and Sorin Pamphlet Racks.

Take one of these cards to your room. Look it over carefully. See whether it is reasonable, whether it would help you much if you made it out and followed it.

Read the suggestions given on the card. Then fill it out. And stick to it! There is place for your courage!

If you don't succeed perfectly the first week, try the second week and the third. If you can learn, after a whole year of battling with yourself, to live a systematic, planned life, you will have learned plenty.

PRAYERS: 1. Our Lord; 2. of St. John the Baptist (Walsh); 3. of St. Francis de Sales; 4. of St. John the Baptist; 5. of St. John the Baptist; 6. of St. John the Baptist. Six special intentions, 1. of St. John the Baptist; 2. of St. John the Baptist; 3. of St. John the Baptist; 4. of St. John the Baptist; 5. of St. John the Baptist; 6. of St. John the Baptist.