The great men of history are no doubt a rich source of inspiration to you: Alexander the Great, Hannibal, Julius Caesar, Napoleon, Wellington and others. Yet there is no greater hero, no greater victor on earth than he who can subject his instinctive desires of the lower order to the better judgment of his superior spiritual nature; while, on the other hand, the most humiliating thraldom for a man ordained for spiritual rule is to wear the chains of his own blind passions.

Be Chivalrous Among Women.

Be ever ready to show the spirit of chivalry to womanhood, not only in appearance, but as a real indwelling feeling. As Schiller expressed it in his famous poem, "The Song of the Bell":

Fair as a vision from the sky
The maiden stands before his eye.

Here, however, is not meant that sugary affectedness, that endless, senseless artificial adulation which tops of our day call chivalrous manners. The royal knight is he who first of all protects a woman from his own disorderly desires. A knight is he who, even in the unfortunate fallen, recognizes the sex of his mother and sister, and would as quickly condemn improper suggestions to any of those unfortunate women as he would not be slow in settling with one who would approach his mother or sister with similar intentions.

In the society of women your noble sentiments will be your surety of finding the most appropriate tone and attitude, and you will never, in word or act, be forgetful of your position as a gentleman. You will never allow yourself liberties towards a girl which you would not countenance if taken by other young men towards your sister.

Make it one of your rules not to let yourself be pampered and molly-coddled by women relatives or friends. Such sentimentalism is tolerable among women themselves, but in a man's veins solid blood must course. By the same token, avoid day-dreaming, that wholesale time-wasting and deceptive distorting of life. Some young people enwrap themselves in romanticism, weave gigantic plans for the future, unaware that their sentimentalism is changing and degenerating into sensualism.

Sometimes turn your thoughts to the pure-hearted girl to whom one day, according to God's designs, you will swear eternal fidelity. Are you what she imagines you to be? Are you pure-hearted and worthy of this girl? Are you actually the knight of her dreams? Your future bride should, like a good angel, afford protection from temptations and give you strength to subdue them.

Purity of body and spotlessness of soul are the most precious wedding gifts young men and women can present to each other.

You know your married life cannot give real happiness if your life has not been pure and chaste before marriage. Steady company-keeping and courtship can be respectable, permissible and decent only if they take place in their due time and have marriage as their purpose. Any other sort of lovemaking is but frivolous play and unprincipled licentiousness.

Today is the feast of the Solemnity of St. Joseph, Spouse of Mary, Patron of the whole church. Ask St. Joseph to help you strengthen and protect the virtue of purity.