Next Sunday morning begins the important Novena for Purity in honor of Mary's Immaculate Conception. The Novena will end on the morning of December 7, day before the sublime feast of the Immaculate Conception.

The special Novena for Purity consists of: (1) daily Holy Communion (received, preferably by far, within the Mass); and (2) daily recitation of the litany of the Blessed Virgin.

Unfailing Combination.

Cardinal Newman once wrote: "It is the boast of the Catholic Church that it has the gift of making the young heart chaste; and why is this, but that it gives us Jesus Christ for our food and Mary for our nursing mother?" Remember, though, you must actually go to Jesus and Mary.

Why to Mary?

Mary is the only virgin-mother in the history of the world. As a beautiful young girl she vowed herself to a life of virginity, and when Jesus selected her as His mother He spared her from breaking her vow.

Why? Mark this: not to repudiate natural human conception because of any badness or impropriety attached to it. No, but to bring into unmistakable prominence the grandeur and supernatural fertility of holy virginity. Mary's virginity He set up as the ideal of all chaste hearts.

Mary is the only human being who was immaculately conceived. That means that her body, like the body of any other human being, was produced naturally by parents; but her soul was, from the first moment of her conception, preserved from every stain of sin—even from the stain of original sin which taints every other human being.

Mary, the purest and holiest of God's creatures, is the mother of this University. More than anything else, she would have her monogram written forever upon your pure heart.

Why Holy Communion?

Let the experienced words of other Notre Dame men inform you:

"Daily Communion has transformed me from a spineless jellyfish into a man."

"It has invested me with a holy strength for use in persistent combat with evil and temptation. Glancing backward I see a record of advance against a vice that exactly follows my increase in devotion to the Blessed Sacrament."

"Frequent Communion has made me realize that genuine happiness exists on this earth only when a man's heart is fed with the Body and Blood of Our Blessed Lord. Arguments against this idea are only means of self-deception."

"It has given me the power to banish impure thoughts, for which I had a seemingly unconquerable desire before I began daily Communion."

The young man knows better than anyone else what he is up against today: suggestive movies, lecherous newspapers and magazines, and the propaganda of all those who attempt to provide "fame" and "philosophy" for sexual immorality.

Everybody, then, start the Novena for Purity next Sunday morning!