One Big Resolution.

Yes, yes, your resolutions; you're back with them.

Here's Billy Skidheel. Good old Billy. He frowned seriously once or twice on New Year's Eve, then made gobs of resolutions. Before exam-time he may break all of them. Ah, Billy, where's your stick-to-it-iveness?

Artie Sourchin. Artie's too wise to fall for the resolution bunk. Artie's growing up unconsciously like a wild oak or a weed. Things'll work out o.k. by themselves, says Artie. Resolutions are an awful bother. Why is Artie a drifter?

And Hermie Windears. He lunged sentimentally at a resolution or two as the bells pealed, as the horns screeched, as folks shrieked at midnight. Later in the a.m. of January 1st Hermie forgot that resolutions are made on New Year's to be kept the rest of the year.

Here together again in this moral laboratory, let's consider: there's a science to making resolutions, and an art to keeping them.

The science is to start with very few, with only one let's say, with a strategic, "key" resolution that has plenty of motives behind it. What about this one that you should begin tomorrow morning, feast of Little Christmas:

I will keep my soul always in the state of grace by going to Mass and Holy Communion every morning that I am at Notre Dame.

Isn't it, now, a "key" resolution? Through it you will live and work, not on your own energy alone, but by and in God's grace. Every little thing that you do will count for a rich reward in eternity. If you die you'll be ready to go as a chosen one of God.

More motives? Every Wednesday (St. Joseph's day) you can offer up for your father; every Saturday (Our Lady's day), for your mother; Sundays, for your brothers and sisters and yourself. You will thus do most for those to whom you owe most.

And you won't spend your days, fruitlessly, like a dumb doorknob in a featherbed.

The art of keeping this resolution is to put it in effect, not after a few days or a week, but tomorrow morning. People fail usually because they fall for the psychological trick of putting things off—to a more favorable time.

The second point in the art of keeping this resolution is to admit of no exceptions. Oh me, I'm so tired this morning. I'm entitled, just this once, to sleep in. Follow that "Exception Psychology" and phooey, your will will become as firm as a bowl of soup.

In insist on the best in your moral and spiritual life. Don't simply drift into being a second-rater. With that mind of yours you see clearly the easy means to true happiness and growth that are at your disposal at Notre Dame. In that heart of yours you want to be, not second or third, but first class.

Through daily Mass and Communion, follow in 1937 the advice of the only Man Who never made a mistake: "Seek ye first the kingdom of God and His justice." Make and keep this one resolution "...and all other things will be added unto you."

PRAYERS: (deceased) 3rd anniv. of mother of C. P. Cassidy (Dil.); grandmother of Bud Sherwood (Lyons); father of Eugene Carroll (old student); brother of Edward Butler, '34; friend of Bunny Veeneman (Cav.); uncle and grandmother of Dick Fitzgerald (Dil.). Ill, daughter of Henry Wurzer; sister of Fr. Brennan, C.S.C.; Frances Burke (Sor.) and Miss McKenzie, injured in auto accident; Charles Foley, '22. Three special intentions.