No obligation to fast and abstain this year on the eve of All-Saints'.

University of Notre Dame Religious Bulletin
October 28, 1937

And Tomorrow Morning, The Test.

Judging by the total Holy Communions received on Monday, good resolutions were abundant early this week. On Monday it looked like one of the big weeks of the year. Then along came Tuesday with its slightly damp weather and the fervor began to shiver. Through Wednesday and Thursday, results show, the fervor kept right on shivering.

Now tomorrow comes the big morning of a big week of the year. Since many of the boys will be up in Minnesota Saturday morning, this week's Mass and General Communion for the team will take place tomorrow morning in all the hall chapels. Note the change and get ready. If necessary, go to confession tonight.

Tomorrow morning let's make that old maxim unanimous: that what Notre Dame men want badly they not only fight for but really pray for. There's the test.

Two Days Of Obligation.

Sunday of course, and Monday (feast of All-Saints'), you are gravely bound to hear Mass. For all those returning from Minneapolis there will be a late Mass at 10:00 in the main church Sunday morning.

On Monday (feast of All-Saints') Masses (in the main church) will be at 8:00, 7:00, 8:00, and 9:00. There will be no sermons at these Masses, so be sure to come on time if you don't want to return to another Mass. On the feast of All-Saints' there will be no late parish Mass.

For The Poor Souls.

All-Souls' Day is Tuesday. Every priest says three Masses that day. Try to hear three. Poor Souls' Indulgences start Monday (All Saints') at noon and extend until the evening of Tuesday. Conditions for gaining these indulgences: (a) be in the state of grace; (b) receive Holy Communion Monday or Tuesday; (c) visit church or hall chapel and pray for the intention of the Holy Father.

Poor-Souls' Novena begins Wednesday. Public prayers for the Novena will be said every day at 5:00 in the main church.

Points On Using The Paten.

The paten is used to catch any tiny fragments that may drop from the Host when the priest is administering Holy Communion. Remember what the paten is for, hold it level, close to the chin and partly under it.

1. Don't lean so that your elbows rest on the Communio rail and don't hold the paten low and far out from your chin; if you do, you may strike the base of the ciborium which the priest holds in his left hand;
2. Don't hold the paten at a slant so that it will catch no particles or will allow particles already gathered to slide off;
3. Don't close your fingers over the surface of the plate of the paten instead of over its handles;
4. Don't exhale deeply just before or after receiving because by doing so you will blow off particles that may be on the paten;
5. Don't tilt the paten over in receiving it or in handing it to the next recipient.

PRAYERS: (deceased) friend of Phil North (Dillon); uncle of Pete Sheehan (Badin); Bob Nagel (Dillon); friend of Bill Geddes (Lyons); George Akins; sister of Brother De Sales C.S.C. One special intention.