Mass, Thursday 7:20 a.m., University of Notre Dame
Dillon Hall Chapel, for Religious Bulletin

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Remember Your Dead.

Many of you started the month for the Poor Souls well. Then as the days passed, the
fire of your charity grew low. But the fires of Purgatory still burn with fierce in-
tensity. Your dead plead for your Masses, Communions and prayers.

The U. S. Government on Women.
(reprinted by request)

The U. S. Public Health Service in Washington gets out a little pamphlet called,
"Keeping Fit." You will hear more about it later in the Bulletin. One section of
the pamphlet is devoted to "The Young Man's Relationship to Girls". Remember that
the following lines are published, not by the Catholic Church, but under the auspices
of the U. S. Government:

"...in an accident at sea, when everyone is anxious to reach the lifeboats, the
rule for all men is 'women and children first.' If a man rushes in ahead of them
he is looked upon as a coward. It is more important for men to protect girls and
women from other dangers, especially from those dangers which threaten to ruin
their lives. Every man who has any principle believes in fair play. He despises
cheating.

"...The young man should think of all girls as the future mothers of the race and
understand that one of their most important functions in life is to become the
mothers of healthy children who will make useful citizens. A nation may be well
judged by its attitude toward women. The youth who is fair will treat every girl
as he expects other boys and men to treat his own sister, his girl friend, or his
sweetheart.

"...A young man's plan for marriage will often help to keep him straight when noth-
ing else would. The young man who is fair will adopt for his own life the same
standards he demands of the woman he expects to marry some day.

"...Each youth who grows up and marries becomes a link in a great chain of human
beings. This chain reaches back into the past for thousands of years, and it may
reach forward into the future for an even longer time. One false step may infect
the racial stock and blight the lives of generations to come. If the young man
keeps his body in good condition and lives a clean life, his descendants will in
all probability be vigorous and useful citizens. The spark of life is to be accept-
ed as a sacred trust to be transmitted undimmed to future generations."

The U. S. Government On Bad Thoughts.

From the same pamphlet: "If a boy or man frequently permits himself to look at sug-
gestive pictures, to listen to vulgar stories, and to indulge in lewd thoughts, he
brings about a mental condition which may lead him later into serious sin. Further-
more, such indulgence develops a low attitude toward sex, which ought to be associated
with the finest and most beautiful relationships in life. While it is not always
possible to prevent lewd ideas coming to one's attention, it is possible by using
one's will power, to direct the attention away from them and center it on wholesome
subjects. Some young men will need to learn the trick of switching the thoughts away
from vulgar subjects quickly to sports, school work, or other helpful activities.
The mind should not be made a cesspool, but a reservoir." Now turn to your red
Episcopal Calendar and read again the Instruction on the Sixth Command.

PRAYERS: (deceased) Thomas Bradley; uncle of John Terrel (Old Inf*); grandmother of
Ho aback (Dil.); "J**cle Fr* 2. Keller, ( I ! * 25. C*; friend of Ro tt * Sullivan
m (Badin) * 111, Tom Geeelbra^ht (Cav*) i f  Rudolph Crukowi (*
aid father; o t h e r  of John Clark (Brr.,); D, 2. McNicel, Jr*;  cousin of Frank Brame
aitd father; o t h e r  of John Clark (Brr.,); D, 2. McNicel, Jr*;  cousin of Frank Brame