Professor Downey is much improved. See campus supplement.

University of Notre Dame
Religious Bulletin
October 20, 1939

Why It Is Reasonable--
A Clean, Sober Weekend.

Last night the team shoved off from South Bend at ten o'clock. They went directly to bed. This morning, upon arrival at Cleveland's Union Station, they were driven to St. James Church in Lakewood, where they assisted at their chaplain's Mass and received Holy Communion.

Today, you can be sure, Elmer Dayden will put them through a little practice. Then, again tomorrow, before the game, they will assist at Mass and receive Holy Communion.

Why bring that up? That is best answered by another question. Why should any one of you go tearing about town in Cleveland, making people sore, making yourself obnoxious, smirching the reputation of Notre Dame, filling your cups too much, etc., etc., when your team, the fellows who live in your hall or eat at your table, are willing for your sake and Notre Dame's and for God's honor—and mistake not their motives; this writer knows whereof he speaks—to keep living the life of first-class Christians?

Don't Make It A Weak End.

During the first three weeks of October, you've been faithful to Christ at Mass and Holy Communion, in the Adoration Chapel, at numerous times when temptations have pressed. Don't be crazy enough now to spoil the fruit of your sacrifices, to cast all your merit to the fall winds, to trample upon the dignity you've acquired through intimate union with Christ. A week end made vile by deliberate sin would certainly be a week end for the Month of the Rosary.

How To Safeguard Yourself Against Disaster.

Fortify yourself before you leave the campus with the two sacraments of Penance and Holy Communion. And firmly resolve, come rack, come rope, come victory, come defeat, that "at least this boy" is going to be a credit to himself, to Notre Dame, to God!

As to preparing for Penance, all you need do is THINK A MINUTE: What are my sins? Very well, I am sincerely sorry for them because I have offended God by them. What occasioned these falls? Very well, these are the things I promise to duck. Now I make the best act of contrition I can and I enter the box. I make my confession, full of confidence in God's infinite mercy and forgiveness. I make that confession without scruple—without fuss, without "muddling." Then I approach the Eucharist devoutly, without a hullabaloo of a rush, and ask Christ's protection this week end.

The Commission For Decent Literature.

Yesterday arrangements were completed for the fifth printing of "NO SMUT!" Production is up to 100,000 copies. Prices, however, are down—for this is a CHEAP EDITION designed for the widest possible distribution among America's high school youth. No red ink this time, no heavy cover, just plain "NO SMUT!" with its commonplace, easily appeal to the clean ideals of the young and its renewed and serious warning to the publishers, distributors and retailers of filth.

If anyone thinks the NATIONAL ORGANIZATION FOR DECENT LITERATURE, under the chairmanship of Fort Wayne's Bishop Noll, and aided by the concerted help of hundreds of crack-jack organizations, Catholic and non-Catholic, religious and civic is going to let down, let such a one think again. Notre Dame students' contribution is the pamphlet, "NO SMUT! *** Order now. Details as to price will be announced as soon as they can be figured from the printing bill. The project is a non-profit venture.