From Bishop O'Hara's "Objections To Daily Communion."

"I have a fear of confession."

Answer. Listen -- it's been years since any priest shot a penitent for what he told him. This is a good place to get your fears knocked out of you. Go to a priest and tell him of these fears; leave it up to him to get them out of your system.

"I am more fervent when I go less often: It seems to mean more to me."

Answer. Religion is not an emotion, not a feeling. Emotions come and go, and they are tricky; they let you down hard. You may feel glorious when you receive after a long absence from Holy Communion -- and you may then commit a serious mortal sin within the next twenty-four hours. The emotions tend to go down as low as they have gone up high. True fervor consists in avoiding sin. If in your intellect you want to know God better and in your will you want to serve Him more perfectly, by avoiding sin and practicing virtue, you are receiving the fruits of the Sacrament worthy of a free, intelligent being. Don't worry about the emotions.

"There is too much religion around here."

Answer. Too much religion for whom? There is too much irreligion for the majority of us, both faculty and students. And you can't say you were not warned. The catalog, the Undergraduate Manual, the Eucharistic Calendar, the Religious Bulletin, the opening sermon, the Mission -- everything proclaimed the nature of this institution before you got fairly started, and while you still had time to transfer to another school. You are an inconsistent faker if you remain here and complain that there is too much religion. We can't expect you to leave of your own free will, however; an inconsistent faker is always selfish, and once his feet are in the trough you have to cut his throat to get him out.

"I am no better for going frequently."

Answer. Then study your dispositions. Do you hear Mass when you receive? Are you making the proper preparation and thanksgiving? Are you doing any spiritual reading to open your mind to the things of God? Are you trying to avoid habitual venial faults? Are you making any sacrifice? Improvement through Holy Communion may come slowly, just as your food builds up your body slowly, but if there is no improvement it is because there is a poison in your system that neutralizes the effects of grace. Ask some priest to help you find out what is the matter.

PRAYERS: (deceased) sister of Fr. Connerton, C.S.C.; mother of F. Sullivan '40; anniv. of uncle of M. Quinn '38 and of father of C. Quinlan; W. McElroy '28. 8 sp. int.