"Fail Exams? Blame Emotions."

That was the headline for a recent Associated Press news dispatch, which read:

"Emotional upset causes more student failures in college than either academic incompetence or laziness over getting studies, according to Dr. Gwylm Isaac, head of the department of philosophy and student counsellor at Indiana State Teachers College.

"Students are more disturbed by family troubles than by any other worries, including their own love affairs, and the grades of many good students have nosedived when their parents at home were breaking up, Dr. Isaac asserted.

"Dr. Isaac said it is harder to reason with students bothered by their family affairs than those with any other troubles. Usually one good common sense discussion solves the troubles of collegians worrying about love affairs, the second greatest cause for poor grades."

**Why Endure the Agony?**

Emotional upsets certainly do prevent good work. Whether Dr. Isaac exaggerated or not, professors at all colleges will still grade students on competence and work accomplished. N.D. professors and a generation of N.D. students know that:

1. The state of grace and daily Mass and Communion produce peace of soul, strength and confidence to face any trouble — and why not? Mass and Communion infuse the strength and courage of Him who said: "Come to Me, all you who labor and are burdened; and I will refresh you."

2. The unselfishness of their Catholic parents and the grace of the Sacrament of Marriage have eliminated the worry of broken homes. (A prominent eastern university seriously considered the advisability of refusing admittance, because of their emotional instability, to sons of divorced or separated parents).

3. One good common sense discussion with a priest can solve many troubles, including some love affairs and other worries. Some students, though, would rather avoid priests — and Christ, too, in the Sacraments of Penance and the Eucharist — and endure the agony of various worries and discouragement.

4. The discouragement over any war situation is never helped by turning to worldly pleasures, to idleness, to "the cup that cheers" or to sessions of self-pity and mourning. Those who have sought such worldly solace, have always found that it only upsets them emotionally the more. They have come back eventually to the true source of courage, peace and strength — Christ, at daily Mass.

"Take Care of Yourself, God."

A little English girl, a refugee in Canada, was saying her night prayers recently.

She closed with: "God bless Mama in England and protect her from bombs; and take care of Daddy in the army and of Uncle Wilbert in his airplane in Egypt." Then, she paused for a moment and added, "And God, be sure to take good care of Yourself, too! Because if anything happened to You, we'd all be sunk."

With the wisdom of a child, she knew that God is the real and only source of help in this situation for the individual, and the nation and the world.