Benediction closes Adoration University of Notre Dame Church 7:00 P.M. Friday.

Daily 5:00 P.M.: Sat. 11:30 A.M. Stations of Cross Main...

Religious Bulletin Lent includes Sat. and Mon.: Don't miss Mass and Communion.

February 28, 1941

For Fruitful Communions.

Your Communions will be more fruitful and more productive of grace, both sanctifying and actual, if you make better preparations and thanksgivings. Preparation should consist of acts of ardent desire, humility, faith and love. The Mass is the finest preparation, of course. For late Communions, fasting through a class is fine.

Your thanksgiving shouldn't be hurried. You have Jesus Christ within you; talk to Him as your Creator, Redeemer, staunch friend and companion in your joys as well as sorrows and difficulties. Your petitions will be more effective if you first adore Him, thank Him for His gifts and love of you, express sorrow for past sins and plan in detail with Him how to avoid sin and how to practice some virtue that day.

What's Your Hurry?

After Communion the real Presence of Our Lord lasts as long as the appearance of bread remains — say 7 to 10 minutes.

St. Philip Neri once noticed that a young friend of his was in the habit of receiving Holy Communion, and almost immediately getting up and going out. So one morning Fr. Philip fetched from the sacristy two altar boys with lighted candles and told them to accompany the young man home, one on each side of him. Naturally, he stopped and asked the boys what in the world they were doing.

"Father Philip sent us to escort you home," they innocently answered.

Going back into church, the young man found Fr. Philip and asked for an explanation. "When the priest is carrying the Blessed Sacrament," said the saint, "he is accompanied by two acolytes with the lighted candles, and it seemed to me the same escort is due to anyone who is carrying It in his breast."

The young man stayed and made his thanksgiving.

Christ Was Tempted Too.

Sunday's Gospel shows you how Christ endured and rejected three great temptations, the bread of fleshy desires, pride of power and avarice. Fasting and mortification bring victory over the lustful desires of the flesh. Humility and prayer bring victory over pride. Charity and the devoting of one's talents to the good of one's neighbor bring victory over avarice.

If any student wishes to do a little practical service for Christ's cause which brings, incidentally, a lot of fun, he can sign up with one of the Prefects of Religion for service with the Notre Dame Student Commission for Decent Literature. Help on several projects is needed, including the not-too-distant Confraternity Convention at St. Mary's.

An Alumnus Dies.

In your charity please remember the soul of Dr. Robert Dockweiler, '29, of Los Angeles. He bore a long and extremely painful illness with a Christian courage that edified Catholic and non-Catholic doctors, nurses and friends. At the beginning of his sickness, he secured a "Lives of the Saints" (a saint for every day) saying he had read it daily at Notre Dame.

PRAYERS: (deceased) Mrs. E. Freiburgh; James Lynch (Toledo); Mr. George Bulberg; Mrs. B. Pons; Rev. J. Riordan; Rev. Frank Healy; father of B. Welsh (Morr). Ill, uncle of A. Sobezak (Off-Cam); mother of Bill Kellow (Carr). Ten special intentions.