Relax.

Exams have never killed anyone at Notre Dame yet. If you have the jitters, don't forget the chapel or Grotto – or to drop in to a priest for a blessing.

An army Grad.

In the stress of exams, this letter to a priest from a graduate now in the army will help you to realize that your life here has many compensations for the exam worries.

"I cannot tell you what a pleasure it was to know you and be able to come to you for advice and help. I enjoyed our many chats. I looked forward to each and every one of them. I trust you will excuse my selfishness in keeping you up late many nights when you had to rise so early each morning. Those chats helped me a great deal."

"As you predicted, I miss Notre Dame very, very much. I'd give anything to be in your room tonight. Much has happened since then. I miss the beautiful campus, going to classes, little meetings in the Caf, the beautiful grotto, the good Fathers, the golf course, and many other things. But what I miss most of all is daily Holy Communion."

"I think I fully realize now what a benefit that was. It kept my days so happy and helped so greatly in the fight against temptation. Nothing will ever be as close to my heart as Our Lady's School. I wonder if I would act differently if I were back there now. You well remember how I used to gripe about this, that and the other thing. But I think you knew all along that deep in my heart I loved Notre Dame and all that made it what it was and is."

"I am in the Army now. We all have a job to do and it is here that I must serve. I pray God that the world will be brought soon to peace. I hope I shall return safely, but if I do not, it will be according to God's will."

His last paragraph shows a strong faith, courage and peace of heart that all of you must envy, that all of you can develop if you will go, as he did, to the source – Christ in the Eucharist daily.

It is your privilege. Make the most of it and then you can face any problem because you will be facing it with Christ, Who understands – and helps to share – every cross and trial you will ever face. He faced the greatest one of all, death, out of love for you.

You certainly can trust and rely on Him.

"The Latest American Tragedy."

If Notre Dame continually emphasizes religion – overdoes it, some of you claim – there's a reason. She hopes to see you strong in purity and in will to save you from being an actor in such a tragic incident as is set forth in a new pamphlet by Fr. Francis Gartland, O.C.S.O., former Prefect of Religion.

The pamphlet, "The Latest American Tragedy", contains an actual letter from a girl regarding her fiancé in military service. It relates the unhappiness, remorse and final breaking of their engagement due to his falling into temptations in the Army.

Read the letter in yesterday's Sunday Visitor Youth Section and we'll have on hand shortly some of the pamphlets printed by the Sunday Visitor Press.

FRAYERS: (deceased) 3rd anniv., mother of T. Farmer (DiL); mother of Eugene D. '31 and Joseph '28 Rigney; Maxwell Allen, Ill, father of M. Lavery (Mor); sister of Ed Dehner (Ly). Four special intentions.