Keep it holy. Don't be like the three Apostles who when Christ began his Passion with the Agony in the Garden — slept. Get up for Mass and Holy Communion every day. Deny yourself sleep. Christ suffered and died for you. Your presence at Mass every morning is testimony to Christ of your appreciation of His sorrows. Sleeping in during these days must certainly be interpreted as ingratitude.

"I Feel Like A New Man"

...That's what one student told his pal after making a General Confession of Devotion. Perhaps you want to make one before you go home. Think about it. A General Confession is helpful and useful for those who want to make a good start in a new period of life. It can be a start in: a new year, a soldier's life, marriage, manhood, life as a workingman.

(What?) A General Confession is a confession of sins and worries arising from actions covering a certain period of one's past life, a year, college days, single life.

(Why?) The profit arising from a General Confession is not in the mere reconfession of sin. It's purpose is to give one a new start, a new determination, a renewed desire to live faithfully for Christ in the new state of life. Confession of sins, of forgotten sins now recalled, of worries about actions of the past throws off possible fears and leaves the penitent with the happy assurance that the past is past and forgiven by God, and thenceforward can be forgotten. Ask your confessor about making this General Confession.

(How?) Take a few days or even a day to prepare for this confession. A rushed General Confession of Devotion is of little value and uplift. Do two things: make acts of sorrow for your sins and make many resolutions to do better in the future.

A review of your past life will show your many infidelities to Christ — acts of sorrow will come almost spontaneously. Moreover, failures and the forgiveness of Christ after sin should drive the sincere man to make resolutions to obey Christ hereafter — resolutions to amend flow naturally.

(Where?) Sorrow and resolution should be spread out over a day or so — in the chapel or when you are walking about. (When?) Select a time for this confession when the priest is not busy with many penitents — at night after the night prayer penitents or any evening in Dillon, Cavanaugh or Sorin.

Don't Wait Until The Last Minute...

...for your confession — General or otherwise. Get to confession tonight or tomorrow. You need not go to confession again before Easter unless you fall mortally — and you can prevent that tragedy by rising for Mass and Communion these last seven days before Easter.

Take Some Palm To Your Room — It Will Bring You Blessings.

Every blessing is a prayer. When the Church blesses this palm tomorrow She asks God to give special blessings to those who give it place of honor in their dwellings. The following is one of the blessings said over the palm. It expresses clearly the nature of the favors asked for all those who devoutly use the palm.

"C God, bless these branches... that into whatever place they may be carried, the inhabitants of that place may obtain thy blessing, and thy right hand may preserve from all adversity, and protect those that have been redeemed by Our Lord, Jesus Christ thy Son...."

PRAYERS: Seriously ill, Mr. Sylvester Broder.

NOTE: The office of the Asst. Pref. of Religion, Fr. Craddick, is now in Sorin Hall, the Tower Room, 1st. floor.