Remember the Doolittle raid over Tokyo? It was assumed that one of the planes landed safely in Asia, but it is now believed that it crashed in China in Japanese-occupied territory and that the members of the crew were taken prisoner. The Japanese say that they are holding Lt. William Farrow, one of the American fliers. In his newspaper column, David Lawrence quotes a memorandum which Lt. Farrow made in 1940, about the time he took up aviation. The following are some of the thoughts the Lieutenant listed under the heading "My Future". They reveal a man of strong character built upon the conviction that he had a job to do, and it was to be done with perfection, and according to God's Holy Will.

"It's going to be hard, but it's the only way. Work with a purpose is the only practical means of achieving an end. First, what are my weaknesses?"

1. "Softness in driving myself.
3. "Scatter-brained dashing here and there and not getting anything done - spur-of-the-moment stuff.
5. "Too much frivolity - not enough serious thought.
6. "Letting people influence my decisions too much. I must make my decisions - then act.

"Second, what must I do to develop myself?"

1. "Stay in glowing health - take a good, fast one-hour workout each day.
2. "Stay close to God - do His will and commandments. He is my friend and protector. Believe in Him - trust in His ways - not to my own confused understanding of the universe.
3. "Do not waste energy or time in fruitless pursuits - learn to act from honest fundamental motives - simplicity in life leads to the fullest living.
4. "Keep my mind always clean - allow no evil thoughts to destroy me. My mind is my very own, to think and use just as I do my arm. It was given me by the Creator to use as I see fit, but to think wrong is to do wrong.
5. "Fear not for the future - build on each day as though the future for me is a certainty.
6. "Never be discouraged over anything! Turn failure into success."

Lieutenant Farrow did not arrive at his rules for self improvement by a stroke of luck. His list of rules were the fruit of thought. And you can wager that he is not letting his period of detention with the enemy change his convictions.

A ten minute meditation every day before the Blessed Sacrament is the need of every student. Seniors should be the first to take up this practice. With the aid of the Gospels or the Imitation of Christ it becomes easy.

Meditation has made cowards strong. It purifies the mind and gives driving power to the will.

"With desolation is the world made desolate, because no man thinketh in his heart."

PRAYERS: (deceased) Sister M. Lorenda, C.S.C.; grandmother of Charlie Fronberger (Cav) (Ill) grandmother of Harry (Cav) and John (Z) Lavery; father of Jim McLeod (Z); Sister Regina, O.S.F.; friend of Bill Stewart. Two Special Intentions.