Two mothers are praying for you. One is in heaven, your Blessed Mother, the other is at home, or maybe she is in heaven too. Your Heavenly Mother has been your guide and benefactress since your baptism, and her motherly eye still watches over you. You owe her devotion of gratitude and praise.

The mother you left at home only a few days ago has been your support since your birth. You would be embarrassed if all her prayers for you were revealed. You owe her a return of love. She does not want money, nor material gifts. She wants the assurance that all is well between you and God.

Notre Dame students will dedicate one day each week to their two mothers. Tuesday has been the day selected. On that day every student will assist at Mass and receive Holy Communion to venerate their Heavenly Mother and to seek God's blessings on their Earthly Mother.

Write home and tell your mother what you are doing for her. The news that you have received the Sacraments will please her. It is a sign that you are trying to be good when you present yourself at the altar rail. Mothers are anxious to hear about the spiritual welfare of their sons. A letter in the last issue of the Sunday Visitor is convincing. A young man was in the Alcatraz. Photographs were taken of the Catholics at Mass on Mothers' Day and this soldier, like the others, sent a print home along with a card saying that he had received the Sacraments on Mothers' Day. The mother writes a touching note of appreciation: "The picture of my son attending Mass was the finest Mothers' Day present I have ever received." Every Tuesday will be Mothers' Day at Notre Dame for both the civilian students and the student-servicemen.

Must Confession Always Precede Communion?

No. If one has not committed a mortal sin, he may receive Holy Communion without confession, even daily. Only when a grave sin has deprived the soul of sanctifying grace must one confess before receiving Christ in the Eucharist. Act on the teaching of Catholic theology, not on personal custom. At home you may have been in the habit of confessing before Sunday or First Friday Communion. Don't let custom prompt you to say, "I can't receive Holy Communion until I go to confession." Daily Communion does not imply the necessity of daily confession. As long as you are not in mortal sin, you may go to the Communion rail. You need the strengthening grace of Christ every day. Daily Communion should be part of your campus life.

Information For New Students.

1. There is no reason for civilian students missing Holy Communion if they should not receive at the hall Mass. Communion is distributed in Sorin Hall Chapel every weekday morning until 11:30 A.M. Press the buzzer at the chapel door once (twice for confession) and the chaplain on duty will come from his office next to the chapel to give you Communion. After pressing the buzzer, enter the chapel and make your preparation. The chaplain always gives each communicant a few minutes for this preparation, so don't become impatient if the priest does not make his appearance as soon as the sound of the buzzer has died away.

2. That was a little prayer to Our Blessed Mother sung at the end of the Sunday evening Benediction. The hymn leader chanted the Verse: Cor Mariae Immaculatum (Immaculate Heart of Mary) and the congregation responded with Ora Pro Nobis (Pray for us). This is the traditional closing prayer at the N.D. Benedictions. Be ready for it the next time.