Sue resolved when Spring drew near
That she'd have a holy fear
Of a boy friend who drank anything but water;
At one time she used to think
It was quite all right to drink
But experience with college boys had taught her.

She would shun like very death
Any newcomer whose breath
Had the faintest redolence of alcohol;
And it mattered not that he
Might be handsome as could be,
Or might have a lot of English on the ball.

What good was a clever chap
Who became a drooling sap
Every time that you went with him on a date?
One who got so blooming tight
That he went out like a light
And must be transported home like so much freight.

Or it might be worse than that
If he went out on a bat
And insisted upon piloting the car;
Sue might not have time to jump
When he struck the fatal bump
And she'd wind up with a harp or a guitar.

( T. E. B.)

A nickle dropped into a coke machine always brings one bottle of refreshment, no more no less. Holy Communion does not work along those mechanical lines. You are a man, not a machine. You have a heart that can love. When Our Blessed Lord comes to you in the Sacred Host He gives in proportion to the confidence and faith He finds in your heart. A warm reception of Christ means more grace and spiritual refreshment.

We can streamline our autos, trains and all airplanes, but we must not streamline our preparation for and thanksgiving after Communion. It takes time to warm up the heart. Hurried and thoughtless Communions are sometimes the cause of a stand-still in virtue, in spite of frequent reception of Holy Communion.

The Church does not specify how many minutes you should spend in preparation and thanksgiving. But She does say: "The Sacraments . . . produce a greater effect in proportion as the dispositions of the recipient are better. Therefore care is to be taken that Holy Communion be preceded by careful preparation and followed by suitable thanksgiving, according to each one's strength, circumstances and duties."

When you are tempted to make a minute-thanksgiving when there is no necessity, just remember that you carry Christ within you for a number minutes after you leave the Communion rail. Don't rush out on your Divine Guest and Helper. Talk matters over with Him a little longer. When you are rushed, pray on the way to your classroom or work.

TRAVERS: The condition of Brother Justin, who is in the hospital, became critical during Holy Week and he was anointed. He is now somewhat improved.