Four Thoughts of Bad Thoughts

Bad thoughts are those tempting sexual images that one sees on the movie screen of his own mind.

Some images come innocently. A person could be going about his business -- reading a good book, or driving his car, or walking, when suddenly an object of a tempting nature comes before his eye. It takes but a second for the mind to make a photograph of what it saw.

Other images come sinfully. Some people are curious. They think they can face objects of a sexual nature and remain untouched. If their curiosity is short-lived and they try to avoid the images they brought to their minds, their sin is venial in nature. If, however, their curiosity leads them to the proximate danger of serious sin, they commit mortal sin. Those who play with fire usually are playing with mortal sin, and hell-fire its consequence. Big sinners were only curiosity seekers in the beginning. Beware!

Daydreamers are trouble seekers. They bring on their own temptations. Too many people forget that memory retains all sex images that pass through the mind. He who daydreams gives his memory a chance to open up its storehouse of old images which can become real temptations again. The daydreamer has only himself to blame for his temptations.

The devil is another source of bad thoughts. Satan is still an angel, though a fallen one. Like the good angels, Satan has power to open the storehouse of memory to let out old sexual images; he can also shoot new images into the mind. The devil comes uninvited, and therefore one cannot be blamed for the thoughts he brings. But one must avoid these creations of hell.

Once a person recognizes the tempting nature of the scenes running through his mind, he must turn his attention away from them by trying to bring pure thoughts into his mind. Innocent images can be created by work or play. There is no sin committed, if one makes an effort to distract himself from these dangerous images whatever their source. He who is slow to begin the process of distracting himself commits a venial sin.

Sexual images sometimes have the habit of remaining in the mind no matter how faithful one has been to methods of banishing them. The continued presence of the image is not sin. If one begins to worry about his inability to remove the thought, he usually increases the intensity of the temptation. It is best to go about one's business and to remain indifferent to the movie running through the mind.

How successful are you with bad thoughts? Don't you think you need the Haven for Purity, which begins today? Nine Masses, Communions and visits to the Cross will give you additional strength to combat all bad thoughts. Only the fool thinks he can knockout temptation alone. Fools are never champions. Fools never get to Heaven.

LISTEN IN WEDNESDAY 7:00 P.M. TO STATION WND. COACH LEAHY WILL SPEAK IN THE INTEREST OF FOREIGN STUDENT RELIEF. RELIEF DRIVE ($1.00 per man) BEGINS DECEMBER 4.