He was a GI. He fought with the same dash and spirit as did many of you and many of your relatives during the war. He was in the Spanish army—an artillery man, and he merited the Purple Heart during the Spanish-French War when he was struck by cannon fire. With both of his legs shattered, he lay suffering, sweating it out in an army hospital in Spain. While recuperating he asked for something to read. In those days books were rare and expensive. The nurse brought him two volumes—"Lives of the Saints"...but anything, even Lives of the Saints he figured was better than staring at the hospital ceiling. He read them and they made him pause and do some serious reflecting. He jotted down his reflections as he lay there, and these reflections subsequently were published as the "Spiritual Exercises." Thus, 400 years ago a soldier, St. Ignatius, popularized the Retreat movement.

What is a Retreat? It is a spiritual huddle, a time-out period for deep reflection, for peace, for quiet, for listening to Divine Whisperings away from the hubbub and bustle of a busy day. The word "retreat" means to reconsider, reflect upon, reponder upon such fundamental truths as God, the Soul, Heaven, Hell, Judgment, Death, Sin and Virtue. A Retreat isn't intended for nuns, religious and priests only, but for everyone, be he cleric or layman, young or old, rich or poor, learned or ignorant. Everyone of us needs a well ordered life. Everyone needs to take time out occasionally for a spiritual inventory. That is what a Retreat is. So, we offer you this series of Lenten Retreats, a chance to go into the corner with Christ, with His Blessed Mother, with the Holy Ghost—a chance to give yourself a break in the real sense of the word...a spiritual break.

When? During the next five week-ends of Lent. Each Retreat will commence on Saturday night at 7:30 and conclude with the Outdoor Stations of the Cross on Sunday afternoons at 2:00. It is entirely voluntary and no pressure will be applied for attendance. It is just an invitation from Christ to "go into a quiet place and rest awhile."

Where? March 12th and 13th—opening at Cavanaugh Chapel.
March 19th and 20th—opening at Cavanaugh Chapel.
March 26th and 27th; Passion Sunday; Palm Sunday—opening at Alumni Chapel.

Who are Retreat Masters?
March 12th and 13th-Fr. Mendez
March 19th and 20th-Fr. E. Burke
March 26th and 27th-Fr. McDowell
April 2nd and 3rd-Fr. Robinson
April 9th and 10th-Fr. Laskowski

Want A Happy Marriage?
Young men call upon God for all kinds of favors: for recovery from sickness, for a good job, for success in examinations, for sunshine on the golf links. But how many think of praying for a happy marriage? Do you? And yet God grants happiness on one condition: "Ask and you shall receive." Not to pray is to gamble with your whole future. The Novena for a Happy Marriage begins Thursday. In the morning attend Mass and receive Communion, and later in the day recite the Rosary and the Litany of St. Joseph.