Here is how the Hungarian Political Police force confessions from their victims. This is information given by a former member of the Hungarian Parliament, when he made his escape after eight months in prison.

First comes starvation. A normal man needs 1500 calories a day. Soviet victims are given only 350. The first effect of this is a slowing down of the speed with which the mind works. Then comes complete apathy.

As prisoners are kept night and day in a cellar, they lose their bearings and have no notion of time. It is not until this condition is reached that the prisoner is taken for questioning. In the case of the former member of Parliament, the first interrogation was a mild affair which took the form of a discussion on some scientific point. Later he realized that its purpose was to see how far his resistance had been lowered. The next day the same thing happened, but with common torture methods added.

The Communist is semi-scientific in his cruelty. Dissolved actedron, a drug which induces anxiety, is administered. This leaves the victim with a kind of fear of pursuit. The victim is then made to stand facing a wall with heels and toes together. This position brings on giddiness and vomiting. No sleep is allowed the prisoner for days.

This man who escaped says that after two or three days of standing, a state of trance had begun in him. Day and night the torturers recited the crimes the victim was alleged to have committed. "I started to believe myself that I was a criminal," he says.

On the seventh day they began to mix morphine in the drinks. This produced an extraordinary feeling of well being. Suffering ceased suddenly. Confession of guilt followed without resistance.

This is but one of thousands of cases of Soviet inhumanity. More will come unless God brings an end to this savagery. The Pope begs all Catholics to pray for the end of the Communist tyranny. The Pope makes a special request of you and all Catholics in the world: Will you receive Holy Communion next Sunday to atone for these crimes and to bring a stop to them?

Don't stand by and watch this persecution go on. Do your part by prayer. Don't let any selfish reason keep you from the altar rail next Sunday.

PITLERS: (deceased) father of Charles Reynolds (E); grandmother of Jim Lillis (St. Eds); Doctor Thomas Donovan, '29; aunt of Don Grohmyer (Morv); Frank Galy, uncle Dick Wood (D11); mother of Mr. Frank Johnson, CSC (Moorex Sem); Father John Gough (Sayre, Pa.). (II) brother of Mr. Hoar (Laundry Mgr.); grandfather of Harold Schreck (Far); Bill Arquye (Morv), appendectomy; mother of Father John Crotty (Far).

Ten Special Intentions. One Thanksgiving.