Let's get going on the new masses. Pray the Mass with the celebrant.

More than 15,000 are expected to pay public honor to Our Lord in the Blessed Sacrament next Sunday afternoon in School Field, South Bend. This eighth annual Holy Hour is sponsored by the Allied Holy Name Society. Bishop Noll of Fort Wayne will be the principal speaker. Students of Notre Dame and St. Mary's are invited and urged to attend.

Today there is such a deep feeling that the evil in the world is too heavy for us, that it is well for us individually as well as corporately to reach up to God, give Him a chance to straighten this mess out.

T.B.

The Tuberculosis League of St. Joseph's County will have its mobile unite for chest x-rays on the campus, in the basement of the Dining Hall beginning Monday, October 15 through Friday, October 19. There's no use kidding yourself about the advisability of having periodic check-ups. Two bits of prevention is worth one thousand dollars of cure.

"The Lord Thy God Shalt Thou Adore."

Go about making periods of adoration systematically. Divide your half-hours into three parts of ten minutes each. The first ten minutes pray your rosary and reflect on the scenes suggested by each mystery. Spend the second period in conversational prayer, like a personal interview with Christ. Tell him about your sins, temptations, trials, disappointments, ambitions, needs... Then pay attention to the response of grace. Prayer is not a monologue but a dialogue. Make the last period one of thanksgiving—fill up the empty moments with gratitude, plain "thanks", for the many graces and blessings God has showered upon you. Being grateful always gives you a clearer title to beg.

During full hours of adoration, such as on Thursday afternoons, divide them into four fifteen minute periods: the first, adoration (use a prayerbook or a pamphlet); the second, thanksgiving; the third, sorrow for your sins; the last, beg for the help you need most.

Unless you actually frustrate this desire in you to seek first the Kingdom of God, you must not allow yourselves to become altogether submerged in the practical business of college life, learning how to make a living without learning how to live a more Christ-like life.

What with your daily succession of long assignments, the weekend plans for what when you get down to them are superficial pleasures, your souls need the freshness and the clarity of divine Truth. They need to put away those worldly cares sometimes and be still and quiet to sense God's Presence. It is during Eucharistic adoration that is better experienced what saintly men and women have best experienced, the divine reality of citizenship of a vaster and more wonderful world, the Kingdom of God.

You need to think things out, to sort out and classify values, to put the world and what it is where it belongs, to quiet the insistent clamor of the flesh, to pray lest Satan find you preoccupied with temporalities, and tempt you as he tempted Christ on the high mountain as he "showed him all the kingdoms of the world, and the glory of them, and said to him: 'All these will I give thee, if falling down thou wilt adore me.' And Jesus saith to him: 'Begone, Satan; for it is written, THE LORD THY GOD SHALT THOU ADORE, AND HIM ONLY SHALT THOU SERVE.'”

N.B. The freshman who left a new, gray, nylon jacket in the Engineering Building Auditorium while taking his Freshman Admission Test may still claim it. Call Department of Guidance, Mr. Willemin.