Anon. gift of $10 for the poor gratefully received. University of Notre Dame Novena for the Poor Souls now in progress! Religious Bulletin November 8, 1951

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Something Old and Something New.

Scrubbing Teeth. Not only is it permissible but it is advisable to scrub your teeth before receiving Holy Communion. Rinse out your mouth if you want to, but do not swallow the rinse. Even chewing tobacco does not break the Eucharistic fast, unless you swallow the mucous stuff. The general rule: Don't swallow anything digestible which is taken from outside the mouth into the mouth. If you bite off your tongue you may swallow it; if you bite off your finger you may not. A nervous freshman before exams once asked if finger nails broke his fast. Not unless Mr. Figgits also swallows the mustard which should make them much more palatable.

Confession vs. Consecration. While confessions during Sunday Masses are frowned on by many lovers of order, the practice is justified by results. A sermon, for example, or a request for prayers for some urgent intention, may determine a lax student to go to confession. This determination may grow weak if the prospective penitent has to wait until evening to carry out his resolution. Furthermore, there is the compelling force of the good example of the hundreds upon hundreds who receive Sunday after Sunday. However, it must be remembered that the essential part of the Mass is the Consecration. In order to be morally aware of what's going on at the altar, it is recommended that you do not enter the confessional during the Consecration. If you are actually making your confession during the Consecration, most confessors will ask you to pause.

Communion Once A Week. Most of you will be unable to continue daily Communion after leaving Notre Dame. But as long as you are a practicing Catholic you are bound to attend Mass on Sundays and holy days of obligation. Why not develop the habit now of receiving every Sunday? That's a practical habit well within the reach of all. Visitors have expressed edification at the large numbers who receive on Sundays; some have wondered why all don't throng the altar rail. That's your business: Ours is to provide the facilities and to put a bug in your ear about your opportunities. At least those who are on a sit-down strike during the distribution of Holy Communion ought to search their conscience.

Men Of Extinction: The sneaks who extinguish their presence from Sunday Mass during the distribution of Holy Communion. As far as these men are concerned, the obligation of hearing the WHOLE MASS—from the prayers at the foot of the altar at the beginning of Mass to the prayers at the foot of the altar at the end of Mass—does not exist. Who can dare to say what is going on in such souls? Some sad day God will plumb the depths of the ignorance (if this be ignorance!) in which these men live without concern. We recommend them to the mercy of Christ's prayer on the Cross: "Father, forgive them for they know not what they do."

Half a Hot Dog. A timid junior wants to know what the average offering per student at Sunday Mass is. It's 94¢. the price of a half a hot dog—without the onions.

Jealousy vs. Envy. To Sorin-subeter: We are envious of another's good; jealous of our own. You are jealous of the joker who tries to date your steady; envious of the pal whose girl friend you try to date. Put it this way: You are jealous of your competitor; envious if you are a competitor. Or, jealous of the money in your pocket; envious of the money in your neighbor's.

Scapular or Scapular Medal? Pope Pius X declared that after enrollment in the Brown Scapular, either the Brown Scapular or the Scapular Medal may be worn with identical privileges, except the indulgence of 500 days each time the Brown Scapular is kissed.

Prayers: (deceased) Father of Rev. Vincent and Harry Thillman; father of Prof. Alfred Wuch; Bob Walsh, '49, killed in auto accident; friend of Harry Wetl missing in action; Joe McNerthney, '43; Ill. Herman Schermier. To be operated, Mrs. Carrie Vavul. (Seniors John Fitzgerald & Jim Mullaney seriously injured in auto accident.)