Every Catholic should wear Our Lady's Scapular night and day. According to a long Christian tradition, this is one of the greatest of all Marian devotions.

There are many Scapulars in use in the Church. Most popular of all is the Brown Scapular of Our Lady of Mount Carmel. Whenever a Catholic speaks of the "Scapular" he is usually referring to the Brown Scapular. No doubt this popularity is due in part to the celebrated "Sabbatine Privilege" which is attached only to the Scapular of Our Lady of Mount Carmel.

The most basic and most unanimous Christian tradition regarding Our Lady's Scapular is that those who wear it with devotion will be preserved from the flames of hell. A second belief, equally unanimous, is that the Virgin Mary will mitigate and shorten the sufferings of Purgatory for all her Scapular wearers. A third conviction, by no means uncontroversial however, is that Our Blessed Mother will liberate from Purgatory on the Saturday following his death anyone who faithfully fulfills until the end all the conditions which she decreed for the wearing of her Scapular. This last tradition is called the "Sabbatine Privilege."

For a long time it was believed that the Sabbatine Privilege began with an apparition of Our Blessed Mother to Pope John XXII (1316-1334); an apparition which he published in a Papal Bull dated March 3, 1322, under the title, Uti Culmine. The text of this Bull, however, has never been found. One of the earliest historians to quote from it was the Carmelite Balduinus Læsersius who died in 1483. Regardless of the authenticity of the Papal Bull, the Church has confirmed her belief in the Sabbatine Privilege, and the Sacred Liturgy likewise accepts it. It is also specifically supported by the Roman Missal, especially in the Mass of Our Lady of Mount Carmel.

In order to reap the full benefits of the Scapular, one must be enrolled by a priest. Once the Scapular is worn out, it may be replaced without a new enrollment. The ritual of the Church also uses the Scapular Medal as a combined substitute for the five best known scapulars -- namely:

- The White Scapular of the Most Holy Trinity
- The Red Scapular of the Passion of Jesus
- The Brown Scapular of Our Lady of Mount Carmel
- The Black Scapular of Our Lady of Sorrow
- The Blue Scapular of the Immaculate Conception

One can be enrolled in these Five Scapulars simultaneously, thereafter wearing the Scapular Medal, or the five cloth Scapulars, or any one of the five. There has been much controversy regarding the superiority of the cloth Scapular over the Scapular Medal. Our own opinion is that the decree of St. Pius X allowing the substitution of the medal applies universally and without qualification.

It's an old Notre Dame custom for every man to wear a scapular medal at all times. It's an act of Faith. It's also a mark of devotion to the Blessed Mother. You'll find special Notre Dame Scapular Medals at the pamphlet racks.

PRAYERS REQUESTED - Deceased: father of Wm. H. Layden, '51; mother of Jim Reilly, '51; father of Clyde Broussard, '13; George Woods, ex-'58; Bernard H. Miller, '17; Albert A. Butler, '37; Theresa McDonagh; cousin of Lewis Solomon of Dillon, Ill; Anthony Van Rooy, ex-'57; Eddie Mahon (Chemistry dept.). 4 special intentions.