University of Notre Dame
Religious Bulletin
November 5, 1956
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Do It Immediately
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Don't wait another minute -- jot down on a small slip of paper the names of your deceased relatives and friends. Then drop it into the receptacle provided in your hall near the bulletin board. The Novena for the Poor Souls begins tomorrow morning. The fruits of nine Masses will be applied to your loved ones.

Your entering their names qualifies them for the Novena of Masses. And if you are really interested, you'll give them your daily Mass, and Communion, and Rosary every day throughout the month devoted to this splendid charity. They depend entirely upon you. Don't let them down! It will prove one of the best investments, too, that you will make in all your life. For someday, when you need help most -- and you can't do a thing about it through your own efforts -- they'll remember who helped them in their great hour of need.

Catholic Youth Week

It so happens that in this very week when we are asking youth to seek humbly and courageously for truth, and to follow it obediently -- and reminding youth that the Church has always extended this truth to them -- we are fortified by a glorious example. If you have followed events in Eastern Europe during the past few days, you have noticed that the spearhead for much of the opposition to Red tyranny has been wrought through the efforts of university students. They are proving to be the strong, right arm of the Church. Pray for them -- that they will receive and accept the guidance they need to work wisely for the triumph of the Faith in their homelands. This is the Church Militant for whom the Holy Father himself asked prayers last week.

Intention For November

One of the principal purposes of the revelations to St. Margaret Mary was to increase devotion to the Most Holy Sacrament of the Altar -- where Christ is ever present as our consolation and inspiration. This month the Holy Father takes up the same theme when he recommends that we ask especially this month for an increase of devotion to the Holy Eucharist. We can't recommend anything better than going to Mass daily -- to increase our devotion to the Eucharist. Nor is there any other devotion in all the galaxy of piety so rich and so rewarding as the Mass. Why?

This is the reason: The Mass is the act by which one prays with Christ. Hence, there couldn't be any more powerful prayer than Christ's oblation of Himself. Anything else we did would and could be no more than our own effort. But the Mass is the prayer of Christ Himself. When we are present at Mass, Christ takes our prayers and blends them with His -- thus allowing us to pray with His own tremendous power. That's why we say: "It is the Mass that Matters Most!"

And so, if you really want to adore God, or thank Him, or show sorrow for sin, or ask for the things you need most, or that others near and dear to you need -- you'll do it most wisely and effectively through the Mass. Even your Morning Offering derives its full perfection from union with the Holy Sacrifice. Daily Mass is your trump card for the Poor Souls, this month.