With each New Year there comes, along with resolutions, a realization of opportunity; and there should come the desire to make the most of this opportunity. To Notre Dame men this comes home violently -- especially with the semester exams peering over each one's shoulder.

In September you were given a schedule sheet to help you map out your day. A quick glance over the past months will reveal whether you have actually done what you had planned -- whether you tried hard all the way -- or worked in fits and starts -- or let down and loafed.

Regardless of the past, the smart thing to do now is simply this: to make the most of this new year unfolding before you. And the time to begin is -- not tomorrow, not next week, not three days before exams -- but now. Here are convictions (taken from a recent student survey) which have helped many Notre Dame men to substitute work for loafing:

1. **The sacrifices of my parents demand that I work hard.**
   "The constant remembrance that I'm in school on my folks' money."
   "My dad works eight hours a day. Why shouldn't I?"
   "They're keeping me here at a great sacrifice to themselves."

2. **My future success depends upon my use of time now.**
   "I, as a Catholic graduate, will have a great mission in life, and it will take all that I have to perform it worthily and adequately."
   "I know that I will some day depend on what I am doing now."
   "There is so much to be learned, and so little time in which to learn it."

3. **A planned day helps me economize time.**
   "I made out a time schedule. Everyone, especially Freshmen, should do so."
   "A schedule shows me each hour the work I must do to keep up."
   "I have regulated my time for study and relaxation -- even for loafing."

4. **A well-occupied day has important moral and religious values.**
   "Sin lurks for idlers. I know from experience."
   "My Morning Offering prayer gives the entire day to God."

There you have it -- the voice of experience. It gives you motives, no less than methods; and it's pretty solid stuff. There are times when Notre Dame men come up with logical, down-to-earth utterances that you can't sidestep -- not honestly; and this is one of them.

**Why A Novena?**

**Tomorrow,** we begin the Novena, (Mass, Communion, Rosary) for Exams. In it we ask God for the grace to use well the time and the talents He has given us. We also ask Him to bless our efforts with success. This arrangement, you see, does away with miracles. It presumes that God will not do it all -- that our brains and our own efforts will still play an important part in the ordeal.

**PRAYERS REQUESTED** -- Deceased: August Rosenberger; Stephen Cauley, '12; Thomas McKierman; brother of Tom Golden, '31; father of Wm. Seidler, '52; mother of Morton Downey; James H. Kelleher, '32; sister-in-law of Gene Mayer; father of Ernest DeRosa, '49; uncle of Barry West of Cavanaugh Hall; father of Roland Bemhold, '56; Russell Underwood, '47; John M. Dugan, '27; Wilbert Gasser; Mr. Joseph F. Donahue (Lay Trustee); sister of Father Hesburgh, C.S.C.